

HEALTH CLINIC IS HELD HERE

Dr. Taylor, Extension Director, Spending Week at Franklin—Stresses Annual Medical Examination.

We must learn to treat our bodies with as much respect as we do our banks or our automobiles, both of which are examined periodically in order that their good condition may be assured, declares Dr. F. R. Taylor, director of the Life Extension unit of the State Board of Health, who is here to give demonstrations in co-operation with local doctors, in an effort to educate the people of the section and of the state to the importance of having annual health examinations.

North Carolina, reports Dr. Taylor, is the first state to take up this work. Before coming to Franklin, Dr. Taylor held clinics in Guilford, Forsyth, Davidson, Randolph, Alamance, Caswell, Rockingham, Stokes, Surry, Yadkin, Cherokee, Clay, Graham and Jackson counties. These counties include all in the state where demonstrations have so far been held.

A New York man, Dr. Taylor states, who is very active in health examination work, remarked when he heard of the beginning of the North Carolina campaign: "We knew that you had good roads in North Carolina, but we did not know that you were so far ahead of the rest of the country in public health work." The State Board of Health in co-operation with the International Health Board of the Rockefeller Foundation began the new health work and is

forming life extension units in the state. One unit has so far been established, with Dr. Taylor, of High Point, as director.

"Nearly all great epidemic diseases," Dr. Taylor stated, "are coming under control except influenza and pneumonia. These we have no means of controlling. Smallpox, diphtheria, and typhoid have all been overcome, and even tuberculosis to a great extent. The tuberculosis death rate dropped 50 per cent in the last 50 years and 40 per cent in the last 10 years.

"Another group, however, is taking the place of these epidemic diseases. These are chronic diseases of the heart and blood vessels, chronic diseases of the kidney, and cancer. Diabetes is also killing too many. The first three groups of these show a steadily rising death rate, greater than the population increase. Chronic circulatory diseases today show a toll in death rates almost identical with that of tuberculosis 20 years ago. Yet neither doctors or the public have become aroused to the seriousness of the menace in anything like the degree they have been aroused in regard to tuberculosis.

"The purpose of the life extension unit is to arouse interest in the situation and to start a campaign against the chronic degenerative diseases comparable to the campaign waged against tuberculosis.

"The peculiar problem is this: these diseases, generally speaking, have no early symptoms of which their victims are conscious. There are early signs, but these are not evident and must be looked for. By the time anyone becomes actually sick with the chronic disease, damage has been done that cannot be repaired in most cases. Therefore, the only means at our command to partially solve the problem is to detect diseases before symptoms appear. That can only be done by treating our bodies with as much respect as we do our banks or autos."

In speaking of the aid the state health board is receiving from International Health Board of the Rockefeller Foundation, Dr. Taylor termed the organization as the greatest health organization ever conceived by the mind of man.

The authorities of the life extension unit are recommending that everyone be thoroughly examined by his own doctor at least once a year. This recommendation is made because of

certain New York organization, said Dr. Taylor, can now speak in terms of upward of 1,000,000 health examinations, and they say that the annual death rate in a periodically examined group varies between 18 and 20 per cent lower than the death rate of unexamined groups.

Many of the large insurance companies, the health extension director reports, believe in this work to the extent that they invest millions in it.

"Their work," Dr. Taylor said "represents only a step in the right direction because they cannot reach the entire population. The family doctor, moreover, is in the best position to render the utmost service in health extension work because he knows the stresses and strains under which his patients live and if he has a record of a health examination on file it may be of benefit later during illness; whereas, if the record were filed in some distant city it might not be available.

"Other states are watching us in this work. They and we believe that it represents the next great progressive step in preventive medicine and in the saving of human life wholesale. If we can get the people aroused on this subject as on the tuberculosis problem, we believe it will mean the saving of thousands of lives in the state."

Miss Lucile Pegram is accompanying Dr. Taylor as nurse and laboratory technician. Dr. Taylor's family is also with him at Franklin.

It should be stressed that free examinations are not being given to all persons desiring them. This would be impossible while the scope of the work remains as at present. Clinical demonstrations are only given with those doctors who desire them as a means of arousing interest in having yearly medical examinations. Appointments are made with the doctors in each town visited, and arrangements are made for the examination of a limited number of individuals.

THE 21 WONDERS OF THE WORLD

Last Sunday Rev. R. F. Mock, pastor of the local Methodist church, preached one of the greatest sermons ever heard in Franklin, according to those who were privileged to hear him. He took as his subject The Twenty-One Wonders of the World. An outline of the sermon follows: "Blessed be Jehovah God, the God of Israel, who only doeth wondrous things." Psalms 72:18.

Seven Great Wonders of the Ancient World

More than 2,000 years ago the Greeks selected seven of the greatest achievements of their time and called them the "Seven Great Wonders of the World" generation after generation have accepted this list as correct, without thought of making a revision. The seven great wonders represented the might of muscle, and the accumulation of hard labor. They were "wonders" because they measured big in dimensions, represented extremes. The seven great wonders of the ancient world are as follows:

1. The Pyramids of Egypt.
2. The Colossus of Rhodes.
3. The Temple of Diana at Ephesus.
4. The Statue of Jupiter.
5. The Mausoleum of Artemesia.
6. The Pyramids of Egypt.
7. The Colossus of Rhodes.

These represented skill of hand, might of muscle, years of labor; in short the climax of brute strength. Only one was a practical utility, the Pharos of Alexandria. One was a garden, not for the people but for the wicked queen's sensual pleasures. Two were tombs for the dead; one was devoted to the heathen God; one was a freakish cast of metal, only half as high as the Goddess of Liberty. Another was a statue to typify certain ideals and physical charms. Not one was created for the uplifting or advancing the well-being of the people of that age. They create no interest now, only as they are ancient.

The Seven Greater Wonders of the Modern World

After twenty centuries, the pent-up energy of civilization burst forth in the nineteenth century and filled the world with wonders. Men built towering houses, each holding the population of a city. They pierced mountains with tunnels; they connected oceans with the Panama canal. They built great ships that carry thousands of tons; they rise and out-distance the eagle's flight; they harness rivers, chain the lightning and make them move the wheel of industry. Yet even these marvelous works are not the seven greater wonders of the modern world.

The Editor of the "Popular Mechanics Magazine" invited 1000 scientists of America and Europe to select by ballot the seven great wonders of the modern world, and when the ballots were counted they did not include the sky-scraper, express train, the ocean liner, nor the Panama canal.

The seven wonders selected are monuments not to muscles, but to mind, and to mind only as man's thoughts can apply to the service of mankind. The seven modern wonders selected are as follows:

1. The Wireless Telegraphy.
2. The Telephone.
3. The Aeroplane.
4. Radium.
5. Antiseptics and Antitoxins.
6. The Spectrum Analysis.
7. The X-ray.

We are living in a magic age, an age of scientific mechanical and physiological knowledge, of which the

A child's voice finds its way along a tiny wire across rivers over mountains and plains to the desired destination. The wise men of old would have prostrated themselves before the telephone as a supernatural thing. They would have revered as a God the man who could press a button and converse with another in a distant city.

Great as the Panama canal may be yet it was not selected as one of the seven wonders of the modern world, although it put the pyramids of Egypt to shame.

The Hanging Gardens of Babylon, built by slaves, were devoted to the riotous revelry of a wicked city. Its beauty was heralded over all the world. But its wonder sink into nothing beside a drop of antitoxin, as it triumphs over disease in the pain racked body lying in a hospital. And what is a cold marble statue, however beautiful, to the quivering waves snatched from space and woven into a message that connect nations and unites ships with firesides. And what a difference between the Colossus of Rhodes and the x-ray which has been such a blessing in the field of surgery.

The seven ancient wonders appear small indeed as we are reminded of the seven greater wonders of the modern world. But there are still greater wonders.

The Seven Greatest Wonders of All Time

1. The Miracle of Creation.
2. Man's Kinship with God.
3. The Fact of sin.
4. The Divine Plan of Salvation.
5. The Miracle of Regeneration.
6. The Presence of the Holy Spirit.
7. The Propagation of the Gospel.

1. **The Miracle of Creation.** It is at once a mystery and a revelation; old as time and still continues new. Earth, man, grass, stars, the green shoot of wheat, are more wonderful and mysterious than any of the seven wonders of the ancient or modern world. Attempts after attempts have been made by the scientist to explain the star-dust, where it came from atoms, ultimate cosmos? In the final answer we hear God's voice "In the beginning God Created."

2. Man's Kinship With God.

"A little lower than the angels." Capacity to know God; to love; to learn; conscious that he is related to his Maker. The world and its wonders perish but no other self can take your place of sonship in the

3. **The Fact of Sin.** Some have tried to explain it away. A woman tried to make the world believe there was no such a thing. So did the serpent in Eden. But it is here, an awful reality, an awful mystery, an awful wonder. Moses explained it as serpent; Jesus called its author Satan. Paul made the clear statement, "The carnal mind is enmity against God."

4. The Plan of Salvation.

We read in John 3-16 and I confess to you that nothing can be more wonderful. It lays bare the great loving, throbbing heart of God. It includes the life and work of Jesus. No wonder our fathers sang "Amazing Grace."

5. The Miracle of Regeneration.

The miracles of the Bible are wonderful, but greater and more wonderful is the miracle of regeneration, a changed heart. Paul. Have you ever witnessed God's surgery? Removing the heart of stone and replacing a heart of tender flesh.

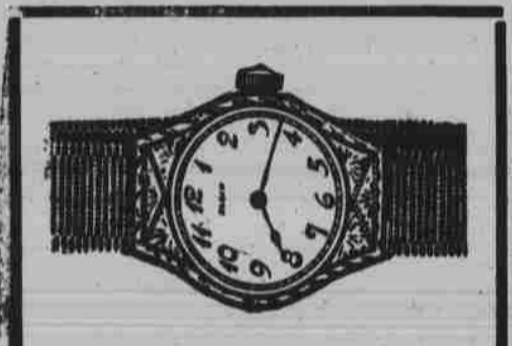
6. The presence of the Holy Spirit.

That wonder is the secret of the power in the life of the church and the individual Christian. It came to the church at Pentecost; it operates in every true Christian life today. It is the unseen force that convicts; it inspires the pages of the Bible; it is the medium of prayer. Its power is wonderful.

7. The Propagation of the Gospel.

Eleven obscure men telling about Jesus was the beginning. It conquered pagan Rome; then heathen Europe; Asia Minor bowed before the word. No other movement, religious or otherwise, has so wonderful a history. It is going forward today. It is getting into business, and politics, reaching the shop and factory; getting into the grocerman's scales; and the merchant's yard stick. It is entering the mining camp of the North; it has made its way into the prairies of the West; it has found its way into the mountain homes, and into the cotton belt of the South and amid the thousands of spindles in the South land it is heard and its power is felt. It is reaching out into the isles of the sea.

What is the wonder about? Only this, "it heals the sick, cleanses the leper, raises the dead and gives sight to the blind." And more, it brings comfort, hope, books, playgrounds, night-schools and brotherhood. Can any modern wonder compare with this? The modern wonder is the



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