

THIS WOMAN RELIEVED FROM SUFFERING

By Lydia E. Pinkham's Vegetable Compound. A Remarkable Story

Down, Del.—I wish every woman would take your wonderful medicine as it has done so much good to me. I had cramps and faint spells and very bad pain. One day I was over to my neighbor's house and she told me I ought to take Lydia E. Pinkham's Vegetable Compound. So I went to the store on my way home and got a bottle, and took the first dose before supper. I have been taking it ever since, and you can hardly believe how different I feel. I had just wanted to be in bed all the time, and when I started to brush up I would give out in about ten minutes. So you know how badly I felt. I used to go to bed at eight and get up at seven, all the time. Now I can work all day and stay up until eleven, and feel all right all the time. My housework is all a dead weight, but in winter I work in a factory. I have told a good many of my friends, and I have had three come to me and tell me they would do so without the Vegetable Compound. Mrs. M. M. Munnery, 219 Canal St., Down, Delaware.

No Kissing in South Seas. Another "close-up" angle is being attacked. The South Sea Islands are over the scene of romantic stories and scenarios, but a traveler from there has remarked on the fact that there are no customs there which include kissing among the savages.



A MAN OF INTEGRITY

A physician who reaches out to benefit humanity leaves a record behind him that is worth while. Such a man was Dr. E. V. Pierce, founder of the Invaluable Hotel in Buffalo, N. Y. He was an eminent physician, a leader and a kind hearted man, known for his honesty and executive ability. His study along medical lines, and his knowledge of the remedial qualities of herbs and plants led to the discovery of his wonderful herbal remedy, Doctor Pierce's Favorite Prescription, the woman's tonic which has had the greatest number of supporters for the past fifty years. It is just the natural cure required if a woman is bothered by pain and suffering as regular or irregular menstruation, by nervousness or other ailments, headache or backache. Doctor Pierce's Prescription was never so well known as it is now, as well as liquid as most other tonics.

COUGHS. Coughs are the most common ailment which afflicts children and adults. A pleasant, safe, reliable, and effective remedy is Dr. Pierce's Cough Syrup. It is the best remedy for coughs, colds, and whooping cough. It is sold in all drug stores.

Skin Tortured Babies Sleep. Mothers Rest After Cuticura. Cuticura is the best remedy for skin ailments. It is sold in all drug stores.

ABSORBINE. Will reduce inflamed, swollen, tender, and sore. It is the best remedy for skin ailments. It is sold in all drug stores.

THE U-C SPRINGLESS SHADES. Last Longer, Look Better. It is the best remedy for eye ailments. It is sold in all drug stores.

Raw Furs Wanted. Highest cash prices paid. Send for free price list. Furrer & Steinwald, 171 W. 28th St., New York.

CABBAGE PLANTS. Eyes Hurt? It is the best remedy for eye ailments. It is sold in all drug stores.

OLD SAWS HELP OUT WHEN BABBLING LAGS

Conversation Would Collapse if Phrases Were Barred.

Conversation would collapse if a few hundred of our phrases should refuse to work overtime. Where would our energetic orators and our babbling friends be if it were not for "Hope springs eternal," "Music hath charms to soothe," "Uneasy lies the head that wears," "The laborer is worthy of his hire," "Knowledge is power," "Laugh and the world laughs with you," "Eat, drink and be merry," "Murder will out" and "Milk hastes slowly"?

To what a pass would conversation come, if we could not say, "A thing of beauty is a joy forever," "Too many cooks spoil the broth," "If the cap fits, put it on," "Two wrongs never make a right," "Each man to his trade," "Wonders never cease," "Charity begins at home," "The fool and his money are soon parted," "Cheating luck never thrives," "I see, says the blind man," "A sucker is born every minute," "Money is power," "Money is the root of all evil," "You can't keep a good man down," "Look before you leap," "No fool like an old one," "When two blue Sundays come together," and "Misery likes company."

"Silence would reign," if we could not say, "Bald as a billiard ball," "Gray as a hager," "Blind as a bat," "Wise as an owl," "Sly as a fox," "Silly as a goose," "Mad as a March hare," "Mad as a hatter," "Keen as a hawk," "Swims like a duck," "Eats like a hog," "Stubborn as a mule," "He passed the buck," and "I was the goat," "Wet as a rat," "Timid as a mouse," "Nervous as a cat," and "Sleepy as a log," "Early as the lark," "Bull headed," "Bull necked," and "Blame like a bird," "One swallow does not make a summer," "Slow as a snail," "Strong as an ox," "Weak as a kitten," "Bold as a lion," "Meek as a lamb," "Lively as a cricket," "Slippery as an eel," "Rough as a bear," "Graceful as a gazelle," "Wild as a deer," "Proud as a peacock."

And perhaps the world could not get along without "Swift as the wind," "Quick as a flash," "Troubles come not singly but in battalions," "All the world loves a lover," "There is no place like home," "When the cat's away the mice will play," and "A new broom sweeps clean."

And besides these we must not forget our old friends, "Old as Methusalem," "Beautiful as Jago or Venus," "Pretty as a picture," "Ugly as sin," "Rich as Croesus," "Poor as Lazarus," "Poor as a church mouse," "Cold as charity," "Thin as a rail," "Humble as pie," "All things come to him who waits," "All is not gold that glitters," "He who hesitates is lost," "All's well that ends well," "A foeman worthy of his steel," "A gem of purest ray serene," "The die is cast," "Honesty is the best policy," "A stitch in time," and "Dead as a door nail."

Where would we be at without "Worth a king's ransom," "Like a fish out of water," "Straight as an arrow," "The witching hour of midnight," "Sweets to the sweet," "Love laughs at stone walls," and "Jealousy is a green-eyed monster."

How could love poets get on in the world if "Teeth were not like pearls," "Cheeks like cherries," "Lips like roses," "Eyes like violets or stars," "Lily hands" and a "Neck like a swan's."—New York Sun and Globe.

One Thing to Fear. Uncle Joshua was a laconic and hard headed old country man, who never let the criticisms of his too frank neighbors upset his equanimity. At one of the sessions of the Village club, which met every day in the post office for the distribution of the five o'clock mail, some of the men undertook to tell Uncle Joshua about a tale then going the rounds of one of his recent horse trades.

"They're telling all kinds of lies about you, Josh," blurted one young blade. "What you got to do about it?" "Do?" replied Uncle Joshua, coolly, as he spat with unerring accuracy through the open door. "Nothin'. I don't keer how many lies they tell about me. It's the truth I'm skeered of."—Judge.

Too Familiar. A certain club has got a new hall porter. One of the members met him for the first time and looked him over.

Daddy's Evening Fairy Tale

By MARY GRAHAM BONNER

LUCKY CATS

"Me-ow, me-ow, me-ow, we're the lucky cats!" And one night, when the cats all met on an old back fence near a deserted ferry house, they sang this song:

Me-ow, me-ow, me-ow, We're going to tell you how We've given the best of things to eat. The most delicious kind of meat. We don't need the garbage tins. We don't have to be nervous as pins. For fear the people will run us out. Of the garbage tins that are round about!

We don't notice the garbage tins much. We're above the food in such! We're cats of the water-front, cats you'd think poor. But you don't know of the morning tour Made by a lady around these parts. She knows how to make happy cat hearts! We may look dirty, but we're well fed. This we have already said. But oh, it's wonderful if you're a poor forlorn cat. To think there is someone who thinks about that. And who thinks of the things that cats like to eat. And who gives them each day a regular treat. Just because we have no money. And just because we look rather funny in no reason why she snubs us and passes us by.

No, she likes those who do not, in luxury live! Me-ow, me-ow, me-ow, we're the lucky cats!

Now the cats sang this song every night, or at least almost every night, and happy they were. They lived in a city, a city which is situated by the sea, and right near the harbor, where boats put in the sea, was the water front, where these cats made their home.

It was poor in these parts—very poor, indeed. The cats looked forlorn, for their fur was dirty and not well-kept, and they were unlovely and rather unattractive-looking. They would dart this way and that and keep out of the way of rough creatures who might be wandering about, not caring for cats.

But for the most part they were pretty well left alone, except sometimes when they had children play with them, who petted them and who made friends with them. They were cats to be made friends with carefully and gently, and they were not to be taken up in any sort of a way.

They had known rough and unkind little boys and girls and they weren't going to take any chances. They would be friendly if they were treated in a friendly way, but they didn't want to be taken upon then teased. But though these cats looked so shabby and lived in such a shabby part of the town, they were very happy. True, they had adventures and narrow escapes, and they looked at garbage once in a while to be sure they didn't miss anything.

The garbage tins weren't even very interesting in this part of the town. But, as they said in their song, they didn't need garbage tins. For every morning, very, very early, an old woman walked along the water-front of this city, carrying a big paper bag. A following her and meeting and greeting her were many, many alley cats. For in the big bag were always goodies for these old waterfront cats. They had liver for breakfast and, oh, so much else that was good! Especially did these poor old cats enjoy the delicious liver.

IMPROVED UNIFORM INTERNATIONAL Sunday School Lesson

By REV. E. B. FITZWATER, D.D., Dean of the Evening School, Moody Bible Institute of Chicago.

LESSON FOR JANUARY 13

THE LONG SOJOURN IN EGYPT. LESSON TEXT—Gen. 47:1-12. GOLDEN TEXT—The Lord shall preserve thy soul.—Ps. 121:1. INTERMEDIATE AND SENIOR TOPIC—From Slaves to Prime Minister. YOUNG PEOPLE AND ADULT TOPIC—Joseph and the Migration to Egypt.

The seed promised Abraham, through which the world was to be blessed, was fulfilled in the giving of Isaac. Of Isaac's two sons, Jacob, the younger, was chosen. To Jacob was given twelve sons. They became the heads of the Twelve Tribes of Israel. Joseph, a son of Rachel, Jacob's beloved wife, was especially loved by his father. Because of the partiality shown by Jacob, Joseph's brethren hated him. This hatred was fanned into flame by his making known to his brethren certain dreams. Therefore, when his father sent him to inquire after the welfare of his brethren, they sold him a slave to Midianite merchants who in turn sold him to the Egyptian. Under a false charge, made by Potiphar's wicked wife, he was cast into prison. Through the interpretation of a dream of one of Pharaoh's servants, and later Pharaoh's dream, Joseph was providentially exalted to be Prime Minister of Egypt. He put on a great conservation scheme, which provided against the bitter famine which came upon all that country. This sojourn in Egypt taught Israel in a new way to trust God, welded them into a nation, transformed them from a nomadic to a settled life, and gave them acquaintance with the material advancement of their time.

1. Joseph Presents His Father and Five Brethren to Pharaoh (Gen. 47:1-6). 1. Pharaoh's Invitation (Gen. 45:10-19). Jacob and his sons were in Egypt by Pharaoh's invitation. Joseph went out to the land of Goshen to meet them. Though now occupying an exalted position, Joseph was not ashamed of his father even though he was a plain country man.

2. Joseph's Tact (vv. 1, 2; cf. 45:30-34). (1) In introducing his father and brethren in a personal way, thus capitalizing his own influence in favor of his kin. Pharaoh had high regard for Joseph; therefore would do much for them for Joseph's sake. God does much for us for Jesus' sake. (2) In having his father and brethren come to Goshen (Gen. 45:20). Since possession is "nine points of the law," they were already in Goshen before asking Pharaoh for permission to occupy it (v. 4).

(3) In coaching his brethren (Gen. 46:34). He taught them beforehand what to say. Because he knew how awkward they would be in the presence of the great king. Our Joseph, Jesus Christ, teaches us how to pray and what to pray for. (4) In choosing five, not all (v. 2). In all probability he chose the five who would make the best appearance. He knew the great importance of first impressions.

3. Their Request to Pharaoh (v. 3, 4). Joseph anticipated Pharaoh's questions and put the proper words into their mouths to use in making their desires known to Pharaoh: "Let thy servants dwell in Goshen." 4. Pharaoh's Response (v. 5, 6). (1) His gracious offer. They were to enjoy the best of the land according to their choice. He dealt with them very liberally. (2) Positions of trust offered to capable men among them. He knew how capable Joseph was and furnished that some of his brethren might be likewise gifted. This gracious offer was because they were related to Joseph. (3) Jacob Blessing Pharaoh (v. 7-10). Though Pharaoh was the great king and Jacob now a supplicant at his feet receiving natural blessings, yet morally Jacob was above Pharaoh and therefore conferred blessings upon him. This humble saint of God is higher in dignity than earth's greatest king. Jacob discloses his own estimate of the earthly life of the believer. He calls it a pilgrimage of short duration.

11. Joseph Nourishes His Father and Brethren (vv. 11, 12). 1. He placed them in the best of the land, according as Pharaoh had commanded (v. 11). 2. He nourished them (v. 12). Since there was no bread in all the land to be obtained except as dispensed by Joseph, he distributed to them according to their needs. Our Joseph, Jesus Christ, supplies all our needs according to his riches in glory.

Need of Prayer. Deeper than the need of men, deeper than the need of money, deeper down within this spiritless life of ours is the need of world-wide prevailing prayer.—Robert E. Speer. Standfast. What men may think or say or do cannot silence him who is filled with the grace of God.—S. J. Patton. A Means of Escape. A lie is always the coward's way out of difficulty.—Christian Cyclopedia.

THAT LITTLE COLD MAY START A BIG TROUBLE

Stop It Now With Cheney's Expecto-rant and Save Needless Suffering.

That little cold you took yesterday may seem a small matter to you now; but if you don't do something to check it and get it out of your system there's no telling how it will end. Many a severe, if not fatal, case of pneumonia or tuberculosis began in just the same way.

How foolish then to take any sort of risk by neglecting that cold till it fastens itself on your vitals, and becomes so deep-seated that nothing but the most severe treatment will serve to get you back to health. You can stop it now with Cheney's Expecto-rant. A dose every few hours will knock it right out and end the trouble almost before it has begun. It expels the germs from your system and you feel fresher and stronger and better.

Three generations of people have been brought up on Cheney's Expecto-rant and have an abiding faith in its efficiency because they know what it will do. Cheney's Expecto-rant expels the cold by reaching and correcting the cause. It is equally effective for coughs, bronchitis, croup, whooping cough, and all other affections of the throat and lungs. Sold by all druggists and in smaller doses by general merchants in 50c and 25c bottles.—Advertisement.

Sticking to His Story. Jenkins told his wife he was going fishing, but instead went to a football match. On his way he entered a fish-monger's and told them to send some fish home at a certain time. But fish was scarce that day, and some cod's heads were sent instead. "Well," exclaimed Jenkins when he arrived home, "did you get the fish I sent?" "I got a lot of cod's heads," replied the wife. "That's right," said Jenkins, cheerfully. "The fish were that strong that before I could land 'em I had to pull their heads off."

Electric Chair First Used in 1890. The electric chair was not strictly speaking invented. It was known that electric current would kill, and experiments in killing animals by this means had been made. A New York commission was appointed to investigate humane ways of inflicting the death penalty. The commission reported in 1888 and in that report suggested the construction of a chair in which the criminal could be placed for electrocution. Such a chair was devised by the state electrician of New York, E. P. Davis, and appears to have been first used in 1890.

The initials S. P. D. are used as an abbreviation for the Latin phrase saltem plurimum diet, which means "He wishes much health," or "sends his best respects."

No one can be just who fears death, pain, exile or poverty. Silence in a crisis is best unless one has to answer a question.

The whole merit of virtue consists in the practice of virtue.

ALLEN'S BUSINESS RANGES. The leading range on the market—Tested by twenty-five years of constant service. Ask your dealer or write us for catalog and when they may be had. ALLEN MFG. COMPANY, Nashville, Tenn.

Rosicrucians Secret Order of 14th Century. The Rosicrucians were a secret fraternity alleged to have been founded during the latter part of the fourteenth century by Christian Rosenkreuz, German mystic who dwelt for a time in India and Egypt, where he acquired a profound knowledge of the occult arts. The Rosicrucians, like the alchemists, pretended to transmute metals, to prolong life and to possess knowledge of what was occurring in distant places. They first became known to the world early in the seventeenth century, through the publication of certain documents said to have been issued by them; but according to many authorities, their existence was extremely doubtful. The Rosicrucians were also called the Brothers of the Holy Cross, from the notion that the name is derived from "ros" (cross) and "ros" (rose). Brewer, however, says that the word Rosicrucian comes from "ros" (dew) and "ros" (rose). Dew was considered by the ancient chemists as the most powerful solvent of gold, and cross in alchemy is the symbol of light, because any figure of the cross contains the letters L X V (light).—Detroit News. "Old Stuff" From Arabia. A New York barber recently got some valuable publicity because he regaled his customers with tea and music. "It was old stuff," commented William H. Okers in his new book, "An About Coffee," just published by the Tea and Coffee Trade Journal company, New York. The Arabian and Turkish barber shops have been serving coffee, tobacco and sweetmeats to their customers for centuries. In Arabia and other oriental countries coffee is part of the ritual of business; shopkeepers serve it to the customer before the argument begins.

A Test for Rest— AFTER the sleepless night, and you wonder about the cause, has it ever occurred to you that it may be caffeine, the drug in coffee, that keeps you awake? Suppose you try Postum as your mealtime beverage, for at least ten days— Put it to the test! At your first sip of Postum, you will understand why, by many, it is preferred equally for its delicious flavor and for its wholesomeness. Postum is absolutely free from the coffee drug, caffeine, or anything that can cause restless nights or uncomfortable days. Postum for Health "There's a Reason" Your grocer sells Postum in two forms: Instant Postum (in tins) prepared instantly in the cup by the addition of boiling water. Postum Cereal (in packages) for those who prefer the flavor brought out by boiling fully 20 minutes. The cost of either form is about one-half cent a cup. Sold by grocers everywhere!