

POINTS ON KEEPING WELL

DR. FREDERICK R. GREEN Editor of "HEALTH"

PROTECTING THE MIDDLE AGED

MORE is being done for babies today than ever before in the world's history.

This fact is of interest, not only to the doctor but also to the big business man.

The mother, clothed in naught but her innocence, looking like a plump priestess performing sacrificial rites.

If you could not Henry Ford to look over your automobile, you'd consider his opinion worth listening to.

Ninety-seven per cent of all deaths are due to infections.

Who can protect the middle aged? Only the middle aged themselves.

4,000 WOMEN BURNED YEARLY

BURNS kill more women than men. This is the only kind of an accident in which the mortality is greater among women than men.

In 1922 there were nearly 4,000 deaths from burns alone in the United States.

Up to five years' boys and girls are dressed in flannel.

But girls wear dresses of light cotton material.

These are classified by surgeons according to their effect on the skin.

It is reported that gold and silver deposits have been discovered sixty miles from Mississipi.

In women and children whose clothes catch fire, death usually follows because the entire body is burned.

Finnish Steam Bath

Something of Ordeal

When the Finlanders carried off many prizes at the Olympic contests at Paris there was wonder as to what natural qualities or methods of living had given them this advantage.

On Saturday afternoon the entire family took their steam bath.

A blast of hot air greeted us as we opened the door.

"The inner part of the shed was as hot as a moderate oven.

"You feel now sweat," said the girls, "and be not so hot."

"I had a headache next morning, and when Saturday came round again I said as truthfully as I could that I thought I would just have my usual hot water bath in the wash tub."

Valuable Paper Weight

After being used for years as a common paper weight, what is said to be the largest sapphire in the world has been taken from India to London.

Contradictory

Not far off the boulevard between Los Angeles and San Diego are stone quarries and one of them has a unique name.

Horse No Flatterer

Because of the interest America takes in the young prince of Wales, and because the prince is so often thrown from his horse when playing polo.

Report Gold Deposits

It is reported that gold and silver deposits have been discovered sixty miles from Mississipi.

Chance for Bachelor

A crate of apples from Hood River, Oregon, was found to contain a letter saying that the grower of the apples seeks a life companion.

IMPROVED UNIFORM INTERNATIONAL

Sunday School Lesson

(By REV. P. R. FITZWATER, D.D., Dean of the Evening School, Moody Bible Institute of Chicago.)

Lesson for March 15

OUR LORD'S RESURRECTION

LESSON TEXT—John 20:1-23. GOLDEN TEXT—"The Lord is risen indeed."—Luke 24:34.

THE RESURRECTION OF CHRIST is one of the foundation truths of Christianity.

John does not enter into a description of the resurrection of Christ, but says the tomb was empty.

The news of the empty tomb which Mary brought with breathless haste so moved John and Peter that both ran to investigate.

The removal of the stone from the sepulcher and the arrangement of the grave clothes convinced them that the enemy could not have done this.

Knowing what to do and not being allowed to do it, is one of the thorns along the pathway.

MOTHER:—Fletcher's Castoria is a pleasant, harmless substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups.

DEMAND "BAYER" ASPIRIN

Take Tablets Without Fear If You See the Safety "Bayer Cross."

Warning! Unless you see the name "Bayer" on package or on tablets you are not getting the genuine Bayer Aspirin.

Sympathy

Joe—"I've got a bad head this morning." "Bill—"I'm sorry, Joe. Hope you'll be able to shake it off."

For 78 Years

people have used Hanford's Balsam of Myrrh for Cuts, Burns, Bruises, Sores, Mosquito Bites, Bee Stings, etc.

Not Bothered

"Yes, he's ruined; but still, poverty is no disgrace, is it?" "He doesn't owe you anything either, then?"

Why buy many bottles of other remedies when one bottle of Dr. Peery's "Dead Shot" will work without fail? Adv.

Must Radiate Heat

Even if a man could breathe, he could not live if his body were unable to radiate heat.

The Cuticura Toilet Trio

Having cleared your skin keep it clear by making Cuticura your everyday toilet preparations.

More Hair

"Where are your parents?" "At the barber's. Mother's having her hair cut and father is having his waved."

CORNS

Lift Off—No Pain!



Doesn't hurt one bit! Drop a little "Freezone" on an aching corn.

Your druggist sells a tiny bottle of "Freezone" for a few cents.

Be sure the gun is loaded before attempting to reach the young idea how to shoot.

Children Cry for Fletcher's CASTORIA



MOTHER:—Fletcher's Castoria is a pleasant, harmless substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups.

To avoid imitations, always look for the signature of Dr. H. C. Fletcher.

Advertisement for JOSEY OPEN-FORMULA FERTILIZERS, 10-3-3 FOR COTTON.



Feel Achy After Every Cold?

ARE you lame and stiff; tired and nervous—constantly troubled with backache and twinges of pain?

In such conditions a good stimulant diuretic should help the kidneys flush the poisons out of your system.

Doan's Pills

Stimulant Diuretic to the Kidneys At all dealers, 60c a box. Foster-Milburn Co., Mfg. Chemists, Buffalo, N. Y.

"House Was Full of BED BUGS—"

but no bed bugs now", says Arkansas man

Here's evidence that can't be disputed: "I am living in an old fashioned house. When I moved in, the house was fairly walking with bed bugs."

Take this first-hand testimony and profit by it. Kill Bed Bugs and keep Bed Bugs away with Bee Brand Insect Powder.

It's harmless to mankind, domestic animals and plants—non-poisonous—non-explosive.

Bee Brand INSECT POWDER

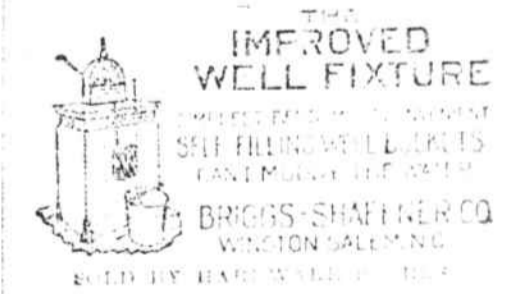
Bee Brand Necessary as Soap and Water

Every home needs the protection of Bee Brand Insect Powder. It should be used regularly to prevent insects.

McCormick & Company, Baltimore, Md.

ACHIMENESE

Best of all cough syrups, throat lozenges, and inhalants for the relief of cough, croup, whooping cough, etc.



PARKER'S HAIR BALM Restores Color and Beauty to Gray and Faded Hair.

HINDERCORNS Removes Corns, Calluses, etc.

WANTED Young Men to learn the BARBER TRADE.

W. N. U. CHARLOTTE, NO. 11-1925.