### CONSTIPATION



lo not scour; they do start all the secre of the liver and stor puts these organs in a healthy condition and

healthy condition and corrects constipation. Munyon's Paw-Paw Pills are a tonic to the stomach, liver and nerves. They invigorate instead of weaken; they enrich the blood instead of impoverishing it; they enable the stomach to get all the nourishment from food that is put into it. Price 25 cents. All Druggists.

Medical Humor.
Patient—I'm troubled with boils off and on, doctor. What would you ad-

Doctor-Well; I shouldn't let those that are off trouble me.

A Confession. Startled by convincing evidence that they were the victims of serious kidney and bladder trouble numbers of prominent people confess they have found relief by using KURIN Kidney and Bladder Pills. For sale by all medical dealers at 25c. Burwell & Dunn Co., Mfrs., Charlotte, N. C. Adv.

Acid Kills Waterfowel.

That sulphuric acid, discharged into the water of Great Salt Lake, Utah, is responsible for the death of two million water fowl last year has been ascertained by Dr. Buckley of the pathological division of the bureau of animal industry. The American Game Protective association sent Dr. Buck-ley to Salt Lake City, thinking that some contagious disease caused the death of so many birds.

Hit the Danger Spot.

A tippler with a very red nose got a day's work as a laborer in a boiler works. The same day he appeared before the surgeon at the hospital with his nose smashed.

"Good gracious!" exclaimed the surgeon. "How did you manage to get your nose smashed like that?"

"Oh," cried the sufferer, "I put my nose through a hole in the boiler for a sniff of fresh air, and the man outside with the hammer mistook it for a red hot rivet. And he only hit once -that's all."

What a Funny Teacher. An east side lad of six summer has a child's faculty for seeing things, often in the way they are not. He came home from school the other day

and found his father reading the daily "Pop," he said, "my teacher don't know nothin'!"

"Why, son, what the matter now?" asked the father. 'Well," replied the youngster, "she

held a big red apple up in front of us this morning and said: 'Children, what is this I have in my hand?" "-Indianapolis News.

SPITEFUL.



-Kitty's trousseau will fill Beatrice-17 trunks. Lillian-The poor girl. Jack hasn't

noney enough to pay overweight

COFFEE THRESHED HER. 15 Long Years.

charges on more than two.

"For over fifteen years," writes a patient, hopeful little Ills. woman, while a coffee drinker, I suffered from Spinal Irritation and Nervous trouble.

Spinal Irritation and Nervous trouble.

I was treated by good physicians, but did not get much relief.

"I never suspected that coffee might be aggravating by condition. (Tea is just as injurious, because it contains coffeine, the same drug found in coffee.) I was down-hearted and disconnected but reversed by the same drug found in coffee.

couraged, but prayed daily that I might find something to help me.
"Several years ago, while at a friend's house I drank a cup of Postum and though I had never tasted

anything more delicious.

"From that time on I used Postum instead of coffee and soon began to improve in health, so that now I can walk half a dozen blocks or more with ease, and do many other things that I never thought I would be able to do again in this world.

"My appetite is good. I sleep well

"My appetite is good, I sleep well and find life is worth living. A lady of my acquaintance said she did not like Postum, it was so weak and taste-

"I explained to ber the differen "I explained to her the difference when it is made right—boiled according to directions. She was glad to know this because coffee did not agree with her. Now her folks say they expect to use Postum the rest of their lives." Name given upon request, Rend the little book, "The Road to Wellville," in pkgs. "There's a Reserve."

#### A VALENTINE.



THE WORLD IS MINE.

Centuries Have Failed to Dim the Memory of the Good Old / Saint.

DISPUTE AS TO HIS IDENTITY

At Least Two Bishops of Ancient Times Have Been Credited With the Honor of Being the Founder of the Day Consecrated to Cupid.

CT. VALENTINE of blessed memory, whose natal day falls upon the 14th of February, seems to be the saint of this particular season. His customs, which have survived the lapse of centuries, are associated in our minds with the sending of various amatory epistles, and the rather more agreeable gifts and presents, which are occasionally sent in the shape of flowers and candles by the young men and maidens, one to another.

New York and New Yorkers still seems to have been like his associate, the good St. Nicholas, a patron saint yours, heart and soul; a red carnaof the Netherlands, and in this connection we, perhaps on account of our loveliness; heliotrope, devotion; jon-Dutch ancestry, celebrate his festival quil, can you return my love?" savs the Times. Far back in the mists of antiquity lies the origin of the custom of sending letters, or valentines, on the saint's day, while the original St. Valentine would appear to be gifted with as many lives as the proverbial cat, or reincarnations under the same title, for we find two bishops of the name, a Virgin martyr, and a Tyrolean saint, all of whom have authentic records of their lives and deaths preserved in history, and none of whom would seem to be in any way con-

nected with the valentines of today. However, it is always possible to econcile the two or three, and there is sufficient evidence to show that St. At the stationers' there is a collection of exquisite water-colored cards February, and he is so set down in the Roman and Anglican calendars. He was a martyr to his faith, and when cast into prison by his enemies he cured his keeper's daughter of blindness, for which miracle he was beaten with clubs and then beheaded. and his remains repose in the Church St. Praxades, at Rome, while a gate new known as the Porto Popolo was formerly called by the name of St.

Valentine, or Porto Valentino. Another Valentine, also a Bishop claims a share in the day, and his claim to saintship rests upon the cure of the son of Craton, the Rhetorician. His death was caused by choking on a fishbone, whether of his own choosing or administered by his enemies the legend does not state, but in Italy and Greece they pray to this saint to cure them from epilepay.

cure them from epilepsy.

The St, Valentine of Tyrol, who seems to have been born a little later, and who died in the fourth century, has a church conscrated to his memory in South Tyrol, at Meran, where he is supposed to have preached Christianity to the heathen Lombards. In the legend he appears as a beautiful youth attired in the dress of a Roman soldier bearing a cross on his man soldier bearing a cross on his sword hilt, and coming over the mountains from Italy; entering Meran, in what is now known as Tyrol, he encounters the heathen priest of the temple, and after a long argument with him, he calls upon his gods to

with him, he calls upon his gods to destroy the temple.

The heathen and the pricat are all struck dumb by his threats, and when with one blow he pushes down the pillars of the temple. Ilks Samson, they rush forth in horror, expeating him to be destroyed under the falling walls. Instead of which St. Valentine kneeds unburt, with a seraphic took upon his face, while the wrath of their god is not shown by the deres wind and tempest which they expect, and quantities of doves and birds alight upon the naighboring the passetul flocks. St. Valentine in passetul flocks.

in Tyrol according to Christian rites. which would seem to associate him with at least two of the modern customs as the saint of lovers, and with the emblem of his doves and birds.

#### FLOWERS THAT TELL OF LOVE

Nothing Better Than Nature's Blos soms to Convey the Idea of a Tender Sentiment.

There are tovers who do not admire the manufactured valentine to convey the state of their sentiments, and they ask the flowers to tell their love. These beautiful messengers prove

to be a well-chosen proxy and have

won more than one fair maiden's heart. They will gladly plead your cause

in a most capable manner. Send a colonial nosegay, with violets, small buds, sweet peas and lavender closely packed together in strips of contrasting color.

A frill of lace paper frames this de lightful bouquet, suggesting the oldfashioned valentine. For the man who still retains

small bit of sentiment, inherited from some gallant ancestor, there is the heart fashioned from her favorite flower. Corsage bouquets of sweet peas, violets, orchids, attractively arranged

with cords or ribbons, are always acceptable valentines. Each flower has its symbolic meaning. For instance, violets mean love. retain memories of the saint, who faithfulness; moss rosebuds, confession of love; Marechal Niel rose,

tion, ardent love; gardenia, perfected

beloved. "Sweets to the sweet." For the girl who displays a fondness for candy, the true lover will find many pretty,

novel ways to gratify her taste. Heart-shaped boxes, covered with are to be had.

Dainty bags of Dresden silk, elabothe opera, make charming valentines. Boxes of crystal or Bohemian glass. in many fanciful designs, are display-

in 278 A. D., was born on the 14th of depicting fairy-like scenes. These seem fresh from the brush of Wat-

Any girl would be proud to own one of these lovely valentines. The jewelers have fashioned wonderfuly artistic articles to adorn milady. The man who need not consider price will experience little diffi-culty in finding something to suit his fastidious taste.

THE VALENTINE BIRD



in the west of England there was a ancient custom that was extraor-narily singular. Early in the morninarily singular. Early in the morning of St. Valentine's day young men, secessarily of the character that "doeights" in the strenuous life, started not together with a claphet to catch in owl and two sparrows in some seighboring barn. If they were successful in catching the birds and recught them to the village inn without injury and before the women folkand risen, they were rewarded with hree pots of puri (whatever that is) by the inkeeper. They also sujoyed he privilege of domanding similar resolutes at the hands of every

### **CUPID'S ESPECIAL DAY** IS THAT OF GOOD ST. VALENTINE.

"He wrote no love song!

"No one rises to accuse him of cast ing sheep's eyes on any Roman malden. He was a bishop or pope of Rome who stood steadfast to the faith during the Claudian persecu tions, and for that faith was cast into jail, where he cured his keeper's daughter of blindness. Honi soit qui mal y pense! It is the pleasure of Cupid, blind himself, to bring upon his votaries a similar blindness, not to cure It.

"Nor was there anything comic or sentimental in the fate of St. Valentine when the miracle was made known to the authorities. They first beat him with clubs and then beheaded him. What was left of him is preserved in the Church of St. Praxedes at Rome, where a gate, now known as the Porta del Popolo, was formerly named in his honor Porta Valentini, or Saint Valentine's gate, says William S. Walsh in his "Curiosi ties of Popular Customs."

Bailey's English Dictionary (1721). under the subject of Valentines, says: About this time of the year-February-the birds choose their mates, and probably thence came the custom of the young men and maidens choosing valentines for special loving friends on that day."

Francis Douce (1807), discussing the same subject, says: "It was customary to put the names of young women into a box, from which they were drawn by the men as chance directed and the Christian clergy, finding it difficult or impossible to extirpate, the pagan practice, gave it at least a religious aspect by substituting the names of particular saints for those of the women."

"But see how strong is the old Adam in the hearts of the unregenerate," comments Mr. Walsh. "Wan ton youth was not satisfied to imi-tate these holy fathers and ballot for ghostly partner in heaven. It longed for tangible flesh and blood here on earth-flesh and blood of that

CUPID UP TO DATE



dainty message of love to the maiden delightful variety which has a spice of the devil in it and is known as

"In the latter part of the sixteenth century" (according to Rev. Albain Butler) "the church, in the person of St. Francis de Sales, once more silk, plain or handsomely decorated, stepped in to sanctify the rites of St. Valentine's day. St. Francis severely forbade the custom of valentines or rate enough to be used afterward for giving boys in writing the name of girls to be admired and attended on by them, and to abolish it he changed it into giving billets with the names et the confectioners' to tempt the of certain saints for them to honor and imitate in a particular manner."

But in the end the boys and the girls triumphed over the saint. Nay, the girls triumphed also over the boys, wresting from them their exclusive privilege of choosing mates.

Othelia sings:

Good morrow, 'tis St. Valentine's day.
A'l in the morn betime,
And I a maid at your window
To be your Valentine.

Last year an trate old maid who had been the recipient of a comic valentine which had stung her to the quick repaired to the factory, where it was made, with a rawhide limb of the law. She demanded the name of the person who had sent her the objectionable missive. In vain she was assured that the factory was the last place in the world to the name of the sender. When told that the factory sold comics by the hundred gross to jobbers who, in turn, sold to wholesalers, and then supplied the retailer dealer who vended to individual customers, she swore round-

Many clever young people in society with artistic and literary ability write, paint and otherwise decorate the valentines they send to favored ones. In some instances a part of the decora-tion consists of jewels, diamonds, pearls or other gems, and the in-trinsic value of the bauble is thus en-

Valentine parties are still in popular favor, and those who have not the ability to write love connets or design sentimental valentines frequently go to artist friends, and even to professional artists, and have private valentines made. At these parties each person exchanges valentines. French imported valentines run as high as \$200 and \$300, according to the richness of the lace and other trimmings, but these expensive missives are rarely kept in stock.



**CUT THIS OUT** Recipe that Breaks a Cold In a Day and Cures Any Curable Cough.

CUSTOM, more potent than any other authority known to man, has decreed that on St. Valentine's day those of opposite sex shall exchange missives and epistles, either comic or sentimental, in which the foibles of the receiver or the love of the sender are set forth in prose, in verse and in emblematic picture. Now there is no custom without a reason, but the reason for this cannot be found in the life of the good saint who is made to indorse this custom with his name.

"From your druggist get half ounce of Globe Pine Compound Concentrated Pine to two teaspoonfuls after each meal and at beddime." Smaller doses to children according to age. But be sure to get only the genuire Globe Pine Compound (Concentrated Pine). Each half ounce bottle comes in a sealed tin screw-tour demands and the will quickly get it. Many mixtures are of large quantity and cheaper, but it is risky to experiment. This formula comes from a reliable doctor and is certain. This was first published here six years ago and focal druggists say it has been in constant demand ever since. Published by the Globe Pharmaceutical laboratories of Chicago.

EMBARRASSING.



"Well, my little man, do you what an oath is?" "Yes, sir; I was your golf caddle for whole week last summer."

#### SCURF ON BABY'S HEAD

Campbell, Va.-"I used Cuticura Soap and Ointment for scurf on my baby's head and they made a complete cure. It came on her head soon after birth. It broke out in pimples and itched and she would scratch it and cause sores to form. Her head was very sore and her hair fell out in bunches. She was very cross and fretful and could not sleep at night. I tried many remedies, all failed, then I tried Cuticura Soap and Ointment and they commenced to heal at once. I put the Cuticura Ointment on, and a half hour after washed her head with the Cuticura Soap. I used them a month and she was cured entirely." (Signed) Mrs. W. B. McMullen, Mar. 8. 1912.

Cuticura Soap and Ointment sold throughout the world. Sample of each free with 32-p. Skin Book. Address post-card "Cuticura, Dept. L. Boston." Adv.

Flattery.

"It is an easy matter for an agent to sell Gupp an edition de luxe set of

"How so?" "All the agent has to say is, 'Mr. Gupp, you look like a man of intelligence.

High Cost of Living. Madam-Were you downtown to-

day, Mary? Maid-Yes, mum; an' things cost so mum. I spent \$7, mum, an' only got a hat, a pair of shoes, an' some long gloves.-Judge.

Serious Matter. Griggs-I saw the doctor's carriage at your door yesterday. Anything se-

Briggs-I should say so! He wanted to collect his bill.—Boston Evening Transcript.

Important to Mothers
Examine carefully every bottle of
CASTORIA, a safe and sure remedy for infants and children, and see that it

Dears the Signature of Chart Hilthur.
In Use For Over 30 Years. Children Cry for Fletcher's Castoria Appropriate Connections,

"So Miss Jiggers had an eye to the vaudeville stage?" "Yes, but she got the hook."

Brightening Flower Pots. Flower pots frequently fade into dingy color from their original bright and cheerful brick red. They may be easily brightened again by putting ordinary red ochre in water until it is

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Many men are

getting untold

pleasure out of the Liggett & Myers Duke's Mixture sack.

One 5c package holds many pipefuls of pure, mild

smoking—or, if you please, it will make many cigarettes of the good old-fashioned kind that you

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Duke's Mixture, made by the

Liggett & Myers Tobacco Co. at Dur-

ham, N. C., is the favorite with ciga-

rette smokers. It's the tobacco that makes "rolling" popular with men

who want the true taste of pure,

We're making this brand the leader of its kind. Pay what you will, you cannot get better granulated tobacco than Duke's Mixture.

You still get the same big one and a half ounce sack—enough to make many cigarettes—for bc. And with each sack you get a book of cigarette papers and a present coupon, FREE.

Save the Present Coupons

With the coupons you can get many bandsome, desirable presents—articles suitable for men, women, boys and girls. Something for every member of the household.

Special offer for February and

Our new illustrated catalogue of pres-

ons from Duke's Mixture may be assorted treem HORSE SHOE, J.T., TINSLEY'S NATURAL LEAF, GRANGER TWIST, coupons from FOUR ROSES (life tin double coupon), PICK PLUG CUIT, PIEDMONT CIGARETTES, CLIX CIGAR.

ents will be sent Free to anyone sends us their name and address.

mild, selected tobacco.

March only

roll yourself.

about as thick as paint, then painting the flower pot, which absorbs the color and holds it. Modern Pugilism. Father-I can't understand why

you want to be a prize fighter! Son—Easy! Because it's all prize and no fight.-Judge.

Natural Effect, "Woman is a delusion. "Yes, and it comes natural to hug

our delusions."-For SUMMER HEADACHES Hicks' CAPUDINE is the best remedy-no matter what causes them-whether from the heat, sitting in draughts, fever-ish condition, etc. 10c., 25c and 50c per bottle at medicine stores. Adv.

In order to be a social favorite a man may be a cheerful liar

size of the bill.

ITCH Relieved in 30 Minutes, ford's Sanitary Lotion for all kinds of rions itch. At Druggists. Adv. Doctors disagree-except as to the

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ber, Metals, etc. Write us your offerings,

# **Addressed to Women**

### That Backache of Yours

Is one of nature's warnings when all the joy of living has vanished because of trouble peculiar to womankind. Don't disregard this warning. Don't procrastinate. Now is the time to take steps to regain health and strength.

## Dr. Pierce's Favorite Prescription

NO ALCOHOL NO NARCOTICS

Has been recommended for over forty years as a remedy for ailments peculiar to we Thousands of grateful women have testified to its effectiveness. You, too, will find it benefit As made up by improved and exact processes, the "Favorite Prescription" is a most efficient remedy for regulating all the womanly functions, correcting displacements, as prolapsus, anteversion and retroversion, overcoming painful periods, toning up the nerves and bringing about a perfect state of health.

This tonic, in liquid form, was devised over 40 years ago for the womanly system, Pierce, M. D., and has benefited many thousand women. Now it can also be in tablet form—from dealers in medicine, or send 50 one-cent stamps for a t

Every woman ought to possess Dr. Pierce's great book, the People's Common Sense Medical Advisor, a magnificent thousand-page illustrated volume. It teaches mothers how to care for their children and themselves. It is the best doctor to have in the house in case of emergency. Over half a million content. ergency. Over half a million copies re sold at \$1.50 each, but one free copy in cloth covers will be sent on receipt of 31 one-cent stamps to pay the cost of wrapping and mailing only. Address

\_\_\_ Address === Dr. Pierce's Invalids Hotel Buffalo, New York

