

Why That Bad Back?

Is backache keeping you upset? Feel all tired out—so nervous and dispirited you can hardly keep going? Then look to your kidneys! Your kidneys rid the body of poisonous waste. But if they lag, impurities accumulate and poison the whole system. Then one is apt to suffer backache, stabbing pains, headaches, dizziness, and other annoying kidney irregularities. If your kidneys are sluggish, help them with a diuretic. Use Doan's Pills. They are praised the world over. Ask your neighbor!

A North Carolina Case

Mrs. W. J. Bowman, Park Ave., Marion, N. C., says: "An attack from my kidneys made my back lame and a chry. When I stooped, a sharp catch seized me in my back. Headaches were troublesome and usually accompanied by dizzy spells. I also had a dull, tired feeling and my kidneys acted irregularly. Doan's Pills relieved me."

DOAN'S PILLS

STIMULANT DIURETIC TO THE KIDNEYS
Foster-Milburn Co., Mfg. Chem., Buffalo, N. Y.

Clever Thief Detector

Valuable metal had a habit of disappearing from a German factory recently, so a clever scientific thief detector was rigged up by the physicists connected with the works. At the end of the day's work each employee was required to remove his knife and other metallic personal possessions from his pockets and pass through a specially constructed gateway. This was so wired that any concealed metal being taken away illicitly would make itself known by inducing a current in a device that emitted a loud warning signal for the guard's benefit. The loss of metal has decreased markedly since the construction of the device.

How long we live, not years, but actions tell.

CORNS

Lift Off—No Pain!



Doesn't hurt one bit! Drop a little "Freezone" on an aching corn, instantly that corn stops hurting, then shortly you lift it right off with fingers. Your druggist sells a tiny bottle of "Freezone" for a few cents, sufficient to remove every hard corn, soft corn, or corn between the toes, and the foot calluses, without soreness or irritation.

Left John Reflecting

They were sitting by the fire and John was reading his evening paper. "It's really time our daughter was getting married," interrupted Mary. "Oh, pshaw," responded John, "there's no hurry. Let her wait till the right man comes along." "Why, John," said Mary, "how you do talk. I didn't."

CHILD'S BEST LAXATIVE IS CALIFORNIA FIG SYRUP



MOTHER! Even if cross, feverish, bilious, constipated or full of cold, children love the pleasant taste of "California Fig Syrup." A teaspoonful never fails to clean the liver and bowels. Ask your druggist for genuine "California Fig Syrup" which has directions for babies and children of all ages printed on bottle. Mother! You must say "California" or you may get an imitation fig syrup.

Teamster's Life Saved

"Peterson Ointment Co., Inc. I had a very severe sore on my leg for years. I am a teamster. I tried all medicines and salves, but without success. I tried doctors, but they failed to cure me. I couldn't sleep for many nights from pain. Doctors said I could not live for more than two years. Finally Peterson's Ointment was recommended to me and by its use the sore was entirely healed. Thankful yours, William Haase, West Park, Ohio, March 22, 1915, care P. O. Reitz, Box 199." Peterson says: "I am proud of the above letter and have hundreds of others that tell of wonderful cures of Eczema, Piles and Skin Diseases." Peterson's Ointment is 35 cents a box. Mail orders filled by Peterson Ointment Co., Buffalo, N. Y.

KILL BOLL WEEVIL, TOBACCO WORM, BEAN BEETLES, POTATO BUGS by using our \$5 Blower-Duster. Write for description. WEEVIL DUSTER CO., SMYRNA, GA.

Daddy's Evening Fairy Tale

By Mary Graham Bonner

WILD TURKEY FAMILY

Wild turkeys are we. Wild turkeys are we. So shy, but so free. So shy, but so free. We strut and we gobble. We strut and we gobble. We strut and we hobble. We walk and we hobble. Wild turkeys are we. So shy, but so free. Gobble, gobble, gobble. Gobble, gobble, gobble.

So gobbled the wild turkeys as they strutted about by themselves.

Billie Brownie had come to see them, and they were not afraid of Billie Brownie.

Mother Nature had told them that Billie Brownie was coming to visit them.

She had told them that Billie Brownie had been given special permission by her to understand the language of all her children, and that he liked to hear what her children did, and what were their ways.

Then he went back and told these stories of their ways to the Brownies and Elves and Fairies and Gnomes, Old Witty Witch, Old Mr. Giant, and the members of the Oaf and Bogey families.

Also he sent these stories by his messengers, the Breeze Brothers, so that others would know them too.

She had told the turkeys that Billie Brownie would never hurt any one or anything.

So they had plucked up their courage and had sung this song. They were too shy to have a new line every time, as they knew they would have to get used to one before having the nerve to go on to another. That was the reason why they sang every line twice.

They greeted Billie Brownie, gobble-gobbling in their best fashion, and Billie Brownie greeted them by a beautiful, low howl.

"The ladies in the family," said old Mr. Wild Turkey, "are smaller than the gentlemen, nor do they wear such gay plumage."

"We live in the woods, but we always like to have running water near our home. A stream is something we like to have near by."

"We've heard that people liked to have running water in their houses. Well, we like to have it near at hand."

"We hunt for our food by day and we sleep in the highest of high trees at night. Lots of us roost in a row."

"Our plumage is more beautiful than the plumage of our domestic cousins, though you couldn't mistake us if you had seen them."

"You'd know we were related."

"Our eggs are laid upon the soft,



Billie Brownie Greeted Them.

leafy, wooded earth, and they are tan-white in color with brown spots upon them.

"We are very much like our domestic cousins except we're larger and a bit finer."

"We strut in the same fashion. We gobble in the same fashion."

"But we want to keep away from people."

"They hunt us and we don't want to be hunted."

"It may be all right for our domestic cousins."

"Get all the food they can, and then give themselves as food. That's their way."

"But our way is different."

"So you don't find us in the East where the people have crowded us out and hunted us until we've moved away from them."

"Oh, we're very shy."

"But why not?"

"We want to keep away from people as we've found we're safe then."

"People have made us shy. People who have hunted us. Really you can hardly blame us for being shy."

"Gobble, gobble, gobble."

"We're wild, wild, and free!"

Redeeming Feature

Visitor—Are you going to be a great man when you grow up, Willie? Willie—You bet! I'm going to be an Arctic explorer.

Visitor—An Arctic explorer's life is full of hardships, Willie.

Willie—Yes'm. But I can stand 'em, I reckon.

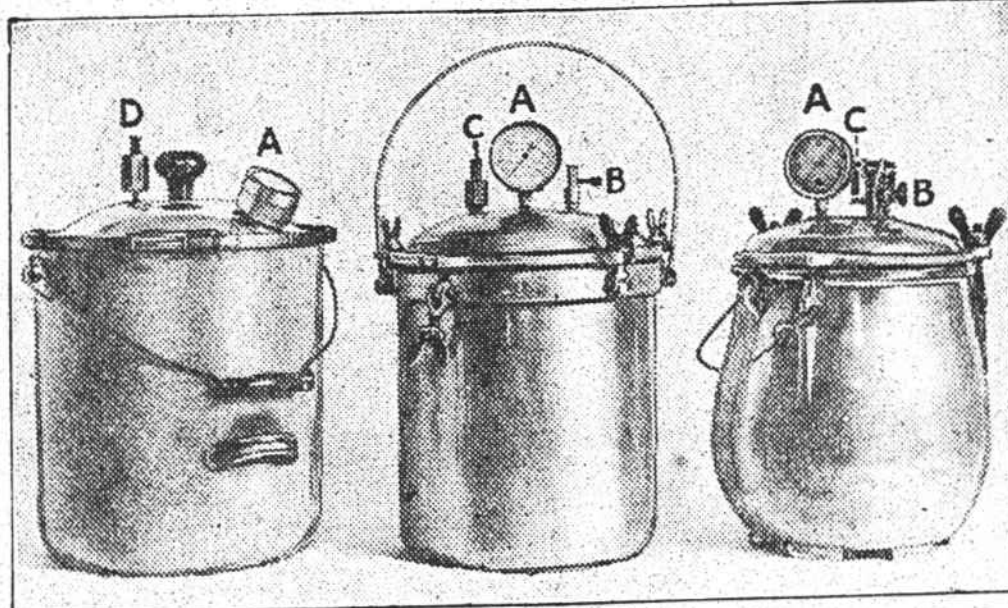
Visitor—I like your spirit, my boy. There is a great deal of glory to be gained in a career of that kind."

Willie—Yes'm, and you don't never have to wash your face.—London Passing Show.

Dates for a Calendar

Robert, six, who had been looking at the date trees—"Say, mamma, if I eat dates enough will I grow up to be a calendar?"

SELECTION OF STEAM PRESSURE CANNER



Three Pressure Cookers That May Be Used for Canning Small Quantities—A, Pressure Gauge; B, Pet Cock; C, Safety Valve; D, Combined Pet Cock and Safety Valve.

(Prepared by the United States Department of Agriculture.)

A steam pressure canner is considered essential for the canning of all vegetables, except tomatoes, and for meats, fish and mixtures. Miscellaneous Circular 24, "Time-tables for Home Canning of Fruits and Vegetables," gives directions for preparing the various non-acid vegetables for canning, and the length of time each should be processed. The circular may be obtained by writing to the United States Department of Agriculture at Washington.

In selecting a pressure canner the following points should be carefully checked: A pressure canner should be strongly built and the top should be equipped with a pressure gauge, a thermometer, and a safety valve. Since the temperature is a measure of the pressure, it is ordinarily assumed that one can be interpreted in terms of the other. The pressure gauge, however, does not always indicate the actual temperature within the canner, and it is better to have both a gauge and a thermometer, for one then serves to check the accuracy of the other. In size, a pressure canner should be suited to the kind of containers and the probable number to be handled at one time. In case the canner must be lifted on and off the stove during canning, it is also important that it should not be too heavy.

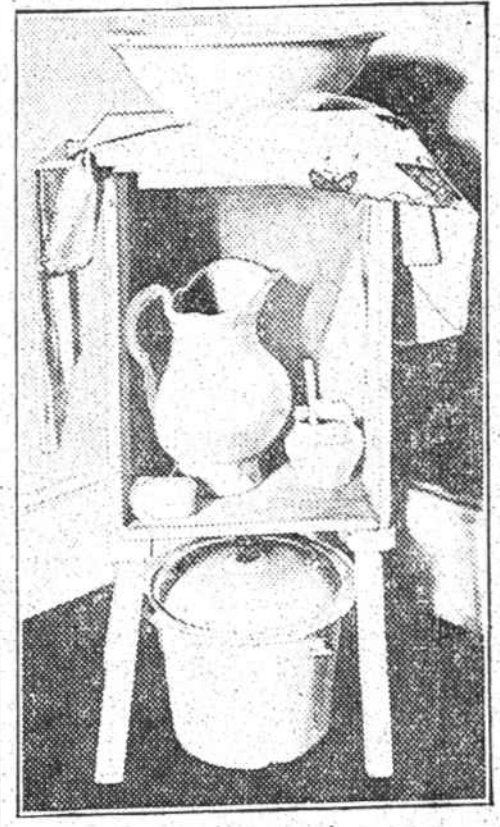
In using the pressure canner, wait until steam flows from the pet cock before closing; otherwise the pressure is no indication of the temperature. Commence to count time when the pressure reaches the desired point, not before.

WASHSTAND HANDY IN GIRL'S ROOM

Problem Solved by Young Virginia Club Girl.

(Prepared by the United States Department of Agriculture.)

In any home where there is no running water on the second floor it becomes necessary to have a basin, pitcher, slop jar, soap dish and holder for the toothbrush somewhere in the bedroom. These useful furnishings do not, however, add to the appearance of the room, and when one has no washstand of the usual type it is hard to know just what to do with them. A little fifteen-year-old club girl in Virginia, Ruby Bing, solved her problem in such a successful and inexpensive



Washstand Made by a Virginia Club Girl.

way that the idea could be carried out by anyone. She built her own stand, to begin with, out of a packing box, some odd lumber for legs, and a 10-cent towel bar. Then she made a curtain for the front of the stand out of unbleached muslin, with yellow butterfly appliques, and a runner to go over the top, both finished with a buttonholed edge in black. This was done as part of her sewing club work. Behind the curtain most of the unattractive washing paraphernalia was concealed. The pictures were taken by the United States Department of Agriculture.

Egg Dressing for Slaw Especially Acceptable

Slaw, or raw shredded cabbage, either hot or cold, is usually made with a cooked dressing that does not contain oil, and hence for those who dislike the flavor of oil, it is especially acceptable. When eggs are plentiful and may be used freely, slaw with egg dressing is not extravagant. The egg yolks contribute iron, fat, and other valuable constituents to the diet. This recipe is recommended by the United States Department of Agriculture.

Egg Dressing for Hot Slaw.

- | | |
|---|---|
| 2 eggs | juice, or 1/4 teaspoonful celery seed |
| 4 tablespoonfuls water or cabbage stock | 1 teaspoonful salt |
| 3 tablespoonfuls vinegar, or to taste | Few specks dry mustard |
| 2 tablespoonfuls shredded green pepper or 1 teaspoonful onion | 1/2 medium head cabbage (about 1 quart) |
| | 1 tablespoonful sugar |

Beat eggs well, add salt, sugar, mustard and water or stock; cook in double boiler until it coats the edge of the spoon, thickening like a soft custard; then add the vinegar, and pour while still very hot over the shredded raw cabbage. Let stand a few moments to blend flavor of dressing with cabbage. This may be found even better on the second day than on the first.

DURABLE TOOLS ARE BEST FOR CLEANING

Implements Needed for Keeping House in Order.

(Prepared by the United States Department of Agriculture.)

Did you ever count up the various tools—brushes, brooms, mops and so on—that are desirable to keep the average house in good condition, to say nothing of the special implements that may be wanted at housecleaning time? Of course no one person is likely to have a complete set of such tools, nor would the requirements of one home be quite the same as those of another, but an effort should be made to have those which apply to one's chief needs.

Well-made, durable tools should be chosen, and they should be kept in good condition and stored in an orderly way in a convenient, well-ventilated closet. Almost all cleaning implements can be hung up or set on frames devised for keeping them off the floor. In buying tools one must know that each will be used often enough to justify the cost, that no particular tools will require too much care, that each really saves time and energy, or that certain ones will make some disagreeable task less unpleasant.

The bureau of home economies of the United States Department of Agriculture has made the following list of suggested tools from among which the housekeeper may choose according to her needs:

Among brooms and brushes: A corn broom for carpets and rough surfaces, such as concrete, brick and stone. A soft-hair brush for smooth floors and floor coverings, such as wood, tile, linoleum, oilcloth and cork carpeting. A wall brush of lamb's wool or loops of soft cotton twine or soft bristles. A bag of cotton flannel slipped over the broom may take the place of a wall brush. A weighted brush with short bristles for polishing waxed floors. Under no circumstances should this brush be allowed to become oily, but it may also be used in polishing oiled floors if carefully covered with a piece of woolen carpet, heavy flannel or bur-lap. A whisk broom for general use. Scrub brushes of various sizes for cleaning unfinished wood, sinks, etc. A long-handled scrub brush will be found especially convenient for floors. Paint brushes or special brushes of various shapes and sizes for upholstery, reed furniture and carved surfaces. A radiator brush, for cleaning between pipes. A refrigerator brush, with a flexible wire handle, for cleaning the drain pipe. Long-handled spiral brush or tongs and prepared soap paper, for cleaning water closets.

Both wet and dry mops will be needed. The wet mop is for floors that are to be washed with water. A convenient kind has soft, loosely woven cloth fastened to the handle by a flat metal clasp. A mop wringer fastened to a pail saves the worker from much stooping, keeps the hands from the water and removes more water from the cloth than would be possible by hand wringing. The dry mop may be untreated or oiled. In the latter case it holds the dust better and renews the finish on painted, varnished or shellacked floors, but should not be used on waxed surfaces.

The dustpan should have a firm edge coming in direct contact with the floor and be shaped on the handle side so as to keep the dirt from falling out. A long-handled dustpan does away with some stooping and is considered convenient by many.

Dusters should be soft and should not shed lint or ravelings. If dampened or oiled, they hold the dust better. Silk and chammois are excellent for use on highly polished surfaces. Cotton waste and paper are good substitutes for dustcloths in cleaning dirty, greasy surfaces. Feather dusters should not be used, for they scatter but do not remove dirt.

A Few Little Smiles

STATISTICS

Old Uncle Eben Jones went into a life insurance office and requested a policy.

"Why, uncle," said the president, "you are too old for us to take the risk. How old are you?"

"Ninety-seven come next August," said the old man and added testily, "If you folks will take the trouble to look up your statistics, you'll find that mighty few men die after they're ninety-seven."—London Telegraph.

Speaking of Hash

"The study of the occult sciences interests me very much," remarked the new boarder. "I love to explore the dark depths of the mysterious, to delve into the regions of the unknown, to fathom the unfathomable, as it were, and to—"

"May I help you to some of this hash, professor?" Interrupted the landlady.

Hard Luck

"Women—speak no more to me about them. The only one I ever loved is married."

"To whom?"

"Alas—to me.—Le Monde Illustré, Paris.

NOW IT'LL STOP



"I got sick and tired of Dick coming around every night and getting mushy."

"Well, what did you do about it?"

"I simply went ahead and married him."

Smell Orange Blossoms

Love may be blind and hard to move, And may be deaf as well; But orange blossoms always prove That love at least can smell.

His Solar Help

"I worked on that problem until five o'clock this morning."

"Did you finally get the idea?"

"Yes, it began to dawn on me."

A Subtle Invitation

George—Do you know that I'm something of a mind-reader?"

Nellie—So? Then why do you sit at the other end of the davenport?"

Bright Dog

"That's an intelligent dog?"

"Yes, he barks every time my wife goes near the piano!"

Much the Same

"What has become of that actress? She was a joke in stock."

"She is now playing it repartee."

DIDN'T QUITE RUN THINGS



Friend—Do you run things at home? Mr. Meeks (cautiously)—Well, I wouldn't speak of it quite as running—there're retarding influences y' know.

Hastens Death

I've heard it said often By those who are wise, That the more a man eats The faster he dies.

Should Be Introduced

Mrs. Gossip—Yes, that's what happened, and you can take it from me it's an absolute fact.

Mrs. Gill—Well, I never! But I've always said that truth was more of a stranger than fiction.

Old Wine in a New Keg

Comic Artist—This joke oughta be good. I've had it in my head for ten years.

Heartless Editor—Sorta aged in the wood, as it were.

EXPERIENCE OF NERVOUS WOMAN

Weak, Blue, Discouraged—Relieved by Taking Lydia E. Pinkham's Medicine

Cincinnati, Ohio. — "I was nervous and could not sleep, had crying spells and the blues, and didn't care if I lived or died. My right side was very bad and I had backache and a weakness. I read about your medicine in the papers and wrote for further information. I took Lydia E. Pinkham's Vegetable Compound, Blood Purifier and Liver Pills, and used Lydia E. Pinkham's Sanitive Wash. I have had good results in every way and am able to do my work again and eat anything that comes along. My friends tell me how well I am looking."—Mrs. F. K. CORRIELL, 129 Peete Street, Cincinnati, Ohio.



Will you answer letters—Philadelphia, Pa.—"I have used your medicines for nervousness and a run-down system with a severe weakness. After taking Lydia E. Pinkham's Vegetable Compound and using Lydia E. Pinkham's Sanitive Wash I feel like a different woman and have gained in every way. I am willing to answer letters asking about the medicines."—DORA HOLT, 2649 S. 11th St., Philadelphia, Pa. Sold by druggists everywhere.

Severe Headache and Constipation Relieved Over Night

"After a serious illness I became very constipated and suffered from awful headaches. One day I bought a box of Beecham's Pills and found that if I took them on a regular basis I would feel fine in the morning. I never have a headache now."

"I am 53 years old and have taken Beecham's Pills for years."

Mrs. W. C. Spaul, Bethlehem, Pa.

For FREE SAMPLE—write B. F. Allen Co., 417 Canal Street, New York

Buy from your druggist in 25 and 50c boxes

For constipation, biliousness, sick headaches and other digestive ailments take

Beecham's Pills

Cuticura Soap

Is Pure and Sweet

Ideal for Children

Sample Soap, Shipment, Talcum free. Address Cuticura Laboratories, Dept. M, Station, Mass.

Duluth Harbor Ranks

Second to New York

Although its harbor is closed approximately four months of the year by ice, Duluth is rated the second largest entrepot on the Great Lakes. In the 1914 report of the commerce of the Duluth Superior harbor, issued upon invitation of M. J. E. H. Mansfield, United States engineer in charge, New York harbor only had more tonnage than Duluth last year. The report estimated tonnage for the 1914 cargo vessels which entered and left the harbor during the season was placed at 575,722 tons, while the total number of vessels of all classes to enter and leave the port was 6783.

Man's Ambitions

Every man has two great ambitions. First, to own his home. Second, to get a car to get away from his home.

Where She Wears 'Em

"Do you wear red stockings on the street?"

"No, on the legs."

Sure Relief FOR INDIGESTION

BELL'S ANS INDIGESTION 25 CENTS

6 BELL'S Hot Water Sure Relief

BELL'S ANS

25c AND 75c PACKAGES EVERYWHERE

POTATO PLANTS

Two million Porto Rico and Southern Queen, 1,000 \$2.00 delivered, 10,000 \$2.00 f. o. b. Rochester. H. T. WILSON, ROCHESTER, GA.

POTATO PLANTS: PORTO-RICO: \$2 1,000; \$1.75 in 10,000 lots. Big Stem Jersey, \$2.25 1,000; \$2 in 10,000 lots.

H. LAMBERT, DENTON, GA.

KILL BOLL WEEVIL, TOBACCO WORMS, BEAN BEETLES, POTATO BUGS by using our \$5 Blower-Duster.

For description write WEEVIL DUSTER CO., SMYRNA, GA.

PARKER'S HAIR BALM

Removes Dandruff Stops Hair Falling Restores Color and Beauty to Gray and Faded Hair

6c and 15c at Druggists. Hirsch Chemical Works, Patchogue, N. Y.

HINDER CORNS

Removes Corns, Callouses, etc., stops all pain, ensures comfort to the feet, makes walking easy. 15c by mail at Druggists. Hirsch Chemical Works, Patchogue, N. Y.

CARBUNCLES

Carbol draws out the core and gives quick relief.

CARBOIL

GENEROUS 50¢ BOX At all Druggists—Moneyback Guarantee