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May Warn of Disordered Kidney Action
Modern life with its hurry and worry, irregular habits, improper eating and drinking—its risk of exposure and infection—throws heavy strain on the work of the kidneys. They are apt to become over-taxed and fail to filter excess acid and other impurities from the life-giving blood.
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QUALLA NEWS
Mr. Estes Tolbert and Mrs. Ed Oxner spent the week-end with their parents at Blowing Rock. Mr. Charles Stillwell, who is employed in Virginia, spent the week-end with his parents, Mr. and Mrs. Zell Stillwell.
Mrs. Minnie Kinsland spent last week with Mr. and Mrs. Ted Kinsland in Asheville.
Mr. and Mrs. T. S. Snyder of Gastonia are spending a few days with relatives here.
Mr. and Mrs. Gene Gibson spent Sunday with Mr. and Mrs. Oscar Gibson.
Mr. Clayton Calhoun of Gastonia spent the week-end with his parents, Mr. and Mrs. John Calhoun.
Mr. and Mrs. C. W. Jenkins called on Mr. and Mrs. Penn Keener, Sunday afternoon.
Rev. L. J. Rogers and Rev. Virgil McClure were the guests of Mr. and Mrs. Jim Sitton, Sunday.
Mrs. Frank Cordell spent Saturday with Mr. and Mrs. Howard Reagan and family.
The production of flue-cured tobacco in North Carolina is now estimated at 887,460,000 pounds.

At the Churches
Sylva Methodist
(The Rev. W. G. Grigg, Pastor)
Sunday school will meet at 10 a. m., Gudger Crawford, superintendent.
11 a. m. Morning worship with the pastor in charge.
6:30 p. m., Youth Fellowship.
Wednesday 7:30 p. m. Choir Rehearsal.
Sylva Baptist
(The Rev. C. M. Warren, Pastor)
Sunday school at 10 a. m., Howard Ball, Supt.
11 a. m. Morning worship, the pastor using as his sermon subject the Light of the Soul. Luke 11:33-36.
B. T. U. at 6:30 p. m., Carl Corbin, director.
7:30 p. m. Evening worship with the pastor speaking on Jesus, the Name. Philippians 2:9.
Tuesday, 7:30 p. m. Prayer meeting.
Friday, 7:30 p. m. choir rehearsal.
Each Monday at 10:30 a. m. the Baptist Ministers' Conference meets here.

Cullowhee Baptist
(The Rev. Mark R. Osborne, Jr., Pastor)
9:50 a. m. Sunday School
11 a. m. Morning worship.
6 p. m. Intermediate and Young People's BTU.
Wednesday—7:30 p. m. Mid-week Prayer service
Friday—8 p. m. Choir Rehearsal
Cullowhee Methodist
(The Rev. R. T. Houts, Jr., Pastor)
10 a. m. church school.
11 a. m. and 7:30 p. m. Rev. C. Ray Jordan will be the guest speaker.
7:30 p. m. Wesley Foundation

Sylva Presbyterian
Services held in Episcopal church.
11 a. m. Morning worship with the Rev. W. H. Wakefield of Dillingham in charge of the service.
Scotts Creek Baptist
(The Rev. B. S. Hensley, Pastor)
10 a. m. Sunday School.
11 a. m. Morning worship by the pastor.
6:30 p. m. Baptist Training Union
8 p. m. Evening worship.

Tuckasee Baptist
(Rev. Edgar Willix, Pastor)
Sunday School each Sunday at 10 a. m.
Worship service at 11 a. m. and 7:30 p. m. each 2nd and 4th Sundays.
Cashiers Baptist
(Rev. Edgar Willix, Pastor)
Sunday School each Sunday at 10 a. m.
Worship service each 1st and 3rd Sundays at 11 a. m. and 7:30 p. m.

ST. John's Catholic Church
Schedule of Masses
Waynesville, every Sunday 11:00 a. m.
Bryson City, every Sunday 8:00 a. m.
Canton, 5th Sunday 8:00 a. m.
Cherokee, 3rd Sunday 8:00 a. m.
Cullowhee, 2nd Sunday 8:00 a. m.
Fontana Dam, every Sunday 11:00 a. m.
Franklin, every Sunday 8:00 a. m.
Highlands, every Sunday 11:00 a. m.
Sylva, 4th Sunday 8:00 a. m.

Tuckasee Asso. S. S.
Convention Sun., Oct. 12
The Tuckasee Baptist Association Sunday School convention will be held Sunday afternoon, Oct. 12, at the Speedwell Baptist church. The meeting is scheduled to begin at 2:30 p. m. and it is hoped that all the churches of the Association will have representatives present.
A research project, seeking ways and means to reduce costs of feeds by developing and promoting the construction of more efficient marketing facilities, has been approved by the U.S. Department of Agriculture under the Research and Marketing Act of 1946.

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Clyde Erwin Speaks To Group On Saving Resources At Resource-Use Conference
BY AL BOOZE
Our past and present reckless wastage of our human and natural resources, and the urgent need to do something to check that wastage, to reverse the trend and build up our natural wealth, was the theme of a conference on Resource-use education held at Western Carolina Teachers college recently.
"Generations of the past have been largely interested in only their own welfare," said Clyde A. Erwin, superintendent of public instructions in North Carolina, and Chairman of the North Carolina Resource-use Education Commission, principle speaker at the conference. "But now that we realize that our resources are limited we know that we must plan for future generations."
Mr. Erwin reminded the group that all life on this planet is dependent upon a 9-inch blanket of soil, and that it is estimated that we have already wasted half of it. At our present rate of use, he said, most of our important natural resources would be depleted in 300 years.
"If you go east from Cairo, Egypt," he observed, "you will pass the remains of 500 cities, each of which was once great, and each of which is a monument to wasted resources."
"In our own state three cities, Winston-Salem, Greensboro, and High Point, are faced with a shortage of usable water in the near future, and will have to look to the mountains for a supply. The Yadkin river is becoming so loaded with valuable top-soil that it will soon be unfit for use."
He pointed out that our great wheat lands could, by a slight lowering of water level in the soil, become a dustbowl, and that instead of exporting food to hungry nations we could be asking other countries to send us food.
"We have been as unmindful of our human resources as our natural ones," he stated. "Hundreds of thousands of our people suffer disability and death from preventable accidents and sickness. Country shanties and city slums breed frustration and crime. Alcoholism takes its toll."
He said that only through education could we hope to stem the tide, and that it should work, together with technology and capital, to improve the situation.
"There is in man," he declared, "the only evidence of infinity to be found on this earth. If he sets his mind to it, what couldn't he do to give people a fuller, happier, longer life; to improve our land, our forests, our streams; to make our exhaustible resources, such as oil and coal, last longer? He is already reaching into such fields as ocean agriculture and microbe domestication."
William McClothlin, Training and Education Relations Division, T. V. A., addressed the meeting on "T. V. A.'s Stake in Resource-use Education."
"The significance of this meeting," he said, "is that the South is now willing to look objectively at itself, and to do something about the defects it discovers."
He stressed the need of developing Southern resources for the benefits of Southern people. This should be done, he said, by research, and by educating the people in the facts discovered by research.
"Education can be the dead hand of the past," he remarked. "I think we would like to make it the finger pointing to the future. It should put together facts discovered by research, draw conclusions, and find feasible and effective solutions of our problems."
He said that the South is reversing the trend of exporting its competent and ambitious young people. They are finding opportunity at home, and they should

find more.
He explained that there are four areas of resource conservation: research, education, planning, and action. "The South is overcoming its fear of planning in this field," he observed, "and is planning and acting to such an extent that the rest of the United States is looking to it for leadership in this field."
W. E. Bird, dean of the College, speaking on "North Carolina Plans for Resource-use Education," said that the state's program for Resource-use education is "an old concept with a new slant."
He recalled that the first statewide conference on the subject, sponsored by the University of North Carolina in 1944, used material furnished largely by this college. "What we didn't have," he remarked, "We went out and borrowed."
He said that this region became especially conscious of the depletion of its human and natural resources during the recent war, when it could not do its full part in the war.
"We decided," he said, "that Resource-use education should be made a definite part of the education of our children."
Other speakers at the morning session of the conference were Dr. R. L. Weaver, program director, North Carolina Resource-use Education, Commission, who spoke on "North Carolina Plans for Resources-use Education," and Dr. H.T. Hunter, president of the college, who delivered the welcoming address.
In his brief talk, Dr. Hunter emphasized his school's friendliness, sense of responsibility, faith in the people of Western North Carolina, vision, and its "bold, daring, adventurous spirit; its courage to experiment."
The afternoon session of the conference was given over to the making of concrete plans for the future. Dr. J. Henry Highsmith, chairman Resource-use Committee, Public school program, presided. Representatives of extension, forestry, health, welfare, schools, P. T. A., and soil conservation groups took part.
A large committee, made up of persons in the above activities, and under the chairmanship of W. B. Harrill, Director of Public Relations and Personnel at Western Carolina Teachers College, to act as advisor in setting up a program for resource-use education.
Nearly 100 persons attended the conference, including T. C. Robinson, Buncombe County superintendent of schools, and Asheville's superintendent of public welfare, George H. Lawrence.

FOR SALE
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