

GIRLS! GIRLS! TRY IT, BEAUTIFY YOUR HAIR

Make It Thick, Glossy, Wavy, Luxuriant and Remove Dandruff—Real Surprise for You.

Your hair becomes light, wavy, fluffy, abundant and appears as soft, lustrous and beautiful as a young girl's after a "Danderine hair cleanse." Just try this—moisten a cloth with a little Danderine and carefully draw it through your hair, taking one small strand at a time. This will cleanse the hair of dust, dirt and excessive oil and in just a few moments you have doubled the beauty of your hair.

Besides beautifying the hair at once, Danderine dissolves every particle of dandruff, cleanses, purifies and invigorates the scalp, forever stopping itching and falling hair.

But what will please you most will be after a few weeks' use when you will actually see new hair—fine and downy at first—yet—really new hair—growing all over the scalp. If you care for pretty, soft hair and lots of it, surely get a 25 cent bottle of Knowlton's Danderine from any store and just try it. Adv.

Carbines for Cavalry.

A proposition to convert the new Springfield rifle into a carbine for the use of the mounted service is being considered by the ordnance officers of the army. The plan is to shorten the barrel of the rifle four inches, and by so doing to reduce its weight by two pounds, thus making it much easier to handle by the mounted troops. The sights also are to be adjusted to meet the shortening of the barrel.

The decrease in the muzzle velocity, it is claimed, will not be so great as to interfere with its effectiveness up to a range of 1,500 yards. The ordnance department had been asked to make a report on the proposition, and the cavalry board will take it up and include it in its report on the reorganization of the cavalry and on the new equipment.

MRS. RIVERS DISCLOSES SECRET

Matter Didn't Prove Experiment After All, and She Now Makes It Public.

Mineral Springs, Ark.—In a letter from this place, Mrs. J. M. Rivers says: "If it had not been for Cardul, the woman's topic, no doubt I would have been in my grave."

I was sick all of the time for 10 years, and took medicines constantly. I suffered terribly. At last, I decided I would just try Cardul on my own book, and kept it a secret. It was certainly a God-send to me. Since taking it, I have no pain whatever, feeling good, and can wrestle with my 16-year-old son. In fact, I don't feel over 16 myself. As happy as a lark. When I began taking Cardul I only weighed 101 lbs. Now I weigh 117½ lbs., and am going to continue taking Cardul until I weigh 135.

I just can't say enough for Cardul, and I believe if all women who suffer from womanly troubles would take it, there would be more happy homes."

Using Cardul is no experiment. It has stood the most severe of all tests—the test of time. Cardul has been in use for over half a century, and in this time has benefited more than a million women. It is composed of purely vegetable ingredients, which have been found to build up the vitality, tone up the nerves, and strengthen the womanly constitution.

That it has helped others is the best of proof that it will help you. Try Cardul.

Turn About is Fair Play.

"A famous tenor," said Giulio Gatti-Casazza, "was invited one night to dinner by a Chicago trust magnate. The dinner was superb, but at its end the trust magnate asked the tenor to sing. This, of course, was as bad as inviting a doctor to dinner and then asking for a free prescription. So the tenor politely declined. The trust magnate, however, insisted. After five or ten minutes of this, the tenor said, with a laughe:

"Oh, well, every one to his trade. Let me see you pick a pocket. Then I'll sing."

FOR MALARIA, CHILLS, FEVER, Colds and La Grippe take Elzix Babek, a preventative and remedy.

Alexandria. Alexandria is Egypt's principal port and commercial center. According to statistics taken in 1908, Alexandria occupies third place among Mediterranean ports. Twenty-one ocean navigation companies maintain a regular scheduled service at Alexandria.

DOES YOUR HEAD ACHES?

Try HICK'S CAPUDINE. It's liquid—pleasant to take—effects immediate—good to prevent Sick Headaches and Nervous Headaches also. Your money back if not satisfied. 10c, 25c, and 50c. at medicine stores. Adv.

Important Question. "Woman" growled the villain, "the crime is on your own head."

DIVERSIFICATION ON SOUTHERN FARMS

Some Reasons for Getting Away From One-Crop Idea.

VITAL PROBLEM FOR FARMER

Must Inaugurate a Safe and Sane System of Farming to Enrich, Instead of Wearing Out Our Lands—Cotton Exhausts Humus.

(By G. H. ALFORD.)

There are two problems before us for solution. However, the most real and vital problem before us just at this time is to get our farmers to practice a safe and sane system of farming; one that will include crops to enrich instead of wear out our lands; one that will include plenty of good live stock to consume the surplus products and the leguminous crops that must be grown to enrich the land and to make manure to still further enrich the land—a system of farming that will grow the necessary corn, oats, wheat, rice, sugar cane, vegetables, fruits of all kinds, poultry, hogs, mules, horses, cattle, sheep and other live stock for home use and to sell at a price the people in our towns and cities can afford to pay.

The too exclusive culture of cotton has exhausted the humus, the life-giving principle in our soils; and the washing of the clean cotton fields has gone on to such an extent that millions of acres of the best land in the cotton belt have been ruined. The too exclusive culture of cotton makes it necessary to send the money obtained for cotton north to pay for corn, oats, pork products, mules, horses and other farm products. The too exclusive culture of cotton has caused overproduction, thereby forced the price far below an equitable one, so that there has been but little more than a bare living for cotton farmers. The too exclusive culture of cotton established the credit system. As long as our farmers raise their supplies at home there is no necessity for the credit system. The too exclusive culture of cotton compels us to buy on credit and dump all of our cotton on the market in the fall in order to satisfy our creditors and thereby force the price down.

If these statements be true, why have the farmers in the cotton belt not practiced diversification more generally long ago? Many say that the farmers have been compelled to plant cotton to get credit, and at the low prices of cotton, which so long prevailed, were unable to get out of debt and go forward unhampered on an independent basis. This is no doubt true of many thousands of farmers.

There are, of course, numerous reasons for the too exclusive culture of cotton, but the argument used by most cotton farmers is that cotton is the most profitable crop to grow and that the larger the area in cotton the larger the profits. These cotton farmers usually show by figures that an acre of land that will grow 40 bushels of corn will grow one bale of cotton and that the cotton will sell for more money than the corn.

Now, come, let us reason together for a few moments. The success of any system of farming cannot be judged by the crops or the next earnings for one year or for five years. Any system of farming that impoverishes the land is a miserable failure, no matter what the profits may be for one year or for five years. Our problems largely depend upon maintaining soil fertility, and for this reason any system of farming that causes a decline in the fertility of the soil is a shame and disgrace to our farmers.

Our greatest asset is the fertility of our soil. Just in proportion in which our soils are worn out, in that proportion is our prosperity diminished. No living man has ever acquired the art of growing good crops of grain, grasses, cotton or vegetables on poor land. Poor soil always means small yields; small yields always means poor people, and poor people always means the credit system, very little education, uncomfortable homes, poorly equipped farms, and, in fact, all that retards civilization.

In passing, permit me to suggest that corn with peas in the corn and peas grazed by hogs, and oats followed by soy beans or lespedeza will take the place of a large part of the cotton, and that you will make as large net profits from the sale of these crops as you make from cotton. Land that will make one-half to three-fourths bale of cotton per acre, on the average, one year with another, will make 30 bushels of oats and 20 bushels of soy beans, or two tons of lespedeza hay. The oats and soy beans or lespedeza hay will sell for more cash than the cotton. And wherein these crops and corn and oats used in a rotation surpass any one crop system, lies in the fact that the fertility of the soil is increased while with the too exclusive culture of cotton the fertility rapidly decreases.

The most destructive and energetic insect that the world has ever known is gradually covering the cotton belt. There is one hope and only one hope for the farmers, and that is the diversification of crops. The adoption of a sane and safe system of farming—one that will grow grasses, leguminous crops, oats, corn, hogs, sheep, cattle, mules, horses and some cotton will solve the boll weevil problem.

ENDS DYSPEPSIA, INDIGESTION, GAS

"Pape's Diapepsin" cures sick, sour stomachs in five minutes—Time It!

"Really does" put bad stomachs in order—"really does" overcome indigestion, dyspepsia, gas, heartburn and sourness in five minutes—that—just that—makes Pape's Diapepsin the largest selling stomach regulator in the world. If what you eat ferments into stubborn lumps, you belch gas and eructate sour, undigested food and acid; head is dizzy and aches; breath foul; tongue coated; your insides filled with bile and indigestible waste, remember the moment "Pape's Diapepsin" comes in contact with the stomach all such distress vanishes. It's truly astonishing—almost marvelous, and the joy is its harmlessness.

A large fifty-cent case of Pape's Diapepsin will give you a hundred dollars' worth of satisfaction.

It's worth its weight in gold to men and women who can't get their stomachs regulated. It belongs in your home—should always be kept handy in case of a sick, sour, upset stomach during the day or at night. It's the quickest, surest and most harmless stomach doctor in the world.—Adv.

Boys Prefer the Farm.

The farm boy has a tremendous advantage in the world. Early he is trained to self-reliance, to performance of duties, to regular labor. He has a sound body. He is eminently fitted to do the greatest things done in the world. He recognizes that the farm is the best place in the world in which to live. Ten chances to one he would prefer to stay on his father's farm. If the father can learn to make the farm pay well, if he can make it progressive, with hope of fine achievement at the end of the struggle, then most boys will stay. It is when the farm is stagnant, unprogressive, dead, almost hopeless, that the young man sets his face resolutely away from the farm.—Breeder's Gazette.

IF HAIR IS TURNING GRAY, USE SAGE TEA

Don't Look Old! Try Grandmother's Recipe to Darken and Beautify Gray, Faded, Lifeless Hair.

Grandmother kept her hair beautifully darkened, glossy and abundant with a brew of Sage Tea and Sulphur. Whenever her hair fell out or took on that dull, faded or streaked appearance, this simple mixture was applied with wonderful effect. By asking at any drug store for "Wyeth's Sage and Sulphur Hair Remedy," you will get a large bottle of this old-time recipe, ready to use, for about 50 cents. This simple mixture can be depended upon to restore natural color and beauty to the hair and is splendid for dandruff, dry, itchy scalp and falling hair.

A well-known druggist says every body uses Wyeth's Sage and Sulphur, because it darkens so naturally and evenly that nobody can tell it has been applied—it's so easy to use, too. You simply dampen a comb or soft brush and draw it through your hair, taking one strand at a time. By morning the gray hair disappears; after another application or two, it is restored to its natural color and looks glossy, soft and abundant.—Adv.

Uphanserable. Simeon Ford, New York's well-known humorist, said whimsically the other day, apropos of the death of J. Pierpont Morgan: "We learn from Mr. Morgan's life that wealth does not bring happiness. We know already that poverty doesn't bring it, either. What on earth then is a man to do?"—Argonaut.

INEXPENSIVE SULPHUR BATHS AT HOME

People travel long distances and spend large sums of money to secure the benefits of sulphur springs and baths because for generations sulphur has been known to be one of nature's most valuable curatives unequalled as a blood purifier. By dissolving 2 to 4 tablespoonsful of Hancock's Sulphur Compound in a hot bath you get the same effect and your system absorbs the sulphur through the pores of the skin. For prickly heat and summer skin troubles of infants and children use a teaspoonful of the Sulphur Compound in a bowl of warm water. This makes a refreshing bath and quickly alleviates the pain. Sold by all dealers 50c, a bottle. Hancock Liquid Sulphur Co., Baltimore, Md.—Adv.

ERADICATION OF QUACK GRASS

Badly Infested Field Should Be Plowed From Five to Eight Inches Soon as Crop is Removed.

(By ANDREW ROSS, Minnesota Experiment Station.)

Where a field is badly infested with quack grass it should be plowed from five to eight inches deep as soon as the hay or grain crop is removed. All portions of the grass must be turned under. Within a few days the plow should be followed by a disk harrow with the disks set straight at the first time over to avoid turning any of the sod. The disking should be repeated once or twice a week for six or eight weeks and occasionally after that until freezing weather.

Short crop rotations are useful in keeping quack grass under control and when arranged so as to provide an opportunity to attack the quack grass at the right time they will permit eradication of the weed without losing the use of the land.

Good Plan.

In the long run it is always a good plan to give a cow a dose of some laxative at the first symptom of udder trouble.

Dry. Miss Gush—I simply bathe in talcum powder—I do love it.

Miss Sar-Caaste—Sort of a dry cleaning, eh?—Judge.

LOSING APPETITE FOR NUTS

Writer Remains the Passing of the Ancient Fondness That Made Winter Evenings a Joy.

The old butternut, a very rich and fragrant nut of the olden time, has almost disappeared. Very few people of the present generation have ever tasted a butternut. The black walnut is becoming fewer, and in a generation hence it will hardly be known. And yet it is a precious nut, full of goodness and rare taste. Those old pans of cracked walnuts, in the long winter evenings, made up a family joy that has never been surpassed. The hickory nuts, especially the good old shellbarks, figured prominently in those nutty days, and the chestnuts, too, including the hazel nuts and beech nuts; but they are all growing scarcer and have sadly strayed away from the human heart.

The pecan is becoming the great American nut. There are thousands of trees cultivated in the south, and the nut has become commercially important. Trees are reported bearing \$200 to \$500 worth of nuts per acre. It is a rich nut, but quite too hard for the novice to pick out the kernels. There are, however, machines that do the work perfectly. But, after all, for rich, well-flavored and grand mouthfuls of nut, give us the English walnut.—Ohio State Journal.

All to the Good.

Over a cigarette and an iced drink at the Knickerbocker club in New York a certain clubman said to a friend the other day:

"Well, where did you spend the summer?"

"Bad Nauheim," was the reply.

"And you?"

"Naughty Newport," he answered.

For SUMMER HEADACHES

HICKS' CAPUDINE is the best remedy—no matter what causes them—whether from the heat, sitting in draughts, feverish condition, etc. 10c, 25c and 50c per bottle at medicine stores. Adv.

It is.

"He has money, health, position, influence—ah, his should be a full life."

"Very, he does tank up considerably."

Mrs. Winslow's Soothing Syrup for Children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. 25c a bottle.

Some men never borrow trouble; they buy it outright.

WOMAN A GREAT SUFFERER

Tells How She Was Restored To Health by Lydia E. Pinkham's Vegetable Compound.

Grayville, Ill.—"I was a great sufferer of female complaints for a year and I got nothing that helped me until I began taking Lydia E. Pinkham's Vegetable Compound. I was irregular and had cramps so bad that I had to go to bed. Now I have better health than I have had for years and I cannot speak too highly of your medicine."—Mrs. JESSIE SCHAAER, 413 Main St., Grayville, Ill.

Case of Mrs. Tully. Chicago, Ill.—"I take pleasure in writing to thank you for what Lydia E. Pinkham's Vegetable Compound has done for me. I suffered with such awful periodic pains, and had a displacement, and received no benefit from the doctors. I was advised to take Lydia E. Pinkham's Vegetable Compound, and am now as well as ever."—Mrs. WILLIAM TULLY, 2062 Ogden Avenue, Chicago, Ill.

If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass., for advice. Your letter will be opened, read and answered by a woman, and held in strict confidence.

Foley Kidney Pills Relieve promptly the suffering due to weak, inactive kidneys and painful bladder action. They offer a powerful help to nature in building up the true excreting kidney tissue, in restoring normal action and in regulating bladder irregularities. Try them.

Thompson's Eye Water Quickly relieves eye irritation caused by dust, sun or wind. Booklets free. JOHN L. THOMPSON SONS & CO., Troy, N.Y.

Whenever you need A GENERAL TONIC - TAKE GROVE'S

The Old Standard Grove's Tasteless chill Tonic is Equally Valuable as a General Tonic because it Acts on the Liver, Drives Out Malaria, Enriches the Blood and Builds up the Whole System. For Grown People and Children.

You know what you are taking when you take Grove's Tasteless chill Tonic as the formula is printed on every label showing that it contains the well known tonic properties of QUININE and IRON. It is as strong as the strongest bitter tonic and is in Tasteless Form. It has no equal for Malaria, Chills and Fever, Weakness, general debility and loss of appetite. Gives life and vigor to Nursing Mothers and Pale, Sickly Children. Removes Biliousness without purging. Relieves nervous depression and low spirits. Arrouses the liver to action and purifies the blood. A True Tonic and sure appetizer. A Complete Strengthenner. No family should be without it. Guaranteed by your Druggist. We mean it. 50c.

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WINCHESTER

20 GAUGE HAMMERLESS REPEATING SHOTGUN

The Model 1912 Winchester is the lightest, strongest and handsomest repeating shotgun on the market. It weighs only about 5½ pounds, yet it has great strength, because its metal parts throughout are made of nickel steel. It is a two-part Take down, without loose parts, is simple to operate and the action works with an ease and smoothness unknown in guns of other makes. See one at your dealer's or send to Winchester Repeating Arms Co., New Haven, Conn., for circular.

W. L. DOUGLAS SHOES

\$3.00 \$3.50 \$4.00 \$4.50 AND \$5.00 FOR MEN AND WOMEN

BEST BOYS SHOES in the WORLD \$2.00, \$2.50 and \$3.00. The largest makers of Men's \$3.50 and \$4.00 shoes in the world.

Ask your dealer to show you W. L. Douglas shoes. Just as good in style, fit and wear as other makes costing \$5.00 to \$7.00—the only difference is the price. Shoes in all leathers, styles and shapes to suit everybody. If you could visit W. L. Douglas large factories at Brockton, Mass., and see for yourself how carefully W. L. Douglas shoes are made, you would then understand why they are warranted to fit better, look better, hold their shape and wear longer than any other make for the price.

If W. L. Douglas shoes are not for sale in your vicinity, order direct from the factory and save the middleman's profit. Shoes for every member of the family, at all prices. Free Foot-measure Free. Write for illustrated Catalogue. It will show you how to order by mail, and why you can save money on your footwear.

W. L. DOUGLAS - Brockton, Mass.

GREENSBORO COMMERCIAL SCHOOL

Teaches Bookkeeping, Shorthand and the Commercial Branches. Courses by mail. Able and experienced teachers. One of the oldest and most reliable schools in the state. Write the School at Greensboro, North Carolina, for information before taking a business course. No vacations.

WATERSMITH'S CHILL TONIC

FOR MALARIA and as a general TONIC

If not sold by your druggist, will be sent by Parcels Post on receipt of price, Arthur Peter & Co., Louisville, Ky.