

### Counties Enrolling in Garden Contest

Raleigh, N. C., Feb. 25.—Twelve counties have enrolled in the competition for the first prize of \$100 offered to the county council of club which records greatest success in the home garden contest conducted this year by the horticultural and home demonstration workers of the State College extension division. The contest opened February 1, and enrollment will close on March 1.

One reason why more farmers do not have a good home garden is that the average man growing cotton and tobacco thinks he does not have the time to plant and cultivate vegetables. "This argument is being refuted," says Glenn O. Randall, extension horticulturist for the State College of Agriculture, "by other farmers who find that there is both health and profit in a good year-round garden. These growers find that when the garden is planted in long rows, wide enough apart, it may be cultivated with horse labor. In this way, no much time is taken to keep the garden clean. They find also, that one-half acre devoted to a garden has a money value equal to two and one-half acres of cotton, even where the average yield is one bale of cotton to the acre. These values have been established by actual experiment."

"The money value of the home garden is of secondary importance, however, when compared with its value in maintaining the health of the family. It is now well known that minerals and vitamins are found in vegetables, especially the leafy kinds. Those food constituents are necessary to the health and development of the human body. The home gardener, therefore, helps to keep the doctor away. We are hoping that before March 1, several thousand other people will have enrolled in the State garden contest."

These counties enrolled to date are Nash, Vance, Johnston, Cabarrus, Mecklenburg, Halifax, Alamance, Franklin, Lee, Stanly, Rowan and Catawba.

With health insurance, Good luck, good and a sunny disposition are guaranteed with good health. That is one reason why the home demonstration workers of State College are planning our milk campaign for this spring.

### Southern Railway System Presidential Inauguration Washington, D. C. MARCH 4th, 1923

Account of the inauguration of President Coolidge, the Southern Railway will sell round-trip tickets to Washington, D. C., March 1st, 2nd, and 3rd, with final limit March 9th.

Special Pullman cars will be provided from Asheville to take care of delegations and individuals going to Washington for this occasion.

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DIVISION PASSENGER  
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### WEEKLY MARKET NOTES

### U. D. C. HOLDS BUSINESS MEET

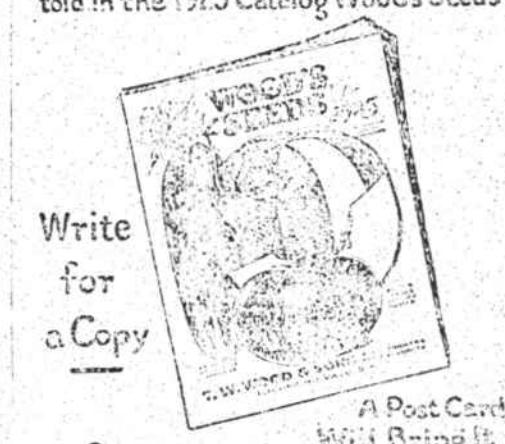
Raleigh, N. C., Feb. 25.—The Carolinas Dewberry Association with a membership covering 471 acres of dewberries has finally been organized among growers of North and South Carolina and is now in operation, states George Ross, chief of the State Division of Markets. The Division of Markets will cooperate with the Association his year in giving an inspection service that will tend to stabilize the dewberry industry and place it on a business-like basis. Mr.

E. P. Pierce of Hamlet, N. C., is president of the new association; R. E. Carrington of Sanford is vice-president; W. J. Johnson of Red Springs is second vice-president and A. H. Guild of Pinehurst, is secretary. T. B. Young of Florence, S. C., will act as sales manager.

V. W. Lewis, livestock marketing specialist, suggests that some of the smaller towns might begin at least five projects which would help local farmers in disposing of their surplus produce. He states, first, that a cream shipping station would serve as an outlet for surplus milk and cream. Second, a meat curing room might be established in connection with the local ice plant so that the farmer could take dressed hogs and have them cured any month in the year. One wholesale ice manufacturer of Raleigh last year cured 700,000 pounds of meat from ice plants which he operates in Georgia, North Carolina, provision could be made for steaming eggs at a local ice plant in which the eggs might either be bought from the producers or stored co-operatively by the farmers themselves. One firm made five thousand dollars profit on 1,500 cases of eggs stored in this way last year. Fourth, a potato chip factory could be put in to take care of the home grown potatoes. Fifth, a crosscutting plant for preserving native timber and making it valuable for posts and other purposes could be established. Mr. Lewis states that any or all of these industries might be established for the benefit of farmers.

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