HUSBAND TIRED OF SEEING HER SUFFER

Procured Lydia E. Pinkham's Vegetable Compound, which made His Wife a Well Woman.

Middletown, Pa.—"I had headache, backache and such awful bearing down pains that I could not be on my feet at times and I had organic inflammation so badly that I was not able to do my work. I could not get a good meal for my husband and one child. My neighbors said they thought my suffering was terrible.

"My husband got tired of seeing me suffer and one night went to the drug store and got me a bottle of Lydia E. Pinkham's Vegetable Compound and told me I must take it. I can't tell you all I suffered and I can't tell you all that your medicine has done for me. I was greatly benefited from the first and it has made me a well woman. I can do all my housework and even helped some of my friends as well. I think it is a wonderful help to all suffering women. I have got several to take it after seeing what it has done for me."—Mrs. EMMA ESPENSHADE, 219 East Main St., Middletown, Pa.

The Pinkham record is a proud and honorable one. It is a record of constant victory over the obstinate ills of woman—ills that deal out despair. It is an established fact that Lydia E. Pinkham's Vegetable Compound has restored health to thousands of such suffering women. Why don't you try it if you need such a medicine?

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

Classified Column

WANTED TO BUY and sell all kinds of peas, any quantity. Palmetto Brokerage Co., Greenville, S. C.

FOR SALE—Several hundred bushels Clay Peas, $1.80 per bu., or if car lots, $1.75 FOB Memphis. We also want to buy car Mammoth Yellow Soy Beans. D. Roney & Co., Memphis, Tenn.

CRYSTAL WHITE ORPINGTON eggs for hatching, $500 pen; $3 per setting. Other magnificent pens, $4 per setting. Unfertile eggs replaced. Large lots, special prices. Crystal White Orpington Yards, Branchville, S. C. Mrs. J. N. Byrd, Prop.

MRS. JOE PERSON'S REMEDY.—Cures Rheumatism, Eczema, Indigestion, Nervousness, Irregularities, General Debility. Testimonials furnished. Dollar per bottle. From druggists or direct postpaid, Box 24, Kittrell, S. C.

AMERICAN IDEA.

The American—What's your father's business?

The Englishman—My-aw-fathaw-has-aw-no business.

The American—Then what's his graft.

Some Method.

"Don't you think, dear," began Mr. Comfy, "that our next door neighbors, the Scrubbs, are putting on a great deal too much style, considering the fact that they never know from day to day where the next meal is coming from?"

"Well," replied Mrs. Comfy, "you see, the more style they put on the more likely they are to be invited out to dinner.

Ready Cooked Meals

are rapidly growing in popular favor.

Post Toasties

served either with cream or good milk, or preserved fruit, make a most appetizing dish for breakfast, dinner, or supper.

These delicious toasted flaky bits of white corn have a delicate taste that is very pleasing at this time of year.

Post Toasties are economical, make less work for the busy housewife and please everyone at the table.

"The Memory Lingers"

Sold by Grocers everywhere

Postum Cereal Co., Ltd., Battle Creek, Mich.

THE KITCHEN CABINET

IT IS a good thing to be rich, and a good thing to be strong, but it is a better thing to be beloved of many friends. —Euripides.

WHAT SHALL WE HAVE FOR DINNER?

To the methodical, systematic housewife, who plans her meals often a week in advance, there is a vast field for individuality and ingenuity in the planning of a meal; but the thriftless, indolent woman, who spends her time in needless ways and a few moments before the meal time tears into the house or the kitchen to prepare or see to the preparation of the food, there is a limited field, as preparation and thought are both necessary to have a well balanced meal, together with variety and economy.

Steaks and chops are often the poor man's food, because the wife does not take time to prepare in the thousand appetizing ways the coarser, cheaper cuts of meat. Long, slow cooking develops the flavor, and that long cooking must be planned for, often, the day before.

It should be the pride of every housekeeper to work toward getting as much as possible out of the time, money and energy spent.

Beef Rolls.—Cut thin, round steak into oblong pieces, and on each piece place a spoonful of sausage meat; roll up and tie with a string. Dredge with flour, pepper and salt, brown in pork fat and put into a casserole. To the fat add a tablespoonful of flour; stir until brown, add a pint of water and cook until smooth. Season and pour over the rolls, cover and simmer in the oven for two hours. Take off the strings before serving.

Parsnip Fritters.—A very nice fritter, and one that is easy to prepare, may be made from cold cooked parsnips. Season and mold the parsnips and dip in a thin fritter batter, drop in hot fat and fry; drain on paper and serve hot. Many people who refuse the vegetable fried will enjoy it this way.

IT IS like taking the sun out of the world to bereave human life of friendship, than which the mortal gods have given man nothing better, nothing more gladdening. —Cicero.

THE PLEBEIAN CABBAGE.

Cabbage, with onions, have gained an unenviable reputation because of their odoriferousness, but cabbage is a wholesome vegetable, and one which contains mineral salts which are needed in the blood.

One reason that we tire of certain vegetables is that they are served in so few ways; we grow to dislike them. If a change of serving could be often made, and a little more care to have a variety, these common vegetables would be more welcome on our tables.

Cabbage cooked with an onion, chopped and served in a white sauce is an unusual, but very good, way of serving that vegetable.

Stuffed Cabbage.—Cut out the stalk end of a firm head of cabbage, leaving the hollow shell. Tie the cabbage in a thin cloth and boil until tender, then carefully remove the cloth and fill with seasoned stuffing of chopped meat, bread crumbs and seasoning; then bake in a hot oven until the cabbage is brown.

Hot Slaw.—Shred a head of cabbage, and pour over the following dressing: Beat two egg yolks, add two tablespoonfuls of water, a tablespoonful of butter melted, a dash of salt and a quarter of a cup of vinegar. Cook this dressing over hot water and pour over the shredded cabbage while hot. Heat the cabbage and serve hot.

IF YOU have a friend worth loving,
Love him. Yes, and let him know that you love, ere life's evening
Tinge his brow with sunset glow.

MORE ABOUT VEGETABLES.

There are many dishes which may be made much cheaper when combined with vegetables. A small piece of meat, a pound or pound and a half, if cut in serving-sized pieces, with carrots, an onion and a few potatoes added, will be well seasoned by the meat and make a good dish for five people.

If the meat is well browned in fat before adding the vegetables and water the flavor is greatly improved.

Stuffed Onions.—Parboil large onions, remove the centers, chop and season with butter, pepper and salt and mix with any cold cooked sausage and bread crumbs; fill the centers and bake, basting it with soup stock or butter and water. Any cold meats, such as tongue or ham, is very nice for this dish.

Potato Vienna Rolls.—Mold mashed potato into the shape of rolls about four inches long, brush with egg and roll like creases across the roll with a knife. Place on a greased pan and bake in the oven until brown.

Potato muffins are very attractive to serve with fish. Grease muffin rings and fill with mashed potato, brush with egg and bake. Slip out carefully and garnish the dish with parsley.

Some Rules About Cooking.—All root vegetables should have a teaspoonful of salt to a quart of water in cooking.

All vegetables should be cooked in boiling water.

Wilted and shriveled vegetables, if soaked for two or three hours, will absorb moisture and many times become quite crisp again.

Cook peas and spinach in an uncovered dish to preserve the pretty green color.

LET us beware of losing our enthusiasm.

Let us ever glory in something and strive to attain our admiration for all that would ennoble, and our interest in all that would enrich and beautify our life.

COLLECTION OF PUDDINGS.

During the winter months puddings that are rich and hearty may be served with greater frequency than in the warm weather.

Golden Pudding.—Add to a half cup of molasses a half cup of butter, a half cup of sour milk and one and a half cups of flour, one egg well beaten, a pinch of salt and one-half teaspoonful of soda; mix, and beat well and steam two hours.

Serve with this the following sauce: One egg, half a cup of butter, one cup of sugar, two tablespoonfuls of flour and a pint of boiling water. Flavor with either lemon or vanilla.

An egg sauce would be good with the above pudding. Beat two eggs well, add a cup of milk, a fourth of a cup of sugar, and flavor to taste.

Baked Indian Pudding.—Scald a quart of milk; stir in three-fourths of a cup of corn meal. Cook well; add a third of a cup of molasses, a pinch of salt. Beat two eggs, add a cup of cold milk to them, and pour into the pudding. Add a few raisins, stir occasionally the first half hour. Bake two hours.

Fruit Dumplings.—To a quart of flour add two teaspoonfuls of baking powder, a tablespoonful of sugar and half a teaspoonful of salt, two tablespoonfuls of butter, two eggs and enough milk to make a mixture to roll. Roll out and cut in squares, place a pear or apple or peach in each square, bring the corners together; on top of each place a bit of butter and a dash of cinnamon with a sprinkling of sugar. Pour into the pan a cup of hot water. Bake until well browned and serve with cream and sugar.

Pour a rich powder biscuit batter over peaches in a deep dish and bake. Turn so that the peaches are on tip. Heap with sweetened whipped cream and serve.

Nellie Maxwell.

Poor Economy.

Charles M. Schwab, apropos of his superb work in aid of released convicts, said modestly in New York:

"O, it is economy to help these men. Help them a little, and their lives, instead of being wasted, are of value to the nation.

"To be niggardly and timid about helping such men is to be like the chap who was asked, the first of the year, to buy a calendar.

"This chap, after studying the calendar thoughtfully, handed it back with a frown.

"'No, no,' he said. 'I can't afford it. I may be dead before the year is out.'"

Game Too Small.

A well dressed man called at the office of a celebrated New York criminal lawyer the other day.

"I want you to take my case," he began, when shown into the private office. "I am charged with burglary, but I assure you I am as innocent as an unborn babe."

"You are, eh? Well, we don't want your case," replied the great lawyer. "We defend only notorious criminals. You had better go to some young lawyer."

Spinster's Jest.

Confidential Friend (to elderly spinster)—So, my dear, you've given up advocating women's rights?

Elderly Spinster—Yes; I'm now going in for one of women's lefts.

Friend — Women's lefts! What's that?

Spinster — Widower, my dear.—Judge.

Have you one who hates you love a woman without blushing?—Paul Bourget.

Injustice to the Esteemed Fish.

An old negro in town has been selling fish to various housewives for several years. The other day he took his wares to a house on the south side. The woman of the house examined them.

"Uncle," she said, as she inspected the basket of catfish, "these do not seem to be good. They don't smell fresh."

"Law, honey," replied the old man, smiling, "dat ain't de fish you smells; dat's jes me."—Kansas City Star.

Bought Grave; Filled It.

After buying a lot in a local cemetery, having a monument erected for himself and informing his wife that she would be a widow within two weeks, Joseph H. Smith, a Greenville (Ga.) farmer, aged seventy-two, committed suicide. Mrs. Smith had attached no importance to the statement of her husband. She was prostrated when she found him dying from the effects of a drug.

Beauty is sometimes only suicidal dress.

Jesus at Bethany

By REV. JAMES M. GRAY, D. D., Dean of the Moody Bible Institute, Chicago

TEXT—"There they made Him a supper."—John XII. 2.

It is the last week of Jesus' early life, and he is spending the days in Jerusalem and the nights in Bethany—the home of Lazarus and his sisters, Martha and Mary.

"There they made him a supper." An exquisite touch of Christ's humanity! Is not this what we would have done to such a friend? But think of the human kindliness and simplicity of the Redeemer here displayed! It recalls the marriage in Cana at which he was a guest. That was at the beginning of his ministry and this at its close. How better could he have demonstrated that he came into the world not to disturb its social arrangements or mar its domestic joys, but to elevate them to a higher plane? Blessed be God, we may have Jesus at our feasts and festivals as well as at other times, and what heart, loving Jesus, would attend a feast or festival where he could not be a guest?

But there is a practical question here of another kind. When we remember that Jesus knew he was to die within a week, and endure beforehand unprecedented contumely, and desertion by his dearest friends, and then look upon him at this friendly board, receiving happiness from others, and dispensing happiness to them, must we not regard it as a sublime example of that confidence in God which knoweth that he doeth all things well? Death, sorrow, pain, desertion are experiences continually present. Some of us attempt to throw off the thought of them with the stoic's plea, "What can't be cured must be endured." Others seek to drown it in the hilarity and dissipation of the world. But how different that which Jesus knew, and which they know who have received him, and to whom he has given power to become the sons of God? Who would not be a Christian, a real Christian, if it were only for the sake of this legacy of peace?

The Devoted Mary and the Avaricious Judas.

The central feature of this supper is the anointing of Jesus by the devoted Mary. The action was not uncommon in eastern lands, where the heat is great and the feet exposed to it by sandals suffer from dryness and scorching. The motive of Mary was her love for Jesusu. Love, not only for what she had learned from him, but for what he had done for her brother Lazarus, whom he raised from the dead. All of which comes out the stronger in contrast with the fanaticism and avarice of Judas. "Why was not this ointment sold for three hundren pense, and given to the poor?" A specimen this of the way worldly people depreciate actions done for the love of God only, and especially giving money for Christ's cause. Judas said this, not because "he cared for the poor," John says, "but because he was a thief and had the bag and bare what was put therein." He was thinking of himself and not the poor.

The truest friends of the poor, the people who do most for them, are those who do most for Christ. "It is," says Bishop Ryle, "the successors of Mary of Bethany, and not of Judas Iscariot, who really care for the poor." As another says, even if Judas had said this from the heart it would have been wrong. It does not follow that the poor will not be benefited, because the rich live according to their means. That perfume had many fingers busy in its preparation; it had ships bringing it from afar; it had merchants passing it from place to place, all of whom had their profit and equivalents. And perhaps by taking that bottle of fragrant oil and pouring it on the feet of Jesus Mary contributed more substantially to the poor than if she had never bought it. "It is only by a correct estimate of social life that we can see how mean and narrow is such a remark as that made by a traitor, and of which many plagiarisms have been adopted in every age."

Social Distinctions to Remain.

But how significant that remark of Jesus', "the poor always ye have with you." How clearly it teaches that distinctions of class and rank will never cease in the present age. It was never intended that society should become a macadamized road where all are on a level. The existence of pauperism alone does not prove that states are ill-governed, or churches are not doing their duty. This separation between rich and poor which Jesus made was opposed to the spirit of Christ, for in the true veneration of his name consists the most effectual caring for the poor. It is important to keep this in mind in this humanitarian age when the gospel of good works (so called) is so persistently thrust into the foreground in opposition to the gospel of faith. Poverty is forever at our heels, but Christ in the meanwhile may be vanishing away. How significant, "Me ye have not always." Oh, let us take it to heart! Him we have no longer when the wings of death suddenly overshadow us; or when our senses depart under the influence of disease, and the message of salvation no longer penetrates through the crowd of unbridled imaginations. We have him no longer when God gives us up to strong delusions, and permits them to take their permanent abode in our minds, because we have hardened ourselves against his calls to repentance.

Knowledge, association, and courage—these are the primeval requirements for effective citizenship.—E. Howe.

MRS. BENNETT SAYS "PUBLISH"

Thinks Her Letter Made Public, Might Result in Some Good. All Ladies Should Read.

Henderson, Tex.—In a letter from this place, Mrs. T. V. Bennett says: "Last November I was taken very sick, and had two doctors. They doctored me for most everything that could be thought of, and at last they told me it would be necessary to have an operation. I couldn't give in to this, although I was suffering great pain.

Finally, I decided to try Cardui, the woman's tonic, and I hadn't used it but a short time before I was up, feeling good, and able to do my work.

I am still getting along fine, and can recommend Cardui, the woman's tonic, to all suffering women. I shall always praise this great medicine.

If you think my experience would be of any benefit to any suffering woman, you are at liberty to publish it."

Cardui, the woman's tonic, is strictly a woman's medicine, made up of pure, harmless, vegetable ingredients which act directly on the womanly constitution.

It stimulates the weakened organs, and helps build them up to health and strength.

We receive numerous letters, every day, similar to the one above. If it has benefited so many thousands of other women, why shouldn't it do the same for you?

Give Cardui a trial.

N. B.—*Write to:* Chattanooga Medicine Co., Ladies' Advisory Dept., Chattanooga, Tenn., for *Special Instructions* on your case and 64-page book, "Home Treatment for Women," sent in plain wrapper. Adv.

Nolle Prossed.

Rastus had caught Sambo red-handed.

"Ah'm gwine hab yo' arrested foh stealin' mah chickens, yo' Sambo Washington—dat's jess what Ah'm gwine to do," said Rastus.

"Go ahead, niggah," retorted Sambo. "Go ahead and hab me arrested. Ah'll mek yo' prove whar yo' got dem chickens yo'self!"—Harper's Weekly.

Burduco Liver Powder.

Nature's remedy for biliousness, constipation, indigestion and all stomach diseases. A vegetable preparation, better than calomel and will not salivate. In screw top cans at 25c each. Burwell & Dunn Co., Mfrs., Charlotte, N. C. Adv.

Loyal to Her Teacher.

Sunday School Teacher—Yes, children, the Lord made everybody.

Small Girl—Did he make you, teacher?

Teacher—Yes. He made me, too.

Small Girl—And he's got nothin' to be ashamed of, either.

Important to Mothers

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it

Bears the Signature of *Chas. H. Fletcher*

In Use For Over 30 Years.

Children Cry for Fletcher's Castoria

His Limit.

Bridegroom—My darling, I feel now I will be the better man.

Bride—But you can't be the best man.

TO PREVENT BLOOD POISONING apply at once the wonderful, old reliable DR. PORTER'S ANTISEPTIC HEALING OIL, a surgical dressing that relieves pain and heals at the same time. A trial will convince you that it is an infallible remedy for Wounds, Old Sores, Burns, Granulated Eyelids, Skin and Scalp Diseases, etc. 25c, 50c, $1.00.

Apology.

"You called me a dog, sir."

"Oh, no! Some dogs are very fine creatures. I called you a cur."

FOR SUMMER HEADACHES

Hicks' CAPUDINE is the best remedy—no matter what causes them—whether from the heat, sitting in draughts, feverish condition, etc. 10c., 25c and 50c per bottle at medicine stores. Adv.

If you would strike a man favorably never hit him in the vicinity of the pocketbook.

FOR WEAKNESS AND LOSS OF APPETITE.

The Old Standard general strengthening tonic, GROVE'S TASTELESS chill TONIC drives out Malaria and builds up the system. A true tonic and sure Appetizer. For adults and children. 50 cents.

Every man thinks he knows a lot about women until he marries one.

Not Unlikely.

"Well, my boy," said the visitor to Bobby, "I suppose some day you expect to step into your father's shoes?"

"Oh, I suppose so," said Bobby, gloomily. "I been wearin' out everythin' else he wears since mother learned how to cut 'em down for me."—Harper's Weekly.

Only One "BROMO QUININE"

That is LAXATIVE BROMO QUININE. Look for the signature of E. W. GROVE. Cures a Cold in One Day, Cures Grip in Two Days. 25c.

Figuratively speaking, a man and his wife are one, but the figures on the grocery bill are apt to disprove it.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, 25c a bottle. Adv.

Distance never lends enchantment to the office seeker's view.

CONSTIPATION

Munyon's Paw-Paw Pills are unlike all other laxatives or cathartics. They coax the liver into activity by gentle methods, they do not scour; they do not gripe; they do not weaken; but they do start all the secretions of the liver and stomach in a way that soon puts these organs in a healthy condition and corrects constipation. Munyon's Paw-Paw Pills are a tonic to the stomach, liver and nerves. They invigorate instead of weaken; they enrich the blood instead of impoverishing it; they enable the stomach to get all the nourishment from food that is put into it. Price 25 cents. All Druggists.

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RICHMOND BARBER COLLEGE, Richmond, Va.

Pettit's Eye Salve QUICK RELIEF EYE TROUBLES

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CABBAGE PLANTS Frost-proof, from choice seed (all varieties). "Wakefields" a specialty. $1 per thousand. Edgeworth Farm, Route 3, Marshville, N. C.

CABBAGE and Lettuce Plants, $1 per thousand. Leading varieties. Oaklin Farm, Box 218, Salisbury, N. C.

Sweet Potato Plants, "Providence," "Norton Yam," "Nancy Hall," and "Sugar Yam," $1.75 per 1000. Orders booked now for 25¢. Cabbage, lettuce, Bermuda onion and beet $1.25 or 1000 for $5. Tomato and Pepper $2.50. Catalog free. Wm. Stockle, Hammond, Fla.

Cabbage Plants For Sale
We grow fine stocky plants and being on main line of Southern Railroad, can deliver quickly and at a low rate. We guarantee every shipment and send cultural directions if desired. Early Jersey, Charleston and Flat Dutch, $1 per 1000, 5000 and over at $0 per 1000. Special prices to Union Agents and dealers.
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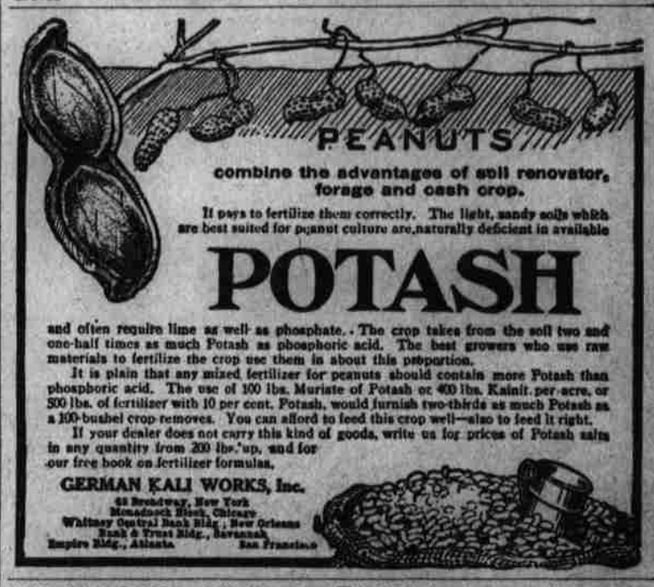

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combine the advantages of soil renovator, forage and cash crop.
It pays to fertilize them correctly. The light, sandy soils which are best suited for peanut culture are naturally deficient in available
POTASH
and often require lime as well as phosphate. The crop takes from the soil two and one-half times as much Potash as phosphoric acid. The best growers who use raw materials to fertilize the crop use them in about this proportion.
It is plain that any mixed fertilizer for peanuts should contain more Potash than phosphoric acid. The use of 100 lbs. Muriate of Potash or 400 lbs. Kainit per acre, or 500 lbs. of fertilizer with 10 per cent. Potash, would furnish two-thirds as much Potash as a 100-bushel crop removes. You can afford to feed this crop well—also to feed it right.
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He Knew the Kind.

The guide, in referring to the Egyptian pyramids, remarked:

"It took hundreds of years to build them."

"Then it was a government job—eh?" replied the wealthy contractor.—Youth's Companion.

LADIES CAN WEAR SHOES one size smaller after using Allen's Foot-Ease, the Antiseptic powder to be shaken into the shoes. It makes tight or new shoes feel easy. Gives rest and comfort. Refuse substitutes. For FREE trial package, address Allen S. Olmsted, Le Roy, N. Y. Adv.

Many a great man has exclusive knowledge of the fact.

TO CURE SORE THROAT IN ONE DAY Spray or mop the throat with that wonderful antiseptic and old reliable remedy, DR. PORTER'S ANTISEPTIC HEALING OIL. 25c, 50c, $1.00.

Pay compliments if you will, but pay your bills first.

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Don't Let Catarrh Get the Best of You

If you have catarrh and are neglecting it—you are doing a great wrong to yourself. In time it will undermine your whole constitution. You cannot begin too soon the work of shaking it off. Doesn't require any great effort. Begin today.

"I Feel Like a New Woman"

Mrs. Rufe Blank, of Port Byron, Ont., Box 36, writes: "I have been a great sufferer for years from throat trouble, catarrh, indigestion, female troubles, bearing, constipation and nervousness—at times I would be in bed, then able to be up again. Was under many different doctors' care, and would get better for a little while, then I would go down with chronic inflammation all through me. For nineteen years I had this poison in my blood. After trying nearly everything I got worse. I read in the Advisor of Dr. Pierce's Golden Medical Discovery and Dr. Sage's Catarrh Remedy. I began to take the 'Discovery' and Catarrh Remedy, and have used the remedies ever since. Dr. Pierce's Golden Medical Discovery is the best medicine I ever took. I feel like a new woman."

Dr. Pierce's Golden Medical Discovery

has a curative effect upon all mucous surfaces, and hence removes catarrh. In Nasal Catarrh it is well to cleanse the passages with Dr. Sage's Catarrh Remedy while using the "Discovery" as a constitutional remedy.

Why the "Golden Medical Discovery" eradicates catarrhal affections, of the stomach, bowels, bladder and other pelvic organs, will be plain to you if you will read a booklet of extracts from the writings of eminent medical authorities endorsing its ingredients and explaining their curative properties. It is mailed free on request.

"The "Discovery" has been put up and sold in its liquid form for over 40 years and has given great satisfaction. Now it can be obtained of medicine dealers in tablet form as well. A trial box sent prepaid for 50 one-cent stamps. Address Dr. Pierce's Invalids Hotel, Buffalo, N. Y.

Dr. Pierce's Pleasant Pellets regulate and strengthen Stomach, Liver and Bowels. A mild natural laxative, gentle, sure, and thoroughly wonderful.