

Diversification Pays Says Duplin Farmer

After deciding that a one crop system of farming was not sound, R. D. Simmons, Duplin County farmer of Seven Springs, began following a diversified system of farming, and set an example that others might follow.

ty agent for the State College Extension Service, says about the balanced and live-at-home farming program which Mr. Simmons is carrying out.

TORTURES OF NERVOUS INDIGESTION RELIEVED

"Since Taking Retonga I Have Regained My Appetite, My Food Agrees With Me And I Feel Better Than In Years," Declares Miss Hyde. Wants Other Sufferers To Know About Retonga.

"I wish everybody who suffers as I did could see this statement and get the same wonderful relief through Retonga," declares Miss Selma Hyde, well-known resident of 128 Brown St., Anderson, S. C.

"It seemed to me," continued Miss Hyde, "that I suffered distress from indigestion in every form I ever heard about. Often I could not retain anything at all, I had heartburn until my stomach and chest felt like I had swallowed red hot peppers, and severe

pains would shoot through my body. I felt so bloated most of the time that I could hardly breathe, and at night it was often three or four o'clock in the morning before I could get to sleep. I had to depend on salts and hot water for elimination. A walk of two blocks wore me out.

"Retonga gave me astonishing relief. I regained my appetite, my food agrees with me, and I sleep restfully. That high-strung, upset feeling is relieved and so is the constipation. I have regained much strength and energy, and feel better than in years. I wish everyone knew about Retonga."

Retonga is intended to relieve distress due to insufficient flow of digestive juices in the stomach, loss of appetite, Vitamin B-1 deficiency and constipation. Accept no substitute. Retonga may be obtained at Sylva Pharmacy—Adv.

said, adding that most of the feed used in raising these animals is grown on the farm.

Mr. Simmons sold 90 hogs this year for \$4,910, used 7 at home which were valued at \$360, and has 5 sows on hand now with 48 young pigs. During the year, he bought no grain and is now harvesting 50 acres of corn which is averaging 58 bushels per acre. The only feed bought for his hog crop this year was 2 tons of tankage, and 1,000 pounds of fish meal.

Six calves, which were sold this year, brought him \$400, Mr. Weeks said. He maintains a laying flock of 65 hens and is gathering 3 1/2 dozen eggs daily. The male birds from his yearly flock of chicks are eaten at home or marketed locally.

In addition to the 6 acres of permanent pasture on the farm, Mr. Simmons seeded 2 1/2 acres in the spring of this year to a mixture of ladino clover, orchard grass, lespedeza, and red top clover. His cattle, hogs, and work stock get a good portion of their feed from these pastures and interplanted legumes in his corn field. For temporary grazing and a cover crop, he seeds 40 acres of small grain each fall.

The cash crops on his farm this year consist of 15 acres of tobacco, and 9 acres of cotton. A three-year crop rotation is followed which is planned to maintain and build the fertility of the soil, Mr. Weeks said.

SEIZE HAGANAH MEMBERS IN JAFFA



A GIRL AND A YOUNG MAN, members of Haganah, Jewish defense army, clasp their hands behind their heads as ordered by a British armed escort which guards them in Jaffa, Palestine. The Haganah called on Arabs to help bring order back to Holy Land. (International Radiophoto)

FARMERS SHOULD FILE INCOME TAX RETURNS

The beginning of a new year means that income tax reporting time is here, says C. Brice Ratchford, in charge of Farm Management for the State College Extension Service, and farmers along with most other people will have to consider filing their returns.

Many Tar Heel farm families will not have to pay any income tax, Mr. Ratchford said, but the

greater majority of them will have to file a return.

If you are in doubt as to whether you have to file a return, then here is the deciding factor. If the gross income from your farm was more than \$500 during the year, you should file a return. Since all farm expenses may be deducted along with the personal exemptions of \$500 for self, \$500 for wife, and \$500 for each dependent relative, this will mean that a large number of farmers will not have to pay any tax. However, there is a severe penalty for not filing a return.

ARGURA NEWS

Mr. and Mrs. Ira Melton of Sylva and Mr. and Mrs. Early Ashe of Cullowhee spent Saturday night with Mr. Hute Melton and Rev. Sterling Melton.

Mrs. Martha Ammons had dinner Sunday with her daughter, Mrs. Leuey Broom.

Mr. and Mrs. Charlie Parker and two daughters, Maryland and Marvatta, had dinner Sunday with Mrs. Parker's sister, Mrs. V. C. Mittis.

Mr. and Mrs. Alvin Riddon and son of Asheville spent Sunday with Mrs. Riddon's sister, Mrs. Charles Wike.

On Thursday, Mrs. John Watson visited her mother, Mrs. Margaret Alexander of Sylva, who is very ill.

Mrs. Jasper Mathis and son,

Keith, visited Mr. and Mrs. Baxter Mathis and Mr. and Mrs. V. C. Mathis Wednesday.

Mr. and Mrs. Eldon Mathis are spending some time with Mrs. Mathis' parents, Mr. and Mrs. Jute Alexander.

Miss Mozelle Brown was the guest Thursday of Miss Alberta Melton.

Misses Irma Lee and Betty Jo Watson visited Miss Ina Wike Sunday.

New and improved uses of citrus products and the design and construction of a satisfactory press for commercial recovery of juice from peels and other fruits and fruit wastes are the objectives of two research projects recently approved by the USDA to be carried on under the Research and Marketing Act.

Outstanding!

WESTERN BRED

MAKES *Baking a Joy... Eating a Treat*

AT YOUR GROCERS

HERE'S WHY MOST MOTHERS DO THIS

When Children Catch Cold

Warming, soothing relief from distress of colds starts in a hurry when you rub on Vicks VapoRub at bedtime. Because VapoRub penetrates to upper bronchial tubes with its special medicinal vapors... and stimulates skin surfaces like a warming poultice. Then it works for hours to bring relief while the child sleeps! Try it tonight!

AT BEDTIME rub throat, chest and back with Vicks VapoRub. Its relief-bringing action starts instantly to relieve distress...

WORKS WHILE CHILD SLEEPS to bring relief during the night. Often by morning most misery of the cold is gone!

I buy junk of all kinds

Will pay \$1.00 per 100 pounds and up for Mixed Scrap Iron and \$1.65 up for old batteries. Will buy your old Radiators and Metals. Wanted—Old Coins, Bee's Wax and Ginseng.

JACKSON JUNK COMPANY
MACK B. GOSNELL, Owner
1 mile above Dillsboro on river by "Uncle Jim Wells"

Attention Motorists!

BRING YOUR PASSENGER CAR AND TRUCK TIRES IN FOR RECAPPING BEFORE THE STATE INSPECTION WHICH WILL BE HERE SOON

- Our modern equipment is the latest built and we can recap your tires by the Steam Method which gives your tire a smooth tread and the life of a new tire.
- ✦ We are also prepared to give you the new snow or the highway treads at the regular price of all local tire shops

WE HAVE HAD YEARS OF EXPERIENCE IN—
MODERN RECAPPING — SEE US FIRST

Sylva Tire Company

Main Street : : : : : Phone 58

GAY NEWS

Mr. and Mrs. Richard Browning of Sylva were the guests of Mr. and Mrs. Bryant Browning Sunday.

B. C. Jones spent the week-end with his grandparents, Mr. and Mrs. Herman Cabe.

Little Jerry Cope, son of Mr. and Mrs. Leonard Cope, is on the sick list.

Mr. and Mrs. Mann Woodard were the dinner guests of Mr. and Mrs. J. C. Browning Sunday.

Monroe L. Wilson and Wayne Cabe left Sunday for Henderson, where they will take tests for manager of the Five and Ten Cent store.

Mrs. Bryant Browning spent the week-end in Franklin with her daughter, Mrs. Charles Rankin.

Mrs. Elisha Fox has returned from the hospital where she had her tonsils removed.

Misses Ruby and Myrtle Hyatt and Marcilla Bishop have returned to Danville, Va. where they are employed, after spending the holidays at their homes.

Mrs. Cecil Buchanan is improving after being very sick.

Miss Maleta Woodard visited Mr. and Mrs. Leonard Cope Sunday.

Mr. and Mrs. Jim Johnson went to Hazelwood Sunday to visit their daughter, Mrs. Roy Mashburn.

BIRTH ANNOUNCEMENT

Mr. and Mrs. Clifford Lowder of Charleston announce the birth of a daughter, Claudia, on Saturday, January 11, at a Charleston hospital. Mrs. Lowder is the former Miss Myrtle Bowen Brown of Sylva.

UNCLE HANK SEZ

SPEAKING OF DANGEROUS CHEMICALS—LIQUOR AND GASOLINE WHEN COMBINED IS THE MOST DEADLY I CAN THINK OF.



Speaking of cars... have you seen the HUDSON at the BUCHANAN AUTO AND ELECTRIC CO.? If not, you indeed, have a treat in store. These cars are "Powerhouses" for performance and when it comes to style and design... they are unequalled! Drop by our showroom, today.

BUCHANAN AUTO & ELECTRIC CO.

BUICK FIREBALL
VALVE-IN-HEAD OVERFLASH EIGHT

Pay as you drive if you wish

Yours in 48 hours —

New power for your BUICK!

Today's Power, Today's Performance, Today's Zip — for Buicks up to Ten Years Old!

honey into your car and make it young again—give it new power and performance that will get you set for thousands and thousands more carefree miles.

How much does it cost? Not nearly what you'd expect—often less than a comprehensive overhaul. And it's a mighty good investment because it makes your car worth so much more when it comes time to turn it in.

Nice proposition, isn't it? Surely worth talking over. Won't you come in and let us give you all the details?

ENGINEERED Buick PARTS

BUICK CARE KEEPS BUICKS BEST

HOOPER MOTOR COMPANY
MAIN STREET
SYLVA, N. C.