

The First Necessity is to Keep the Bowels Gently Open With a Mild Laxative Tonic

Healthy old age is so absolutely de-pendent upon the condition of the the owels that great care should be taken to see that they act regularly. The fact is that as age advances the stomach muscles become weak and inactive and the liver does not store up the juices that are necessary to prompt

digestion. Some help can be obtained by eating easily digested foods and by plenty of exercise, but this latter is irksome to most elderly people. One thing is certain, that a state of con-stipation should always be avoided as it is dangerous to life and health. The best plan is to take a mild laxative as often as is deemed necessary. But with equal certainty it is suggested it is the best remedy I ever used and that cathartics, purgatives, physics, does just what you claim for it to the saits and pills be avoided, as they do very letter. I can not recommend it

but temporary good and are so harsh too highly." as to be a shock to a delicate system. A bottle

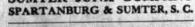
and bowel muscles and so train them low these suggestions with safety and to act naturally again, when medicines the assurance of good results. of all kinds can usually be dispensed

O. P. Miller, Baroda, Mich., who writes: "I am 80 years old and have been constipated for many years. Since will doreceiving your sample bottle I have Washington St., Monticello, Ill., and a

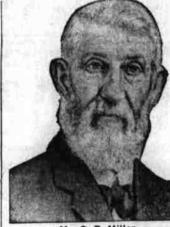


OF HIDES

Furs, Skins, Tallow, Beeswax, Scrap Rubber, Metals, etc. Write us your offerings. Price list, tags, etc., furnished on request. Standard traps at wholesale cost. Our dealings guaranteed correct and on the square. SUMTER JUNK COMPANY







Mr. O. P. Miller.

A bottle can be bought of any drug-A much better plan, and one that gist at fifty cents or one dollar. Peo-thousands of elderly people are follow- ple usually buy the fifty cent size first, ing, is to take a gentle laxative-tonic and then, having convinced themselves Dr. Caldwell's Syrup Pepsin, of its merits they buy the dollar size, which acts as nearly like nature as is which is more economical. Results are possible. In fact, the tendency of this always guaranteed or money will be remedy is to strengthen the stomach refunded. Any elderly person can fol-

If no member of your family has This is the opinion of many ever used Syrup Pepsin and you would people of different eges, among them like to make a personal trial of it be fore buying it in the regular way of a druggist, send your address-a postal -to Dr. W. B. Caldwell, 203 procured two 50c bottles and find that | free sample bottle will be mailed you

WHY INCUBATOR CHICKS DIE Write for book saving young chicks. Send us mames of 7 friends that use incubators and set book free. Baisail Remedy Co., Black well,Okia.

Too Well Known. "Have you a speaking acquaintance with the woman who lives next door to you?" we asked an east end lady.

just to make a little conversation. "A speaking acquaintance?" echoed the lady, opening her eyes wide. Why. I know her so well that I don't speak to her at all!"

DOES YOUR HEAD ACHE? Try Hicks' CAPUDINE. It's liquid -- pleas-ant to take -- affects immediate-good to prevent Sick Headaches and Nervous Headaches aiso. Your money back if not satisfied. 10c., 25c. and No. at medicine stores. Adv.

Many a slow man develops into a printer when he has a chance to run

into debt. TO STOP THE COUGH-CUBE THE TICKLING boray or mop the threat with the wonderful antisep ic, DR. PORTENS ANTISEPTIC HEALING OIL is cures in one day. Fall directions with each pottle. Ec. 606, 61.00.



Plant trees this spring.

A mule cats less than a horse.

Give the chickens lime and gri

Cultivation is one of the four great

Churning at too low a temperature

Keep the poultry house clean and

Agricultural experts tell us that

the potential fertility of the soi. is un-

A good live interest in exhibition

Apple trees may be planted either

in the spring or fall. The main thing

Peach trees make good stock for

plum grafting, as they usually have

Don't fall to supply green feed, like

better and be more profitable by be-

Well-managed poultry is preferable

With fruiting orchards, mineral

Soil taken from a well-established

alfalfa field and spread on land to be

sown to alfalfa is a very good way to

Spray your trees whether they have

Cowpeas that have a lot of crab

bread made of sour milk, soda and

Many farmers every year lose a por

sow them in season.

feed to profitable use.

a crop or not. Spraying in off years

to farm crops in that poultry will

produce an income at all times of the

ing well cultivated and enriched.

stock is commendable in the market

limited.

vear.

noculate it.

poultryman.

is to plant them.

large vigorous roots.

Spray the trees

Scald out the feed troughs

Feed a cow according to her capacity Butchering scraps cut up and fed raw make a good egg food.

Every chicken raiser is laying for the hen that will lay for him.

There is considerable demand in the large cities for live ducks.

cabbage, beets, celery tops. These are relished by the birds. It is well to keep grit and lime within reach of the chickens all the

time. The 150-pound cow will hate to see Willie go to the short course for fear There is less in the kind of sephe will learn how to test her. arator you use than in the way you use it An orchard will live longer, bear

One great advantage in the poultry business is the quick returns on the investment

Water the calf often. He will not be so liable to gorge himself with milk if you do.

Pear blight can be eradicated if fertilizers are often great assistance. you are thorough, careful and but an excess of nitrogen should be prompt in your work. avolded.

The lime in wood ashes sets the nitrogen free when ashes come in contact with manure Time and care spent in the orchard

is almost sure to pay for itself and a good rate of interest besides. is just as important as in years of

Silage, in light quantities, is often heavy crops. beneficial to a brood mare, as it adds a bit of succulence to the ration.

grass and fox tail mixed with them One of the great drawbacks on make even better bale hay than the many farms is the small size and irstraight vines. regular shape of the cultivated fields. The little chicks do best on corr

The chick that has been stunted

will never become a show bird and cracked corn. They should be fed on seldom develop into a profitable something clean. fowL tion of the value of their crops be-Do give the later summer , hatched chicks a chance to eat their meals cause they have not force enough to

without being run over by the older birds.

For the geese a low shed open to the south is about all that is needed, as geese seem impervious to cold weather.

Tree roosting in cold weather is not ted by the National Woman's Christian Temperance Union I

OUR CONSUMPTION OF LIQUOR

Compares Favorably With That of Other Countries, Thanks to Activity of Temperance People.

Our per capita consumption iquor compares favorably with that of other countries, thanks to the temperance agitators.

When temperance people are derisively told that the report of the commissioner of internal revenue shows an increase in the output of the brewers and the distillers, we must consider the increasing number of immigrants who come to our country with their own ideas of liquor drinking. The quantity of beer consumed per capita in the United States is not as great as in Belgium, the United Kingdom, Germany or Denmark; and our per capita consumption of distilled liquor is less than that of Denmark, Hungary, Austria, France, the Netherlands and Sweden. The quantity of wine consumed in the United States is less per capits than in Portugal, Spain, Italy, France, Switzerland, Austria and Hungary. We should consider how much worse conditions would be in the United States were it not for the activity of the temperance people of our country. We understand there is in the liquor warehouses an immense amount of liquor which has not yet been distributed, but which is reckoned in the Internal revenue report.

SALOONS CAUSE OF TROUBLE

Convictions in Police Court of Brisbane Increase Greatly When Dram Shops Are Opened.

The citizens of Brisbane, Australia were recently given a striking illustration of the fact that arrests for misdemeanors multiply with the opening of saloon doors and decrease when they swing shut. A big strike was on in the city and many workmen were idle. As an experimental measure the saloons were closed for one week. Convictions in the police courts promptly dropped from eighty-six to twenty-six, and arrests for drunkenness from fifty to five. After one week of prohibition the saloons were permitted to do business from three to six in the afternoon. Convictions jumped to thirty-five, and arrests for drunkennes to fourteen. Next, the saloons were allowed to run twelve hours each day. Convictions jumped to eighty-eight, and arrests for drunkenness to forty. The following week all restrictions were withdrawn, and the convictions numbered 109, the arrests for drunkenness sixty-seven.

NOT A PRODUCER OF REVENUE Do not feed a cow according to her age or breed. Feed her accord ing to her individual capacity to put

ntoxicating Liquor is Not Necessity Nor Luxury—Fountain of Vice Should Be Suppressed.

Our ideas of equity acquiesce readhear a heavier rate of taxation than

and m costed and most progressive horses and farmers is to clip all horses pring. It is done on the theory heir natural state horses were not so work, so could shed the winter

rk, so con work, so could show the several to nfort over a period of several to bee we oblige them to do hard we bee we oblige the winter cost Since we oblige them to do hard work on sarm spring days, the winter cost should be removed for the same reason that we ay off our heavy winter garments. Clipped acress dry off rapidly, hence they do not ake cold as easily nor are they as prone to be affected with other ailments as un-slipped animals whose longer hair holds the perspiration for hours. Because clipped acress dry off rapidly they rest better, get more good from their food and come out a the morning refreshed and fit for work. Since the advent of the ball bearing en-slosed gear clipping machine, the work of Since the advent of the ball bearing en-plosed gear elipping machine, the work of aking off the winter cost is easy. With the machine a horse can be clipped all over in half an hour, whereas with the old two-hand clipper it required second to be the second and clipper it required several hours to lo it.

Dairymen also now clip the cows all over two or three times a year. The flanks and udders are clipped every three or four weeks, so it is easy to clean the parts be-fore milking. This means less opportunity for dirt and other impurities to get into the milk.



"Well, he says he understands erything his baby says."

HAIR CAME OUT BY HANDFUL

58 Lewis St., Nashville, Tenn .-About three years ago I had the malaria fever, and when I recovered my hair was falling out so that the doctor told me to cut it off. My hair came out by the handful, and I had dandruff so that I had to scratch it out every week, and my scalp itched so that I pulled my hair all down trying to scratch it. I tried — and — and — but they failed to do any good. At last I tried Cuticura Soap and Ointment.

"First I combed my hair out, made a parting on the side and rubbed my scalp with the Cuticura Ointment. The next morning I washed with the Cuticura Soap and water, and continued until the third application gave a com-plete cure." (Signed) Miss Nellie

M. Currin, Dec. 6, 1911.

Cuticura Soap and Ointment sold throughout the world. Sample of each free, with 32-p. Skin Book. Address post-card "Cuticura, Dept. L. Boston." Adv.

Politeness Ignored.



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CABBAGE PLANTS Frost proof, from the akeneids" a specialty. Si per thousan SUPERIOR



Sometimes a man daes gold bricks constructing his air castles.