

CONTRACTS LET FOR ROAD WORK

ONE HUNDRED AND FIVE MILES ARE INCLUDED IN TEN PROJECTS

Raleigh A million and a half dollars' worth of road construction was let by contract by the state highway commission. The mileage totals 105, distributed among 10 construction projects.

Included in the projects is a 10.7-mile stretch in Buncombe county, from Leicester to the Madison county line, a nine-mile stretch from North Wilkesboro to Mulberry Gap, a grading job from Cane River to the Tennessee line and 10 1/2 miles of hard surfacing from Mt. Airy toward Pilot Mountain.

The list of projects, the cost and the low bidders follow:

No. 582—Randolph county, 16 1/2 miles of topsoil between Asheboro and Chatham county line, C. A. Ragland, Louisburg, \$91,208; structures to Plker and Yount, Reidsville, \$35,635.25.

No. 780 B—Wilkes county, gravel road from North Wilkesboro to Mulberry Gap, J. F. Mulligan Construction company, \$94,462; structures, \$11,591.50.

No. 900—Buncombe County, 10 miles grading, Leicester to Madison line, W. A. Graham, Mt. Ulla, \$148,055; structures to J. M. Gregory, Pittsboro, \$47,847.40.

No. 747—Vance county, 11 1/2 miles, top soil, W. A. Graham, \$58,289.20.

No. 433—Granville, W. W. Tuck and Sons, Virginia, \$71,632.50; structures to E. A. Wood and company, Andrews, \$42,116.50.

No. 147 B—Hertford county, nine miles, hard surfaced, Roberts Paving company, \$252,163.20.

No. 763 B—Surry county, 10 1/2 miles, hard surface, from Mt. Airy toward Pilot Mountain, Zeigler and Dalton Construction company, Junction City, Kansas, \$323,309.50.

No. 286—Famlico county, seven miles, top soil, J. F. Mulligan, \$39,983; structures to Bradley Gooch, \$13,300.25.

No. 891—Yancey county 7 1/2 miles, of grading from Cane River to Tennessee line, W. H. Anderson, Brevard, \$120,881.50; structures to Hughes and Ray Newland, \$38,709.28.

No. 368—Famlico county, 11 miles, top soil, Robert W. Curtis, Lynchburg, Va., \$58,863.57.

Many Bills Introduced at Session

With the convening of the house and senate the flow of local and state bills is expected to continue. Around a hundred measures have been introduced in the three days of the session, and before the week is out the number is expected to reach 500.

The most disturbing factor developing over the week-end is the threat from Representative W. R. Matthews, of Mecklenburg county, chairman of the house prison committee, to make an investigation of the state prison.

Radical re-casting of the judicial machinery of the State by the establishment of county courts having the power and jurisdiction of superior courts in counties of more than 50,000 population is provided in three amendments to the Constitution of the State submitted in the House by Representative Henry Groves Connor, Jr., of Wilson.

Under the authority of the proposed amendment, which would be submitted to the voters of the State at the coming general election, the General Assembly would re-district the State, providing that each county would have not less than two terms of court annually of such duration as directed by law, and that the more populous counties be set up into districts. Judges in county districts would be elected by the people of that county only.

Legislation correcting the ambiguities of the enactment of the general session in 1923 governing the involability of sinking fund set up to retire outstanding bonds was submitted by Representative N. A. Townsend of Harnet. The defective legislation is repealed in a concurrent measure submitted by Mr. Townsend. The new enactment merely provides that no legislature shall have the right to repeal any legislation enacted to ensure payment of debts of the State.

The Connor amendments to the Constitution are aimed at relief of the congestion of the superior courts in every section of the State, and the provision of adequate courts in counties where congestion is greatest. The judge in such counties will not be included in the general scheme of rotation from district to district, as is now provided, but would hold court in the district of his residence unless otherwise directed by exchange or Executive order.

Wayne Has Faith in Road Policy

Wayne county gave evidence to its belief that the State is not through with its road building program when representatives of the commissioners of the county offered \$500,000 of county money to the State Highway Commission to be spent on State roads in the county and repaid whenever funds were available through legislative appropriation. The loan was accepted.

Funds made available through the loan will be applied to the paving of the Central Highway between Goldsboro and the Johnston county line.

HOW TO KEEP WELL

Dr. Frederick R. Green, Editor of "Health."

WHAT IS APPENDICITIS?

ONE of the favorite subjects for jokes on the part of our present-day humorists is appendicitis.

According to these gentlemen, appendicitis is a recently discovered disease which was invented for the purpose of giving surgeons a remunerative occupation.

"How does it happen," asks the newspaper humorist, "that our grandparents never had appendicitis?"

Bless your hearts! They did, just as people do nowadays, but they died of it. In the majority of cases they never got well to tell the story.

Appendicitis is as old as the human race. Ruffer found evidences of it in the Egyptian mummies of a thousand years before Christ.

Ever since man gave up an exclusively vegetarian diet and began to walk upright on his hind feet he has had appendicitis. But he didn't call it that. The doctors of fifty years ago called it "bilious colic," or "inflammation of the bowels." They knew there was something wrong going on in the patient's abdomen, but they didn't dare open him up to find out what the trouble was, because they knew that if they did the patient would die from the operation, while if they let him alone he might get well.

So they gave him opium to deaden the pain and he either got well or died, although in the great majority of cases he died.

About forty years ago Pasteur proved that inflammation and infection are due to minute germs. Sir Joseph Lister, an English surgeon, found out how to keep these germs out of wounds so as to avoid infection. This was the beginning of modern surgery. As soon as the surgeon could open the human body and close it up again without killing the patient, it was found that what had been called "inflammation of the bowels" was often due to an inflammation of the appendix, a little glove-like portion of the intestines, which we inherited from our herbivorous ancestors. It is of no use to civilized man and is rather a danger because it easily becomes inflamed.

When this happens, the patient has pain and tenderness in the right groin, generally with increased temperature. If the inflammation goes on until the wall of the appendix is softened, it may rupture and produce an abscess or a general peritonitis.

The present-day surgeon doesn't wait for perforations. He makes a little incision through the skin and muscles, slips in his finger, draws out the inflamed appendix, ties it off and removes it, then drops the bowel back into the abdomen, closing the incision with a few catgut stitches.

Appendicitis isn't anything new. The recognition and treatment of the condition are new and proper treatment saves thousands of lives every year.

SPRING TONICS

WITH the first signs of spring our grandmothers went out into the woods and gathered herbs, roots and barley. Sassafras or camomile tea, spruce beer or ginger beer? Whatever it was, it was to "cool the blood," which was supposed to become hot and thick during the long winter.

This belief in a "spring tonic," like many popular delusions, had its origin in the teachings of the wise men of the past.

The old physiologists believed that there were four "humors" or fluids in the body—blood, lymph, black bile and yellow bile—and that disease was caused by improper combinations of these four fluids. In the winter the blood was supposed to become thick and hot.

Doctors know better now, but the popular belief still persists.

The sassafras tea our grandmothers used to make wasn't bad stuff. It was brown and sparkling and pungent with the spicy odors of the spring woods. It didn't "thin the blood," but it didn't do us any harm and was the best our good old grandmothers knew.

Yet, like many popular beliefs, there was a germ of truth in it.

During the winter most of us stay in the house too much. We sit at a desk or a worktable too constantly. We wear too heavy clothes. We eat too much heavy food. We don't get enough fresh air and sunshine.

When spring comes we feel the universal impulse toward growth and regeneration. We want new life. We want stimulation. We need a "spring tonic," but we don't need one out of a bottle.

The best spring tonic is God's great outdoors.

So get outdoors and play. It doesn't matter how. It may be with a golf stick or a shotgun or a baseball or a canoe paddle. Hunt up your old fishing tackle and overhaul it.

Now is the time for boys to get out their marbles and to start building kites.

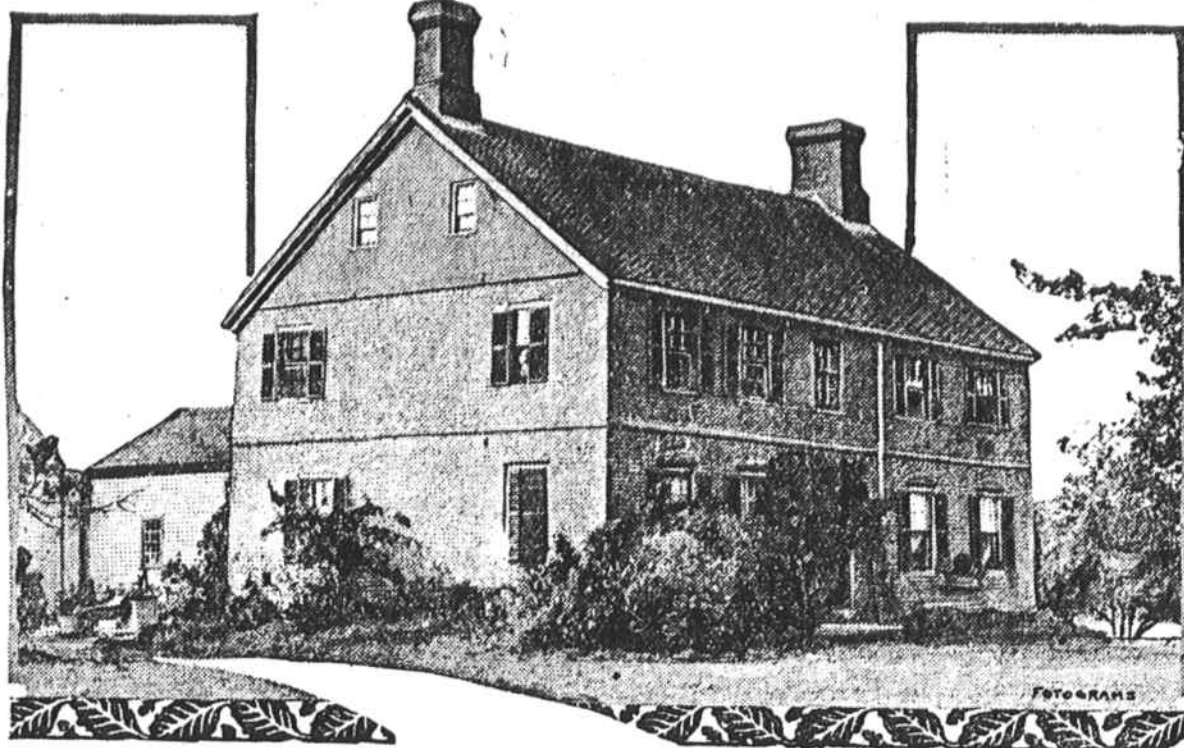
It's the time for little girls to get their skipping ropes and jack stones.

It's the time for baseball on the vacant lots and for pitching horseshoes in the backyard.

We all need a spring tonic. You can get your share.

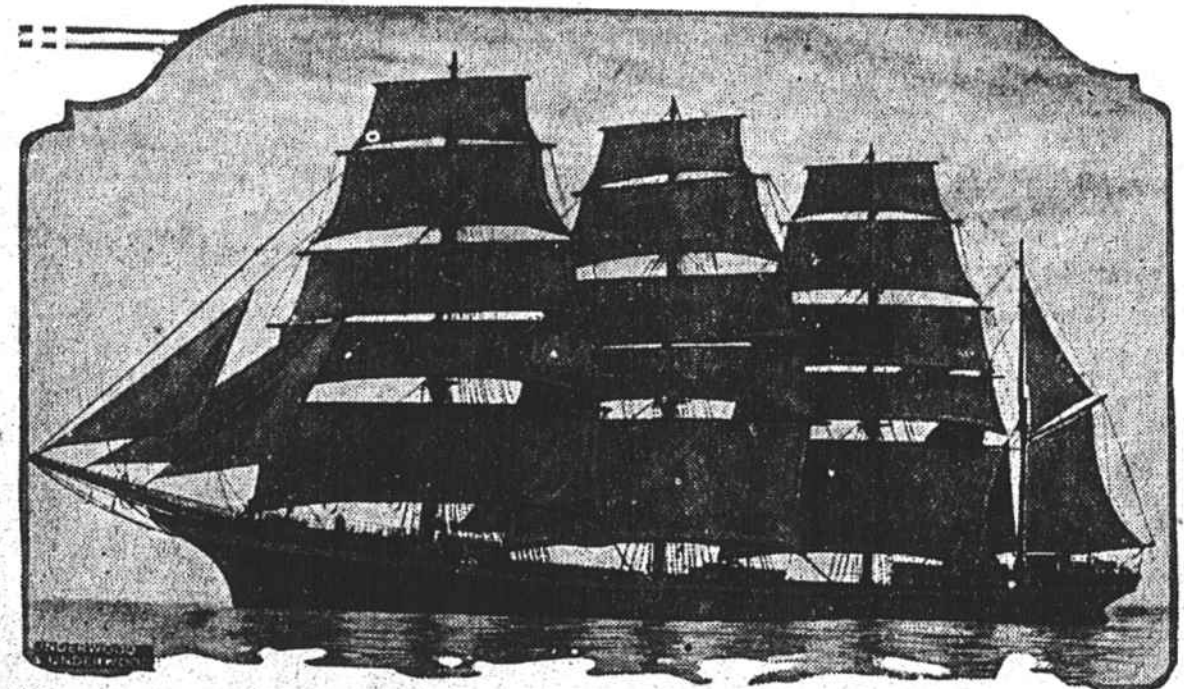
There's air and sunshine enough for everybody and they don't cost a cent.

Has Housed Ten Generations of the Weeks Family



This two-story house in Greenland, N. H., was erected in 1638 and has been the home of the Weeks family for ten generations, being still occupied. Secretary Weeks is a relative of the family. The house is the oldest brick building in New Hampshire and probably the oldest in the country.

Relic of Old Times at Sea Visits New York



With every sail spread, the four-masted bark Arctic Stream, still going strong after 45 years of sailing the seven seas. She is now on her way to New York, having come around the Horn from Antofagasta under command of Capt. Bob Angles. This is one of the very few square riggers still engaged in commerce.

War Memorial at St. Johns



War memorial recently unveiled at St. Johns, Newfoundland, by Earl Haig.

New Yorkers Sleep on Beach Sands



During the heated spell thousands of men, women and children sleep every night on the sand at Coney Island and other nearby beaches. This is a characteristic group.

TAKES BRIDE AT 76



Rev. William Wilkinson, known in the financial district of New York as the "Bishop of Wall Street," who is seventy-six years old; was married the other day to Mrs. Pauline Travilla McNab, a widow seventy-four years of age. Mr. Wilkinson, who is attached to Trinity church, was born in England and has been married twice before.

TO BE CHIEF OF STAFF



Maj. Gen. John L. Hines, who has been serving as deputy chief of staff since the retirement of Gen. J. G. Harbord, will be elevated to the position of chief of staff to succeed Gen. John J. Pershing, who retires on September 12 at the age of sixty-four years. General Hines has actually been performing the duties of the office during the absence at various times of General Pershing from Washington.

Recovery From Influenza Hastened by

PE-RU-NA



Mr. C. A. Allen, R. R. No. 2, Bondurant, Iowa, gives testimony to the healing power of Pe-Ru-NA. Influenza left him much run down in health with catarrh of the nose, throat and bronchial tubes punctuated with attacks of asthma. He writes:

"While recovering from the influenza I was so weak I could not gain any strength for two months. The latter part of the winter, I bought six bottles of Pe-Ru-NA and began taking it. My weight increased to 175 pounds, the most I ever weighed.

My usual winter weight is 155. If you can use this letter for any good, you are perfectly welcome."

Such evidence cannot fail to convince the rankst unbeliever of the merits of Pe-Ru-NA.

Insist upon having the old and original remedy for catarrhal conditions.

Sold Everywhere Tablets or Liquid



In Okanangan county, Washington, is a lake whose waters are a 99.6 per cent pure solution of epsom salts.

Sure Relief FOR INDIGESTION



When Baby frets from teething, feverishness, cold, colic or stomach and bowel irregularities there is nothing that will give it quicker relief than DR. THORNTON'S EASY TEETHER

A famous baby's specialist's prescription, successfully used for 15 years. A sweet powder that children like—takes the place of castor oil. Contains no opiates or harmful drugs. Package, 25c, at your druggist. If it fails to help, your money refunded.

FOR OVER 200 YEARS

haarlem oil has been a world-wide remedy for kidney, liver and bladder disorders, rheumatism, lumbago and uric acid conditions.

GOLD MEDAL HAARLEM OIL CAPSULES

correct internal troubles, stimulate vital organs. Three sizes. All druggists. Insist on the original genuine GOLD MEDAL.



MONEY BACK WITHOUT QUESTION IF HUNT'S SALVE fails in the treatment of ITCH, ECZEMA, RINGWORM, TETTER, or other itching skin diseases. Price 75c at druggists, or direct from A. B. Richards Medicine Co., Sherman, Tex.



Wanted, Young Men to enroll now for the fall term in the CHARLOTTE HARBOR COLLEGE, Charlotte, North Carolina.