

# SOME MIDDLE-AGED WOMEN ARE AILING ALL THE TIME

### Mrs. Ackerman and Mrs. Mayer Tell Women How Lydia E. Pinkham's Vegetable Compound Helped Them at This Trying Period



MRS. ELSIE ACKERMAN CONVOY, OHIO

Convey, Ohio.—"During the Change of Life I was weak and run-down and could hardly do my work. By reading your advertisements I found out about Lydia E. Pinkham's Vegetable Compound and it has straightened me right out and made me feel like a new woman. By the time I had taken eight bottles I was well and could do my housework on the farm without trouble. I recommended it to my daughter-in-law after her second baby was born and it did her a wonderful lot of good. I told her to try it and if it didn't help her I would pay for it, and before she had taken one bottle she said to me, 'You won't have to pay for it! It is helping me wonderfully!' And she took three bottles of it. You can use my testimony if you wish."—Mrs. ELSIE ACKERMAN, Convey, Ohio.

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**Mrs. Mayer's Experience**  
Litchfield, Conn.—"I have given your medicine a fair trial (I am on my fifth bottle) and can truthfully say that it has helped me. I am at the Change of Life and was not able to sleep nights, had indigestion, palpitation of the heart, pains in my right and left sides (more so if I hurried), had a rapid beating in my left ear and dreaded to see night come. I felt smothered if I lay on my left side, I had gas dreadfully, at times felt as if some one had me by the throat, had hot waves through me and sometimes I would shake in spells of nervousness. I am taking Lydia E. Pinkham's Vegetable Compound and I cannot praise it enough. I can say it does all it claims to do and I can recommend it to my friends. I can sleep much better, the pains in my sides are gone, I am not so nervous, my digestion is much better, and I very seldom have the hot waves. I must say that the Vegetable Compound is the best medicine for women's ills and I will answer letters from women asking about it."—Mrs. JOSEPH MAYER, SR., Box 36, Litchfield, Connecticut.

**Haiti's Coffee Crop**  
Haiti is practically a one-crop country, exporting coffee valued at \$10,000,000 in 1923-1924, while exports of cotton and condensed milk were valued at less than \$2,000,000 and sugar at little more than \$3,000,000.

Perfecting the science of meteorology will remove one more interfering uncertainty.

**WANTED**  
MEN TO SELL MEDICINE  
If you own your car we will give you a good job. Write DIXIE MEDICINE COMPANY Charlotte, N. C.

Few men are modest enough to believe themselves overestimated by others.

**CHILDREN CRY FOR**



**Fletcher's CASTORIA**

**MOTHER:**—Fletcher's Castoria is a pleasant, harmless Substitute for Castor Oil, Paregoric, Teething Drops and Soothing Syrups, especially prepared for Infants in arms and Children all ages.

To avoid imitations, always look for the signature of *W. C. Fletcher* Proven directions on each package. Physicians everywhere recommend it.

Read the Funny Strips

A New York doctor says the funny strips are a great aid to health and happiness. "We agree with him." But it is distressing for the modern generation to have to struggle with nose-itching for the purpose of blowing a stuffed nose.

Freshen a Heavy Skin  
With the antiseptic, fascinating Cuticura Talcum Powder, an exquisitely scented, economical face, skin, baby and dusting powder and perfume. Renders other perfumes superfluous. One of the Cuticura Toilet Trio (Soap, Ointment, Talcum).—Advertisement.

Mothers and dandelions make a warning combination; but the dandelion's don't yet undertake it.

**Sure Relief FOR INDIGESTION**



**BELLANS FOR INDIGESTION 25 CENTS**

6 BELLANS Hot water Sure Relief

**BELLANS**

25¢ AND 75¢ PACKAGES EVERYWHERE

Never put off till tomorrow what you should do over today.

**Genuine ASPIRIN**



**SAY "BAYER ASPIRIN" and INSIST!**

Unless you see the "Bayer Cross" on tablets you are not getting the genuine Bayer Aspirin proved safe by millions and prescribed by physicians for 25 years.

**Safe**—Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark of Bayer Manufacture of Monoaceticester of Salicylicacid

**WINTERSMITH'S CHILL TONIC**

**A Fine Tonic. Builds You Up**

Prevents and Relieves Malaria-Chills and Fever-Dengue

# WAR ON CONTAGION

Prepared by the National Geographic Society, Washington, D. C.

**I**N ALL the stirring story of man's effort to make himself master of his environment, there is not a more thrilling chapter than that which tells of the bitter battles he has waged for the conquest of contagion, and of the ground he has won in his struggle with his relentless and innumerable, though invisible, foes, the organisms of disease.

The World war served to demonstrate that the tyranny of the disease-producing germ can be conquered. Straining every nerve for victory, the nations that faced the foe from Baghdad to Bruges had to make sure that epidemic disease should not attack the firing line from the rear. Consequently, half-way and temporizing methods were taboo and preventive medicine had free reign.

The results were amazing. Although never before in human history was there such an intermingling of peoples, such a crossing and re-crossing of seas, such an invitation to contagion to spread to the ends of the earth, only one epidemic succeeded in breaking the barriers erected by the sanitarians. And, as if to emphasize man's power to master the major contagions, not one of those with which the world's public health officials were familiar escaped from the regions where it was endemic, while influenza, which was a stranger, broke away and swept over the face of the earth.

It was natural, therefore, that when peace came again the lessons of prevention and sanitation learned during the World war should have driven themselves home in the minds of those who think in terms of world welfare. Taught that epidemic diseases, which plainly constitute the major menace to civilization in peace times, can be mastered, the sanitarians threw themselves into the fray with redoubled energy.

### Hookworm Is Conquered.

Casting about in the early days for the best pathogenic foe to attack in a great after-the-war campaign for international health, many of these agencies decided to concentrate on hookworm. For here was a human ailment afflicting the strength of hundreds of millions of people throughout the tropics, both of the earth—a principal cause, indeed, of their impoverishment and debilitative exhaustion. No other disease is so easily cured. The demonstration that the cause and elimination was amazingly simple, a dose-day of epsom salts, a dose of thymol, another dose of salts, followed by the elimination of sores and even hundreds of the sleeping worms. Repeating as far north as the little town of Nashville, Tenn., and Osaka, Japan, and as far south as that of Valdivia, Chile, and Wellington, New Zealand, the foot-worm zone of the earth embraces more than half its population.

It is within this zone that most of the world's backward peoples live, and there is much ground for saying that perhaps the chief part of their backwardness is due to the cumulative effect of the disease—physical, economic, intellectual, and moral—upon the race.

Today those southern states, communities, whose health organizations took up the battle during the war, have the satisfaction of knowing that hookworm disease has been greatly reduced, both in severity and prevalence; that the people have been enlightened as to its importance, its remedy, and the means of its final control; that permanent agencies committed to its elimination have been rooted in the soil, and that a sustaining public sentiment has been created in the interest of more general measures for the better protection of public health.

Even more insidious than the hookworm, and not so cheerfully eradicable is the malarial parasite, that causes malaria. In the language of the lamented Osgood, "malaria kills its thousands" plague in its bad years, its hundreds of thousands; yellow fever, hookworm disease, pneumonia and tuberculosis, are all terribly destructive, some only in the tropics, others in more temperate regions as well; but malaria is today, as it were, a disease to which the word pandemic is applicable. In this country and in Europe its ravages have lessened enormously during the past century, but in the tropics it is everywhere present, the greatest single foe of the white man.

### Controlling Malaria.

In India alone 1,300,000 people die annually of malaria and 100,000,000 more suffer from its attacks. All over the world, wherever anopheline mosquitoes dwell, the "ague" is a menace which slays its thousands, renders the bodies of its ten of thousands happy hunting grounds for other pathogenic invaders, and makes its millions less efficient and useful.

It was Maj. Ronald Ross, the distinguished British army surgeon, who was finally able to pin the crime of spreading malaria on the anopheline mosquito.

Fourteen hundred years before Ross' day, those winged villains were under suspicion, and the literature of the disease contains many unsupported charges against them. At length Lavecan found the tiny cell-like parasite, which swimming through the blood, attacks and breaks up the red corpuscles and causes malaria.

Then Ross undertook to find out how it got there. After discussing the subject with Sir Patrick Manson, he set out for his regimental post at Secunderabad, India. He began to dissect mosquitoes under the microscope. Week after week he conducted his search for the malarial germ in the insect's tissues without result.

Finally he had two remaining mosquitoes. Taking one of these, he searched it out part by part, but with intense disappointment, until he came to the "two beasties" stomach. There, with his high-power microscope, he found some black specks. He recognized them as the pigment of the malarial germ. After gaining this clue, exhausted, he slept for an hour. Coming back to his work, he used a stronger salt solution in his dissecting operations, and lo! the contents of the pigmented cells no longer consisted of clear fluid but a multitude of threadlike bodies, which on the rupture of the parent cell, were poured into the body cavity of the insect!

From there they entered the salivary glands, and from these reached the blood of the person bitten by the mosquito. In his story of his work Ross exclaims: "Never in our dreams had we imagined so wonderful a tale as this."

### Cows Fond of Garlic

American dairy interests recently appealed to the Department of Agriculture for a solution of the problem of eradicating the garlicky taste in milk from cows that have eaten garlic, says Popular Science Monthly. Experts of the department determined that the only way is to keep the cows from the food in which they revel.

**Hanford's Balsam o' Myrrh**  
Could be in every home. Unexcelled for cuts, Burns, Wounds and Sores. Heals Slickly. Three sizes, all stores.—Adv.

**Equipped**  
"Can your little brother walk yet?"  
"No, but he has the legs to do it!"  
Thegeude Bacter, Munich.

### Watch Your Kidneys!

Your health depends upon your kidneys. When your kidneys are inactive, blood and nerves are poisoned and many mysterious ills result. You feel dull and drowsy; get up often at night and suffer annoying kidney irregularities. Your back aches; you have headaches and dizzy spells; your nerves are constantly on edge and you are always tired. If your kidneys are sluggish, help them with Doan's Pills. Doan's act on the kidneys only. Are recommended the world over. Ask your neighbor!

### A North Carolina Case

I. S. Smith, farmer, Scotland, N. C., says: "I had such sharp pains in my back that when I stooped I could hardly straighten. My kidneys acted irregularly and the water in my bladder passed freely. Smoking me get up several times during the night. My head seemed to whirl and specks appeared before my eyes. Doan's Pills eased the backache and my kidneys acted regularly."

**DOAN'S PILLS**  
60c  
STIMULANT DIURETIC TO THE KIDNEYS  
Foster-Milburn Co., Mfg. Chem., Buffalo, N. Y.

After A Bath With **Cuticura Soap** Dust With **Cuticura Talcum** Delicately Medicated Of Pleasing Fragrance



ATS Must Die. See brings large tube best terminator. Satisfaction or refund. Write to Wm. J. W. Cary, Jr., Richmond, Va.

Finally Guayaquil, awake to the new spirit of international cooperation for making the world safe from the domination of the Huns of contagion, invited the foremost sanitarians of North America to cooperate with the municipality in a final drive for the extermination of the malarial.

The invitation was accepted, and American, Latin and Japanese fought shoulder to shoulder in a stirring battle for the last stronghold of Yellow Jack, with the result that in less than a year's time the last case of yellow fever was cured; and in less than two years all danger of its recurrence was past.

For the first time in three quarters of a century Guayaquil was a port against which the world no longer needed to set up the bars of quarantine.

As a result of very careful work of research specialists there are now four ways by which yellow fever may be combated by eliminating Mrs. Stegomyia Fasciata, the deadly lady of the mosquito tribe who carries it from person to person; by keeping persons with the disease out of reach of any chance survivors of the mosquito; by vaccinating the non-immunes; and by administering serum to those who have gotten the disease in spite of all precautions.

So successful has been the combination of these methods that it is now believed leptospira ferocides has come almost to the end of its rope.

# The Old Standby in a New Dress



—the same dependable remedy that over a period of more than fifty years has been found so reliable in the treatment of catarrh and diseases of catarrhal nature.

The outside of the package only has been altered. To facilitate packing and reduce breakage in shipping, the paper wrapper which has identified the PE-RU-NA bottle for many years has been displaced by a substantial pasteboard carton.

PE-RU-NA cannot be made any better. Three generations of users testify that PE-RU-NA is the best remedy in the world for catarrh and diseases of catarrhal origin.

The remedy our fathers and grandfathers used with so much satisfaction is still the standby for the ills of everyday in thousands of American homes.

## PE-RU-NA

The Original and Reliable Remedy for Catarrh

Sold Everywhere Tablets or Liquid

Send 4 Cents for booklet on catarrh to the PE-RU-NA Company, Columbus, Ohio

### Going, Going—

"Is your watch going?"  
"No, it's gone! somebody took it!"

**Quick Safe Relief**

**CORNS**  
In one minute—or less—the pain ends. Dr. Scholl's Zino-pads is the safe, sure, healing treatment for corns. At drug and shoe stores.

**Dr. Scholl's Zino-pads**  
Put one on—the pain is gone

### Truckers and Tobacco Farmers

Wayne County, with its wonderful soil and climate, cheap lands, splendid churches and schools and excellent transportation facilities, invites you to locate here. A great home is bonded our way. Act at once. Write **BOARD OF TRADE, JESUP, GA.**

Florida—Reliable information about soil, climate, agriculture advantages, opportunities. Arranged by counties. Booklet free. For names, prices, etc., write **New Crop Good English Seed Co., Wheat, 1000 N. 1st St., New York, N. Y.**

### Georgia Farm Values Are Increasing Rapidly

We offer for sale choice farms in Georgia suitable for tobacco, cotton, corn and other southern crops. Lands were acquired by foreclosure and are offered at low prices and on easy terms. Send for list. **THE GEORGIA LAND & TRUST CO., Macon, Ga.**

### Pulaski County, Georgia, LANDS FOR SALE

Good high well drained Pulaski County farm, suitable for general farming and especially for tobacco, priced at \$1000 per acre, with no money down and location. Write for full particulars.

**T. B. Ragan, Hawkinsville, Ga.**

### WANTED Young Men to Learn the HARDER TRADE

Best college in the South. Jobs awaiting our graduates. **Charlotte Barber College, Charlotte, N. C.**

### BOILS

There's quick, positive relief in **CARBOIL** GENUINE 50¢ BOX At all Druggists—Money back Guarantee

W. N. U., CHARLOTTE, NO. 36-1925.

**If mixed paint costs \$30—save \$10**

Stag Semi-Paste Paint saves one-third the cost. Add a gallon of linseed oil to a gallon of Stag Paint and you have two gallons of the finest paint at a tremendous saving in cost. You don't sacrifice quality. You get the most brilliant, most durable paint made just by this simple operation of mixing the paint yourself. Freshly mixed, it flows freely and covers more surface. Isn't a third of your paint-cost worth these few extra minutes? There's a "Stag" dealer near you. See him—or write us for literature and name of dealer.

**STAG SEMI-PASTE PAINT**

One gallon makes Two



**Hirshberg Paint Co., Baltimore, Md.**