

THE PRAYER CORNER

THE HEAVENLINESS OF A LITTLE CHILD

(Matthew 18:14)

In my readings on Sunday morning I was attracted by the beautiful thought above, and said to myself, "I will take that for The Prayer Corner this week. May you enjoy it, my dear readers, as much as I did and MORE."

The disciples had come to Jesus with the question "Who is the greatest in the Kingdom of Heaven?" He spoke so often of the Kingdom; to them it suggested the idea of power and glory; they could not but wonder who would have the highest place. How utterly strange and incomprehensible must have been the answer Jesus gave to their question!

He called a little child and set him in the midst of them. He told them that as long as they were thinking of who would be greatest, they could not even enter the Kingdom, they must first BECOME AS LITTLE CHILDREN, and then in the Kingdom the humblest and most childlike would be the highest.

How wonderfully applicable to parents is what Jesus spoke to His disciples. In creating a family with father and mother, God sets a little child in the midst. And in that little child He opens to them the mystery of the Kingdom of Heaven, and the spiritual world. He tells them, that if they want to know about Heaven, and what will prove their fitness for the highest places, they must study the child nature. On earth they will find nothing so heavenlike as a little child.

"The heavenliness of the little child! Wherein does this consist? Our Saviour uses ONE WORD, 'Whosoever shall HUMBLE himself as this little child, the same is greatest in the Kingdom.' The greatest will be he who thinks LEAST OF BEING GREATEST, because he loses sight of things in seeking God and His Kingdom."

The great beauty of childlikeness is the absence of self-consciousness. The true child loses himself in that which is around him. The curse of sin is that it makes man, EVERY MAN, his own centre; even when he seeks the Kingdom of Heaven he is still thinking how he can be greatest in the Kingdom.

"In the TRUE CHILD self does not yet manifest itself: it lives and is at rest outside of itself in the parent. It loves and rejoices in being

loved; it is truthful and trustful to all around, showing itself as it is, counting upon others to be what they appear. This naturalness and simplicity of the child, Jesus tells us, is something heavenly, the thing in nature most allied to the Kingdom. And the lesson we need to learn is that there is nothing a parent should seek to preserve and cherish more carefully than this heavenly childlikeness. It is the secret of that beautiful calmness and serenity which is the image of the peace and the rest of heaven.

The spirit of the world is the very opposite, with its rivalry and its ambition, its seeking excitement and possessions, it destroys all that is beautiful and heavenly in the child to make way for the show and self-seeking that are its marks. Especially Christian parents who have the means for gratifying taste and pleasure at their disposal are in danger of destroying the simplicity and tenderness of the child life by stimulating the desires which are of the earth and draw thither. And so, in the midst of a great deal of Bible teaching and hymn singing, the very heart of true religion may be eaten out by the artificial and unchildlike spirit of the homes in which children are reared. (to be continued)

A PRAYER

Blessed Lord, open our ears to hear what Thou speakest, and our eyes to see as Thou seest. Give us hearts to beat in sympathy with Thine at the sight of every little child.

Lord Jesus, we do ask Thee for a child like spirit. May the simplicity and restfulness, the love and the loveliness, the trustfulness and truthfulness of the child nature so dwell in us that in intercourse with us the heavenly childlikeness of our little ones may not be lost, but cherished and maintained through advancing years. Give us to feel very deeply that we cannot truly fulfil our parental calling except as in simplicity and godly sincerity our walk with God be that of little children.

Dear Lord make us as little children, for so only can we hope to see Thee face to face. Let not the struggles of life weaken our faith, and let not human trials destroy our love. In all our work may we hear Thee giving Thy blessing, and in all our worship may love and faith hold us. Amen.

—C. D. C.

EGGS AID HEALTH, SAYS FOOD EXPERT

Eggs rank high in the list of foods to be included in a well selected diet. The yolk is a gold mine of health and the white is almost a pure protein food.

"When we use eggs in the diet, we are availing ourselves of one of Nature's richest storehouses of food," says Miss Mary Thomas, nutrition specialist at State College. "Not only does the yolk contain a fine quality of protein and fat for building material and energy, but it also contains a rich store of minerals and vitamins, necessary for growth, health and vigor. The egg yolk is one of the richest sources of iron so essential in making red corpuscles in the blood. This yolk contains the vitamins A, B, D and E. It is particularly rich in vitamin A needed for growth and for building up resistance to pulmonary diseases."

Miss Thomas says also that egg yolk is the best of all common foods for vitamin D which is now known to be necessary in building strong, straight bones, sound teeth and to prevent rickets in children.

Formerly it was thought wise to substitute other less expensive foods

SUMMER PEOPLE ARRIVING AT THE SAPPHIRE INN

Recent arrivals at the Sapphire Inn include: Mrs. J. C. Gilchrist, Cleveland, Ohio; Miss Marie Gilchrist, Cleveland; Mr. and Mrs. E. E. Moore, New York City; Dr. R. C. Weaver, Gaston Meares, Asheville; Prof. and Mrs. Donald B. Roderick, Clemson, S. C.

Five hundred head of fat hogs have been shipped to northern markets by Cumberland county growers this spring.

for eggs in winter when they are high. This is a mistake, says Miss Thomas. Eggs contain such vital food elements that every effort should be made to include them in the diet at all times. Particularly is this true of small children. She recommends that the baby's diet include some egg yolk each day and that the child two years old and older have at least one egg each day.

Eggs are easily and quickly digested if cooked so the protein is not toughened or coated with grease. To cook eggs well they must be cooked at a low temperature, that is, below the boiling point of water, and cook them for as short a time as possible, advises Miss Thomas.

SPECIAL EXCURSION

via SOUTHERN RAILWAY SYSTEM to BIRMINGHAM and CHATTANOOGA on May 14th, 1930

Round-trip fares from Asheville, Biltmore, Hendersonville, Marshall and Waynesville to Birmingham \$10.00 Chattanooga 7.00

Tickets on sale May 14th and will be honored returning to reach original starting point prior to midnight, May 19th.

No BAGGAGE will be checked and no STOPOVERS granted.

For RESERVATIONS or further information call on local ticket agent or write

J. H. WOOD
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NEXT

We contribute to your good looks. You can get a Vitalis treatment here, the vegetable oil tonic, also the Fitch products.

It Pays To Look Well

SMITH'S BARBER SHOP

Two hundred pounds of cucumber seed have been delivered to growers in Hoke county. More than 150 acres of the crop will be grown this season.

COMPLICATION OF TROUBLES ROUTED

"My system seemed full of malaria, I had chills and fever right along and my stomach was so disordered that for two years I couldn't



AMBROSE P. COVINGTON

eat anything but milk, toast and eggs. I was in agony at times with rheumatic pains through my back, and was so nervous the least noise would upset me. Headaches and constipation added to my troubles. After everything else failed I started Sargon, the rheumatic pains left my back, my malarial condition disappeared, I eat anything I want, sleep good and feel like a new man!

"Sargon Pills put my liver in fine shape and regulated me perfectly."
—Ambrose P. Covington, 65 Woodrow Ave., Asheville.

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DOGWOOD BEAUTIFUL BUT ALSO VALUABLE

The dogwood tree adding so greatly to the beauty of North Carolina forests may be harvested as a crop without destroying the beauty of the landscape.

This is the opinion of R. W. Graeber, extension forester at State College, who was recently requested by an official of the State Federation of Women's Clubs to aid in the movement to prevent the destruction of dogwood trees. This official expressed great concern because of the dogwood tree being used for commercial manufacturing purposes.

"Dogwood in bloom presents a beautiful scene," says Mr. Graeber. "So does a field of golden grain; but, we do not ask the farmer to refrain from harvesting his wheat crop. A new crop will take its place next season. The same thing applies to dogwood. It is a commercial necessity, supplying wood from which shuttles are made for use in weaving cotton, silk or rayon. No practical substitute for this wood has been found, but since trees less than five inches in diameter are not merchantable, the owner leaves his younger and more vigorous trees for future crops."

This means that there will be left plenty of dogwood to add beauty to our forests in the future. The tree seeds freely and reproduces from sprouts and suckers. When one tree is cut, several take its place. In the management plan advocated throughout the state by Mr. Graeber, dogwood is left protected as an understory beneath forests of pine, oak, hickory and other larger trees. It is shallow rooted and does not interfere with the growth of the deeper rooted trees.

Mr. Graeber says that dogwood grows on 87 different soil types in North Carolina but only on a few does it produce wood of commercial quality. In such areas it is protected by the landowners.



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