

# COULDN'T EXPLAIN TERRIBLE ORDEAL

Through Which She Had to Go, Everyone Who Saw Her Thought She Had No Chance.

Carrville, Ky.—In advice from this town, Mrs. Hattie Cain says: "For 15 years, I was a great sufferer from womanly trouble, and would have to send for a doctor about every three months, and sometimes oftener. I cannot explain to you how dreadfully I suffered at these times. I would have convulsions, and it seemed that I would die.

Everyone who saw me, thought there wasn't any chance for my recovery. The doctor said he thought I should have an operation, but I couldn't consent to that, so he said for me to try Cardui, the woman's tonic, as maybe it would help me.

I began taking Cardui, and Oh! Such a surprise it was to me! The first bottle I took, I knew it was the medicine for me, for I began to mend right away. After taking nine bottles, my condition was perfect.

It has now been seven years since I was in such wretched health, and I can do more work, can walk and go where I please, and it doesn't hurt me. I owe all of this to Cardui.

I have induced several of my neighbors to take it and it worked like a charm. Give Cardui a trial for your troubles. N. B.—Write to: Chattanooga Medicine Co., Ladies' Advisory Dept., Chattanooga, Tenn., for Special Instructions on your case and 64-page book, "Home Treatment for Women," sent in plain wrapper. Adv.

Neighborly Hint. "People as keep 'em," observed the lady at No. 17 Acacia terrace, "should keep 'em at 'ome. One o' these odd days, when your fowls come scurrying in our garden, you'll be missin' some."

The lady of No. 19 sniffed the air in defiance. "If you was to feed your cat prople, 'p'raps it wouldn't go 'untin' round for bulbs," she observed. "Then you wouldn't lay the blame on 'em what belongs to your neighbors."

A week later the lady of No. 17 again addressed her next-door neighbor. "Thanks for your 'int about treatin' our cat better," she said. "Pleased you found it pay," returned No. 19.

"We should never a-found out what a wonderful cat it was if 'adn't been for you," smiled No. 17. "Since you spoke about it I made it up a couple of straw beds in the tool 'ouse and sprinkled a little barley about, and blest if that cat ain't laid two nice eggs every mornin' since."

And next day there was a wire fence round the hen house at No. 19 that an elephant couldn't break through.

RINGWORM SPREAD ON FACE. Campbell, Va.—"I have been troubled with ringworm on the right side of my face for six or eight years. It began with just very small pimples in spots and continued to spread more every year until it covered the right side of my face. It was red, rough and in circles, and itched and burned very much. It was sore when I scratched my face and it worried me so much, I couldn't keep from scratching. It looked very bad; I would hate to go out while it was on my face. Every one noticed it and some would ask what it was.

"I tried some home remedies before using Cuticura Soap and Ointment, such as — and — I could only find temporary relief until I began to use Cuticura Soap and Ointment. I put the Cuticura Ointment on my face and let it stay on for about an hour and then I washed my face with Cuticura Soap. I used the Cuticura Soap and Ointment for one month, and I was cured." (Signed) Miss Virginia Woodward, Feb. 21, 1912.

Cuticura Soap and Ointment sold throughout the world. Sample of each free, with 52-p. Skin Book. Address post-card "Cuticura, Dept. L, Boston." Adv.

She Was Tired. The nervous old lady approached the porter in the sleeping car anxiously. "Oh, porter, porter, where do I sleep?" "What is de numbah ob youah berth, mam?" he asked. She looked at him questioningly for a moment, then said: "I don't see what that has to do with it, but if you must know, it is third; there were a brother and a sister born before me."

Golden Rule in Business. You get your money's worth every time. Hanford's Balsam is guaranteed to cure ailments and injuries that can be reached by external application or your money will be refunded by the dealer. Getting a bottle now is like taking out insurance. Adv.

# NOTES From MEADOWBROOK FARM



Feed the calf regularly.

Keep thrifty, vigorous ewes.

Handle the new calf as you would a new baby.

Don't sow alfalfa seed on very recently plowed land.

All sources of plant food should be utilized by the farmer.

The temper of a man is revealed by the manners of his horses.

No animal will attain to as good results as the one liberally fed.

Rhubarb or pie plant is one of the perennials that should be in every garden.

The big secret in keeping butter is to have it good to begin with, then keep it cold.

For a cheap but effective milk strainer nothing beats several thicknesses of cheesecloth.

Let the cream can have the coolest place in the cellar if a tank of cold water is not available.

Dairying goes by spurts, but don't you spurt. Keep a steady hand on the spurting apparatus.

To sell off a cow because she will bring a good price does not go far toward improving the herd.

Turkey hens are considered profitable until five years old, but toms ought to be changed every year.

The cause of dead chicks in the shell can sometimes be traced to stock that has been too closely inbred.

Letting the calf run with the cow sometimes has a good effect on hard milkers and other udder troubles.

Ice-cold water checks the milk flow and so affects the cow that it is apt to be detrimental to her unborn calf.

In dairying there is no excuse for the man who goes at it blindly to blame luck and weather for his failure.

Two of the best acreage saving money making propositions up to the farmers today are silage and alfalfa.

Have another round with the insect pests of your hen houses. It will help your birds to do their level best this season.

Whether brood mares or geldings, it is the well-fed horse that exhibits the greatest endurance and efficiency in the harness.

Know what you must spray for, then do the work right. Don't expect any one spray material to be a universal remedy.

Hogs by nature like a good clean bed to line in. They will do all the better for it, because they will be more comfortable.

In purchasing a boar it is well to bear in mind that one with heavy bones is more to be desired than one of the slight build.

At no season of the year should water stand around the trees and vines. Their roots will not stand it. There must be proper drainage.

Don't wait till planting time to secure seeds, and then buy package seed from the grocery store. This seed is apt to be of inferior quality.

Throw away the first few streams of milk from the teats. This milk is very watery and of little value and is quite apt to injure the remainder of the milk.

It takes a little time to remove all refuse matter from the last feed before giving fresh rations, but this pleases the cow and it is worth while to humor her fancy.

A good plan is for the poultry yard to open in the barnyard, and it is better if it were located near the straw-stack. There should always be an abundance of south front.

Trim out the dead limbs, suckers and branches that are too close together among the shrubs. Shrubs that flower in the spring should not be pruned until they are through blooming.

The report of the Commonwealth of Massachusetts shows that as a result of its efforts to dispose of unoccupied farm lands about 100 farms have been sold at an average price of \$3,600.

The lowest priced seeds are often the most expensive in the long run. Don't buy seed because it is cheap. Pay a good price for it, and test before planting in all cases. Vegetable seed ought to test 90 per cent. at least.

Healthy fowls do not need medicine any more than does a member of the human family who is in good health, and since it is the nature of all hens to lay, there is no reason why stimulants should be given. There are many things which will, no doubt, increase the egg supply for a short time, but disaster is sure to follow.

For business use Hanford's Balsam. Apply it thoroughly several nights and rub in well. Adv.

Believe burning your bridges behind you, it might be well to see that they are fully insured.

Bees keeping is profitable.

Deep plowing pays in the garden.

A dairy cow is not constructed to stand exposure.

Feeding skim milk has a tendency to whiten the flesh.

Regularity in feeding cattle is of the utmost importance.

Spray the fruit trees. It is good insurance for this year's crop.

Use the dishwasher as a fertilizer. Throw it on the compost heap.

A man can hardly miss a good market when he has first-class stock.

It must not be forgotten that food favors the flesh as well as the egg.

Dead fowls should never be allowed to lie about the premises. Burn them.

Rub the dust off the windows and let the light enter the chicken house.

The cow that is to do her best must be well fed, well sheltered and well cared for.

Tainted, musty or moldy feeds should never be served in the dairy herd rations.

Cows are not always to blame for being unprofitable. Often the fault is nearer home.

An economical use of roughage about the farm is greatly in favor of winter dairying.

Clean, wholesome feed in the right amounts and clean quarters usually insure healthy calves.

Be thorough about washing the separator. Do it upon honor, not once in a while, but every time.

Sweep up every article of silage in the chute and alleyway, and give it to the cows at every feeding.

Running the incubator two or three days before putting in the eggs gives the machine time to steady down.

Wood ashes spoil hen manure when mixed with it; they also hurt the feet of hens that walk through them.

A few turnips, cabbage, beets, etc., will relieve the monotony of dry feeds and help the milk flow wonderfully.

Make another inspection of the breeding pens and see that there are no dull, sickly-looking fowls in them.

A little earth in the bottom of the brooder makes it more to the liking of the chicks, but change it frequently.

Cold rains are much harder on cows than dry cold. Damp cold penetrates to the bones. Provide dry shelter.

Hogs at all times should have salt and charcoal, but the need is increased when they are put on full feed.

A calf's inside "workin'" are sensitive and easily upset. A single feed of milk too hot or too cold, may start trouble.

Turn the separator with a steady, uniform hand and flush down with skim milk or water at the end of separation.

It is quite customary among dairymen to quit feeding calves skim milk when they attain the age of eight or nine months.

Winter dairying provides more care and better feeding, but it also comes at a time when it is possible to give this care and feeding.

If you don't believe in keeping cows comfortable visit the tables of the men with the big cream check. That ought to convince you.

One pound of grain for every three pounds of milk produced is the commonly accepted winter feeding ratio among business dairymen.

Those who make a success of spraying fruit trees order the spraying mixtures before spring opens. They can then spray in season without delay.

A farmer should raise everything consumed by his family that his soil and climate will produce, when in so doing the cost does not consume the profit.

The manure that is taken from the barnyard to the field is out of the way before spring work, and it makes a great improvement in the farm surroundings.

It is worth while to have a good churn. Cream spattered far and near not only wastes the most valuable resource of the farm, but it makes the room look bad.

Alfalfa will usually do well in an orchard, but it is the hardest crop on fruit trees that you can grow. Clean culture until late summer is the best for the orchard.

Keep the cows salted regularly even if the weather is stormy and so save part of the churning trouble. Should the cows lack salt, add some to the cream if it does not churn easily.

Grape vines on a well kept overhead trellis in the back yard improve the looks of the place wonderfully. Then there is the shade in summer, and, best of all, the delicious fruit.

An attractive opportunity awaits farmers who undertake the production of high-class commercial mules and it is certain that many farmers will grasp the opportunity within the next few years.

It requires careful management to plan farm work so that the work horses are supplied with steady work at all times during the rush season. Idle horses, like idle men, are an expensive luxury.

# THE KITCHEN CABINET



WAYS OF USING CORN.

Green corn is usually preferable in most of these dishes, although the canned will give good results. As a vegetable, corn is so often served with butter and milk, and this monotonous grows tiresome. A salad, a soufflé, fritters and any number of combinations are good.

Corn Soufflé.—Melt a tablespoonful of butter and add to it a tablespoonful of sifted flour; stir until smooth, then add one by one three beaten egg yolks and a cup of hot milk. Cook until smooth, add a cup of corn, fresh or canned, season with salt and pepper, then fold in the well beaten whites. Put into a buttered mold or into individual molds and bake in a hot oven twenty minutes. Serve in the dish in which it is baked.

Baked Tomatoes and Corn.—Select small-sized tomatoes of uniform size, scoop out the pulp from the stem end without peeling; turn upside down and drain. Mix a cup of corn with two eggs, a tablespoonful of butter and one of flour, creamed together; season well with salt and pepper, fill with the mixture and bake in a moderate oven twenty minutes. Serve with a garnish of parsley.

Corn Salad.—This is best with freshly boiled corn cut from the cob. Use equal quantities of corn and freshly boiled rice; season and add sufficient mayonnaise. Serve in lettuce cups, very cold.

If one can get fresh clams, corn and clams make a most delightful combination. Chop half a green pepper and a slice of onion together; cook in a quarter of a cupful of butter until soft, add a quarter of a cupful of flour and stir until foamy. Heat a pint of clams in their own juice, drain and chop. Measure the clams and take equal parts of fresh grated corn and flour; add two beaten eggs and three tablespoonfuls of cream, and stir into the clam juice, but do not boil. Butter some clam shells, put in the mixture and cover with buttered crumbs. Serve on a napkin on a hot platter. Garnish with parsley.

Learned essayist writes of "the isolation of fine manners," but it may well be questioned whether manners which do isolate really are fine. The perfection of breeding creates an atmosphere which brings out the best that is in others and which helps all well-meaning people to feel comfortable and at ease. We admire the grandeur and like a suggestion.

A FEW CHANGES IN BREAD. The staff of life is bread, so a few variations of that staple may not come amiss.

Whole Wheat Bread.—Take a pint of whole wheat flour, a teaspoonful of soda and two of cream of tartar, a teaspoonful of salt and three-fourths of a pint of cold water. Sift the dry ingredients together, then add the water; stir well, then place in a well-greased tin, cover with buttered paper and steam for one hour. Remove and bake in the oven, which gives it a crisp, nutty flavor.

Southern Spony Bread.—Pour a cup of boiling water on half a cup of corn meal, stirring briskly to keep it from lumping; cook five minutes over the heat, add a tablespoonful of butter, half a teaspoonful of salt, then remove from the fire and add a half cup of milk, a well beaten egg; pour into a well buttered baking dish and bake in a moderate oven twenty minutes, letting it brown well before removing. Serve from the dish with a tablespoon.

Fig Bread.—When the bread dough is risen, take two cupfuls of it and put into a bowl, add a half cup of butter a pound of sugar, a cup of milk, a pound each of raisins and figs, a teaspoonful of salt, spices to taste; mix all together and place in bread pans. The fruit is cut fine and mixed with flour, so that it is evenly distributed. About two cupfuls of flour will be needed. Make into loaves and bake when well risen.

Bran Bread.—Take four cupfuls of wheat bran, two cups of whole wheat flour, three-fourths of a cup of New Orleans molasses, a teaspoonful of

Good Advice. Don't use a noun and then an adjective that crosses out the noun. An adjective qualifies, it cannot contradict. Don't say: "Give me a patriot that is free from all boundaries." It is like saying: "Give me a pork pie with no pork in it." Don't say: "I look forward to that larger religion that shall have no special dogmas." It is like saying: "I look forward to that larger quadruped which shall have no feet." A quadruped means something with four feet; and a religion means something

Famous Statue in Mexico City. One of the chief works of art in Mexico City is the bronze equestrian statue of Charles IV. It is called "The Iron Horse" and "The Little Horse." It stands in the Plaza de la Reforma. Visible from many directions, it serves for a landmark to visitors unacquainted with the southwestern part of the city. It was, according to Perry's "Mexico," the first important bronze statue made in America. Humboldt declared it the second finest equestrian statue in the world, the first being in

his opinion, that of Marcus Aurelius at Rome. It has ever been unpopular with the Mexicans. It has occupied several sites in the city, and its several removals have caused it to be dubbed "El Caballito de Troya" (the Little Trojan Horse).

Safer Way. "Why do you let the policeman gobble your peanuts?" "I don't want to be murdered," answered the New York vendor, with a grin.—Boston Post.

Barber—Poor Jim has been sent to a lunatic asylum. Victim (in chair)—Who's Jim? "Jim is my twin brother, sir. Jim has long been broodin' over the hard times, an' I suppose he finally got crazy."

"Is that so?" "Yes, he and me has worked side by side for years, and we were so alike we couldn't tell each other apart. We both brooded a great deal, too. No money in this business now."

"What's the reason?" "Prices too low. Unless a customer takes a shampoo it doesn't pay to shave or haircut. Poor Jim, I caught him trying to cut a customer's throat because he refused a shampoo, so I had to have the poor fellow locked up. Makes me sad. Sometimes I feel sorry I didn't let him slash all he wanted to. It might have saved his reason. Shampoo, Sir?"

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Mr. Robert Yount, who is employed by me at Fullers, N. C., was quite ill recently with a stubborn attack of dysentery. He was treated by physicians without benefit, and continued to grow weaker. Half a bottle of King's Diarrhoea and Dysentery Cordial completely cured him, and he said unless he knew where more could be obtained he would not take ten dollars for the other half of the bottle.—A. W. Fuller.

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DOES YOUR HEAD ACHE? Try Hicks' CAPUDINE. It's liquid—pleasant to take—effects immediate—good to prevent Sick Headaches and Nervous Headaches alike. Your money back if not satisfied. 10c, 25c, and 50c at medicine stores. Adv.

THE KITCHEN GARDEN. Of course, people who live in the country, or in small towns, where they have a generous space for a garden, will do many more things for their families thereby than they who have but a few square feet for the garden. Even people who live in closely settled cities, where there is nothing but an ash barrel or garbage can for a background, have made the barrel to blossom like the rose. Fill a barrel with well-rotted horse manure and plant some seeds of radish and cucumbers in it. If it has a warm, sunny place, you can grow your cucumbers on a rack, using care to wet the ground, not the plant, when watering, and soon you will be rewarded by a good crop of crisp and refreshing cucumbers.

If you have urns or tiles for plants in the grounds, too early for their rightful possessors, sow radish and lettuce seed in them. They will grow like weeds in the warm sun and be ready to vacate the place by the time you wish to put the plants out.

Three square feet for a lettuce bed will supply the family all summer with nice crisp salad. If one likes head lettuce, it needs more room, is worth more in time and trouble, but pays for all the time put into it.

W. L. Douglas SHOES \$3.00 \$3.50 \$4.00 \$4.50 AND \$5.00 FOR MEN AND WOMEN

Thousands of Farmers and Stockmen know it already, and a trial will convince you that DR. PORTER'S ANTISEPTIC HEALING OIL is the most wonderful Remedy ever discovered for Wounds, Burns, Old Sores, Carbuncles, Granulated Eyelids, all Skin or Scalp Diseases, and also for Barbed Wire Cuts, Galls, Sores, Scratches, Shoe Boils, Warts, Mange on Dogs, etc. Continually people are finding new uses for this famous Old Remedy. Sold by nearly all Druggists. If your Druggist hasn't it, send us 50c. in stamps for medium size, or \$1.00 for large size, and it will be sent by Parcel Post. Money refunded if not satisfactory. We mean it. Paris Medicine Co., 2622 Pine St., St. Louis, Mo.

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# YES, HE WANTED A SHAMPOO

Under the Circumstances Most Men Would Have Felt That They Did Really Need the Attention.

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# BACKACHE IS DISCOURAGING

Backache makes life a burden. Head-aches, dizzy spells and distressing urinary disorders are a constant trial. Take warning! Suspect kidney trouble. Look about for a good kidney remedy.

Learn from one who has found relief from the same suffering. Get Doan's Kidney Pills—the same that Mr. Sweet had.

A Connecticut Case. Eugene Sweet, of Tolland, Ct., writes: "For weeks I was sick in bed because I couldn't urinate. I suffered torture from the sharp pain across my loins, and was greatly troubled by the free passage of the kidney secretion. Doan's Kidney Pills cured me completely after doctors failed."

Get Doan's at Any Store, 50c a Box. DOAN'S KIDNEY PILLS. FOSTER-MILBURN CO., BUFFALO, N. Y.

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Paxtine A Soluble Antiseptic Powder