

THE PRAYER CORNER.

OUR PRAYERS:

Our prayers should be part of our life. They should rule and influence all our living, always when we pray we should look up, expecting to receive what we have asked for.

There are some of our prayers which, if answered, will work deep and radical changes in our lives. If we tried seriously to live up to them, we would be rising every day into higher spiritual altitudes. We pray to be made unselfish. Do we mean it? Do we really want to become unselfish? If we put ourselves under discipline, to grow into unselfishness, we should constantly find a restraining hand upon our desires and dispositions, upon our conduct and acts, and should feel in our hearts ever more an impulse toward love, and all serving of others. Love seeketh not its own. It lives for others. It forgets self. As I have loved you, that ye also love one another is the Masters statement of the law of Christian life.

We pray to be made unselfish, dare we let the prayer be answered? It would change many things in our conduct, in our treatment of others. It would set us in new relations to all about us. It would check in us the crafty desire, so common in dealing with men, to get the better of the other man in all transactions, to have the best place. Some one has written this little prayer:

"O God, that I might spend my life for others,
With no ends of my own,
That I might pour myself into my brothers,
And live for them alone."
What would happen in our lives if these prayers should be answered?

A PRAYER

Almighty God, our Heavenly Father, help us to remember, when we pray, that we are in Thy Presence, and Thou art very near to us; that Thou seest us; that the very secrets of our hearts are open to Thee with whom we have to do.

Give us sincerity. Make our prayers real to us. Make them a part of our life; ruling and influencing all our living. When we pray may we look up, expecting to receive what we have asked Thee for.

May we ever feel a restraining hand, Thy Hand, upon our desires and dispositions, upon our conduct and acts; and feel in our hearts ever more an impulse toward love and all serving of others. Give us love for 'love seeketh not its own'. It lives for others. It forgets self. So shall our desires and dispositions, our conduct and our acts be like Thine dear Master, and as Thou hast loved us, so shall we love one another.

Amen. C. D. C.

HAMMERMILL COVER

PRINTED Booklets and Circulars will Sell Your Goods

Come to Us

RED CROSS WORKING FOR HEALTHIER U. S.

Thousands Aided by Instruction in Care of the Sick, Food Selection and First Aid.

How the American Red Cross guides thousands of persons to health is shown in a summary of the society's activities in the health field based upon the annual report for the last fiscal year. Through its Nursing Service, its Home Hygiene and Care of the Sick courses, nutrition classes, First Aid classes, Life-Saving classes and Health Centers and in numerous other ways designed to acquaint masses of citizens with proper methods of living, the Red Cross carried its message of health into all parts of the country.

The work of the Red Cross during the war in its traditional field of nursing, furnishing the military and naval establishments of the nation with 19,877 nurses, is well known. And there are today 37,787 nurses registered with the American Red Cross and subject to call in emergency. During the fiscal year, 1,551 Red Cross nurses were accepted for assignment to Government service, 388 by the Army and Navy and 1,163 by the United States Public Health Service.

In addition to the nurses enrolled by the Red Cross for Government service, the Red Cross itself employed a total of 1,348 public health nurses in the United States and Europe. By far the greatest number was employed in the United States, 1,257, while 81 were in foreign service.

Home Hygiene and Care of the Sick classes, giving thorough instruction in the proper care of the sick in instances where the illness is not so serious as to require professional nursing care, during the fiscal year numbered 5,179. A statistical picture of the Red Cross operations in this field follows:

New classes formed during year	5,179
Classes completed during year	6,290
New students enrolled	101,068
Students completing course	73,432

What the Red Cross accomplished in giving proper instruction through its Nutrition Service is indicated by the following table:

New classes formed during year	142
Classes completed during year	188
New students enrolled	2,341
Students completing course	2,013

In addition to the above, a total of 22,006 children were given instruction in the proper selection and preparation of foods.

Through its 260 Health Centers, the Red Cross reached 90,252 persons. In these Health Centers, 4,015 health lectures were given and 780 health exhibits held.

In the United States last year, 75,432 persons were killed and 3,500,000 injured in industrial accidents. To prevent this enormous waste the Red Cross held 5,100 first aid classes with a total of 104,000 students enrolled.

RED CROSS RESCUED 600,000 FROM DEATH

Spent \$1,200,000 for Relief of Famine Sufferers in China Last Year.

To help overcome conditions of acute distress in five famine stricken provinces of Northern China, where millions of persons were affected by an unprecedented shortage of food, the American Red Cross during the last fiscal year spent more than \$1,200,000, \$1,000,000 of which was contributed directly by National Headquarters and the remainder by various groups interested in the welfare of China.

Through the wide relief operations thus made possible it is estimated that more than 600,000 famine sufferers were saved from starvation.

To the end that similar prompt relief measures by the organization may always be possible the Red Cross is asking continued support by the American people by universal renewal of membership at the Annual Red Cross Roll Call, November 11 to 24.

The method of relief employed by the American Red Cross in its operations in China was particularly effective, for in addition to saving hundreds of thousands of lives it provided China with more than 900 miles of permanent roads that are sorely needed to prevent a recurrence of famine. At one time the Red Cross employed 72,000 Chinese workmen, paying them in food for themselves, and dependents, this food being brought in from Manchuria and elsewhere.

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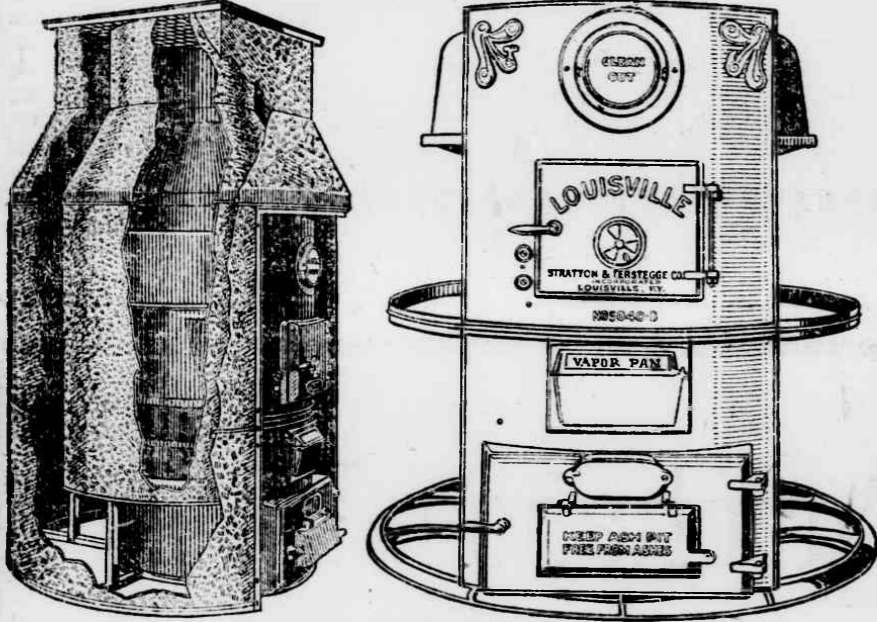
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