

# NURSE HELPS YOUNG GIRLS

She Knew From Experience Just What Was Needed. Describes One Remarkable Case.

Watonga, Okla.—Mrs. Ida Bollinger of this town, makes the following interesting statement for publication: "I suffered for 30 years, with womanly troubles, and in this time, tried several different treatments, but got no better. I finally got hold of a Ladies' Birthday Almanac, and read about Cardui, the woman's tonic. I had not taken very much of it, before I was entirely well. I do some nursing, and have given Cardui, the woman's tonic, to lots of women, with good results. I use this medicine a great deal in treating young girls, and young girls come to my house one day last summer. She had taken cold at the wrong time, and was in a terrible condition. I went to the drugist, bought her a bottle of Cardui, and the third dose she took did the work. She is now entirely well. You may use my name in any way you desire, as I am anxious to do anything I can to help suffering women."

For more than 50 years, Cardui has been in widely extended use, by women of all ages, and has given perfect satisfaction, as a remedy for helping rebuild womanly strength and health. Try Cardui yourself. It will help you. Your druggist sells it.

**Possibly Two Conflagrations.** "Papa, what is a conflagration?" "It is a big fire, my son." "And what do they call a little fire?" "There is no special name for a little fire. Oh, they sometimes call it an incipient fire and—let's see—well, it is sometimes called an inconceivable fire. Why?" "Well, I see your coat-tail is on fire, and I was wondering whether it was a conflagration or an incipient fire." In a few minutes the young man had reason to think it was a conflagration.

**For SUMMER HEADACHES** Hicks' CAFFEINE is the best remedy—no matter what causes them—whether from the heat, sitting in draughts, feverish condition, etc. It costs 50c per bottle at medicine stores. Adv.

A soft answer may not turn away wrath, but it saves a lot of useless talk.

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, a bottle 25c.

Many a man fails to forge ahead because he has the looking backward habit.

The busier a man is the less time he has to complain of overwork.

## Does Backache Worry You?

Many who suffer with backache and weak kidneys are unnaturally irritable and fretful. Bad kidneys fail to eliminate all the uric acid from the system, keeping you "on edge" and causing rheumatic, neuralgia pains. When your back aches, and you notice signs of bladder irregularities, suspect your kidneys and begin using Doan's Kidney Pills, the best recommended special kidney remedy.

**Doan's Kidney Pills** POSTER-DOLAN'S KIDNEY PILLS POSTER-DOLAN CO., Buffalo, New York

## RESINOL HEALS ITCHING SKINS

And Clears Unpleasant Complexions. Resinol Ointment, with Resinol Soap, stops itching instantly, quickly and easily heals the most distressing cases of eczema, rash, ringworm, tetter or other tormenting skin or scalp eruptions, and clears away pimples, blackheads, redness, roughness, and dandruff, when other treatments have proven only a waste of time and money. But we do not ask you to accept our unsupported word for it. You can read today for a generous trial of Resinol Soap and Resinol Ointment, and test them to your own complete satisfaction, at no cost whatever, while thousands who have been cured say, "What Resinol did for us it will do for you." Physicians have prescribed Resinol for eighteen years and every druggist in the country sells Resinol Soap (25c) and Resinol Ointment (in opal jars, 50c and \$1). For free samples of each, with full directions for use, write to Dept. 9-K, Resinol, Baltimore, Md.

## The Wretchedness of Constipation

Can quickly be overcome by CARTER'S LITTLE LIVER PILLS. Purely vegetable—act surely and gently on the liver. Cure Biliousness, Head-ache, Dizziness, etc. They do their duty. Write for free literature. Signature of J. C. Carter, Little Liver Pills.

# The Kitchen Cabinet

**WHEN** the wild plum blossoms tie a time for dulcet laughter and refrain, Time for airy fairy dreamings whispered low By the woodland play people as we go, Time to loiter and make glad among the flowers— Oh, it is a heartsome place, this world of ours.

**NUTS IN COMBINATION.** Add a few chopped hazel nuts or filberts to the next custard pie, and see what a delicious combination it makes. Nuts and bread crumbs used for stuffing of peppers, tomatoes or onions will take the place of meat most satisfactorily.

**Peanuts and Rice.**—Take two cups of well salted and cooked rice; while hot stir in a cup of peanut butter, a cup of cracker crumbs, a half cupful of milk, and two eggs well beaten. Shape in a round loaf and place in a well buttered pan. Bake until a nice brown, and serve hot with parsley. This is a most delicious loaf for children or any one who does not eat meat.

**Nuts with apples or cabbage, in fact with any fruit or vegetable, makes a good salad.** Walnut Loaf—Take a cup of chopped walnut meats, four cups of bread crumbs, one hard cooked egg chopped, one beaten egg, one onion grated, salt and sage to taste, with sufficient milk or water to moisten the mixture. This loaf may be served either hot or cold. Mix and mold, and bake in a well buttered bread pan.

**Walnut Croquettes.**—Mix together a cup of walnut meats, a cup of cooked rice or hominy, a bit of green pepper chopped, one egg well beaten and seasoning to taste. Milk may be added if needed for moisture. Mold into neat croquettes and fry in deep fat.

**Almond Cookies.**—Mix together a pound of ground almonds and a pound of sugar, add a tablespoonful each of allspice, cloves and cinnamon, a teaspoonful of anise extract, four eggs well beaten, and flour to mix, with two teaspoonfuls of baking powder. Roll out thin, cut in diamonds or rounds, sprinkle with sugar and cinnamon, decorate with three almonds and bake until brown.

**HERE** is not any virtue the exercise of which even momentarily will not impress a new fairness upon the features. —Ruskin.

**SUNDAY NIGHT TEA.** A dainty and nice little salad to prepare for a night lunch is dates and cottage cheese. The cheese should be well seasoned and arranged on lettuce leaves, with three or four dates carefully stoned and washed and arranged on the cheese. No salad dressing will be needed with such a salad.

**Figs and nuts ground together in a food chopper and seasoned with a bit of salt and moistened with a tablespoonful of cream makes a fine filling for sandwiches.** For a refreshing spring sandwich nothing tastes better than sliced cucumbers with a bit of onion juice and lemon on bread and butter.

**Chopped green onions, seasoned with oil, vinegar and salt, make another good sandwich filling.** A cup of hot cocoa on a chilly night is most acceptable, and with a salad is enough for a simple meal.

**After a late heavy Sunday dinner, a very light lunch is best.** For those who are not satisfied with that, a heavier dish, such as sliced roast of beef with Mexican or Spanish sauce, or an escalloped dish of eggs, macaroni and cheese and white sauce will be found quite satisfying enough.

**Milk toast, made of nicely toasted and buttered bread and a white sauce of rich milk or thin cream, is an especially good supper for little people.** A hot soup on a cold night warms one and is a good beginning for a light supper.

**For older ones the addition of grated cheese will be pleasing, and they will not find it hard of digestion.** Small cakes of many kinds, with a dish of canned fruit, is another good accompaniment with other things for a supper.

**Sponge cakes cut open and filled with sweetened and flavored whipped cream are never refused by old or young, and this is one cake the young-**

**Balsam's Copy.** The prolongation of the Rue de Rennes on the left bank of the Seine, at Paris, France, has already commemorated the famous Passage du Port Neuf, described by Zola in "The House of Gervaise," and it now seems that the house in which Balsam installed his printing office in the Rue Visconti, or the Rue des Marais, as it then was, is also doomed. It has been said that the failure of the printing business was the direct result of the enormous labor entailed in making corrections

**Philadelphia Has Finest "Zoo."** The Philadelphia zoo, founded in 1871 got a long start on other similar institutions in America, so that its collection of animals and buildings are now surpassed only by those of the zoological gardens in Europe. The New York zoo, in New York, was founded in 1858, and is by far the largest in the world. Cincinnati's zoological garden is a great credit to a city which, like Cincinnati, is not of metropolitan size. The National Zoological park at Washington, founded in 1891, has

sters like and are not injured by eating. Sardine and Pinola Sandwiches.—Mix twelve boned and skinned sardines with a tablespoonful of chopped stuffed olives or pinolas, add a tablespoonful of lemon juice and use for filling between buttered slices of white bread.

**SOME** of your hurts you have cured And the sharpest you still have survived. But what torments of grief you endured From evils which never arrived.

### DISHES TO TRY.

Select some of the large-sized onions, peel and take out the centers, leaving them cup-shaped. Boll gently ten minutes, then drain and fill with chopped chicken, seasoned and mixed with bread crumbs; add melted butter, salt and pepper and bake in a deep baking dish until tender. Dot with crumbs and butter, and brown. Serve with a white sauce.

**Deviled Tomatoes.**—Cook two eggs in the shell until hard, mash the yolks, add two tablespoonfuls of butter, a teaspoonful of powdered sugar, a little salt and pinch of mustard, a dash of cayenne, then add a well beaten egg and three tablespoonfuls of vinegar, and cook until smooth. Peel some tomatoes, dip the slices in seasoned flour and fry brown. Put into a hot dish and pour over the sauce.

**Normandy Tomatoes With Eggs.**—Cut small tomatoes in halves crosswise, dip in melted butter and fine crumbs and broil; put them where they will keep hot. Melt three tablespoonfuls of butter, add a few eggs (four or five, according to the family to serve), which have been beaten with a tablespoonful of water for each egg; salt and cayenne. Stir and cook; add a few tablespoonfuls of grated cheese and pour over well toasted bread which has been buttered. Lay on the tomatoes, broiled side up, and serve.

**W**OULDST thou fashion for thyself a self a wearily life? Then do not fret over what is past and gone; And spite of all thou mayst have left behind Live each day as if thy life were just begun. —Goethe.

### SUGGESTIVE IDEAS AND RECIPES.

In all of our cooking schools today the young people are taught to use utensils always instead of fingers in the cooking. We all like to feel that our food has been prepared in the most scrupulous manner. The spatula or flexible knife has taken away the time-honored custom of scraping out bowls and dishes with the index finger. The fear of spreading disease, and a knowledge of germs has made us all more careful of putting our hands into our cooking. The finger-nails, with the best of common care, cannot be immaculate, and the pores of the skin are large enough to harbor the whole congregations of bacteria. This agitation for care of food is not flippant, but is recognized by all thinking people as a necessity for decent living.

When cooking the fresh, new green peas, they are greatly improved by the addition of a teaspoonful of sugar to the water when boiling them. Sweet corn, sweet potatoes, carrots, turnips, and beets, when not very sweet, are improved by the addition of a teaspoonful of sugar to the water when cooking.

Clear tomato soup may be bought in cans, and one may have a few of these on the emergency shelf to make tomato sauce of, adding the seasonings desired, with the thickening of butter and flour, if needed. This is a great saving of time, and a half a can will be a generous supply for a sauce.

**Baked Kippered Herring.**—Wipe two kippered herrings, lay on a board and rub well with pepper, salt and cloves. Put them into a buttered baking dish, cover with vinegar, add a bay leaf, cover with buttered paper and bake in a moderate oven twenty minutes.

Springtime brings the appetizing of horseradish, which is such an addition to any dinner. Served with steak or fish it makes a sauce most acceptable.

**Nellie Maxwell.** in Balsam's manuscripts. "A composer did his hour of Balsam as a convict did his imprisonment," wrote Champfleury. The stupendous task of setting up Balsam's manuscripts is shown by the fact that "Cesar Biot-teau" had to be recomposed fifteen times in twenty days.

**A Defense.** Knicker—He scattered pearls before swine. Boeker—Well, aren't swine more intelligent than an gyster?

**Another Evil.** Willis—I see a fellow in New York look out \$350,000 insurance on \$300 worth of goods. Gillis—That's nothing. I know a lot of fellows who carry \$100,000 life insurance on a 30-cent life.—Puck.

# The Holy Spirit

By REV. JAMES M. GRAY, D. D., Dean of the Moody Bible Institute, Chicago.

TEXT—"Have ye received the Holy Ghost since ye believed?" Acts XIX, 2.

Paul met certain disciples in Ephesus whom at first he supposed to be Christian disciples, but in whose testimony there was that which led to the inquiry, "Have ye received the Holy Ghost since ye believed?" It is evident, therefore, from these words and from the sequel that it is one thing to be a disciple, and another thing to "receive the Holy Ghost." This brings up the whole question as to the relation of the Holy Spirit to the disciple, or the believer in Christ.

1. The personality of the Holy Spirit. We should keep in mind that the Holy Spirit is a divine person. Personality consists in self-consciousness and free will, and that the Holy Spirit possesses personality in this sense is evident from three things: (a) He has the attributes of personality; (b) He does the works of a personality; (c) He has the names of a personality. Speaking of his attributes, there is one which, more than any other, helps to a realization of his personality. His attribute of love, which is referred to only in Romans 15:30. Do you know that the Holy Spirit loves you, as a believer in Christ, with a love in some sense distinct from that either of the Father or the Son? How marvelously near that brings him to our hearts! The Father's love manifested itself in the giving of His Son; the Son's love in the offering of himself upon the cross, and the Holy Spirit's love in taking up his abode in us.

2. The indwelling of the Holy Spirit. This brings us to the second thought, viz., the indwelling of the Holy Spirit. That indwelling was promised in John 14:16-17. He had dwelt "with" the disciples therefore, but he was to dwell "in them" by and by. He had been as a power acting on them from without; but thereafter he was to influence them from within. The promise was renewed again in Acts 1:4-5, where the indwelling was spoken of as the "baptism" of the Holy Spirit. The realization came on the day of Pentecost, when the disciples were indwelt, baptized and filled with the Holy Spirit at one and the same time.

This transaction, however, as far as the first two terms are concerned, was not limited to the church assembled on that day, but applies to the whole church since. Such would seem to be suggested by 1. Corinthians 12:13-14, where 20 years after Pentecost we are taught that as believers "we were all baptized by one Spirit into one body." What "body" it means if not the body of Christ, the church? And what "baptism" if not that "one baptism" on the day of Pentecost? Is it not in consideration of this fact that Paul is able to say to this same church, in another place, "What? Know ye not that your bodies are the temples of the Holy Ghost?"

3. The filling of the Holy Spirit. But while the first two terms of that transaction on the day of Pentecost, the indwelling and the baptism (which are one) were for the whole church potentially, and for all time, yet the same does not apply to the third, the filling of the Holy Spirit. There is but one indwelling, but many fillings. We gather this from Acts 5:31, where the same persons who were "filled" on the day of Pentecost were re-filled on a subsequent occasion. And again, in Acts 6, when men are to be chosen to the office of deacon it must be by those who are "full of the Holy Spirit," as if some were thus spiritually equipped while others were not. It is something corresponding to this, therefore, which Paul has in mind in our text, when he said, "Have ye received the Holy Ghost since ye believed?" The reception of the Holy Ghost on their part resulted in an endowment of power, but in other places of the Acts, notably the fourth chapter, it is seen to have resulted not only in the spirit of power, but of unity and love. It is this that we ministers, evangelists and Christian workers need and that the whole church needs in order to accomplish her mission for Jesus Christ on earth.

How may the fillings of the Holy Spirit be received by the believer on the Lord Jesus Christ? Prayer, obedience and faith seem to be the only conditions. If they may be called conditions. Speaking of faith, there is a sense in which the gift of the Holy Spirit, I. e., the filling of the Holy Spirit, should be received by us definite an act on our part as that by which we laid hold of salvation through Jesus Christ; but this faith is not likely to be experienced where obedience is not present. "God giveth the Holy Ghost to them that obey him," Peter says (Acts V.), and this agrees perfectly with the teaching of the Old Testament in Proverbs 1: "Turn ye at my reproof, behold, I will pour out my spirit unto you." Nor is this obedience merely occasional with some great thing, but it is to be usual and common in the little things. The Christian whose habit it is to please God after the examples of his well-beloved Son, is one to whom the Holy Spirit is not given by measure. May God in his grace teach us this lesson.

Be always doing something serviceable to mankind, and let this constant generosity be your only pleasure. Marcus Aurelius.

## SOLEMN WARNING TO PARENTS.

The season for bowel trouble is fast approaching and you should at once provide your home with King's Diarrhoea and Dysentery Cordial. A guaranteed remedy for Dysentery, Cholera Morbus, Flux, Cholera Infantum and all kindred diseases. Numerous testimonials on our files telling of marvelous cures can be had by request.

Mr. Robert Yount, who is employed by me at Fullers, N. C., was quite ill recently with a stubborn attack of dysentery. He was treated by physicians without benefit, and continued to grow weaker. Half a bottle of King's Diarrhoea and Dysentery Cordial completely cured him, and he said unless he knew where more could be obtained he would not take ten dollars for the other half of the bottle.—A. W. Fuller.

Sold by all medicine dealers. Price 25 cents the bottle. Adv.

## ITCHING, BURNING ECZEMA

317 S. Wolfe St., Baltimore, Md.—"My trouble was caused by a severe sprained ankle; the bruised blood not having been drawn off caused a skin affection which the doctors pronounced eczema. It first started with an itching and burning, with very dry skin. Constant scratching, especially during the night finally broke the skin, and during the day the watery fluid that came from it would dry and peel off like fish scales. My stocking would stick to my ankle as if it were glued. I also had it on my fingers."

"I was treated without getting any benefit. I began using Cuticura Soap and Ointment as directed and then applied the Cuticura Ointment and bound the ankle with a soft bandage, after bathing it with Cuticura Soap. They cured me in about two months." (Signed) T. W. Henderson, Dec. 2, '11. Cuticura Soap and Ointment sold throughout the world. Sample of each free, with 32-p. Skin Book. Address post-card "Cuticura, Dept. 1, Boston." Adv.

Made the Indian Chief Understand. A Kansas City minister, visiting an Indian reservation in Idaho, inquired of a government agent when the missionary could be found.

"The chief can probably tell you," replied the agent, pointing out his tent. "Clasp your hands, look heavenward and ask, 'Jesus man!' He will understand you, doubtless."

"I presume you are seeking the missionary?" replied the Indian in excellent English. "Please be seated, sir, he will be in presently. If you will excuse me I will go down to the agency and lambast into unconsciousness that fool clerk who directed you here."

**GRANULATED EYELIDS CURED** The worst cases, no matter of how long standing, are cured by the wonderful, old reliable Dr. Porter's Antiseptic Healing Oil. Believe what he says and he will cure you. 50c. 100c. \$1.50.

**Quite Apparent.** "Do theatrical angels have wings?" "Certainly. That is how their money flies."

Dr. Pierce's Pleasant Pellets first put up 40 years ago. They regulate and invigorate stomach, liver and bowels. Sugar-coated clay granules. Adv.

Charity covers a multitude of sins that ought to be exposed.

# Women of Middle Age

**From 40 to 50 Woman's Critical Period.** Such warning symptoms as sense of suffocation, hot flashes, severe headaches, melancholia, dread of impending evil, palpitation of the heart, irregularity, constipation and dizziness are promptly treated by intelligent women who are approaching the period of life.

This is the most critical period of woman's life and she who neglects the care of her health at this time invites incurable disease and pain. Why not be guided by the experience of others and take Lydia E. Pinkham's Vegetable Compound? It is an indisputable fact that this grand old remedy has helped thousands of women to pass through this trying period with comfort and safety. Thousands of genuine and honest testimonials support this fact.

**From Mrs. HENRY HEAVILIN, Cadiz, Ohio.** Fort Worth, Texas.—"I have taken Lydia E. Pinkham's Vegetable Compound and derived great benefit from its use. It carried me safely through the Change of Life when I was in bad health. I had that all gone feeling most of the time, and headache constantly. I was very nervous and the hot flashes were very bad. I had tried other remedies and doctors, but did not improve until I began taking Lydia E. Pinkham's Vegetable Compound. It has now been some time since I took the Compound and I have had no return of my old complaints. I always praise your remedies to weak women."—Mrs. HENRY HEAVILIN, R. F. D. No. 5, Cadiz, Ohio.

**From Mrs. EDWARD B. HILBERT, Fleetwood, Pa.** Fleetwood, Pa.—"During the Change of Life I was hardly able to be around at all. I always had a headache and I was so dizzy and nervous that I had no rest at night. The flashes of heat were so bad sometimes that I did not know what to do. "One day a friend advised me to take Lydia E. Pinkham's Vegetable Compound and it made me a strong, well woman. I am very thankful that I followed my friend's advice, and I shall recommend it as long as I live. Before I took the Compound I was always sickly and now I have not had medicine from a doctor for years. I always publish my letter."—Mrs. EDWARD B. HILBERT, Fleetwood, Pa.

**From Mrs. F. P. MULLENDORE, Munford, Ala.** Munford, Ala.—"I was so weak and nervous while passing through the Change of Life that I could hardly live. My husband had to nail rubber on all the gates for I could not stand to have a gate slam. "I also had backache and a fullness in my stomach. I noticed that Lydia E. Pinkham's Vegetable Compound was advertised for such cases and I sent and got a bottle. It did me so much good that I kept on taking it and found it to be all you claim. I recommend it to all women afflicted as I was."—Mrs. F. P. MULLENDORE, Munford, Ala.

Write to LYDIA E. PINKHAM MEDICINE CO. (CONFIDENTIAL) LYNN, MASS., for advice. Your letter will be opened, read and answered by a woman and held in strict confidence.

**W. L. DOUGLAS** SHOES FOR MEN AND WOMEN. \$3.00 \$3.50 \$4.00 \$4.50 and \$5.00. The largest makers of Men's \$3.50 and \$4.00 shoes in the world. Ask your dealer to show you W. L. Douglas \$3.50, \$4.00 and \$4.50 shoes. Just as good in style, fit and wear as other makes costing \$6.00 to \$7.00—the only difference is the price. Shows in all leathers, styles and shapes to suit everybody. If you could visit W. L. Douglas large factories at Brockton, Mass., and see for yourself how carefully W. L. Douglas shoes are made, you would then understand why they are warranted to fit better, look better, hold their shape and wear longer than any other make for the price. If W. L. Douglas shoes are not for sale in your vicinity, order direct from the factory and save the middleman's profit. Shoes for every member of the family, at all prices, by direct factory issue. Write for illustrated catalogue. It will show you how to order by mail, and why you can save money on your footwear. W. L. Douglas shoes are stamped and guaranteed the same in the United States and in the Dominion of Canada. W. L. DOUGLAS, Brockton, Mass.

**GREENSBORO COMMERCIAL SCHOOL** Teaches Bookkeeping, Shorthand and the Commercial Branches. Courses by mail. Able and experienced teachers. One of the oldest and most reliable schools in the state. Write the School at Greensboro, North Carolina, for information before taking a business course. No vacation.

**WHY INCUBATOR CHICKS DIE** Write for book saving young chicks. Send us names of 7 friends that use incubators and get book free. Kalsal, Kennedy Co., Blackwell, Okla.

**KODAK FINISHING** by photographic specialists. All work developed for the Kodak Co. Prints to be sent. Mail your photos to Dept. E. PARSONS OPTICAL CO., 244 King St., Charleston, S.C.

**TYPEWRITERS** All makes, sold, rented and repaired. Rental typewriters by mail. Rent \$1.00 per month. Rental typewriters by mail. Rent \$1.00 per month. JOHN L. THOMPSON SONS & CO., Troy, N.Y.

**THOMPSON'S EYE WATER** Quickly relieves eye troubles. All eye troubles caused by dust, wind, or other irritants. Write for full particulars. JOHN L. THOMPSON SONS & CO., Troy, N.Y.

## Classified Column

**5% MONEY.**—To buy, build, improve property and lift mortgages, long time, easy payments, with prepayment privileges. J. W. Ponder, 612 Mutual Bldg., Richmond, Va.

**NEW, BEAUTIFUL RUGS,** woven from your old worn carpets, superior to any in service; plain or designed; any size. Catalogue free. Oriental Rug Co., Baltimore, Md.

**WHITE LEGHORNS,** Buff Orpingtons, White Plymouth Rocks, Vigorous, hardy stock. Eggs for hatching and Baby Chicks. Mating List Free. Bacon & Haywood, 200 Springfield Ave., Guyton, Ga.

**WANTED.**—Agents to sell our new book, "The American Flood Disaster." We pay best commission. Act quickly. Outfit free upon receipt of ten cents to pay part of mailing expenses. C. H. Robinson & Co., 300 N. Tryon St., Charlotte, N. C.

**WANTED.**—Ladies and Gentlemen. Sell the brightest books ever published. "Lectures" and "Life" of Bob Taylor. Greatest proposition ever; everybody's buying them. Agents reaping rich harvest. Get busy. Liberal Commission. Bob Taylor Publishing Co., Nashville, Tenn.

**Charlotte Directory** MONUMENTS. First class work. Write for prices. Wackenburg Marble & Granite Company, Charlotte, North Carolina.

**FREE** Send your name and address on postal card, receive sample FREE. "I take the pleasure of offering you the greatest liver medicine known to date." Write today. W. L. BARRETT, DEPT. A, BOX 209, CHARLOTTE, N.C.

**900 DROPS** ALCOHOL—3 PER CENT Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of INFANTS CHILDREN Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral NOT NARCOTIC. Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP. Fac Simile Signature of J. C. Ayer & Co. THE CENTRAL COMPANY, NEW YORK.

**CASTORIA** For Infants and Children. The Kind You Have Always Bought Bears the Signature of J. C. Ayer & Co. In Use For Over Thirty Years CASTORIA