

STATE COLLEGE HINTS TO FARM HOMEMAKER

By Ruth Current
State Home Demonstration Agent
 Raisins, rice, powdered sugar, brown sugar, navy beans, and other such foods which are kept on hand in small quantities, are most easily stored in fruit jars; thus the contents can be seen at a glance. Also, dry foods are kept dry, and moist foods moist.

Here's a trick for taking the shine from the back of trousers and skirts. Sponge the shiny worn place with water containing a little ammonia. Then press with plenty of steam, and when dry, rough up the surface with a piece of emery paper.

If garments are to be sent to the dry-cleaner it is wise to inform the cleaner as to the kinds of spots present. This makes it possible for him to remove the spot before the general dry-cleaning process is used, and eliminates the possibility of any stain becoming "set."

Do This For Child's Cold

COUGHING, MUSCULAR TIGHTNESS OF
Child's Cold

AT BEDTIME Rub on Vicks VapoRub. Its relief-giving action starts instantly...

WORKS FOR HOURS to relieve distress in the night even while your child sleeps!

When you rub it on throat, chest and back, Vicks VapoRub starts right to work to soothe irritation, ease coughing, relieve muscular soreness and tightness. And VapoRub keeps on working for hours in the night to bring relief. Try it!

VICKS VAPORUB

Uncle Bragg Hooper Is 92 Years Old



Editors Note — This is the third in a series of articles on persons in Jackson county who are over ninety years old, by Larry Mull.

Remove the trimming and the headband of old straw hats before cleaning. Then to closely woven straws, like leghorns, Panamas, or Milans, apply a suds of lukewarm soft water and neutral soap, and scrub lightly until they are clean. Rinse thoroughly and lay in the shade to drain for a short time before blocking. For coarse and loosely woven straws, follow the same methods, but use water very sparingly.

Every garment should be on a separate hanger. That keeps it in shape and avoids wrinkles. Hangers which are covered with a rough fabric will keep clothes from slipping and keep shoulders in shape.

Buttons on young children's clothes should be large enough for the child to grasp easily so that he can push or pull them through the buttonholes. Buttons about an inch in diameter are satisfactory.

Health Department To Hold Annual Typhoid Clinics In Schools

In the coming weeks the annual spring Typhoid Clinics will be conducted at the schools by the Health Department. These clinics are available to not only the children in the schools, but also to any adults, in the community. It is recognized that either a series of three doses of typhoid vaccine should be given every three years, or one dose a year to keep an in-

Herald Correspondent.

COWARTS—Mr. Bragg Hooper of Cowarts, a retired merchant and farmer, is 92 years old. Born in 1856, Mr. Hooper will be 93 years old November 20. His vision and hearing is almost perfect, never having to wear glasses to read the Bible and newspapers.

During his days as a merchant Uncle Bragg enjoyed treating every school child in the Caney Fork township who stopped with a bag of candy.

One of Uncle Bragg's special activities is reading a chapter in the "Good Book" daily, referring to the Bible. He usually takes a long hike daily, especially to the little community store where he enjoys chatting with relatives and friends.

Mr. Hooper always welcomes his many Sunday visitors. He attributes his hale and hearty old age to "always wearing enough clothes to keep out the weather." The old adage of "early to bed and early to rise" has long been one that belongs to Uncle Bragg, his erect carriage and alertness proves the statement.

Mr. Hooper has one living child, Ransom E. Hooper of Cowarts, with whom he makes his home. He has seven grandchildren and nine great-grandchildren.

McDowell Music Club To Present Program

The MacDowell music club of Western Carolina Teachers college will present a program of music based on Easter and Good Friday, at the Cullowhee Baptist church Thursday evening at 7:30.

The program will consist of vocal duets, and piano, organ, and vocal solos. The public has been invited to attend.

dividual immunized against typhoid fever, since this immunity wears off quite rapidly. As a dose a year keeps the immunization boosted to a good constant degree, this would seem the simplest procedure.

If parents do not wish their children to receive the immunization when the nurse visits the school to hold the clinic, a note stating this fact should be sent to the child's teacher for the attention of the nurse when she reaches the

school, since otherwise, children whose parents want them to be sure to get the immunization might not, in every case, get their dose. Those unable to attend the clinic when held in their community may get this dose of vaccine at the regular weekly immunization clinic held by the Health Department on Tuesday.

Practically all of the State's small beet crop is grown in the Wrightsboro-Wilmington area.

Easter Seal Sale

The Easter Seal sale, conducted each year under the auspices of the North Carolina League for Crippled Children, is again being sponsored in Jackson county by Sylva Rotary club. The proceeds from these sales will be used toward helping crippled children by supplying corrective shoes, braces, crutches and wheelchairs, by furnishing transportation to and from clinics and hospitals, and to give surgical and convalescent care.

Dr. Harold S. McGuire has been named chairman and will be assisted by the following men in various parts of the county: Jarrett Blythe, Cherokee; Wayne Terrell, Dillsboro; Ralph Sutton and C. A. Hoyle, Cullowhee; Lewis Cannon, Webster; Paul Ellis, A. D. Parker, H. Gibson, M. L. Snipes, and N. R. Beacham, Sylva.

The club has bought 20,000 seals which will be sold through the schools, homes, and business houses.



BOWERS

Easter Values

IN NEW BUILDING

Dress Up - - Have That New Look!

LADIES' DRESSES

Ladies' Dresses for that new Spring Look. Reduced from \$11.95 to . . .

\$9.95

TOPPERS

Ladies' Topper for that new Spring Look in solid colors and plaids . . .

\$17.50 TO \$24.50

LADIES' SUITS

A beautiful line of Ladies' Suits in wool and gabardines . . .

\$24.50

CHILDREN'S SPRING COATS

In pastel colors . . .

\$9.95 TO \$13.90

DRESS SHIRTS

Men's Imperial and Wing Dress Shirts in white and fancy colors broadcloth . . .

\$2.98

FOR THE LITTLE MISS

We have a nice selection of Easter Dresses for the Juniors for . . .

\$3.98 TO \$5.95

MEN'S SLACKS

In wool and gabardine . . .

\$6.95 TO \$11.90

SPORT COATS

For men and boys in the latest style, all wool . . .

\$8.95 TO \$9.95

GIBSON GIRL BLOUSES

Ladies' Gibson Blouses in white, pastel shades and checks . . .

\$3.98



TRULY FINE MONUMENTS

For Truly Fine Monuments See Our Many Designs in Granite Or Marble

SYLVA MARBLE AND GRANITE WORKS

JAMES T. BALES, Owner

We Thank You, Folks!

Our Sale Is Going Over Big

what your doctor wants you to know about

PENICILLIN

PENICILLIN is a mold, much like the molds that grow on bread and cheese. Penicillin does not actually destroy germs and bacteria but inhibits the ability of susceptible germs to grow and multiply.

Penicillin is the recommended drug for a long list of infections of many kinds and varieties — staphylococci, gonococci, streptococci, pneumococci, Gas gangrene, many kinds of wound infections, burns, carbuncles, Vincent's infection, styes, bone infections respond to penicillin. It is recommended in cases of mastoids, sinus, anthrax. It helps prevent secondary infection in tonsil and tooth removal. And there are many other uses.

There are some cases, of course, where penicillin is of no value — the early stages of the common cold, virus infections, malaria, cancer, tuberculosis, infantile paralysis. For, in spite of its reputation as a miracle drug, penicillin is not a "cure-all."

Your doctor prescribes for you the proper type in the proper proportions for your own specific ailment. Never resort to self-dosage of penicillin, nor use up an old prescription. Such self-dosage may be dangerous.

Remember, your doctor is the most important guardian of your health. Follow his directions implicitly. Have his prescriptions filled at a reliable pharmacy.

BUT WE HAVE THIRTY MORE DAYS TO GIVE YOU THE DRUG BARGAINS YOU NEED

Dollar Stationery at only	25 cts.
Dollar Bath Powder at only.....	25 cts.
Quart 89 ct. Mineral Oil 2 Bottles.....	90 cts.
49 ct. Pint Alcohol 2 Bottles.....	50 cts.
Billfolds from \$1.50 to \$5.00.....	50 cts.
Billfold Sets up to \$10.00.....	\$2.00

Don't Forget. Next Sunday is EASTER

It is impossible for us to display all of our Bargains at one time, so what you do not see ask one of our clerks and they will be glad to show it to you.

We have all kinds of Easter Gifts. Our candy department always stays Fresh. Hollingsworth's . . . Whitman's . . . Old Dominion and Gales in beautiful Easter Packages.

For a Real Bargain Visit Our Store At Once

Have you tried one of our Delicious Sandwiches? Come in for your lunch every day. Don't forget the other part of this Ad as you should know exactly what your Doctor wants you to know about Penicillin.

WATCH FOR OUR REAL BIG SALE IN APRIL

Sylva Pharmacy

Your Rexall Store
Phone 27