



*For the  
Woman Reader*  
by  
Florence Riddick Boys  
COPYRIGHTED

How may the married woman reduce the time spent in house-keeping? This is desirable for many who have too much housekeeping work to do, and for others who have undertaken an outside job and must reduce house work to a leisure time task which they can do outside of working hours.

Home economics experts offer three solutions: 1. Increased employment of paid workers in the home; 2. Better management and efficiency; 3. Increased use of large-scale, outside agencies.

Only about one home in twenty now employs outside help, and such help is almost impossible to get for a large wage which the family can afford to pay. It may be that the future will give us skilled, part-time workers in the home, under some commercial plan which will be satisfactory. Such an arrangement is much needed in many modern homes. It would demand a revolution in household organization and the conditions of housework, but such a revolution might be beneficial all around.

Some advocate that the house-wife adopt the "standardization of operations" used in the factory, the modern efficiency schemes. This is not as possible in the home as in the manufacturing plant, since the human element in the dealing with children, and the whole motive of home life make a difference. It is rare that the housewife performs the same operations regularly enough to standardize them, though some "best method" should be worked out for the often repeated tasks of dishwashing, cooking, laundry work and others. There is much room for improved management in housework.

Rapidly we are availing ourselves of the services of outside agencies, the laundry, the bakery, the creamery, the canning factory and the clothing factory. Probably it is not a far cry to the commercial meal provider, not merely the cafeteria and the delicatessen, but some agency which will deliver cooked meals in some thermos device to our own dining rooms.

We have always ridiculed household innovations and had a prejudice against them in the beginning, but our needs have soon led us to adopt them.

Here are two necessities which some enterprising tradesman might supply: a commercial houseworker and a ready-to-eat meal, to be supplied to the home on demand.

**THE STORAGE ROOM**

A cellar in which there is a furnace is not a good place to store fruits and vegetables, unless a special storage room has been built there for this purpose. To preserve food, the home must observe the same principles as the cold storage plant. It must retard or check the ripening process of fruits and vegetables. It does this by shutting out the heat and light and controlling the ventilation, temperature and moisture.

To apportion a section of the cellar for a storage room, choose a part which has a window in it, preferably a north window, through which the cool air may enter. Set uprights of two-by-four lumber and form a hollow wall by fitting boards tightly together on each side of these. It is wise to fill the space in this double wall with dry shavings or sawdust as the walls of a refrigerator are insulated to keep out the heat. Hang a canvas or burlap curtain before the door and make it close very tight. A uniform temperature may be main-

tained in such a room. The window may be left open during the fall and closed the sharp nights of winter, being left slightly ajar between times. The temperature of the storage room should not be so dry as to cause the contents to wilt, nor so moist as to encourage decay.

**FASHION NOTE**

"It's all in the slant" say the new afternoon and evening dresses which are being cut on the bias. There are surplice frocks which slant from the right shoulder to a point at the waist. There are slanting overdrapes which take the form of capes or neckerchiefs, and there are slanting ruffles for jabots, and slanting goods forming the circular skirt, and all sorts of slanting flounces going around the lower half of the skirt or falling in points anywhere between the knees and the ankles.

**OLD BLANKETS**

A good use for old blankets is to make bed quilts of them. Tack them together, if there are more than one, basting a patch over holes and taking care that a thin spot is covered by a better spot. The pieces should be laid together with this in mind, to reverse thick and thinner parts.

Cover both sides with silkolene or sateen or outing flannel and quilt on the machine or tie in knots with yarn. The knots need not be as close together as in a quilt filled with cotton batting.

To my astonishment, iodine spilled on a gingham dress, washed out in clear, cold water without any trouble at all. It boiled successfully from white goods. But such is not always the case. If you have difficulty in removing iodine stains from white goods, dip the spots in strong ammonia water or alcohol before putting the piece in the wash.

**CRANBERRY RELISH**

To one quart of hot, strained cranberry pulp and juice, add half a cup of minute tapioca, a quarter teaspoon of salt, and a quarter of a cup of raisins. Cook these in a double boiler for fifteen minutes, stirring frequently. Add a cup of sugar, four oranges, peeled and sliced, and a quarter of a cup of chopped nuts. Chill and serve as a relish with meat.

**VEGETABLE SALAD**

Chop together raw onion, carrot, mango celery, and cucumber. Salt and pepper them and add a little vinegar and salad dressing and pile the combination on sliced tomatoes.

**TOAST STICKS**

These are delicious to serve with salads. Cut bread into sticks a few inches long and an inch square. In a fry pan brown these bread sticks on all sides in hot butter.

**THE SCHOOL CHILD**

Sometimes a child is regarded as dull when he has a physical defect which is handicapping him. If he has earache, have a physician examine his ears. If he holds a book too close or does not see the blackboard well, have his eyes tested. His backwardness may be due to deafness or poor eyesight. Are his teeth in good condition? If you have not had the dentist look them over, do so at once.

The school child should eat a good breakfast regularly. His eyes and nerves and general health will be put

to too great a strain unless he regularly eats this important meal. Most children do not get up in time to eat breakfast with the family and they get the habit of eating no breakfast. This is very bad. Every child should learn to start the day with a wholesome breakfast. He needs food just as your car needs gas, or his engine cannot pull.

Has he regular toilet habits? He should be trained to these. Many a child suffers from nervousness, sick headache and bilious attacks because of careless habits.

**MRS. SOLOMON SAYS**

"If you put a little loving into all the work you do,  
And a little bit of gladness, and  
a little bit of you,  
And a little bit of sweetness, and  
a little bit of song  
Not a day will seem too toilsome;  
not a day will seem too long."

**"INSIDE INFORMATION"**

Veal chops have less fat in proportion to lean meat than other chops. They are likely to dry out considerably in cooking unless protected by a coating of egg and bread crumbs.

See that the foods your child-eats include each day all of these different kinds of foods: milk, eggs, meat, or fish, vegetables, fruit, whole-grain cereals, and butter or cream.

Don't wait for Thanksgiving or Christmas to make cranberry jelly or cranberry sauce. Either one is excellent with any meat where a sweet tart accessory is liked. Cranberries are on the market now.

Farmers' Bulletin 1497-F contains much useful information about laundering clothes, and some suggestions about ironing them. How to fold a man's shirt, tablecloths, and other flat pieces, and how to wash sweaters, curtains, blankets, pillows and infant's woollens are among the practical directions found therein.

A cream colored collar is often more becoming on a wool dress than a white one, unless the background of the dress material requires white. Cream and ecru are often used because they blend well with colors. Plain colors are better for collars on figured material, because they emphasize the face which is the natural center of interest.

Try this: Place an unopened can of salmon in a sauce pan surrounded by boiling water, to heat for 10 or 15 minutes. While this is cooking, prepare a boiled salad dressing. When opening the fish, place a cloth over most of the can, make a small hole in the top to allow the steam to escape, and cut around the entire edge so that the fish can slide out without breaking, onto a hot platter. Pour the hot dressing over the salmon, sprinkle with finely chopped parsley, and serve at once. Fresh salmon may also be simmered and served in the same way.

**OLIVE HILL**

Mr. and Mrs. Malcom Dewese and Mr. Ellis Poindexter returned to their home in Gastonia.

Mrs. Sam Sweatman was visiting Mrs. C. W. Willis Sunday.

Mr. and Mrs. H. L. Spurling went to Burningtown visiting friends.

Mr. W. L. Willis and Horace Morgan and Paul Ashe went back to their work at Rainbow Springs Sunday.

Born to Mr. and Mrs. Clyde Hews, a fine boy, Clyde Arnen, Jr.

The boys of this section had a ball game Saturday evening. All present reported a fine time.

Mr. and Mrs. Fred Evans went to Nantahala to visit Mr. Evan's parents, Mr. and Mrs. Charlie Evans.

Miss Charlotte Dewese was visiting

Miss Pallie Ashe Sunday.

Mr. William Dewese was visiting his brother, Mr. J. M. Dewese Sunday.

Mrs. Mary Poindexter is visiting her mother, Mrs. Geo. Willis.

Mrs. Nettie Evans was visiting her sister, Mrs. Clyde Hews.

Mrs. Nellie Morgan was the guest of Mrs. Mina Ashe Sunday.

Mrs. Nonie Solesbee and children spent one night the past week with her sister, Mrs. A. L. Poindexter.

Miss Mac Willis is the guest of Miss Christenia Roper each Sunday where she entertains Mr. Wimer Dewese.

Miss Christenia Frady and Mr. Carl Childers were on the street Sunday.

**MT. GROVE**

Mrs. J. L. Young has been very ill for the last three weeks but is getting better. We hope to see her out again soon.

Mrs. J. Z. Taylor was visiting her daughter, Mrs. Ben Gregory, at Ravensford the past week.

Miss Lydia Davidson and Miss Cora Young of King's Mountain, N. C. were visiting Mr. and Mrs. Lee Dills a few days ago.

Miss Ada Adams and Mr. Will Dodgell of Willets, N. C. were quietly married a few days ago. Their many friends extend congratulations.

Rev. Lyman Jollay will conduct the service at Olive Hill the fourth Sunday.



**How to Play BRIDGE**

Series 1929-30 by Wynne Ferguson

Author of "PRACTICAL AUCTION BRIDGE"

Copyright, 1929, by Hoyle, Jr.

**ARTICLE No. 5**

In one of our preceding articles, a very interesting hand was given that was played at an Auction Bridge Tournament at Chicago and the statement was made that none of the experts made game on this hand. In the analysis given, a number of ways of playing the hand were considered, some of which scored game and some of which did not.

It has remained for one of our correspondents in San Francisco to figure out a solution that seems to have no defense. This solution is so ingenious and interesting that the hand is reprinted, together with the solution. It is now up to the readers to analyze this solution and see if there is any defense:

Hearts—J, 10, 9, 2	Hearts—K, 7, 5, 4
Clubs—J, 9	Clubs—K, 7, 6, 4
Diamonds—10, 7, 6, 4	Diamonds—9, 8, 5, 3, 2
Spades—A, Q, 10	Spades—none

Hearts—8	Y	Hearts—K, 7, 5, 4
Clubs—A, 10, 8, 5	A	Clubs—K, 7, 6, 4
Diamonds—A, K, Q, J	Z	Diamonds—9, 8, 5, 3, 2
Spades—J, 6, 4, 2		Spades—none

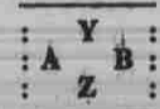
Hearts—A, Q, 6, 3
Clubs—Q, 3, 2
Diamonds—none
Spades—K, 9, 8, 7, 5, 3

No score, first game. Z dealt and bid one spade. A bid one no trump, Y bid two spades and B bid three diamonds. Z bid three spades, A bid four diamonds, Y bid four spades, B and Z passed. A doubled, all passed and A opened the king of diamonds. How should Z plan the play of the hands?

Solution: "I believe the hand can make four and game by the declarer trumping the first diamond lead and then leading a small club. If second hand passes, play the nine of clubs in the dummy, the trick being taken by the king in the fourth hand. (It makes no difference if second hand takes with the ace). Presume the fourth hand then leads a diamond which is trumped by declarer, who makes another small club lead which is taken by the ace in the second hand. Then a third diamond lead which is trumped again. Declarer then leads a trump which trick is won in the dummy by the ten spot. Dummy then leads the jack of hearts and then the ten of hearts which is trumped by the second hand. Presume this hand to then lead the fourth diamond which is trumped by declarer who then leads the king of spades, overtakes in the dummy, exhausts trumps, and plays hearts and finally the good queen of clubs. Defense has three tricks, two clubs and one trumped heart. How about it?"

One of the interesting phases of Auction that appeals to most players is a comparison of one's own game with that of players of other sections or countries. A tournament has just been conducted in England in which the following hands were submitted for competition. Figure out the correct bid in each instance and compare your results with the analyses and the awards of the Judges in the English competition that will be given in the next article. Such comparison should be most interesting.

Z is always the dealer and the other players sit around the table as follows:



1. Z Y 18; A B nil in rubber game, where Z bids "Two Spades," and A and Y say "No Bid," what should B say, holding Spades, 8, 6; Hearts, A, 10, 9; Diamonds, A, K, 4; Clubs, A, K, Q, J, 4?

2. At love all in the first game, where Z says "No Bid"; A, "One Heart"; Y, "Two Clubs," what should B say, holding Spades, J, 10, 9, 6, 5; Hearts, 9; Diamonds, A, K, 9, 5; Clubs, A, 10, 7?

3. At love all in rubber game, where Z bids "Three Spades," what should A say, holding Spades, K, 9, 7, 6, 5; Hearts, K, Q, J, 10, 8, 3, 2; Diamonds, 4; Clubs, none?

4. Z Y one game, no score in second game, where Z bids "One No-Trump" and A "Two Hearts," what should Y say, holding Spades, K, 5, 4, 3, 2; Hearts, K, J, 10, 9, 7; Diamonds, none; Clubs, A, 8, 6?

5. At love all in rubber game, where Z bid "Two Spades," what should A say, holding Spades, Q, 6; Hearts, A, K, Q, J; Diamonds, K, Q, J, 5; Clubs, A, J, 4?

6. Z Y nil, A B 18 in rubber game, where Z bids "One No-Trump" and A "Two Diamonds," what should Y say, holding Spades, A, 9, 6, 4, 3; Hearts, 9, 6; Diamonds, 7, 6, 4; Clubs, 8, 5, 3?

7. At love all in rubber game, where the bidding was: Z, "One Heart"; A, "Two Clubs"; Y and B, "No Bid"; Z, "Two Diamonds"; and A, "No Bid," what should Y say, holding Spades, J, 6, 4; Hearts, Q, 7; Diamonds, 8, 6; Clubs, A, K, 10, 8, 4, 3?

8. At love all in rubber game, where the bidding was: Z, "One Spade"; A, "Double"; Y, "Two Diamonds"; B, "Two Spades"; Z, "Two No-Trumps"; A, "Double"; Y, "Three Diamonds"; B and Z, "No Bid"; A, "Double"; Y and B, "No Bid," what should Z say, holding Spades, A, Q, 9, 5, 4; Hearts, K, 10, 5; Diamonds, none; Clubs, K, Q, J, 6, 4?

9. At love all in first game, what should Z say, holding Spades, J, 9, 8; Hearts, A, 9; Diamonds, A, K, Q, J, 9, 7, 5; Clubs, 5?

10. Z Y 20; A B 18 in rubber game, where Z bids "One Heart" and A, "One Spade"; what should Y say, holding Spades, 4, 2; Hearts, 9, 8, 5, 2; Diamonds, 3, 2; Clubs, Q, J, 6, 4, 3?

11. At love all in rubber game, what should Z say, holding Spades, K, Q, 8, 6; Hearts, K, J, 7; Diamonds, K, Q; Clubs, 10, 6, 5, 3?

12. Z Y 18; A B 12 in rubber game, where Z bids "One No-Trump"; A, "Double"; Y, "No Bid"; B, "Two Spades"; and Z, "Three Hearts"; what should A say, holding Spades, K, 10; Hearts, A, K, 4; Diamonds, Q, J, 9, 4, 3; Clubs, K, 10, 5?

DO YOU KNOW WHY --- Most Of Us Had Rather Enjoy Football From the Side Lines?

Drawn for this paper By Frank Loof



INTERNATIONAL CARTOON CO. INC. N. Y. 321