

ALMOST A MIRACLE.

Raised Up When Science Said There Was No Hope.

C. W. L. Nesbitt, Main St., Marion, Ky., writes: "I was a chronic invalid with kidney troubles and often wished death might end my awful sufferings."

Secretions were thick with sediment, my limbs were swollen and right side so nearly paralyzed I could not raise my hand above my head.

When Your Back is Lame, Remember the Name—DOAN'S. 50c. all stores, Foster-Milburn Co., Buffalo, N. Y.

A small boy, whose face is always clean may not realize what he is missing.

For costiveness and sluggish liver try the unrivaled herb remedy, Garfield Tea.

There's music in the squall of a baby—to its mother.

When Your Eyes Need Care Try Murine Eye Remedy. No Smarting—Feels Fine—Acts Quickly.

Babies at Half Price. Little Bessie and her mamma were doing the sights of the town.

"Oh, do let us go in, mammy," said the little one, "and buy a baby, now they're so cheap!"

A Quarter Century Before the public, Over Five Million Free Samples given away each year.

No Novelty. "People are queer." "I have heard rumors to that effect."

"Frequently they pay money to go to theaters for the purpose of seeing ballet dancers walk around on their toes when women are doing the same thing in the streets all the time."

FAR BETTER THAN QUININE. Elixir Babek cures malaria where quinine fails, and it can be taken with impunity by old and young.

Repertoe Off the Stage. In the big Weber-Fields dressing room Joe Weber and George Behan sat tense over a game of checkers.

OF NO IMPORTANCE. It is never wise to make a radical change all at once in one's diet; but bring it about by degrees.

"Are they to be married soon?" "Well, he thinks they are."

DIFFERENT NOW. Since the Slugger, Coffee, Was Abandoned. Coffee probably causes more biliousness and so-called malaria than any one other thing—even bad climate.

A Pl Worth man says: "I have always been of a bilious temperament, subject to malaria and to one year ago a perfect slave to coffee."

"From that time I have not had a boll, not had malaria at all, have gained 15 pounds good solid weight and know beyond all doubt this is due to the use of Postum in place of coffee, as I have taken no medicine at all."

Mysterious Letters. A Frenchman upon receipt of a wedding invitation was puzzled at the mysterious letters R. E. V. F. After a long deliberation he finally concluded its meaning to be: "Remember your wedding present."—Norman E. Mack's National Monthly.

The Troubles. The silver lining to the cloud may be there; but the trouble is, clouds do not float around turned inside out—Puck.

Learn to Be Happy. All men can learn to be happy; and the teaching of it is easy. If you live among those who daily call blessing on life, it shall not be long ere you will call blessing on yours.—Maeterlinck.

Death Notice. "Old Skada told every cent he had in the world yesterday." "Geel! His heirs will be furious." "Oh, I don't think so." "How'd he lose it?" "He died."—Houston Post.

The Kitchen Cabinet

IN THIS world it is not what we take up but what we give up that makes us rich.—H. W. Beecher.

Some people are always crumbling because roses have thorns. I am thankful that thorns have roses.

HELPFUL HINTS. In hot weather when stamps stick together, do not try to steam them or soak them apart, but run a hot iron over the bunch and they will separate easily without losing the mucilage.

A small vial or soda mint bottle with a screw top is an excellent holder for needles, especially in a damp climate, as the needles will not rust.

Another convenient thing in a work basket is a cork decorated or otherwise, to protect the point of the scissors.

Never sew lace with silk, as the stitches are very noticeable. This is true no matter how coarse the lace.

Give away the old garments; do not store them for the moths and rust to destroy.

Little duties, even for the small child, are great helps in the household, and trains them early in taking responsibility.

If your sheets are too short and pull out from the foot, make three button holes in the foot of each sheet and sew buttons on the mattress to correspond with the holes, then button down and there will be no further trouble.

Have you had any good old-fashioned salt pork with "milk gravy," as our grandmothers used to call it, served on your table lately? With baked potatoes it is a meal relished by many.

Custards are so easy to prepare and so wholesome for desserts that we should have them at least once a week on our tables.

Now that eggs are plentiful, omelets are a good breakfast and lunch-dish.

For painful and swollen feet, bathe in hot soda or salt water and rest with the feet elevated higher than the head for five or ten minutes; the relief will be soon felt.

Surgeon's adhesive plaster is a great help to keep corns amiable. Put on fresh plasters daily and the corns will not get hard and painful.

COME forth into the light of things, let nature be your teacher.—Wordsworth.

To make work happy and rest fruitful, is the aim of art.—William Morris.

DISHES FOR THE VEGETARIAN. For the increasing number of those who are eschewing meat for one year or another, and who are studying food values, in order to choose intelligently when arranging menus, the following suggestions may prove helpful:

It is never wise to make a radical change all at once in one's diet; but bring it about by degrees.

Here are a few menus that will be suggestive: Breakfast—Fruit, cereal, corn cakes, maple syrup and coffee.

Mock Fowl.—To a cupful of bread crumbs add a cup of water and stir over the fire until boiling hot.

Scalloped Cheese.—Cheese in different forms is an excellent substitute for meat.

Just Try It. Set about doing good to somebody; put on your hat, and go visit the sick and the poor; inquire into their wants and minister to them.

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IN LIFE'S small things be resolute and great.

To keep thy muscles trained know'st thou when fate Thy measure takes or when she's say to thee: "I find thee worthy, do this thing for me."—Emerson.

MEAT SUBSTITUTES. For those who are living without meat it is necessary to study foods in order to supply the needed protein from other sources.

The following dishes may prove suggestive: Peanut Loaf.—Soak a quart of fine bread crumbs in milk; mix with it a cup of shelled or salted peanuts finely ground; add an egg well beaten and salt and pepper to taste.

Pea Timbales.—Cook a can of new peas, until tender, then mash them through a colander and beat the pulp to a paste.

Peas on Toast.—Heat the peas, if canned, until well cooked, season and add a little white sauce made of butter, two tablespoons of flour and a cup of cream.

Asparagus prepared in the same manner and a few hard-cooked eggs chopped and added is a most nourishing dish.

The various nut dishes and nut breads supply a fair amount of valuable food in place of meat when used singly or in combination with other foods.

Agitation, or unrest, interferes with efficiency, and efficiency is the keyword of the day in which we live.

The painter depicts on the face of restless people the unmistakable fact of an inward unhappiness, and on the quiet face clearly intimates an inward joy.

More and more are men studying Jesus Christ to get proper ideals, and here is a good place for such study.

The man's intellect sometimes carries him far aces on its tossing billows, and he puts his hand to the rudder, which this text suggests, is study.

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An Underestimated Force

By Rev. J. H. Ralston, Secretary of Correspondence Department of Moody Bible Institute

TEXT—Study to be quiet.—I Thessalonians, 4:11.

Nerves enter largely into the composition of human kind, and are often permitted to control beyond their right.

The Thessalonian Christians were excited touching the coming of the Lord and were neglecting other exceedingly important things.

The principle appeals as well to the lower spheres of life. The kaleidoscope of scientific, business and political life is turning very rapidly and we do not know at what moment some social or political proposition will be made that is a shock to our commonly received traditions.

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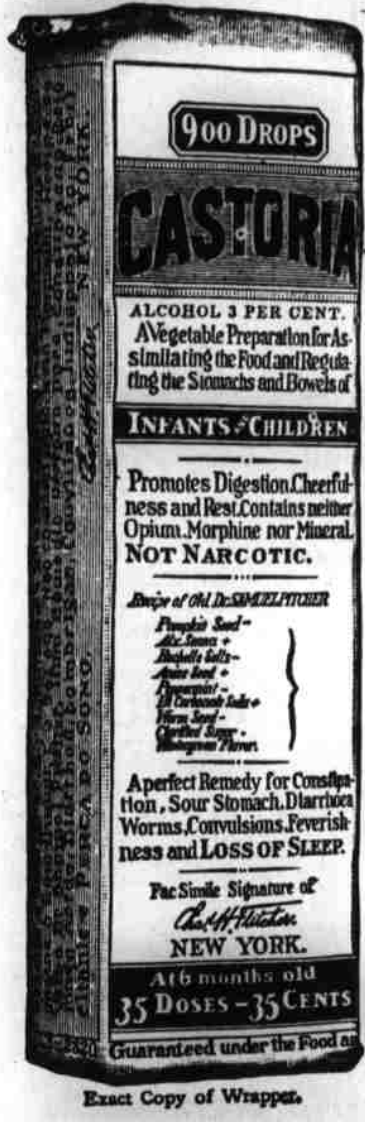
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Physicians Recommend Castoria

CASTORIA has met with pronounced favor on the part of physicians, pharmaceutical societies and medical authorities. It is used by physicians with results most gratifying. The extended use of Castoria is unquestionably the result of three facts: First—The indisputable evidence that it is harmless; Second—That it not only allows stomach pains and quiets the nerves, but assimilates the food; Third—It is an agreeable and perfect substitute for Castor Oil.



Letters from Prominent Physicians addressed to Chas. H. Fletcher.

Dr. B. Halstead Scott, of Chicago, Ill., says: "I have prescribed your Castoria often for infants during my practice, and find it very satisfactory." Dr. William Belmont, of Cleveland, Ohio, says: "Your Castoria stands first in its class. In my thirty years of practice I can say I never have found anything that so filled the place."

GENUINE CASTORIA ALWAYS Bears the Signature of

Chas. H. Fletcher. The Kind You Have Always Bought In Use For Over 30 Years.

BRINGING IT BACK

Being a Baseball Star. A star's job is a hard one. The mental strain is even greater than the physical.

Swellington—Do you ever have any doubts about your love for her? Wellington—Without a doubt; but when it comes on I get down a stack of unpaid bills and look them over.

CUTICURA OINTMENT HEALED BAD SORE ON LIMB

"Some time ago I was coming up some steps when the board crushed under me like an egg shell, and my right limb went through to the bone, and scraped the flesh off the bone just inside and below the knee. I neglected it for a day or two, then it began to hurt me pretty badly. I put balsam fir on to draw out the poison, but when I had used it a week, it hurt so badly that I changed to ointment. That made it smart and burn so badly that I couldn't use it any more, and that was the fourth week after I was hurt."

TO DRIVE OUT MALARIA

The woman who cares for a clean, wholesome mouth, and sweet breath, will find Paxtine Antiseptic a joy forever. At druggists, 25c a box or sent postpaid on receipt of price by The Paxton Toilet Co., Boston, Mass.

FOR HEADACHE—RICKS' CAPUDINE

Whether from Colds, Heat, Stomach or Nervous Troubles, Capudine will relieve you. It's liquid—pleasant to take—acts immediately. Try it. 10c., 50c., and 50 cents at drug stores.

W. L. DOUGLAS SHOES

\$2.50 \$3.00 \$3.50 \$4.00 \$4.50 \$5.00 FOR MEN, WOMEN AND BOYS. W.L. Douglas \$3.00 & \$3.50 shoes are worn by millions of men, because they are the best in the world for the price.

Why does W. L. Douglas make and sell more \$3.00, \$3.50 and \$4.00 shoes than any other manufacturer in the world? BECAUSE: he stamps his name and price on the bottom and guarantees the value, which protects the wearer against high prices and inferior shoes of other makes.

Strike Breakers of Old. Elijah was being fed by the ravens. "I don't care if the waiters do strike," he boasted.

Which wins? Garfield Tea always wins on its merits as the best of herb-cathartics.

Marriage is about the only thing that will cure some girls of giggling.

SAVE YOUR OLD WORN CARPET

You can make your beautiful durable rug any size. To 24 rooms or halls. We have no agents. Catalogue free. ORIENTAL RUG CO., Baltimore, Md.

THOMPSON'S EYE WATER

W. N. U., CHARLOTTE, NO. 23-1912.

Charlotte Directory Faultless Dry Cleaning and Dyeing too

CHARLOTTE STEAM LAUNDRY CHARLOTTE NORTH CAROLINA

TYPENITERS

New, rebuilt, second hand and shopworn Typewriters \$10 and up. We sell supplies for all makes. Ours is the best equipped repair department in the South. Deal with us and save money. J. E. CRAYTON & CO., Charlotte, N. C.

SCHOFIELD'S ENGINES AND BOILERS

We make a specialty of Return Tubular Engines, Boilers and Engines, Tanks and Towers. They are particularly adapted for Saw Mills, Oil Mills, Cotton Ginning. We also handle Saw Mills and Gasoline Engines. If you are contemplating the purchase of new power-plant either steam or gasoline, it will pay you to write us.

GIN MACHINERY AT BARGAIN

We have several gin outfits of different makes, used for few seasons at real bargains. A few dollars spent on it will put it in fine running condition. We have two four-gin systems and one three-gin outfit. Write us. Carolina Machinery Exchange Box 648 Charlotte, N. C.

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DROPSY TREATED

Give quick relief, usually remove swelling and short breath in a few days, trial treatment FREE. DR. GEORGE BAKER, 204 A. Adams, St. Louis, Mo.

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