

In the Promotion of Health

It is imperative that you keep

THE STOMACH NORMAL
THE BOWELS REGULAR
AND THE LIVER ACTIVE

To That End—Try HOSTETTER'S Stomach Bitters

"ROUGH ON RATS" Kills Rats, Mice, Bugs, Fleas, Lice, etc. 15c and 25c

Roger Williams.

Roger Williams was the founder of the state of Rhode Island. He was born in London in either 1694 or 1695. He refused to join the congregation at Boston because the people would not make public declaration of their repentance for having been in communion with the Church of England. Banished from the Massachusetts Bay colony in 1635, he escaped to the shores of Narragansett bay, accompanied by a few of the adherents of the extreme puritanism which he advocated; he purchased land of the Indians and founded the city of Providence in 1636.—Philadelphia Ledger.

SOOTHES ITCHING SCALPS

And Prevents Falling Hair Do Cuticura Soap and Ointment.

On retiring, gently rub spots of dandruff and itching with Cuticura Ointment. Next morning shampoo with Cuticura Soap and hot water using plenty of Soap. Cultivate the use of Cuticura Soap and Ointment for everyday toilet purposes.

Free sample each by mail with Book, Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

Swearing Off.

"Why are you so strong for prohibition?" "Well," replied Uncle Bill Bottletop, "a country is a good deal like an individual. After having had liquor without limit for a period of years, it's a mighty good thing to go without for awhile."—Washington Star.

What Dr. R. D. Patterson, of Liberty, N. C., says: "ABOUT MOTHER'S JOY SALVE. My boy had pneumonia, his temperature was 104. Had tried other salves, didn't have any effect. Used jar of Mother's Joy Salve on throat and chest, in one hour's time his temperature was normal.—Adv.

A philosopher gains renown by enduring other people's troubles with resignation.

Wright's Indian Vegetable Pills contain nothing but vegetable ingredients, which act gently as a tonic and purgative by stimulation and not by irritation. Adv.

Bergen, Norway, is to have a school for chauffeurs.

That Knife-Like Pain

Have you a lame back, aching day and night? Do you feel sharp pains after stooping? Are the kidneys sore? Is their action irregular? Do you have headaches, backaches, rheumatic pains, feel tired, nervous, all worn-out? Use Doan's Kidney Pills—the medicine recommended by so many people in this locality. Read the experience that follows:

A South Carolina Case

J. M. Oshields, S. S. Enterprise St., Union S. C., says: "I had inflammation of the bladder and my kidneys were in awful shape. The pains in my back were terrific. The doctor said I had gravel and during one attack, four physicians sat up with me all night. They thought I was going to die. I finally used Doan's Kidney Pills and I was soon relieved. I continued and the cure has lasted eight years."

Get Doan's at Any Store, 50c a Box
DOAN'S KIDNEY PILLS
FOSTER-MILBURN CO., BUFFALO, N. Y.

ABSORBINE STOPS LAMENESS

from a Bone Spavin, Ring Bone, Splint, Curb, Side Bone, or similar trouble and gets horse going sound. It acts mildly but quickly and good results are lasting. Does not blister or remove the hair and horse can be worked. Page 17 in pamphlet with each bottle tells how. \$2.00 a bottle delivered. Horse Book 9 M free.

ABSORBINE, JR., the antiseptic liniment for mankind, reduces Painful Swellings, Enlarged Glands, Wens, Bruises, Varicose Veins; heals Sores, Ailays Pain. Will tell you more if you write. \$1 and \$2 a bottle at dealers or delivered. Liberal trial bottle for 10c stamp. W. F. YOUNG, P. O. F., 110 Temple St., Springfield, Mass.

Tut's Pills

enable the dyspeptic to eat whatever he wishes. They cause the food to assimilate and nourish the body, give appetite, and DEVELOP FLESH.
Dr. T. J. Tuttle Manufacturing Co. New York.

ORGANIZED LABOR SUPPORTS NATION

IN CASE OF WAR SERVICES IN EVERY LINE OF ACTIVITY PLEDGED COUNTRY.

DELEGATES VOTE UNANIMOUS

Three Million Workers Are Represented by Delegates Meeting in Washington.—Work of Conference Finished in Three Hours.

Washington.—Organized labor in America, through its representatives in conference here offered its services to the country in every field of activity if, despite all endeavors and hopes, the United States should be drawn into war.

The action was taken by unanimous vote of more than 150 delegates from national and international trade unions affiliated with the American Federation of Labor, and five brotherhoods. In all, about three million American workers were represented in the conference, called to determine and announce the part to be claimed by labor in national preparedness plans.

A statement formally adopted and issued after the meeting set forth in addition to the offer of services in case of war, various demands which were held to be fundamentals in safeguarding the rights of workers in war time as well as in peace. Militarism was protested against. It was held that industrial service should be deemed equally meritorious as military service; that service should conform to trade union standards and that organized labor should have representation on all agencies determining and administering policies of national defense and controlling publicity.

The statement was drafted by the executive council of the American Federation of Labor which submitted it to the delegates gathered here in response to a call from Samuel Gompers, president, who presided at the conference. It had been thought that perhaps two or three days might be required for a discussion but the conference finished its work in a few hours.

BI-PARTISAN ORGANIZATION OF HOUSE IS POSSIBLE

Such Is Opinion of Republican Candidate for Speaker.

Washington.—Despite many conferences among leaders and animated discussion of many proposals for working out Democratic, Republican or bi-partisan control of the incoming house of representatives, there are few signs that the plans of either of the big parties or the little group of independents will take definite form until within a few days of the meeting of the special session on April 16.

Most of the members have left the capital with the impression that the lines for the organization fight cannot be drawn a month in advance because of the shifting of strength due to deaths and uncertainties surrounding plans for special elections to fill the vacancies. Republican Leader Mann, who will be his party's candidate for speaker, departed after announcing that he would not favor any trading for Republican control and predicting that bi-partisan organization was "not improbable."

The fluctuating standings of the parties presented the prospect that the Democrats will have 215 votes and the Republicans 214 when the special session convenes. It will require 218 to elect a speaker. The five so-called independents holding the balance of power have been unable so far to agree on a concerted course, but they will meet again just before the beginning of the session.

RUPTURE IS GIVEN APPROVAL OF SENATE

Peking. (Bulletin).—The senate approved the severance of relations with Germany by a vote of 15 to 37. It is expected that the government will take action to this end at once.

NEW YORK IS AGAIN TO VOTE ON SUFFRAGE

Albany, N. Y.—The resolution to provide for a referendum on the woman suffrage question at the state election next November was passed in the Senate by a vote of 39 to 7. The action was the last step in the legislative procedure preliminary to referring the subject to the electorate. The measure is concerned with amending the state constitution and consequently does not have to receive the approval of the governor.

FOOD PRICE ADVANCE OF NINETEEN PER CENT.

Washington.—Retail food prices in the United States advanced 19 per cent in the year ending January 15 as shown in statistics prepared by the Bureau of Labor statistics. The increase was greater than for the three years previous combined. The four years' gain was 30 per cent. Every food staple except coffee and tea advanced during the year. Onions and potatoes led with increases of more than 50 per cent.

SYRUP OF FIGS FOR A CHILD'S BOWELS

It is cruel to force nauseating, harsh physic into a sick child.

Look back at your childhood days. Remember the "dose" mother insisted on—castor oil, calomel, cathartics. How you hated them, how you fought against taking them.

With our children it's different. Mothers who cling to the old form of physic simply don't realize what they do. The children's revolt is well-founded. Their tender little "insides" are injured by them.

If your child's stomach, liver and bowels need cleansing, give only delicious "California Syrup of Figs." Its action is positive, but gentle. Millions of mothers keep this harmless "fruit laxative" handy; they know children love to take it; that it never fails to clean the liver and bowels and sweeten the stomach, and that a teaspoonful given today saves a sick child tomorrow.

Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly on each bottle. Adv.

17-YEAR LOCUST AGAIN DUE

Coming of Periodical Cicada Is Predicted in Pennsylvania by College Professor.

The "17-year locust" is due in Pennsylvania this year, according to C. H. Hadley, Jr., in charge of entomology extension at State college. The pest is what is known as "brood eight of the periodical cicada," and it appeared here last in 1900.

"This is one of the largest insect broods to occur in this state," Hadley says. "While locusts are usually of importance mainly because of the popular interest aroused, it is quite possible that considerable damage may be caused in those places where the insects appear in unusual abundance."—Philadelphia North American.

Druggists Know a Good Medicine

We have been selling Dr. Kilmer's Swamp-Root for about twelve years and our patrons seem to be always satisfied with the benefits received from its use, invariably speaking very highly of the preparation. We know where it has cured stone in the bladder. Have also used it in our own families with the best of results. We sincerely believe that Swamp-Root is a preparation of real medicinal value for what it is recommended to do. (Signed) J. H. KENNEDY & CO., Druggists, Gastonia, N. C.

Personally appeared before me this 12th day of August, 1909, J. H. Kennedy, who subscribed the above statement and made oath that the same is true in substance and in fact.

W. H. ADAMS, Notary Public.

Prove What Swamp-Root Will Do For You

Send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample size bottle. It will convince anyone. You will also receive a booklet of valuable information, telling about the kidneys and bladder. When writing, be sure and mention this paper. Regular fifty-cent and one-dollar size bottles for sale at all drug stores.—Adv.

Plucky Danish Captain.

A hero in every sense of the word is the captain of the Danish steamer *Lis* which, sailing from one neutral port to another and having no contraband aboard, was halted by a German submarine and the crew ordered to leave the ship, in order that it might be sunk. The Danish captain *Lis* refused to leave his ship. "You may sink us, but I and my men will remain on board," he told the submarine commander. And his pluck won. His ship was allowed to proceed when it was seen that he knew his rights and was not afraid to assert them.

BILIOUS, HEADACHY, SICK "CASCARETS"

Gently cleanse your liver and sluggish bowels while you sleep.

Get a 10-cent box. Sick headache, biliousness, dizziness, coated tongue, foul taste and foul breath—always trace them to torpid liver; delayed, fermenting food in the bowels or sour, gassy stomach. Poisonous matter clogged in the intestines, instead of being cast out of the system is re-absorbed into the blood. When this poison reaches the delicate brain tissue it causes congestion and that dull, throbbing, sickening headache.

Cascarets immediately cleanse the stomach, remove the sour, undigested food and foul gases, take the excess bile from the liver and carry out all the constipated waste matter and poisons in the bowels.

A Cascaret to-night will surely straighten you out by morning. They work while you sleep—a 10-cent box from your druggist means your head clear, stomach sweet and your liver and bowels regular for months. Adv.

The bee is never too busy to administer a stinging rebuke.

The Large Bottle For 25¢

When you buy Yager's Liniment you get splendid value! The large 25 cent bottle contains four times more than the usual bottle of liniment sold at that price.

YAGER'S LINIMENT

GILBERT REOS & CO. Baltimore, Md.

STOCK LICK IT—STOCK LIKE IT

For Horses, Cattle, Sheep and Hogs. Contains Copper for the Blood, Sulphur for the Kidneys, Nux Vomica, a Tonic, and Pure Dairy Salt. Used by Veterinarians 12 years. No Dosing. Drop Brick in feed-box. Ask your dealer for Blackman's or write

BLACKMAN STOCK REMEDY COMPANY CHATTANOOGA, TENNESSEE

Seeds and Plants

CANE SEED. Millet, Soy Beans, Peas, Cotton Seed, Seed Potatoes, Clovers, Grasses, Sweet Potatoes, Seed Corn, Sudan Grass. Write us for price list. Early Seed Company, Shelby, S. C.

SWEET POTATO PLANTS. Grown from genuine true to name seed stock. Ready for April, May and June shipments. Varieties: Noney Hall, Porto Rico Yam, Palmetto Yam and Triumph. 100 to 20,000 at \$1.50 per thousand; 20,000 to 50,000 at \$1.00 per thousand; 50,000 and above at \$1.25 per thousand. Book your order early and be assured of getting prompt delivery and good plants. Headquarters, we guarantee color and safe delivery. Write our nearest office. Brooks County Plant and Truck Farm, Barwick, Georgia.

Hasty With His Gun.

New Dentist (in Frozen Dog)—Will you take gas? Bronco Bill—Will it hurt much if I don't? New Dentist—It will. Bronco Bill—Then, stranger, for your sake I reckon I'd better take it.

FEW MOTHERS REALIZE

how many delicious dishes can be prepared with Skinner's Macaroni and Spaghetti. For this reason the Skinner Mfg. Co. have prepared a beautiful Cook Book containing recipes telling how to serve it in a hundred different ways. Write Skinner Mfg. Co., Omaha, Neb., for a free copy. All good grocers everywhere sell Skinner's Macaroni and Spaghetti.—Adv.

Barber Worked by Pattern.

A man wearing his hair long under a wide western hat and concealing his face behind a beard of much length and breadth strode into the barber shop of the Parker house in Boston and settled into a chair. "Just a minute," he said, searching in a pocket. "Five years ago I came to Boston and got a shave and haircut here. I liked the work so well that I had my picture taken. Here is the picture. That's how I want to look. Do it again." And with the photograph on a stand before him as a pattern, the barber began operations.

Knew the Game.

One of Rob's pet rabbits had disappeared and having searched in vain for the bunny, Rob appeared before his little playmate suggesting that with the assistance of Harold's bird dog they might recover the pet. The playmate, delighted that his dog might be of service, rushed to his mother for permission to accompany Rob and the dog. "But where are you going to look?" inquired the mother. "Oh, down the railroad," replied the small son. "But why must you follow the railroad, Harold?" "Why, mother, don't you know, the dog has to smell the tracks," he replied in disgust.

Not Attracted.

"Some day you'll be rich enough to retire from business." "Give up my nice, pleasant office and stay home?" rejoined Mr. Growcher. "I should say not."

Foods Are Increasing In Price

But you can still buy

Grape-Nuts

at the same price.

This staple cereal in its air-tight, wax-protected package will keep indefinitely, yet is ready to eat at a moment's notice.

Grape-Nuts is full of compact nourishment with a delightful wheat and barley flavor.

The Most Economical of Prepared Cereals

RESOURCES OF THE NATION ARE READY

SHOULD SUBMARINE ATTACK AMERICAN SHIP ALL FORCES WILL RESIST.

SHIP OWNERS ARE NOTIFIED

Vessels May Now Mount Guns and Will Have Full Backing of Government Forces, But Shoot-on-Sight Policy is Not Announced.

Washington.—The United States Government has begun actual preparations for arming Germany's submarine warfare. Ship owners having been notified of President Wilson's decision that he has full authority to proceed with this policy, details were taken up so there might be as little delay as possible in granting requests for defensive armament.

When vessels sail under the policy of armed neutrality, they will have the full backing of the Administration, expressed in the form of naval guns and gunners and war risk insurance. It was made clear that the entire resources of the United States will be ready for action should Germany attack an American armed ship in violation of the warning of the American Government.

The State Department's view of defensive armament, was that the mere appearance of a German submarine periscope near an American armed vessel would entitle the ship to take all measures of protection on the presumption that the U-boat's purpose was hostile. This was based on Germany's announcement that her submarines would attack without warning any belligerent or neutral merchantmen encountered within the barred zone.

Whether this position will be embodied in instructions to commanders of American armed ships, and whether arms and ammunition will be furnished to vessels carrying contraband were up for discussion, but no announcement on either point was authorized.

President Wilson's attitude has been that no steps of a belligerent character should be taken and that if a state of war comes, it must be through Germany's commission of acts in clear violation of international law. Despite the State Department's ruling, some officials are known to feel that in line with this policy the United States should not sanction a shoot-on-sight program which might be construed as aggression.

TORNADO IN INDIANA KILLS MORE THAN SCORE.

Newcastle Wrecked by Storm. Damage Estimated at \$1,000,000.

Newcastle, Ind.—Twenty-one are known to have been killed, several are missing, more than 100 persons were injured, some fatally and property damaged to the extent of \$1,000,000 was the toll of a tornado which struck Newcastle.

The damage was roughly estimated at \$1,000,000, but may exceed that figure. The storm swept over the city in a southwesterly direction, demolishing practically everything in a path almost two blocks wide and more than ten blocks long. For several hours the city was entirely cut off from communication.

Appeals for help were sent out by Mayor Leb Watkins, and Governor Goodrich was asked to send troops to police the city, which is in darkness owing to the demolition of the power plant.

The exact number of dead may not be known for a day or two, as practically all the bodies thus far found have been dug out of the wreckage. Although the skies had been threatening during the early afternoon, there was little warning of the approaching tornado. A huge funnel-shaped cloud suddenly appeared in the west, hanging low and sweeping toward the city. Groups of persons in the streets began seeking shelter, men and women running wildly through the streets.

GEN. CARRANZA ELECTED PRES. IDENT WITHOUT APPPOSITION.

Mexico City.—Gen. Venustiano Carranza was elected President of Mexico by what is believed to have been the largest vote ever cast in the Republic.

Although the voters had the privilege of writing in or declaring any name they desired, General Carranza received all but a few scattering ballots. The estimated vote cast runs all the way from several hundred thousand to a million.

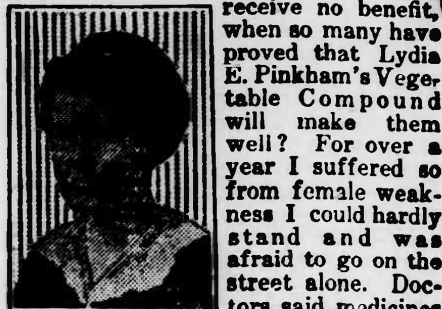
APPALLING TOTAL OF TEN MILLION IS WAR'S TOLL.

Washington.—More than 10,000,000 men are recorded as killed, wounded, captured or missing in the European War in the first complete tabulation of official and authenticated semi-official reports of the various belligerents. Among the military proper, 4,441,200 are reported dead; 2,593,500 wounded and 2,564,500 captured and missing. Among civilians, another 100,000 are figured as either dead or wounded through the war.

WOMAN COULD HARDLY STAND

Restored to Health by Lydia E. Pinkham's Vegetable Compound.

Fulton, N. Y.—"Why will women pay out their money for treatment and receive no benefit, when so many have proved that Lydia E. Pinkham's Vegetable Compound will make them well? For over a year I suffered so from female weakness I could hardly stand and was afraid to go on the street alone. Doctors said medicines were useless and only an operation would help me, but Lydia E. Pinkham's Vegetable Compound has proved it otherwise. I am now perfectly well and can do any kind of work."—Mrs. NELLIE PHELPS, care of R. A. Rider, R.F.D. No. 5, Fulton, N. Y.



We wish every woman who suffers from female troubles, nervousness, backache or the blues could see the letters written by women made well by Lydia E. Pinkham's Vegetable Compound. If you have had symptoms and do not understand the cause, write to the Lydia E. Pinkham Medicine Co., Lynn, Mass., for helpful advice given free.

Was Sick All Right.

"Jock Bloggs," said the manager, severely, "you got off your work yesterday afternoon with the excuse that you were ill. I saw you going to the races, and you did not appear to be bad at all."

Jock was fully equal to the occasion. "You ought to have seen me, after the second race," he said.

With the Fingers! Says Corns Lift Out Without Any Pain

Sore corns, hard corns, soft corns or any kind of a corn can shortly be lifted right out with the fingers if you will apply on the corn a few drops of freezone, says a Cincinnati authority. At little cost one can get a small bottle of freezone at any drug store, which will positively rid one's feet of every corn or callus without pain or soreness or the danger of infection.

This new drug is an ether compound, and dries the moment it is applied and does not inflame or even irritate the surrounding skin. Just think! You can lift off your corns and calluses now without a bit of pain or soreness. If your druggist hasn't freezone he can easily get a small bottle for you from his wholesale drug house.—adv.

Not If He's on Time.

"Don't you miss the noise and bustle of the city, now that you live in the country?"

"Not if I catch my train to town."—Browning's Magazine.

A single application of Roman Eye Balsam upon going to bed will prove its merit by morning. Effective for inflammations of the Eyes, external and internal. Adv.

Being sorry for yourself doesn't enlist the sympathy of others.

Only One "BROMO QUININE" To get the genuine, ask for LAXATIVE BROMO QUININE, look for signature of B. W. GIBBEY Cures a Cold in One Day. 25c.

When a man talks much about himself he has nothing much to talk about.

WHAT IS LAX-FOS

LAX-FOS IS AN IMPROVED CASCARA A DIGESTIVE LAXATIVE CATHARTIC AND LIVER TONIC

LAX-Fos is not a secret or Patent Medicine but is composed of the following old-fashioned roots and herbs:

CASCARA BARK BLUE FLAG ROOT RHUBARB ROOT BLACK ROOT MAY APPLE ROOT SENNA LEAVES AND PEPsin

In LAX-FOS the CASCARA is improved by the addition of these digestive ingredients making it better than ordinary CASCARA, and thus the combination acts not only as a stimulating laxative and cathartic but also as a digestive and liver tonic. Syrup laxatives are weak, but LAX-Fos combines strength with palatable, aromatic taste and does not gripe or disturb the stomach. One bottle will prove LAX-Fos is invaluable for Constipation, Indigestion or Torpid Liver. Price 50c.

Rheumacide

GETS AT THE JOINTS FROM THE INSIDE

Have you RHEUMATISM Lumbago or Gout?

Take RHEUMACIDE to remove the cause and drive the poison from the system. "REHEUMACING OF THE BONES" PHOTO REHEUMACING OF THE OUTSIDE! At All Druggists

Jan. Bailey & Son, Wholesale Distributors Baltimore, Md.