


WOMAN'S GENTLE NATURE CALLS FOR GENTLE TREATMENT

Delicately formed and gently reared, women will find, in all the seasons of their lives, as maidens, wives, or mothers, that the one simple, wholesome remedy which acts gently and pleasantly and naturally, and which may be used with truly beneficial effects, under any conditions, is the system needs a laxative, is—Syrup of Figs. It is well known to be a simple combination of the laxative and carminative principles of plants with pleasant, aromatic liquids, which are agreeable and refreshing to the taste and acceptable to the system when its gentle cleansing is desired.

Many of the ills from which women suffer are of a transient nature and do not come from any organic trouble and it is pleasant to know that they yield so promptly to the beneficial effects of Syrup of Figs, but when anything more than a laxative is needed it is best to consult the family physician and to avoid the old-time cathartics and loudly advertised nostrums of the present day. When one needs only to remove the strain, the torpor, the congestion, or similar ills, which attend upon a constipated condition of the system, use the true and gentle remedy—Syrup of Figs—and enjoy freedom from the depression, the aches and pains, colds and headaches, which are due to inactivity of the bowels.

Only those who buy the genuine Syrup of Figs can hope to get its beneficial effects and as a guarantee of the excellence of the remedy the full name of the company—California Fig Syrup Co.—is printed on the front of every package and without it any preparation offered as Syrup of Figs is fraudulent and should be declined. To those who may have the quality of this excellent laxative, the offer of a substitute, when Syrup of Figs is called for, is always resented by a transfer of patronage to some first-class drug establishment, where they do not recommend, nor sell false brands, nor imitation remedies. The genuine article may be bought of all reliable druggists everywhere at 50 cents per bottle.



CALIFORNIA FIG SYRUP

Wild Animals

WELL EQUIPPED.

See this equipment—Courage in your soul, strength in your arm and honor in your heart. Then labor carefully to learn the part you wish to play. Success you'll soon control.

—Success.

BEHIND THE SCREEN.

A Tale of Harmless Eavesdropping.

"What is it Mary?"

"Mr. Hunt and another gentleman to see master, please."

"Didn't you tell them, Mr. Mowbray hasn't come yet?"

"Yes'm, and they said they'd wait. I've shown them into the drawing room."

"Very well, I shall be down in a moment."

"The gentlemen told me not to disturb you, but I thought you would like to know they were here."

"Thank you, Mary."

"Will the gentlemen stay to dinner?"

"No, I hope—I mean I think not. You may sound the gong at the usual time. Don't forget, please."

"No'm, I won't forget." And Mary smiled significantly to herself as she retired to the kitchen. This would not be the first time she had been called upon to sound the dinner gong at Holly Lodge as a gentle hint to visitors that it was time for them to go.

Mary had discovered long ago, that hospitality to "master's friends" was not one of her young mistress's virtues.

"And I don't blame her, neither," said Mary to herself; "it's only natural she shouldn't want them always hanging around and taking master's time."

A little potpourri she murmured, she glanced with a smile at the clock, she saw

WEST POINT AND ITS BEGINNING.

How This Strategic Place Was Occupied in the Revolution.

The antiquity of Fort Putnam, at the West Point Military academy, has been a question of dispute the last few days, but it will probably soon be righted, and its proposed restoration to its original condition, or something like it, will be carried out. How the military academy came into being, and various other facts about it, are of interest to every loyal American. The tract of land owned by the government at West Point contains 2105 acres, and was first settled in May, 1723. The greater part of this area was purchased from Stephen Moore on September 10, 1790, for \$11,085. The smaller and southerly portion was bought from Oliver Gridley on May 15, 1824, for \$10,000. On March 2, 1826, the State of New York ceded jurisdiction over that part of the property on which the principal offices connected with the institution stand, and only the right to execute any penal, wherein the property of the United

PEARLS OF THOUGHT.

Flattery glides the goose it intends to kill.

Gold will provoke a gangrene in the heart.

Good cheer is the heart's constant springtime.

The bitterest herbs may give the best honey.

Patience is a good protection against provocation.

Fortune's careers oft becomes folly's culture.

Bitter bread is sweeter than poisoned honey.

A full soul seldom follows an overfed stomach.

Perseverance is always more heroic than fighting.

A difficulty does not furnish a reason for denial.

Every task undone means some truth unknown.

The finest fabrics may be woven out of cross purposes.—Ran's Horn.

THE BURGULAR'S LAMENT.

Mistaken—I hope that you will watch yourself hereafter.

Red Lady—You kit butch life I will. If I had been doin' the watchin', instead of the other feller, it's me wot would have got away instead of him—Sing Sing Star of Hope.

Action of Fruit in Leca.

Observations made in several bacteriological laboratories have lately been published, in which a claim is made that some fruit juices, more particularly lemon juice, have power to render inactive the bacillus of typhoid fever. The exact method of investigation is not detailed in the literature at hand, but it is worth noting at the outset that the general restraining effect of acids upon beneficial development has been long known, as has also the fact that several of the so-called vegetable acids, though commonly supposed to be of feeble chemical power, are really very active. The observed feebleness is due to the high dilution in which they commonly occur. Citric acid in concentrated form is a strong acid. General adoption of the view that some fruit juices can render harmless articles of food or drink contaminated with the typhoid germ should only follow such careful investigation, and even if the decision is favorable, it will possibly be found that some of the common mineral acids will answer the same purpose.—Philadelphia Medical Journal.

MAY BE SURFETED.

"Don't you think it's swinish," said the first person, "to be so sanguine about your candidate?"

"All right," returned the other, "but I'll have a right to cross."

"What's what you will, but I don't think you'll care to eat all you'll have to—Missouri Press.

Mrs. F. Wright, of Oelwein, Iowa, is another one of the million women who have been restored to health by Lydia E. Pinkham's Vegetable Compound.

A Young New York Lady Tells of a Wonderful Cure!

"My trouble was with the ovaries; I am tall, and the doctor said I grew too fast for my strength. I suffered dreadfully from inflammation and doctored occasionally, but got no help. I suffered from terrible dragging sensations with the most awful pains low down in the side and pains in the back, and the most agonizing headaches. No one knows what I endured. Often I was sick to the stomach, and every little while I would be too sick to go to work, for three or four days; I worked in a large store, and I suppose standing on my feet all day made me worse."

"At the suggestion of a friend of my mother's I began to take Lydia E. Pinkham's Vegetable Compound, and it is simply wonderful. The first letter after the first two or three boxes it was so wonderful that I felt I was taking it up until I was truly fully cured. I am now as well as ever, and I am always happy. I don't think I could ever have been so well as I am now. I don't think I could ever have been so well as I am now. I don't think I could ever have been so well as I am now."

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SOLD EVERYWHERE

CUPIDINE CURES Sour Stomach and Indigestion

10¢

HOW A BEAUTIFUL WOMAN ESCAPED SPRING CATARRH BY USE OF PE-RU-NA.

Nothing Robs One of Strength Like Spring Catarrh—Spring Fever is Spring Catarrh.



Miss Helen Whitman, 309 1/2 Grand Avenue, Milwaukee, Wis., writes:

"There is nothing like Peruna for that tired feeling, which gives you no ambition for work or play. After a prolonged illness about a year ago, I felt unable to regain my health, but four bottles of Peruna made a wonderful change and restored me to perfect health. As long as you keep your blood in good condition you are all right, and Peruna seems to fill the veins with pure healthful blood. I thoroughly endorse it!"

—MISS HELEN WHITMAN.

How to Get Strong Nerves.

First, repair the injury already done to your nerves. The way to do this is to do exactly as did Mattie E. Curtis, Secretary of Legion of Loyal Women, Hotel Salem, Boston, Mass. She said in a recent letter: "I suffered for over a year with general weakness and debility manifested in severe headache and backache. I took four bottles of Peruna, and for two months have been entirely free from these ailments."

Nervous Prostration.

Thousands of cases might be quoted in which Peruna has been used to rescue people from the perdition of deranged nerves, and put them on the good, solid foundation of health. The County Auditor of Erie County, New York, writes: "John W. Ned, in a recent letter written at Buffalo, New York, states that your great nerve tonic, Peruna, has done for him what was so gratifying that I am more than pleased to recommend it."

A Spring Tonic.

Almost everybody needs a tonic in the spring. Something to brace the nerves, invigorate the brain and cleanse the blood. That Peruna will do this is beyond all question. Every one who has tried it has had the same experience as Mrs. D. W. Timberlake of Lynchburg, Va., who, in a recent letter, made use of the following words: "I always take a dose of Peruna after business hours, as it is a great tonic for the nerves. There is no better spring tonic, and I have used about all of them."

Catarrh in Spring.

The spring is the best time to treat catarrh. Nature renews herself every spring. The system is rejuvenated by spring weather. This renders medicines more effective. A short course of Peruna, assisted by the balmy air of spring, will cure old, stubborn cases of catarrh that have resisted treatment for years. Everybody should have a copy of Dr. Hartman's latest book on catarrh. Address The Peruna Medicine Co., Columbus, Ohio.

Mrs. Lulu Larmer, Stoughton, Wis., writes:

"For two years I suffered with nervous trouble and stomach disorders until it seemed that there was no hope for me but a bundle of nerves. I was very irritable, could not rest, and was certainly unable to take care of a household. I took nerve tonics and pills without benefit. When I began taking Peruna I grew steadily better, my nerves grew stronger, my rest was no longer fictitious, and I consider myself in perfect health and strength. My recovery was slow but sure, but I persevered and was rewarded by perfect health."

If you do not derive prompt and satisfactory results from the use of Peruna write at once to Dr. Hartman, giving a full statement of your case, and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

Doan's Cherokee Remedy of Sweet Gum and Mullein

nature's Great Remedy for Coughs, Colds, LaGrippe, All Throat and Lung Troubles. Thoroughly tested for 50 years. All Druggists, 25c, 50c and \$1.00.

TOMMY'S WRIGGLE.

Tommy—Father, must I go to school?

—Yes my boy.

"I've thought of a splendid scheme to do with my money," said the philanthropist.

"Going to donate a library?"

"No."

"Found a college?"

"No."

"No. I'm going to endow some coal mines and slaughter houses, to be conducted with consideration for the purchasing capacities of the public as well as for private profit."

A TRANSPOSITION.

Margaret—No, you cannot stay, love. Your mother says it is absolutely necessary for you to come home.

Elizabeth—Oh, dear! I sometimes think that mother is the inventor of necessity, instead of necessity being the mother of invention.—Kansas City Journal.

CLOSE TO THE PEOPLE.

Doan's Kidney Pills have leaped into Public favor because the people can afford to buy them and secure a real relief. They have had millions of testimonials and largest sale known in any kidney medicine in the world.


CURTICE, O.—I had such severe pain in my back that I could not walk. I used the sample of Doan's Kidney Pills with such good results I sent to Toledo for another box, and they cured me.—BARBAR E. CURTICE, Curtice, O.

FALMOUTH, VA.—I suffered over two months with pain in the small of my back, headach and shivers gave only temporary relief. Doan's Kidney Pills cured me.—V. S. BROWN, Falmouth, Va.

WEST HAVEN, CONN.—Eight months ago I took a severe pain in my back. The sample box of Doan's Kidney Pills helped me so much I purchased two boxes; am on my second box. My back does not bother me as it used to and I feel well.—BARBAR E. BRADLEY, No. 877 Elm Street, West Haven, Conn.

HONOLULU, HAWAII.—I took the sample of Doan's Kidney Pills with such good results I bought a box at our druggist's. Used over half and stopped, because my urine which before had only some dribbling, now became so free. I had medicines enough. I had lambo and the pills did me of it. I should have written sooner, but you know how soon we forget about being sick.—MR. C. H. HONOLULU, No. 2119 McKenny Ave., Honolulu, Hawaii.

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"I suffered terribly and was extremely weak for 12 years. The doctors said my blood was all turning to water. At last I tried Ayer's Sarsaparilla, and was soon feeling all right again."

Mrs. J. W. Fiala, Hadlyme, Ct.

No matter how long you have been ill, nor how poorly you may be today, Ayer's Sarsaparilla is the best medicine you can take for purifying and enriching the blood.

Don't doubt it, put your whole trust in it, throw away everything else.

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A. W. Gardner's Dropsy Cure is a powerful medicine for the treatment of dropsy, edema, and other ailments of the urinary system. It is a reliable and effective remedy for all cases of dropsy, whether of the lungs, liver, or kidneys. It is a powerful diuretic and cathartic, and is a reliable and effective remedy for all cases of dropsy, whether of the lungs, liver, or kidneys. It is a powerful diuretic and cathartic, and is a reliable and effective remedy for all cases of dropsy, whether of the lungs, liver, or kidneys.

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