

LIFE WAS A MISERY TO HER

Says this Woman Until Relieved by Lydia E. Pinkham's Vegetable Compound.

Carrollton, Ky.—"I suffered almost two years with female weakness. I could not walk any distance, ride or take any exercise at all without resting. If I swept the floor or did any kind of work it would bring my sickness on. I was weak and languid, had no energy, and life was a misery to me. I was under the care of a good physician for several months and tried other remedies. I had read of Lydia E. Pinkham's Vegetable Compound and decided to try it. After taking twelve bottles I found myself much improved and I took six more. I have never had any more trouble in that respect since. I have done all kinds of work and at present am an attendant at a state hospital and am feeling fine. I have recommended your Vegetable Compound to dozens of my friends and shall always recommend it."—LILLIAN THARP, 824 E. 6th St., Carrollton, Ky.

If you have any symptom about which you would like to know try the Lydia E. Pinkham Medicine Co., Lynn, Mass., for helpful advice given free of charge.

BETTER DEAD

Life is a burden when the body is racked with pain. Everything worries and the victim becomes despondent and downhearted. To bring back the sunshine take

GOLD MEDAL HARLEM OIL CAPSULES

The national remedy of Holland for over 200 years; it is an enemy of all pains resulting from kidney, liver and uric acid troubles. All druggists, three sizes. Look for the name Gold Medal on every box and accept no imitation.

A Disarming Order. The atmosphere of the smoking car lent itself to reminiscence.

"Captain," asked the hardware salesman, "would you mind telling me how you lost your arm?" "Not at all, not at all," replied the bronzed officer with the empty sleeve. "It happened this way: We were due for another turn in the trenches the next day, so they were giving a dance for us that night back in the rest camp. A few welfare workers were there, and among them was the cutest little girl I ever met. I managed to dance with her most of the evening, and toward the end we wandered out in the moonlight. 'Captain,' she said, after a while, 'please remove your arm.' 'And you know, she was such a little queen I just couldn't refuse her.'—The Home Sector.

Outdoor Life. He is a big game hunter, and was talking of his happy experience in the out of doors. Then the talk drifted to old friends back in the old home town. "Whatever became of So-and-So?" one friend asked the hunter. "Oh, hadn't you heard? He's in jail." "You don't tell me?"

His Advantage. Sunday School Teacher—The man with five talents increased them to ten, but the man with one hid his. That was wrong, wasn't it? Willie Willis—Huh! Think of the laugh he had on the other guy when the income tax man came around and took away 95 per cent of the ten talents.—Judge.

Frantic With Pain A Physical Wreck From Kidney Trouble, But DOAN'S Made Her Well.

"Kidney trouble made a complete wreck of me," says Mrs. Wm. Harvey, 621 N. Eighth St., Granta Pass, Ore. "I was so despondent and miserable it seemed I had nothing left to live for. Death would have been a welcome relief. For six months I was in bed and never expected to leave it alive. I was too weak to move without the help of my nurse and so nervous I screamed when she touched me. My back and head hurt like a throbbing toothache. I had awful dizzy spells, my eyesight failed, my hands and feet felt dead. I was pain-racked all over. The kidney secretions looked like thick, black coffee and burned terribly. They almost stopped passing and then my feet bloated like bags of water. I was frantic with pain, and thought I would lose my reason. 'I had lost all faith in medicine and tried Doan's Kidney Pills only because a dear friend asked me. Right from the start I began to feel better. Doan's cured me.'"



Sworn to before me. A. H. PARSONS, Notary Public. Get Doan's at Any Store, 60c a Box. DOAN'S KIDNEY PILLS. FOSTER-MILBURN CO., BUFFALO, N. Y.

Net and Organdie for Graduation Frocks



NET and organdie appear to be the favorite fabrics for graduation dresses, and manufacturers of misses' clothes continue to turn out very pretty frocks made of them. At the same time they are making remarkably attractive dresses of checked gingham and organdie combined, so delightfully crisp and so lovely in color, that they outshine a good many of the designs that call for silk. Some sensible class of sweet girl graduates might make a new departure and adapt these novel frocks, using the light blue, lavender, yellow, rose and green shades with white, in small checks. Made up with white organdie in collars, fichus, cuffs, apron draperies, frills and other combinations, they would prove a refreshing and charming change from all-white—a sort of living bouquet of youthful wearers. But frocks of white organdie and net are very practical, both durable and dainty and will give much service. A dress of net appears at the left of the picture having bands of lace edging used as an insertion. The full skirt has three bands of lace about it with a frill at the bottom of each one, and the lace is put in with the scalloped edge uppermost. The blouse-bodice has a square neck outlined with the lace, elbow sleeves finished with lace and a frill, and a small vestee. In the organdie the skirt is banded with tucks in groups of three. The bottom is finished with a narrow frill on each side of the hem, and the skirt joins the waist with an upstanding frill about the waistline. Where the bodice opens at the front a little vestee of tucked organdie is introduced finished with tiny ribbon bows. It is a good idea to shrink net before making it up as it is liable to shrink when washed.

One-Piece Street Frocks



TO possess street clothes that are at once smart and practical may well be the goal of any woman's ambition, because such a combination has been sometimes difficult to find and compels admiration when it is found. But the difficulties are growing less. One result of the vogue for fancier suits which held through last year, may be seen in the many attractive one-piece frocks of wool, tricotee or silk, unusual in design, that have been presented this season, as rivals of the street suit. They are feminine-minded affairs having no trace of mannish severity, designed with an eye to prettiness and destined to a deserved success. The same substantial goods are used for them as for making suits. Two of these new departures challenge attention in the picture at the head of this article. Just a glance at them leaves an inquiry floating through the mind—as to how one gets into them. They appear to fasten by devious and underhanded ways and are sometimes camouflaged with many buttons that mean nothing so far as usefulness is concerned. At the right of the picture there is a button-trimmed dress of jersey cloth in two colors. A kimono body with elbow sleeves has a "V" shaped neck provided with bretelles of the cloth. There is a chemisette of a darker shade and a wide girde of it that joins the bodice and skirt. The girde slashes cut in it, with a narrow belt drawn through them fastening at the front with an ornamental clasp. The skirt is fastened to the wide girde at intervals where small cloth-covered buttons are set. It is corded at the top and bottom. The frock at the left achieves widened hip lines by means of three plaits laid in the material at each side and is otherwise cleverly draped. Its square neck, three-quarter length sleeves faced with satin and flaring at the elbow, make it somewhat picturesque and this effect is heightened by the small round hat of satin. It has a rolling brim draped with malines that falls over the eyes and ties in a bow at the back. It looks either coy or vampish—as you will.

Julia Bottomly

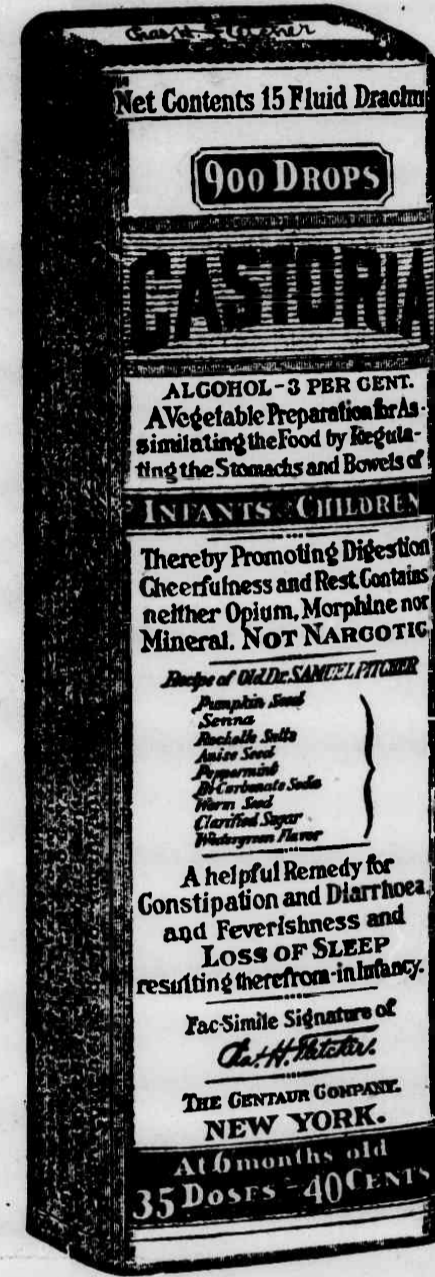
Baby Specialists.

THAT there are Physicians who specialize on Infant ailments you know. All Physicians understand Infant troubles: all Physicians treat them. It is his profession, his duty, to know human ills from the Stork to the Great Beyond.

But in serious cases he calls in the Specialist. Why? He knows as every Mother knows, or ought to know, that Baby is just a baby, needing special treatment, special remedies.

Can a Mother be less thoughtful? Can a Mother try to relieve Baby with a remedy that she would use for herself? Ask yourself; and answer honestly!

Always remember that Baby is just a baby. And remembering this you will remember that Fletcher's Castoria is made especially for Infants and Children.



Exact Copy of Wrappers.

Children Cry For



The False and the True.

Advertising by the use of large space, the expenditure of huge sums of money have placed on the market, have put in your home, perhaps, many articles that today have been discarded, as you will readily admit.

Do you recall anything that has more modestly appealed to the public than has Fletcher's Castoria: modest in all its claims, pleading at all times—and truthfully—for our babies?

The big splash, the misleading claims may win for a time, but the honest truth-telling advertiser is like the old story of the tortoise that beat the hare.

Mothers everywhere, and their daughters, now mothers, speak frankly, glowingly, enthusiastically in praise of Fletcher's Castoria. Speak of it lovingly as a friend that has brought comfort, cheer and smiles to their little-ones.

There are substitutes and imitations as there are for the diamond, for anything of value. One might almost say that that which is not copied has no value. So you have had the signature of Chas. H. Fletcher and a copy of the genuine wrapper kept constantly before you that you may guard against the false and the untrue.

MOTHERS SHOULD READ THE BOOKLET THAT IS AROUND EVERY BOTTLE OF FLETCHER'S CASTORIA

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

THE CENTAUR COMPANY, NEW YORK CITY.

Better a live politician than a dead hero.

ALLEN'S FOOT-EASE DOES IT. When your shoes pinch or your corns and bunions ache get Allen's Foot-Ease, the antiseptic powder to be shaken into shoes and sprinkled in the foot-bath. It will take the sting out of corns and bunions and give instant relief to Tired, Aching, Swollen, Tender feet. Sold everywhere. Don't accept any substitute.—Adv.

Keeping Pace. "How apartments are going up!" "Not so fast as their rentals."

The occasional use of Roman Eye Balm at night will prevent and relieve tired eyes, watery eyes, and eye strain.—Adv.

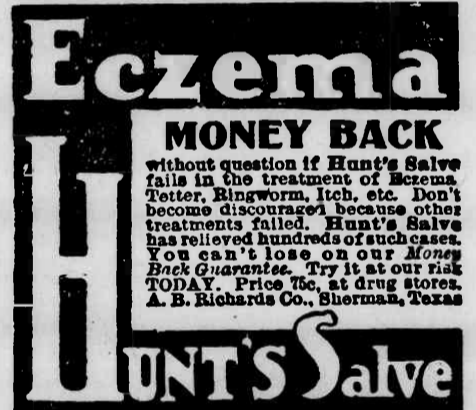
A bird in the hand is vulgar. Use a knife and fork.

Every man who has the courage of his convictions has to have a lot of it.

A SOFT, VELVETY SKIN

should be the ambition of every woman as there is nothing so attractive as a fair, smooth skin. Neither soaps nor powders can give this. Thousands of southern women know from experience that Tetterine will quickly rid the skin of its disfiguring pimples and blotches and give it that bright clear appearance so much admired. Tetterine is sold by druggists or sent by mail for 50c. by Shuprine Co., Savannah, Ga.—Adv.

Lots of men secretly pray for their wives.



The wise man and the fool's money are soon united.

The noblest pursuit of woman is an honest man.

Another Royal Suggestion

MUFFINS and POPOVERS

From the NEW ROYAL COOK BOOK

BREAKFAST is too often eaten as a duty rather than a joy. The success of the day may depend upon the spirit of breakfast. The Royal Educational Department presents some breakfast dishes that will send the children to school with a hip hip hurrah and his majesty man to his daily duties with the "up and doing" feeling which knows no discouragement.

Muffins
2 cups flour
3 teaspoons Royal Baking Powder
1 tablespoon sugar
1/2 teaspoon salt
1 cup milk
2 eggs
1 tablespoon shortening
Sift together flour, baking powder, sugar and salt; add milk, well-beaten eggs and melted shortening; mix well. Grease muffin tins and put two tablespoons of batter into each. Bake in hot oven 20 to 25 minutes.

Eggless Muffins
2 cups flour
4 teaspoons Royal Baking Powder
2 tablespoons sugar
1 teaspoon salt
1 cup milk
2 tablespoons shortening
Mix and sift dry ingredients, add milk and melted shorten-

ing and beat until smooth. Bake in greased muffin tins in hot oven 20 to 25 minutes.

Corn Muffins
1/2 cup corn meal
1 1/2 cups flour
4 teaspoons Royal Baking Powder
1/2 teaspoon salt
2 tablespoons sugar
1 cup milk
2 tablespoons shortening
1 egg

Sift together corn meal, flour, baking powder, salt and sugar; add milk, melted shortening and well-beaten egg; mix well. Grease muffin tins and drop two tablespoons of mixture into each. Bake about 35 minutes in hot oven.

Popovers
2 cups flour
1/2 teaspoon salt
2 eggs
2 cups milk

Sift together flour and salt. Make a well in flour, break eggs into well, add milk and stir until smooth. Pour into hot greased gem pans and bake 25 to 35 minutes in a very hot oven. If taken out of oven too soon they will fall.

SENT FREE

New Royal Cook Book containing scores of delightful economical recipes, many of them the most famous in use today. Address ROYAL BAKING POWDER CO., 115 Fulton Street, New York City.

ROYAL BAKING POWDER

Absolutely Pure

"Bake with Royal and be Sure"