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A GROWING PROGRAM

Tom Young, director of Athletics and a Marion McDonald, coach of basketball, of Western Carolina Teachers College, deserve much praise for having built up the athletic program of the college to the point of bringing out winning teams in the short space of time that they have been connected with the college. Young's Catamounts played some good football last fall, and he has already begun whipping his squad into shape for the 1947 season. We have no doubt but that he will win more games this fall than he did last.

Marion McDonald's basketball cagers made creditable showing in the North State tournament, and as a result of their record are now in Kansas City, Missouri where they were invited to play in the National Intercollegiate Basketball Association tournament. The coaches and their players are to be congratulated. Western North Carolina is proud of the progress the college is making in athletics. Every one feels that within another year or two under the direction of these capable coaches the football, basketball and baseball teams of Western Carolina will hold their own with the best.

CRACKING DOWN

The North Carolina State Board of Health has one of the most rigid policies on health and sanitation regarding the handeling of food, hotels, tourist homes etc., of any other Southern state. During the war years, however, there was some relaxation of these rules due to shortage of materials, labor and other items necessary for maintaining a Grade A place. Now that these conditions have improved the department is beginning to crack down on all eating and rooming places serving the public. Officials of the department say that all who wish to operate must come under the regulations.

Any person or persons preparing to open a restaurant, rooming house, or tourist court may save money by first contacting the district health officer, obtain their permit and specifications for complying with the regulations.

Section 2 of the laws and rules regulating and governing the sanitation of restaurants and other food handling establishments reads as follows: PERMIT -No person shall operate a restaurant within the State of North Carolina who does not possess an unrevoked permit from the State Board of Health. No permits to be issued to operate until a sanitary inspection by a representative of the State Board of Health shows that the restaurant complies with these rules and regulations.

Violations of any of these rules and regulations, or failure to receive a sanitary rating of at least 70 per cent, or Grade C, shall be sufficient cause for re-

voking the permit. Any one in Jackson county planning to open and eating establishment should first get this permit. It may save the owner money in the end.

PROUD OF OUR TEAM

Sylva is proud of the record the high school basketball boys made during the past season, especially the winning of the district high school tournament over Canton at Cullowhee last week. By virtue of becoming the winning champions of this district they get to enter the state tournament finals. Today the boys are playing their first game in the state finals against Mt. Airy at Winston-Salem. Every one is wishing Coach Sutton and the boys success in this game:

season also but lost in the preliminary playing of the tournament.

It takes a winning team to keep the interest of the patrons in high school athletics and we feel the boys have had this

THE COUNTRY PRESS

Some of the most important things in life are taken for granted and accorded scant consideration until they cease to function. For instance, the occupants of a luxurious Pullman sleeper think little about the wheels on which it rolls. The most vital things are generally the least obvious. The country press goes in this category. But there would be no United States without the country press, any more than there would be a Pullman car without a wheel.

No nation in the world is so universally served with newspapers as is the United States. But the average citizen Six Months, Outside Jackson County 1.50 doesn't know this-he takes the newspaper for granted even in the smallest town. And yet without the newspaper, community affairs could not be conducted as they are. Try to think of your town without newspapers, even the smallest weekly. Where would you get the local news and the intimate information on births, marriages, deaths and the affairs of the community that at some time or other are so important to every family? Where would you read the proceedings of the county courts, the legal notices, the personal columns, the news about the local churches, lodges, and the advertising of the local merchants? The big city dailies carry the world news, but they cannot carry the day-to-day happenings of the smaller towns and cities.

> Along with the school teacher, the local editor is responsible for the education of the community. A good editor comments on activities, local, state, and national, that affect the lives of all citizens. He discusses questions from the standpoint of their bearing on community welfare. He must have a good working knowledge of government, legislation; social conditions, industries, labor, taxation—the things that affect the working about causes of juvenile delinman, the businessman, and the family. quency. This is one expression of The local editor accepts a real responsi- the confusion and insecurity of the bility in publishing even the smallest times. Juvenile delinquency is paper, for when the reader sees something in print ,he thinks it is the truth. en homes. These young people have

How many people appreciate these no sense of security at home. They disease was first recognized in anifacts that underlie the ownership and see their parents, if they live with mals in 1911, and its occurrence in publication of the 12,000 country newspapers in the United States? Those papers are the greatest safeguard of our nation's independence. They are individual- tainty about the future. In adolesly owned, and the vast majority of their cence young people should learn editors are well grounded in the ideals of to know, if they haven't learned Constitutional government, and are opposed to trends toward socialism which disregard the importance of the individ- should know that they are a part ual. The country press reaches a majority of this universe, that God has a of readers in the United States. It de- plan for their lives. They should though in most instances, infecserves more recognition than it receives. And in that respect it is like the wheel life through Jesus Christ our under a Pullman car, but with this differ- Lord." They should know that the ence: It is human and it can appreciate Bible gives the only plan of sea word or act of encouragement while curity. Some of these instructions tion in one of three ways. First, upholding the rights of others.-Industrial News Review.

YOU'RE TELLING ME!

Japanese wrestling, we read, is staging a comeback in Nippon. From what we've heard of the game it might just as for us. well have stayed away.

A New Jersey woman, spotting some escaped llamas on her front lawn mistook the mule, which have no under- by from two to seven days. The them for dinosaurs. She's lucky-sup- standing: whose mouth must be onset is sudden; the patient deposing she'd mistaken some dinosaurs for held in with bit and bridle, lest velops a high temperature, may llamas.

The nearly nude wrestlers, before a bout, crouch, hands on knees, glaring at to the right hand, and when ye symptoms occur. If the infection each other for 15 minutes. They look like turn to the left." a couple of baseball shortstops who forgot their uniforms.

Then the antagonists indulge in some preliminary sidekicks. It's our guess this is done to show there are no blackjacks or brass knuckles concealed between their

The third step consists of the two Nipponese Joe Savoldis making faces at each other. This succeeds in frightening only those children who happen to be in the arena.

Jap wrestlers are invariably gigantic, fat fellows. Apparently, when a Nip grappler isn't wrestling he spends his time eating. Since their bouts are so brief, they can easily squeeze in a championship match or two between the soup course and the entree.

backing this season, which has also been The Sylva girl's team played well this a help and encouragement to them. A good athletic program helps to make a good school. The Herald hopes to see greater interest in the program next year, thus assuring winning teams on the field and in the gym.



A Part of the Control of the Control

The Everyday Counsellor

By REV. HÉRBERT SPAUGH, D. D.

Why live in uncertainty when and I will give thee rest . . . Lo, much talk about the insecurity, and confusion of modern living. Certainly the letters which come to this desk reflect that. The actions of people do likewise. The Human Beings rising wave of juvenile delinquency and crime indicate the same at-

caused by parental delinquency. them, trying to get for themselves what they can while they can.

At best adolescence is a time of emotional insecurity and unceras children that they live in a God-centered universe, operated according to divine plan. They know that, "The wages of sin is death, but the gift of God is eternal are given below:

"Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths . . . Trust in him at all times; ye people, pour out your heart before him: God is a refuge

"I will instruct thee and teach thee in the way which they shalt go: I will guide thee with mine they come near unto theer

and Saviour:

you can have certainty? There is I am with you always, even unto the end of the world . . . Fear not."

"Rabbit Fever" May Be Contracted By

In the January issue of Friend O' Wildlife, official bulletin of the North Carolina Wildlife Federation, is an article entitled, "A Word to the Cottontail Hunter" by Dr. State Department of Health, in which he gives some facts on Tularemia, commonly known as "rabbit fever." Dr. Allen says that the man was established in 1914. The disease, he says, is primarily an infection of rodents and secondarily attacks man. It may, for a period, appear in wildlife only sporadically and then hit with epidemic proportions Farmers and hunters have seen numbers of dead rabbits in the woods and fields during time of epizootics. Although the disease is popularly known as "rabbit fever" and, altions in man are acquired from the handling of this animal, the illness has been found to affect at least twenty-four forms of wildlife.

Humans may contact the infecthe bacteria may enter through a break in the skin or mucous membrane. This break may be so small that it is unnoticed. Second, the organism may enter through the eye. This usually happens by rubbing the eye soon after handling an infected rabbit. Third, the illness may be acquired by eating rabbit that has been insufficiently

When a person develops tulahave chills, complain of body pains "Thine ears shall hear a word and headaches, and usually sweats behind thee, saying. This is the profusely. Dependent upon the way way, walk ye in it, when ye turn the disease was contracted, other was acquired through the skin, a Those who accept these words pimple usually appears at the site should also remember God's prom- of entry, and rapidly develops into ises to those who take Him as Lord a "punched out" ulcer. At the same time the adjoining lymph glands "My presence shall go with thee, swell up, forming what is com-

SCOTT'S SCRAP BOOK By R. J. SCOTT



From the Files of The Ruralite of 15 years ago

The Sylva Parent Teacher association met at the Sylva Elementary on March 7 with Mrs. D. M. Hall presiding. A program was presented by the music department of the schools under the direction of Miss Sadie Lou Southerland.

Mrs. P. W. Hamlett, missionary from China, gave a very interesting talk on China at the Baptist church Sunday morning.

Mr. and Mrs. T. C. Bryson have returned to their home at Beta after spending a few months in Flor-

for the Harris Community hospital, been produced that will effectively under the direction of Mrs. S. W. immunize humans. There is no Enloe, is meeing with success in known means of eradicating the the Whittier community. More than disease in nature. Therefore, each 100 cans have already been do- individual must protect himself.

The Intermediate B.Y.P.U. enjoyed a party Tuesday evening at scamper away when jumped. Afthe home of Lillian Sutton. Miss ter the rabbit has been caught Lora Dills was in charge.

The children's Chapter of U.D.C. met last Friday with Dorothy Buchanan with Margaret and Rachel Brown as joint hostesses. Pasty McGuire presided. Isabel Dillard gave a reading and Kitty Dean McGuire and Hazel Allison played piano solos.

Mr. and Mrs. J. B. Case of Canton spent the week-end with Mrs. Case's parents, Mr. and Mrs. Sam Cogdill. Mrs. Cogdill is in the local hospital for treatment, after being ill at her home for several days.

monly called a "kernel." If the bacteria entered through the eye, the eyelids become swollen, and inflamed areas and ulceration occurr. The eyes become blood shot and ulcers develop on the eyeball. Glands of the scalp and face may become enlarged. If the infection B. Randolph Allen, Director of follows ingestion of insufficiently Cummunicable Diseases, Virginia cooked rabbit meat, there are usually no local lesions.

Prevention of tularemia is a per-

Card Of Thanks We wish to thank our friends and neighbors for the kindnesses shown us and for the beautiful flowers sent during the sickness and death of our wife and mother, Mrs. Ida Woods.

The Woods Family

The Burning Permit Law of North Carolina read: "That a permit must be obtained from the State Forest Service before starting or causing to be started, any fire in any of the woodland areas under protection of the State Forest Service, within 500 feet of any such protected area, during the following periods of the year—from Feb. 1 to June 1, and from Oct. 1 to Nov. 30, inclusive."

The drive to obtain canned goods sonal responsibility. No agent has

Hunters should only take rabbits that appear lively and really dress him carefully, using gloves, then cook thoroughly.

Kidneys Must Work Well-For You To Feel Well

24 hours every day, 7 days every week, never stopping, the kidneys filter waste matter from the blood.

16 more people were aware of how the kidneys must constantly remove surplus fluid, excess acids and other waste matter that cannot stay in the blood without injury to health, there would be better understanding of why the whole system is upset when kidneys fail to function properly.

Burning, scanty or too frequent urination sometimes warns that something is wrong. You may suffer nagging backache, headaches, dizziness, rheumatic pains, getting up at nights, swelling.

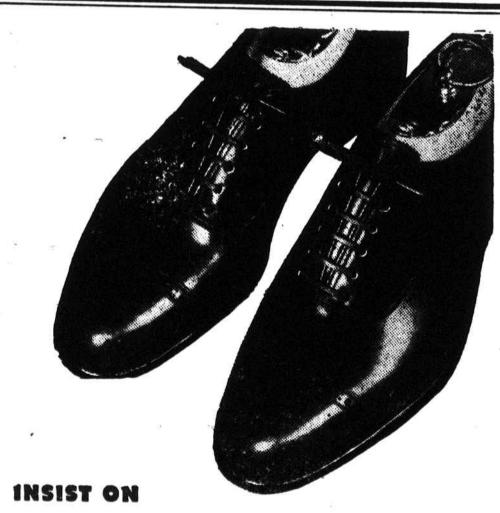
Why not try Doan's Pills? You will be using a medicine recommended the country over. Doan's stimulate the function of the kidneys and help them to flush out poisonous waste from the blood. They contain nothing harmful. Get Doan's today. Use with confidence. At all drug stores.

William B. Dillard

Building Contractor

Houses Built Under F. H. A. Plan CONCRETE WORK

SYLVA, N. C.



Horsheim Quality

and you'll always get

more than you pay for

: . . because Florsheim Shoes are always underpriced. The price-tags they carry reflect, not what the traffic will bear, but the most generous values possible under current manufacturing costs . . . And the man who buys Florsheim Quality gets a dividend on his investment: the extra wear of a second pair.

Schulman's Dept. Store "Style Center of Sylva"