

The Kitchen Cabinet



THE sickroom should contain only two chairs; a very comfortable one for the nurse and a very uncomfortable one for visitors who stay too long.

HELPFUL HINTS.

The grated rind of oranges makes fine flavoring for cakes and fillings. If dried it will be nearly as good.

Add a tablespoonful of vinegar to tough chicken or any stewed meat; the flavor will not be noticed and the vinegar will soften the tough fibers of the meat.

Nice buttons should never be left on a shirt waist that is sent to the laundry, or even done at home. Boiling does not improve the luster of a handsome button.

For those of the many housewives who have to depend on inferior cream, the use of viscogen is a boon. Viscogen is not found in the store, but is easily made, and if kept in the dark will keep for years.

The resourceful woman has learned that by adding to her work she lessens it, that is by preparing a larger quantity of food that is keepable, which takes no longer than to prepare a small amount, she saves herself much work.

Spices for favoring soup, called a "soup bag," are made with three cloves, six pepper corns, four mustard seeds, three branches each of parsley, thyme and basil, a fourth of a teaspoonful of celery seed. Tie all these in a round of cheesecloth.

On the days when the work is lightest is the time the forehand woman provides for the future, getting raisins ready for cakes or pudding, breaking the macaroni and grating the cheese, so that it may be quickly prepared when the time for it comes.

When using a thin cream which refuses to whip, add a fourth of a teaspoonful of the viscogen to three-fourths of a cup of cream; stir well while adding, and then whip as usual. The results will well repay one for the trouble of making the viscogen.

To make viscogen dissolve five ounces of sugar in ten ounces of water. Add six ounces of cold water to two ounces of quicklime, and let it gradually slake, then strain through a fine sieve, and combine the two liquids and shake occasionally for two hours. Set the mixture aside to settle, then pour off the clear liquid. Store in small bottles with tight corks, as the liquid absorbs carbonic acid from the air, which darkens it and reduces its strength.



OR every evil under the sun, there is a remedy, or there is none.

DISHERS SEASONABLE.

A most delicious way of serving strawberries is to hollow out a sufficient number of popovers, and fill them with sweetened strawberries; roll or sprinkle with powdered sugar and serve with cream.

Eggs, With Cheese Sauce and Asparagus—Cover four eggs with boiling water (at least two quarts), cover closely and let stand on the back of the stove for half an hour. Chill the eggs and remove the shells, then cut in quarters lengthwise. Have ready eight rounds of hot buttered toast; set two pieces of egg on each and dispose them in a circle on a hot plate. Set a bunch of hot boiled asparagus tips in the center and pour a part of a cup of hot cheese sauce over the eggs. Serve the rest of the sauce separately.

Cheese Sauce.—Melt two tablespoonfuls of butter, add two of flour, salt and pepper, then add a cup of milk and cook until thick. Add a half cup of grated cheese, and when it is melted the sauce is ready to serve.

Dates Bread.—To one cup of scalded milk cooled, add a half of a compressed yeast cake which has been softened in a fourth of a cup of water; add half a teaspoonful of salt, a fourth of a cup of molasses or sugar and one cup of well-cleaned dates chopped rather coarse, two cups of whole wheat flour and enough white flour to make a dough that may be kneaded. Put all the ingredients into a bowl, using a knife to mix with, adding flour as needed. When light shape into a loaf and when light again bake an hour.

Mushroom Salad.—Small or button mushrooms should be used for this. Remove the outer skin and most of the stalk, drop them into boiling salted water and boil gently for two minutes. Remove them on to a cloth. When cold, sprinkle with pepper, salt and chopped parsley. Pile in a salad bowl and cover with French dressing; one part vinegar to three parts oil and salt and pepper to taste.

Maple Sirup Sandwiches.—Boil a cup of maple sirup, half a cup of

GREAT PIECE OF LUCK. An English laboring man took a messant into Christie's art rooms in London the other day and was astonished to be told that it was worth \$1,750. It was the "Children Bathing" of J. Ward, a famous eighteenth-century engraver and painter.

Mischievous Anger. Our anger and impatience often prove much more mischievous than the things about which we are angry or impatient.—Marcus Aurelius.

Secret Is Like a Bird. A secret in his mouth is like a wild bird put into a cage; whose door is sooner opened, but it is out.—Ben Jonson.

Say Farewell to Cares. Quick is the succession of human events; the cares of today are seldom the cares of tomorrow; and when we lie down at night we may safely say to most of our troubles: "Ye have done your worst, and we shall meet no more."—Cower.

Little Used Roman Numbers. Ten thousand in Roman numbers is denoted by the letter X with a dash over it; or it may be written two C's and an I followed by two inverted C's. One hundred thousand is indicated by a C with a dash over it, or three C's, and an I followed by three inverted C's.

Under the old law men swore by heaven which is God's throne, by Jerusalem which was his peculiar chosen city. They swore by the head and yet they could not change one hair white or black. Jesus contrasts all of this with his new kingdom in which absolute simple veracity in our speech is all that is to be required.

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chopped dates, half a cup of blanched almonds, and half a cup of diced pineapple. Let cook gently for eight minutes. Take from the fire and add a tablespoonful of crushed maple sugar. Spread bread and butter with this mixture.



WHAT would the world be to us if the children were no more? We should dread the desert behind us. Worse than the dark before.—Longfellow.

LUNCHEON AND SUPPER DISHES.

A delicious dessert for luncheon or a supper cake is prepared by using small sponge cakes baked in gem pans, cut open and filled with sweetened and flavored whipped cream. Squares of sponge cake may be used with the whipped cream on top.

A beautiful and dainty salad is strawberry and lettuce with mayonnaise. In a nest of blanched lettuce leaves arrange a few berries and a tablespoonful of mayonnaise made without using mustard.

For a variety, a poached egg on buttered toast, the butter to be mixed with anchovy paste, is a pleasant change.

Liver Soup.—Take a half pound of cold cooked liver and grind it in a meat chopper. Fry one onion sliced in two tablespoonfuls of butter and add the liver. Add a cup of dry and sifted bread crumbs, season with salt, pepper and add a quart and a half of stock. Thicken with the yolk of egg after straining.

A delicious dessert and one that is simple and quickly prepared, is made as follows: Butter several slices of bread, lay in a baking dish and sprinkle over it a generous layer of fresh rhubarb, some sugar and another layer of buttered bread and rhubarb; add a little water and bake for a half hour. A meringue may be added to the pudding if desired to make it a little more dainty.

Fruit Soup.—Take two-thirds red raspberry juice and a third currant juice, sweeten and thicken with arrow root or cornstarch, and cool. Serve with shredded almonds.

Apple, pear or peach soup is delicious, the fruit put through a sieve, sweetened and thickened with arrow root.

HERE'S never a burden so heavy That might not be heavier still; There is never so bitter a sorrow Than that our cold could not fulfil.

A FEW SALADS. Delicious salads to serve with roast meats or at a luncheon of bread and butter: Prune and Pecan Nut Salad.—Soak a quarter of a pound of prunes over night in cold water, then cook on the back part of the stove until tender, no longer; the water should be evaporated by that time. When cold, cut from the stones in lengthwise pieces. Cut pecan meats in slices and mix with olive oil and lemon juice, salt and red pepper. Turn over lettuce and serve.

Apple and Date Salad.—Peel and core three choice apples and cut them in match-like pieces; there should be about a pint. Squeeze the juice of half a lemon over the apple. Pour boiling water over half a pound of dates, skin out and dry in the oven. When cold, cut each date in four pieces, rejecting the stones; sprinkle with a fourth of a teaspoonful of salt and four tablespoonfuls of olive oil. Mix the apple and date and set aside in a cool place for an hour. When ready to serve add more oil and lemon juice if the mixture seems dry. Serve in a bowl lined with blanched heart leaves of lettuce.

Pineapple Salad.—Shred one pineapple, add half the amount of white grapes skinned and seeded, an equal quantity of celery cut in small pieces and half a cup of brazil nuts peeled and sliced in small pieces. Moisten with mayonnaise and serve on lettuce leaves garnished with cherries.

Oranges peeled and sliced placed on a bed of crisp watercress and served with French dressing is a most delectable salad to serve with a duck dinner.

Tomato and Nut Salad.—Scoop out the centers of a half dozen tomatoes; to the drained pulp add equal amount of chopped walnuts and a fourth of a cup of chopped green peppers. Serve with mayonnaise dressing. Fill the shells and garnish with mayonnaise.

But none of the ransomed ever knew How deep were the waters crossed, Nor how dark was the night that the Lord passed through Ere He found His sheep what was lost."

But there is a ray of hope in the story—the promise of a Redeemer: "I will put enmity between thee and the woman, and between thy seed and her seed; he shall bruise thy head, and thou shalt bruise his heel."

In the olden days in the English house of parliament it was customary at the close of the night's session for a man from any of the outlying districts to appear with a lighted lantern, and calling out his own name and district, to say as he swung aloft his lantern, "Who goes home tonight?"

Who goes home tonight? So amid the darkness cast by this early human tragedy, I lift up the light of the Gospel, warning you of awful and permanent results of a life of sin, but assuring you of God's wonderful love and mighty power, and calling to you, my fellow pilgrims, "Who goes home tonight?"

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It is a literal fact that the truthful man is he who usually exemplifies all the other virtues and we cannot emphasize too strongly that no gentleman swears. Profane men are of three classes; those who are thoughtless, those who are ignorant of language and have a paucity of expressions at their command, and those who use profanity to emphasize a lie, and generally the greater the lie the more and stronger the oaths. We must not forget, however, that by our silence we may bear false witness and that a positive obligation rests upon us to speak words of praise, commendation, and comfort, that is nearly, if not quite, as emphatic as the negative admonition to keep silence.

God's First Question

By Rev. Parley E. Zartmann, D.D., Secretary of Extension Department Moody Bible Institute, Chicago

LESSON FOR MAY 26. TRUTHFULNESS.

LESSON TEXT—Matt. 5:20-27; James 5:1-12. GOLDEN TEXT—"Putting away falsehood, speak ye truth each man with his neighbor; for we are members one of another."—Eph. 4:25.

This is God's first question so far as we have any record. He is the great questioner, and a study of his interrogations is most instructive. Sometimes he asks a question to awaken us, sometimes to discover to us our greatest need, sometimes to encourage our wavering faith, and sometimes to give us a greater confidence in himself.

This first question occurs in the first great tragedy of the human race. It began with the devil's insinuating question arousing doubt in the mind of Eve, and ended, so far as Adam and Eve were concerned, with their expulsion from the Garden of Eden.

1. Environment is not proof against temptation. The story of Eden is the unfulfilling and satisfactory answer to that theory. Sometimes the greatest sinners have the least excuse for their misdeeds. Thank God we have a Gospel, and a Savior, and a grace which can make the foulest clean, and which is equally effective in the case of the most cultured and refined.

2. Eve was doomed as soon as she began to discuss the matter with the serpent. Had she said "Get thee behind me, Satan," what misery would have been averted the human race.

3. Self-deceit is an early step toward ruin. When Eve was trying to convince herself that her sin was pleasant, she opened the door to a troop of evil thoughts, and made sin's progress easy.

4. One sinner helps to make another. It is bad enough, and sad enough, that our sins entail suffering and misery on ourselves, but how much sadder is it that in going down we take others with us.

Adam and Eve had to choose, and they made a wrong choice. God pity them, and pity us, for wrong choice is sin. The greatest lesson of the tragedy is that sin always defeats the purposes of the soul. "There is a way which seemeth right unto a man, but the end thereof are the ways of death."

Results of Sin. 1. Shame and fear. "And the man and his wife hid themselves from the presence of God." It is always so with the sinner, and there are two reasons for this—God's holiness and man's sinfulness. No hiding will not cover sin nor end it, and continuance in sin ultimately brings a harvest of shame and fear. Though you may hide behind false hopes, though you offer a thousand excuses for your transgression, though you boast of your self-righteousness, though you blame your environment for your sin, God hunts you out and says "Where art thou?"

Are you ashamed of your sinful condition, and are you afraid of God? There is only one end to the misuse of Eden and that is: 2. Separation and isolation. This is sin's worst effect. It sent the prodigal into the far country, and cast him off from his father's house. Finally sin separates us from the holy, and isolates from heaven. "For know ye not that the unrighteous shall not inherit the kingdom of God, he not deceived; neither fornicators, nor idolaters, nor adulterers, nor effeminate, nor abusers of themselves with men, nor thieves, nor covetous, nor tricksters, nor revilers, nor extortionists shall inherit the kingdom of God."

These two things make hell. For we can think of no worse condition than the conscious shame and fear, and the eternal separation and isolation of the soul. "Where is hell?" he said, "At the end of a Christmas life." But that whole life has all these characteristics.

On to have no hope in Jesus How dark this world must be. The best part of the story is left until the last. The question really shows us God's heart. He is not a policeman hunting us out that he may punish us, but a loving father, sad without us and loving us with an everlasting love. He is seeking us with his mercies, by the wooing of the spirit, by the ministry of the Gospel, by the providences which surround our lives, by a thousand things which tell us of God, and heaven, and eternity. Who can tell all that is meant by God as a seeker, going after the erring one and saying, "Where are thou?" The sinner is the lost sheep.

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Should Be Swift to Hear. "Be not many teachers." Now we turn to a paragraph from the Epistle of James which has its peculiar value and interest as showing the difficulty of mastering the tongue. In the church of Christ there must of necessity be a great many more disciples (learners) than teachers. Every man should be swift to hear, but the position of teacher carries with it such a burden of responsibility that no one should audaciously assume it, see Eph. 4:11, etc. With this responsibility is also a correspondingly heavier judgment if we stumble. He that stumbles not in teaching, in the use of his tongue, is indeed a perfect man and one that is able to bridge the whole body; to guide the ship of life, of state, and of the church, amidst the fiercest storms.

"The tongue is a fire." It is indeed for it inflames with anger the whole body, the family, society and the nation. History is ablaze with the configurations that are a consequence of untimely words and of unbridled tongues, Prov. 16:1, etc. The tongue giving utterance to the thoughts of the heart (for out of the abundance of the heart it speaks), will inflame lust, wither purity and consume strength. It fires jealousy and burns the sweet bonds of friendship. It will sever the ties of home, burn away the foundations of character, of commercial integrity, social purity and destroy the bonds of civic righteousness. It is indeed "a world of iniquity among our members." Let us quote from Dr. K. A. Torrey: "The fires of hell are kindled by idle words that set men thinking wrong about God and sin and Christ and the Bible. Men usually careful in handling fire are careless about the tongue. Whence come the words that inflame the imagination and the passions? Whence come the words that undermine faith and the credibility of the Bible? If any man question James' words that 'the tongue can no man tame' he has evidently never tried it himself." This does not mean, however, that the tongue can not be tamed, for what is impossible with man is possible with God. James draws a truthful picture of the untamed tongue and of its evil consequences. He shows us that it has proved a physical, moral, spiritual eternal death to the whole circle of life. He also draws attention to another alternative, for with the tongue we may also bless God. James is the most intensely practical of the New Testament writers, and when he alludes to the sixth commandment he strikes at the root of the whole matter.

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INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. BELLEBOS, Director of Evening Department, The Moody Bible Institute of Chicago.)

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In this lesson Jesus makes a still further application, or rather gives us another illustration of the righteousness of his new kingdom, which must be greater than that taught by the Pharisees. We have studied the sacred relations of the righteous life, now we are to consider the matter of truth. We have first a paragraph from Jesus, then an ethical teaching and application from the writings of James the apostle.

Under the old law men swore by heaven which is God's throne, by Jerusalem which was his peculiar chosen city. They swore by the head and yet they could not change one hair white or black. Jesus contrasts all of this with his new kingdom in which absolute simple veracity in our speech is all that is to be required.

This makes all oaths profane. When men live in these new relations, with this new consciousness of God they will speak the truth naturally and of necessity. To such there will be no need for any form of speech or oath, for the only necessary speech will be the only satisfactory and the altogether satisfactory medium of giving and of creating assurance. How about oaths in court? Jesus is speaking to the members of his new kingdom. He tells them ye and nay is sufficient, but as between them and others we must adjust ourselves and therefore we do not read into this admonition not to take an oath in court.

Should Be Swift to Hear. "Be not many teachers." Now we turn to a paragraph from the Epistle of James which has its peculiar value and interest as showing the difficulty of mastering the tongue. In the church of Christ there must of necessity be a great many more disciples (learners) than teachers. Every man should be swift to hear, but the position of teacher carries with it such a burden of responsibility that no one should audaciously assume it, see Eph. 4:11, etc. With this responsibility is also a correspondingly heavier judgment if we stumble. He that stumbles not in teaching, in the use of his tongue, is indeed a perfect man and one that is able to bridge the whole body; to guide the ship of life, of state, and of the church, amidst the fiercest storms.

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Fitting for the Occasion. "You need to put more ginger in your dinner stories." "How would Jamaica ginger do?"

FOR COLDS AND GRIP. Eliza's CAPSULES is the best remedy—relieves the aching and feverishness, cures the cold and restores normal conditions. It's liquid—effects immediately. 10c., 25c., and 50c. At drug stores.

The man who hesitates may win by watching other's loss. Gardfield Tea helps clear a muddy complexion, dispel foul breath and sweeten the temper. Never exaggerate your faults; your friends will attend to that.

A Surmise. "That," said the musician, "is a Stradivarius. It is worth thousands." "Hi!" replied Mr. Comroz, rather wearily. "I suppose music is something like the drug business. Things cost more when you call 'em by their Latin names."

THE DREAFFUL DISEASE MALARIA quickly cured by that wonderful remedy Eliza's Balm. "The result has been an absolute cure to me, and it affords me the greatest pleasure to recommend 'Balm' to all who are suffering from that dreadful disease known as malaria."—Clarence Elmo Ergood. Don't suffer from chills & fever, ague or grippe when you can get prompt relief. Eliza's Balm, 50 cents. All druggists, or Klocewski & Co., Washington, D. C.

Special Status. "Why does that fellow put on so many airs among his companions?" "Cause he's near-society, he is. He was once run over by a multi-millionaire's motor car."

A Confession. Started by convincing evidence that they were the victims of serious kidney and bladder trouble, numbers of prominent people confess they have found relief by using KURIN Kidney and Bladder Pills. For sale by all medicine dealers at 25c. Burwell & Dunn Co., Mrs., Charlotte, N. C.

The Difference. "Pop, will you tell me one thing?" "Yes, son." "Is a mobile continuation the same thing as the auto face?"

Use Allen's Foot-Ease. The antiseptic powder to be shaken into the shoes for tired, tender, smarting, itching, swollen feet. It makes your feet feel soft and makes walking a Delight. Sold everywhere, 25c. For free trial package, address Allen S. Olmsted, Le Roy, N. Y.

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BACKACHE AND ACHING JOINTS.

Together Tell of Weak or Disordered Kidneys. Much pain that masks as rheumatism is due to weak kidneys—to their failure to drive off uric acid thoroughly. When you suffer aching, bad joints, backache, too, with some kidney disorders, get Doan's Kidney Pills, which have cured thousands.

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"When Your Back Is Lame, Remember the Name—DOAN'S." 50c all stores. Foster-Milburn Co., Buffalo, N. Y.

BUT WOULD SHE HEAR IT?



Ella—Our new minister has a perfectly lovely voice. Stella—Yes. It would be worth while to die just to hear him read the burial service.

PHYSICIAN ADVISES CUTICURA REMEDIES. "Four years ago I had places break out on my wrist and on my shin which would itch and burn by spells, and scratching them would not seem to give any relief. When the trouble first began, my wrist and shin itched like lightning. I would scratch those places until they would bleed before I could get any relief. Afterward the places would scale over, and the flesh underneath would look red and feverish. Sometimes it would begin to itch until it would wake me from my sleep, and I would have to go through the scratching ordeal again. My physician pronounced it "dry eczema." I used an ointment which the doctor gave me, but it did no good. Then he advised me to try the Cuticura Remedies. As this trouble has been in our family for years, and is considered hereditary, I felt anxious to try to head it off. I