

Roast Beef for Dinner

BY BESSY NEWMAN

The roast beef for dinner should be roasted for Sunday dinner. It should be roasted on a rack in an oblong shaped pan or roaster. A raw meat, say 300 to 325 F. is best to preserve the coarseness of the meat and prevent it drying out. When you roast potatoes with the meat, however, to brown them nicely, you should see that they touch the fat in the pan. You may baste them occasionally with the fat, and turn them at least once so that they brown all over.

Today's Menu
 Roast Ribs of Beef
 Yorkshire Pudding
 Franconia Potatoes
 Green Beans
 Ice Cream
 Cake or Cookies
 Coffee

Yorkshire Pudding
 1 c. flour
 1/2 tsp. salt
 2 eggs
 Put flour, salt, milk and eggs together in a bowl, beat well with a rotary beater or electric mixer. Pour meat drippings into a shallow pan to cover bottom of pan. Heat, and when hot, pour batter in quickly. Bake one-half hour in a hot oven (400 to 425 F.). The pudding may then be placed under the rack that holds the roast beef and left for 15 minutes to catch the gravy that flows from the roast. Or it may simply be cut and squares laid around the roast when it is served.

Franconia Potatoes
 Wash and pare smooth, round

potatoes of an even size. Cut with cold water and let stand 5 minutes, then drain and place in pan in which meat is roasting. Bake until soft (1 hour), basting occasionally with fat in pan and turning once or twice so that they may brown all over.

Peach Ice Cream
 3 c. thin cream
 1/4 tsp. salt
 4 egg whites, beaten stiff
 1 c. crushed fresh peach pulp
 1 tsp. or more lemon juice
 Sugar

Combine cream, salt and egg whites. Freeze to a mush, then add fruit pulp, sugar and lemon juice to taste, and finish freezing. Makes 1 1/2 qts.

Refrigerator Ice Cream
 2 c. milk
 2/3 tsp. gelatin
 1/2 c. sugar or 1/4 c. sugar and 6 tbsps. corn syrup
 2 tsp. flour
 Few grains salt
 2 e. g. yolks, slightly beaten
 2 egg whites, beaten stiff
 2 c. whipping cream
 1 tsp. vanilla
 Scald milk with gelatin; stir until gelatin dissolves. Mix sugar, flour and salt, add to milk and stir until thickened. Cover and cook 10 minutes. Add a portion of hot milk to yolks, return to double boiler and cook 1 minute. Strain into refrigerator pan, chill, then beat until very light. Beat cream until stiff. Fold cream and egg whites into first mixture; add vanilla, and freeze in refrigerator trays. Makes 1 1/2 qts.

The acreage of soybeans grown alone for all purposes in North Carolina is estimated at 363,000 acres, or 6 percent larger than the 342,000 acres grown alone for all purposes in 1946.

At the Churches

Sylva Methodist
 (The Rev. W. Q. Grigg, Pastor)
 Sunday school will meet at 10 a. m., Gudger Crawford, superintendent.
 11 a. m. Morning Worship by the pastor.
 6:30 p. m., Youth Fellowship.

Sylva Baptist
 (The Rev. C. M. Warren, Pastor)
 Sunday school at 10 a. m., Howard Ball, Supt.
 11 a. m. Morning Worship, Sermon by a visiting minister.
 B. T. U. at 7:00 p. m., Carl Corbin, director.
 8 p. m. In the absence of the pastor a guest minister will bring the message.
 Tuesday, 8:00 p. m. Prayer meeting.
 Friday, 7:30 p. m. choir rehearsal.
 Each Monday at 10:30 a. m. the Baptist Ministers' Conference meets here.

Cullowhee Baptist
 (The Rev. Mark R. Osborne, Jr., Pastor)
 9:50 a. m. Sunday School
 11 a. m. morning worship, the sermon by a guest minister.
 4 p. m. Junior and Intermediate Training Union.
 Wednesday—7:30 p. m. Mid week Prayer service
 Choir rehearsals are customarily suspended during the month of August.

Cullowhee Methodist
 (The Rev. R. T. Houts, Jr., Pastor)
 10 a. m. church school.
 11 a. m. Morning worship, the pastor speaking on the subject, "Three Types of Failure."
 5:30 p. m. Youth Fellowship.
 Monday, 8 p. m. The Jackson county sub-district Methodist Youth Fellowship will meet at Cullowhee.
 The WSCS will meet Thursday evening, August 15, at the home of Mrs. David Brown, with Mrs. L. R. Taff and Mrs. Alonzo Hoyle as joint hostesses.

Sylva Presbyterian
 (Rev. Edward B. Whitson, Pastor)
 Services held in Episcopal church.
 11 a. m. Morning worship, the pastor using as his subject, "Getting the Most Out of Life."
 ACP COFFEE, put a scoop of this ice cream in each glass, and you'll scoop up compliments!

RESERVE GETS 'SHOOTING STARS'



SPEEDY NEW ARMY Air Force P-80 jet-propelled "Shooting Stars," such as these at the test base at Van Nuys, Calif., will be delivered to the Air National Guard next Spring for the training of reserve pilots. The P-80 has the greatest firepower of any jet fighter in the world. Six machine guns in the nose fire 1,200 rounds a minute. A pilot ejector seat and an air-conditioned pressurized cockpit are new features. (International)

HOSPITAL NEWS

A daughter was born to Mr. and Mrs. Joe Mills of Sylva on August 1.
 Born, a son on August 2, to Mr. and Mrs. Charles Snyder of Whit-tier.
 Mr. and Mrs. Hubert E. Harris have announced the birth of a son, who will bear the name Roger Max, on August 4.
 A son was born to Mr. and Mrs. Buford Parris of Route 1, Sylva, on August 5.
 Mr. and Mrs. W. T. Wise announce the birth of a daughter on August 5. She will bear the name Susan Eileen.
 James Conner, who was hurt in an accident near Old Mill Inn last Thursday, is doing pretty well.
 Joyce Brenda Sutton, age 4, daughter of Mr. and Mrs. J. B. Sutton, is doing nicely after an operation.
 Mrs. Albert Patton, Whittier, operative case, is doing fine.
 Trotter Cowan, son of Mr. and Mrs. Thad Cowan of Sylva, is in for treatment.
 Miss Della Teague, Bryson City, is an operative case.
 Mrs. Sallie Loveqahl, Cullowhee, is doing all right after an operation.
 Mr. E. J. Waisner of Albemarle, operative case, is doing fine.
 Lloyd H. Wilkes of Speedwell, tonsilectomy.
 Linnie Arnold, colored, is doing nicely.

Duke Vice-President Speaks At Junaluska

Dr. Herbert J. Herring, vice-president of Duke University and dean of Trinity college, speaking at Lake Junaluska at the annual Duke night observance on Monday night emphasized the role of privately endowed educational institutions in the field of education today. In addition to the public address in the Assembly auditorium, a program of special music was given by the Lake Junaluska singers, and Charles Dukes, alumni secretary of Duke university, showed some beautiful color movies of the year's activities at Duke, including many scenes which showed the guests who were present at the Duke night program.
 Several Sylva people attended the Duke night event, among them Rev. and Mrs. W. Q. Grigg, Quay Grigg, Ed Steffner, Mrs. W. G. High, and Miss Jane High.

Production of peaches in the Sandhill area of North Carolina is estimated at 1,522,000 bushels, which is a decline of 6 percent from last year's crop of 1,625,000 bushels but is about 21 percent above the 10-year (1936-45) average production.

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President Truman's Mother Dies At Home In Grandview; Funeral Mon.

In Grandview, Mo., the townspeople this week paid their last respects to Mrs. Ellen Truman, grand old lady of Grandview and mother of President Truman. The president and his daughter, Margaret, flew from Washington, to reach Grandview a few hours after the president's mother died.
 Private funeral rites were held Monday afternoon with the Rev. Welbern Bowman, pastor of the Grandview Baptist church, officiating. The body of Mrs. Truman, according to the old custom, had lain in state in the parlor of her home until the funeral.
 The dress in which Mrs. Truman was buried was the one she had purchased for a second visit to her son in the White House . . . a trip that was never made because of a fall which fractured her hip last February and finally brought about her death last Saturday.

4-H Members Prove To Be Good Campers

Along with boys and girls from Macon and Swain counties, 4-H club members from Jackson county had a wonderful time, enjoying every minute of their stay at Camp Swannanoa during the week July 28-August 2.
 All camp activities were well organized under the direction of the camp staff, and the boys and girls received splendid educational training and also had a good time.
 They proved exceptionally good campers and entered into every camp activity during their pleasant stay at the camp, members of the staff from Sylva reported.

Wheat price support at a national average of \$1.83 a bushel to farmers for the 1947 crop has been announced today by the USDA.
 The Production and Marketing Administration bought 2,103,998 bushels of wheat during the period from noon of June 20 to noon of June 27.

MARKETING with Marjorie

Looking for a company luncheon menu that will "do you proud" and still not "do you in" on a sweltering day? Serve colorful cheese-tomato aspic on crisp greens . . . dainty sandwiches . . . luscious cake with chocolate-marshmallow sauce . . . and feed coffee a la mode. Sounds yummy, doesn't it? Best of all, there's practically no cooking involved, as you'll see by the recipes below.

AN-INSPIRING ASPIC
 Just what the doctor ordered to make six folks say "Ah!" . . . tomato-cheese aspic made like this: Soften 1 tsp. plain gelatin in 1/4 cup cold water and dissolve in 2 cups hot tomato juice. Chill till slightly thickened; add 1 tbsps. minced onion, 1 tbsps. minced green pepper, 1 tsp. Worcestershire sauce, 1/4 tsp. salt and 1 cup grated MEL-O-BIT AMERICAN CHEESE—that grand, tangy cheese you get at the A&P. Pour into greased quart ring mold. Chill till firm.

SMOOTH SANDWICH SPREAD
 To dress up peanut butter for party sandwiches, mix it with marmalade, grated raw carrot or chopped dried fruit. And to be sure your spread is smooth and rich, use A&P's ANN PAGE PEANUT BUTTER. It's made of carefully roasted, high-grade peanuts.

DESSERT DELIGHT
 To top off a perfect luncheon, thin marshmallow sauce lightly with milk and pour over slices of oven-fresh JANE PARKER POUND CAKE from the A&P. Melt unsweetened chocolate and a little butter over hot water. Cool slightly and pour over marshmallow.

COFFEE COOLER
 For iced coffee that's different, brew your favorite blend of A&P COFFEE (Eight O'Clock, Red Circle, or Bokar) double strength; pour hot over 16 quartered marshmallows; stir till dissolved. Whip 1 cup chilled evaporated milk and fold into mixture. Freeze in ice cube tray. When partly frozen, stir well and continue freezing. Just before serving iced A&P COFFEE, put a scoop of this ice cream in each glass, and you'll scoop up compliments!

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