

# DECISIONS

"To him that overcometh will I give". Rev. 2:7.

"To every man there openeth a way. And the high soul takes the high road, And the low soul takes the low, And in between on the misty flats The rest drift to and fro; But to every man there openeth A high way and a low, And every man decideth The way his soul shall go."

Each of us belong to one of the three groups: those who climb, those who drop, and those who drift.

Those who climb seek the best, are aspiring, face the summit and storm the heights. They are not discouraged by petty grievances. They press onward and upward. High standards and ideals are their

goals. There are those who drop to the level of base desires, and become the creatures of their lusts. They are without ideals and aspirations but they have appetites and passions and to glut these they are willing to go to the very depth of hell. They love dirt, wallow in the filth of the earth and say they enjoy life. Righteousness makes no favorable impression on them.

Also, there are those who drift. Who neither seek nor shun, but tamely submit. They feel no responsibility and lack self discipline. Their dwelling place is the misty flats. Their heaven is to be neither one nor the other—just between. Their god is a crowd. They move with the wind and are like ashes which the wind driveth away.

Why do some climb, some fall and other just drift? All are made after God's image and dwell together in the same world. Some prefer the high road, others the low and others no road at all. Why? The answer is not easy but the fact is inescapable. The best things are high up and often hard to get. It takes a fight to win. "To him that overcometh will I give."

To him that overcometh, not to him that is overcome. "I will lift up mine eyes unto the hills from whence cometh my help". "He bringeth them up into an high mountain—and was transfigured before them." "And seeing the multitudes, he went up into a mountain, and when he was set, his disciples came to him, and he opened his mouth and taught them, saying, Blessed, blessed, blessed." When God has anything to say he calls us up to the high road to receive it. To reach the high road is not easy. It is reached only by way of the Cross of Christ and that through sacrifice and suffering. The heights are open to all, so are the depths and so are the swamps. God calls man upward. Follow after God's way and walk the high road to a full life.

W. H. WAKEFIELD

This year's cotton crop, estimated at 710,000 bales, will be the largest the State has produced since 1944.

## Does Food Form A Sour Mass In Your Stomach?

Thousands Praise Retonga For Promptly Relieving This Common, Agonizing Distress

When you eat, does your food seem to form a sour mass in your stomach, make you feel heavy and full? Does terrific gas pressure build up and press up against your chest with such force that it seems to cut off your breath at times? Thousands of men and women who suffered those tortments for years have found wonderful relief in Retonga.

Retonga is the famous gastric tonic that is compounded of carefully selected extracts from many of nature's medicinal roots, herbs, and barks, skillfully blended with valuable Vitamin B-1.

Retonga is intended to relieve distress due to insufficient flow of vital digestive juices in the stomach, loss of appetite, borderline Vitamin B-1 deficiency, and constipation.

Why go on suffering untold distress from sour stomach and excess gas when relief may be as near as your drug store?

Retonga is sold with this original money-back guarantee: If the first bottle fails to bring you gratifying and satisfying relief, its small purchase price will be cheerfully refunded. You and you alone are the judge. You can get Retonga at Sylva Pharmacy.—Adv.

### If Stuffy Nose Spoils Sleep Tonight

DO THIS to make breathing easier.

A little Vapo-rinol in each nostril quickly opens up nasal passages to relieve stuffy, persistent congestion, restores restful sleep. Relieves stuffy, stuffy distress of head cold, influenza, sinusitis in the passages.

### VICKS VAPORUB

## Services at The Churches

### Sylva Methodist

(The Rev. W. Q. Grigg, Pastor)  
Sunday school will meet at 10 a. m. Gudgey Crawford, superintendent.  
11 a. m. Morning Worship. Sermon by the pastor, "The Deep Places of God."  
6:30 p. m., Youth Fellowship.  
Wednesday 7:30 p. m. Choir Rehearsal.

### Sylva Presbyterian

(The Rev. W. H. Wakefield, Pastor)  
Services held in Episcopal church.  
10:00 a. m. Sunday School, M. C. Cunningham, superintendent.  
11:05 a. m. Morning worship with the pastor using for his sermon subject, "God Before and Behind His People."  
7:00 p. m. Evening Worship in charge of the pastor. Sermon subject, "Our Damascus Roads."

### Sylva Baptist

(The Rev. C. M. Warren, Pastor)  
Sunday school at 10 a. m., Mr. Carl Corbin, Supt.  
11 a. m. Morning worship. The sermon subject of the pastor will be "My Lord and I." Psalms 139.  
B. T. U. at 6:30 p. m. Miss Hattie Hilda Sutton, Director.  
7:30 p. m. Evening Worship. Sermon subject, "The Christian Dynamic." Heb. 11:1-10.  
Tuesday 7:30 p. m. Prayer meeting.

### Cullowhee Baptist

(Rev. Chas. B. McConnel, Pastor)  
9:30 a. m. Sunday School  
11 a. m. Morning Worship.  
Evening program:  
6:30 Training Union  
7:30 Worship Service.  
Wednesday—7:30 p. m. Sunday school lesson pre-view.  
Friday, 7:00 p. m. Choir Rehearsal.

### Cullowhee Methodist

(The Rev. R. T. Houts, Jr., Pastor)  
10 a. m. Sunday school.  
11 a. m. Morning Worship.  
6:30 p. m. Fellow Supper.  
7:30 p. m. Vesper Service.

### Buff Creek Baptist

(Rev. Edgar Willix, Pastor)  
Sunday School each Sunday at 10 a. m. S. S. Supt. Charlie Parris.  
Worship service each 1st and 3rd Sundays at 11 a. m. and 7:30 p. m.

### East Sylva Baptist

(Rev. E. W. Jamison, Pastor)  
10 a. m. Sunday School. DeWitt Beasley, S. S. Supt.  
11 a. m. Morning Worship.  
6:30 p. m. B. T. U. James Jones, director.  
7:30 p. m. Evening Worship.  
Wed. 7 p. m. Choir Practice.  
Wed. 7:30 p. m. Prayer Meeting.

### Wesleyan Methodist

(Rev. Gertrude Farmer, Pastor)  
10 a. m. Sunday School.  
11 a. m. Morning Worship.  
8 p. m. Evening Worship.

### Webster Baptist

(The Rev. W. C. Deitz, Pastor)  
10 a. m. Sunday School.  
11 a. m. Morning Worship. Sermon subject, "Christ's Imperative."  
7:00 p. m. Evening Worship. Sermon subject, "Precious Things."  
Wed. 7:00 p. m. Prayer Service.

### Scotts Creek Baptist

(The Rev. B. S. Hensley, Pastor)  
10 a. m. Sunday School.  
11 a. m. Morning Worship by the pastor.  
6:30 p. m. Baptist Training Union.  
8 p. m. Evening Worship.

### Glenville Baptist

10:00 a. m. Sunday School; Sam Fisher, Superintendent.  
11 a. m. Morning worship.  
7 p. m. B. T. U.  
8 p. m. Evening worship.

### Lovedale Baptist Church

(Rev. G. E. Scruggs, Pastor)  
10 A. M. Sunday School.  
11 A. M. Worship Service.  
7:30 p. m. B. T. U.  
8:00 p. m. Worship Service.

### Tuckaseegee Baptist

(Rev. Edgar Willix, Pastor)  
Sunday School each Sunday at 10 a. m. Supt. Junnie Hooper.  
Worship service at 11 a. m. and 7:30 p. m. each 2nd and 4th Sundays.

### Wilkesdale Baptist

(Rev. Jarvis Underwood, Pastor)  
10 a. m. Sunday School  
11 a. m. Worship Service.  
6:30 p. m. B. T. U.  
7:30 p. m. Evening Worship

### The Church of God

(Leonard O. Prosser, Pastor)  
10:00 a. m. Sunday School  
11 a. m. Morning Worship  
7:30 p. m. Evening Worship  
Tues. 7:30 p. m. Prayer Meeting  
Fri. 7:30 p. m. V. P. S.

## STATE COLLEGE HINTS TO FARM HOMEMAKER

By RUTH CURRENT  
State Home Demonstration Agent  
Before remodeling old garments DO:  
Rip—don't tear or cut an old garment apart. A few inches saved may mean much in remaking the garment.  
Wash and press each piece before remaking.  
Save all snaps, zippers, and buttons, to be used as needed.  
Reverse material if possible, as it is likely to be less worn on the opposite side.  
Do forget as much as you can how the old garment was made, to increase your pleasure in the new one.

The addition of a stick of cinnamon or a slice of lemon or orange give a pleasant flavor to stewed prunes.

The addition of a thin slice of lemon with the rind to soup stock before clearing it will develop a delicious flavor in the finished soup.

To produce a flavor that is refreshingly different, place a little applesauce and a few celery leaves on top of roast pork after it is well-browned, and let them cook with the roast.

If desired, slits may be made in the pork roast and pieces of raw apple and raw prunes inserted; this, too, produces an excellent and unusual flavor.

To extract onion juice, cut a slice from the bottom of the onion, invert over a lemon squeezer and twist. Thus it is possible to secure any desired quantity of onion juice.

### M. Y. F. Membership Drive At Love's Chapel

Members of the M. Y. F. of the Love's Chapel Methodist church are making a special effort to increase their membership and attendance. They have taken up

## HOSPITAL NEWS

Robert Jenkins, Bryson City, son of Mr. and Mrs. W. W. Jenkins, recovering from appendectomy.  
Mr. Charles E. Smith, Sylva, recovering from minor operation.  
Mrs. Earl Watson, Cullowhee, receiving treatment.  
Mr. Kenneth Mashburn, Bryson City, is improving.  
Mrs. Jack Cordell, Whittier, is remaining for further treatment.  
Mrs. Homer Frady, Cullowhee, is recovering from major operation.  
Master Jack Galloway, three year old son of Mr. and Mrs. Terry Galloway, Cullowhee, is receiving treatment.  
Mr. Robert Hall, Dillsboro, is in for treatment.  
Mrs. Ora H. Dougherty, Bryson City, is recovering following accident.  
Mr. Harry Newfield, Miami, Fla., is improving.  
Mr. and Mrs. Charles Anthony, Bryson City, announce the birth of a son, Oct. the 17th.

## Singing School Held At Tuckaseegee Baptist Church

Vernon Hoyle, president of the Jackson County Singing convention, held a two-weeks singing school at the Tuckaseegee Baptist church recently. A large crowd attended each night, and it is believed that much was accomplished during the school to improve the singing of the church.

## Singing To Be Held At Yellow Mtn. Baptist Church

On Sunday, Oct. 24, there will be an all-day singing convention at the Yellow Mountain Baptist church. All singers are urged to come and everyone is invited to come and enjoy a day of good singing.

several new projects that might help to get more members to become active. Plans for the Thanksgiving and Christmas season will be made in the near future and it is hoped that a large number may participate.

## Lovedale Baptist Installs New Heating System

The Lovedale Baptist church recently installed a new heating system which was enjoyed for the first time Sunday. It is a hot air, coal burner, automatic controlled system. The church has a large auditorium and nine class rooms heated by this system. The Rev. G. E. Scruggs is the pastor of this church.

## NOTICE

The Farmers Home Administration office has been moved from the Legal Building to the Allison Building. It is now located over the Professional Drug Store in the same office previously occupied by attorney Dan K. Moore.

During the last five years the farmer's share of the consumer's food dollar has ranged from 50 to 55 cents. In 1935-39 it averaged 40 cents.

# STOP .. LOOK ... LISTEN

## FOUR COLORED GOSPEL CHOIRS AND THE SONS OF SONGS QUARTET

— a feature of —

W.W.N.C., ASHEVILLE, N. C.

Under the Auspices of the Rev. J. W. Davis will be presented in

### HOEY AUDITORIUM

At Western Carolina Teachers College

## OCTOBER 24 - 3 P. M.

For the Benefit of

### MAZIE CHAPEL AND MT. ZION A.M.E. ZION CHURCHES

The white people of Cullowhee, Sylva and Jackson County, as well as the colored, are invited.

# NEW DEMANDS

48 hours pay for 40 hours work  
Penalty pay for weekends & holidays  
25¢ an hour increase  
Total 1 1/2 BILLION DOLLARS

SOARING COSTS WAGE INCREASES

# 1 1/2 Billion Dollar Road Block!

RAILROADS MUST OPERATE around the clock every day and night of the year.

Although they know this, leaders of 16 railroad unions are demanding a five-day, Monday through Friday, week for one million railroad employees.

They want 48 hours pay for 40 hours work—in itself a 20% wage increase.

They also demand a minimum of 12 hours pay for any work performed on Saturdays, and 16 hours pay for any work performed on Sundays and holidays.

On top of all this they want an additional increase of 25c an hour for every employee!

**You'd Pay the Bill!**

Summing up these demands, they mean that these union leaders seek to force the railroads to give one million employes an annual raise which would average \$1500 per employe!

The total cost of this would be no less than 1 1/2 billion dollars per year, which is more than twice the expected net income of the railroads this year.

You'd pay the bill, because if these increased costs are forced on the railroads, they must have still further rate and fare increases.

### Demands Unreasonable

These employes have had substantial raises during and since the war. Their average weekly earnings are higher than the average weekly earnings of workers in manufacturing industries. They have more job security than the average worker in American industry. They also enjoy paid vacations, a retirement system and other advantages more generous than the average worker receives.

In contrast with the demands of these 16 unions, which add up to the equivalent of 48c an hour, the Conductors and Trainmen recently settled their wage request for an increase of 10c an hour.

### Railroads Run for Everybody—Not Employes Alone

The railroad industry must serve not one but many groups—producers, businessmen, shippers, passengers and the general public—night and day, every day of the year. These unions are proceeding in utter disregard of this important difference between railroads and other industries. Industrial plants can be shut down over weekends and holidays, but freight, mail, express and passengers must continue to move. Everybody who enters railroad employment knows this.

### Strike Threat

On September 18, 1948, the leaders of these 16 unions began taking a strike vote. But the threat of a strike will not alter the opposition of the railroads to such unreasonable demands!

## SOUTHEASTERN RAILROADS

We are publishing this and other advertisements to talk with you at first hand about matters which are important to everybody.

# The CROWNING FEATURE of Every OCCASION

## Princess Pet ICE CREAM

The next time you're having Ice Cream for your family or guests -- give them a royal treat! Serve them the new, de luxe Ice Cream packed in the Orchid Carton, stamped with the Crest of Quality. Princess Pet Ice Cream... the richest, creamiest, most delicious Ice Cream you've ever tasted! Made only of daily fresh whole milk, daily fresh sweet cream and delicate natural flavorings -- Princess Pet Ice Cream is for those who want the very finest!

Whether you like Vanilla, Chocolate, Strawberry, Buttered Pecan, or the flavor of the month -- Chocolate Marshmallow Sundae -- ask for Princess Pet in the Orchid Carton, stamped with the Crest of Quality!

FAST! FRESH CREAM  
Princess Pet ICE CREAM