# **FALLING HAIR MEANS** DANDRUFF IS ACTIVE

Save Your Hair! Get a 25 Cent Bottle of Danderine Right Now-Also Stops Itching Scalp.

Thin, brittle, colorless and scraggy hair is mute evidence of a neglected scalp; of dandruff-that awful scurf.

There is nothing so destructive to the hair as dandruff. It robs the hair of its luster, its strength and its very life; eventually producing a feverishness and itching of the scalp, which if not remedied causes the hair roots to shrink, loosen and die-then the hair falls out fast. A little Danderine tonight-now-any time-will surely save your hair.

Get a 25 cent bottle of Knowlton's Danderine from any store, and after the first application your hair will take on that life, luster and luxuriance which is so beautiful. It will become wavy and fluffy and have the appearance of abundance; an incomparable gloss and softness, but what will please you most will be after just a few weeks' use, when you will actually see a lot of fine, downy hair-new hair-growing all over the scalp. Adv.

Overdoing Housework. "Housekeepers everywhere recog-

nize that life is too valuable to spend every hour of the day in the mere keeping of the house. No human being can be continuously efficient and work more than eight hours in twenty-four. There are better ways, more scientific methods, more efficient utensils."-Charles Barnard.

#### TAKE SALTS TO FLUSH KIDNEYS IF BACK HURTS

Says Too Much Meat Forms Uric Acid Which Clogs the Kidneys and Irritates the Bladder.

Most folks forget that the kidneys, like the bowels, get sluggish and clogged and need a flushing occasionally, else we have backache and dull misery in the kidney region, severe headaches, rheumatic twinges, torpid liver, acid stomach, sleeplessness and all sorts of bladder disorders.

You simply must keep your kidneys active and clean, and the moment you feel an ache or pain in the kidney region, get about four ounces of Jad Salts from any good drug store here, take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and is harmless to flush clogged kidneys and stimulate them to normal activity. It also neutralizes the acids in the urine so it no longer irritates, thus ending blad-

der disorders. Jad Salts is harmless; inexpensive; makes a delightful effervescent lithiawater drink which everybody should take now and then to keep their kidneys clean, thus avoiding serious complications.

A well-known local druggist says he sells lots of Jad Salts to folks who believe in overcoming kidney trouble while it is only trouble.-Adv.

Looks That Way.

"If we are good we will come back to earth a number of time."

"Some people prefer to take chances on that possibility."

"How's that?" "They prefer to lead double lives now."-Courier Journal.

### BAD CASE OF DANDRUFF

Bissell, Ala.-"I had a very bad case of dandruff on my head. I was tormented by itching and my hair began to come out by the combfuls. I almost became frantic, fearful that I would lose all of my hair which was my pride. There were some pimples on my scalp and I scratched them until they made sores. My hair was dry

and lifeless. "I saw the advertisement of Cuticura Soap and Ointment and sent to my druggist for three cakes of Cuticura Soap and a box of Cuticura Ointment. I washed my scalp with warm water strong with the Cuticura Soap and dried, afterwards applying the Cuticura Ointment, working it in the scalp slowly with my fingers. After using them for several days my hair began to stop coming out. The dandruff all disappeared and in less than four weeks a cure was accomplished permanently." (Signed) Miss Lucy May.

Cuticura Soap and Ointment sold ghout the world. Sample of each with 32-p. Skin Book, Address postpard "Cuticura, Dept. L, Beston."—Adv.

Give people what they think they ent instead of what they really need and they'll go on their way rejoicing.

ir novelty by the time we can

to quickly cool burns and take the out use Hanford's Balsam. Adv. t of your friends will stand by

s long as you have a dollar,

# Co-Operative Farm **Products Marketing**

How It Is Done in Europe and May Be Done in America to the Profit of Both Farmer and Consumer

By MATHEW S. DUDGEON

(Copyright, 1914, Western Newspaper Union.)

A VISIT TO PADDY GALLAGHER



Where the Co-Operative Concern New Buys and Seils.

dependence which is being made by a bunch of cheery Irishmen in County Donegal. At the head of this fighting group is Paddy Gallagher, an organizer and a promoter if there ever was one. But is a promoter, not of his community welfare. This is also the story of what a godsend a co-operative organization can be to a community which has been, in an economic sense, hard stricken by nature. Nature seems to have exhausted herself in the agricultural gifts she showered on eastern and southern Ireland and to have reached Dunglow, in County Donegal, with nothing left in her gift bag except a few little patches of cold, unresponsive soil which she scattered here and there among the huge outcropping rocks of the barren hillsides rising between the wide stretches of

desolate peet bogs. In fact, we are here because Sir Horace-Plunkett has said that this is the place of all others to visit, if we Americans wish to see what cooperation will do toward helping an Irish community scratch a living out of the rocky hills on the bleak northwestern coast of Ireland.

Who Paddy Is.

Paddy Gallagher was born forty wolf always at the door. When Paddy was nine he was put out to work at three pounds for six months' work. His father did not do this sort of thing because he wanted the little half-starved shaver to work beyond his strength, but because it was either work for Paddy or starvation for still younger and weaker children. After that there was nothing for Paddy but hard work, and low wages until he was grown and had started a family

of his own. But his work had taken him into other places, into Scotland and England, and he came back with the realization that life in Dungalow was not what it ought to be. Uneducated, work-worn, without any outlook of promise for himself or his family, something brought Paddy Gallagher the realization that he and his neighbors together might do what each separately could not do. So, with the assistance of the Irish Agricultural Organization society, co-operation was brought to Dungalow.

How It Started. Gallagher, who had been studying soils and manures, learned that according to government analysis the soil of his section needed certain definite chemical elements. He asked local traders if they could give him any guaranty of analysis of the manures sold by them. He was informed that they never got such a thing, knew nothing about it and could give no guaranty. He wrote to the agricultural department about it. They referred him to the Irish Agricultural Wholesale society. From them he learned that this society at that time dealt only with local co-operative

So this farm boy, with surprising persistence, gathered together the small farmers and pointed out to them the advantages to be gained as to quality and price by purchasing guaranteed manures direct from the co-operative wholesale society. The re-20-ton lot of fertilizer through a little co-operative society in an adjoining rillage. They found that they saved \$200 on the manures and besides secured super-phosphate of 30 per cent.

Dunglow, County Donegal, Ireland. | here could not pay cash for what they This is a story of the grand uphill bought. They had to get goods on fight for self-respecting, economic in- credit. Once a farmer got into debt to these retail dealers he seldom got free from the big man's clutches. While he was in this state he was no better than a slave. He was charged tremendous prices and had to pay big interest. I myself have been charged own fortunes, but the promoter of interest on what I bought on credit at the rate of 144 per cent. per annum. My father had this sort of interest to pay while he was bringing up his fam-That is where the three pounds went that it took me six months to earn when I started to work.

What Co-Operation is Doing. "But notwitstanding the smallness of the holdings, and the poor soil, conditions in Dunglow are improving. I never knew an organization to do so much for a community as the Templecrone Co-operative Agricultural society is doing for Dunglow. The soclety started in a little one-room cottage on a farm where I lived. We began by buying manures and later a few groceries. We had fierce opposition at first from the gombeen man and traders, as fierce as any community ever had. Some of the members were in debt to the gombeen men and had to come into the co-operative quar ters at night and over the back walks in order to conceal from the gombeen man that they were members. If years ago in one of the poor one-room the gombeen men found out that anycottages on a barren three-acre ten- one trading with them was trading ant holding-a cottage that had the with us they refused him credit and issued a writ if he owed them."

A Little Democracy.

"We wish no one any ill. We do not do business that way. We have simply demanded the right to attend to our own little affairs. We meet in our little parliament here to discuss our business. We have given some entertainments which have brought the people nearer together and given them a good time. This year we organized an industrial show in which we exhibited everything which we produced here, including lace and knit products. We did this to encourage others to make these things. Now we are looking around to get some little local industry started. We need something of the kind badly so that more money can come into the community. Lace making, knitting and work of that kind is important, too, for every little helps here. We are willing to work whee we can.

On the Up-Grade.

"The boys are learning to farm better than their fathers farmed. We are raising better cows, and plas and chickens, and producing better eggs, poultry and meat than we ever did before. Through our little co-opera tive society we have a steady market at good prices for all we can raise. We are not rich, for this is not a rich country, and never can be. There are too many stones and bogs in Donegal for that. But we are doing our best, and we are going to reach a point soon where every man can go up and down Dunglow and say that he owes no man anything. Co-operation has brought us together, and we are all good friends. We are not fighting with each other any more. We are helping each other. We are still doing business on a very small and we must always to in a five or is no chance for wealth in a five or six-acre farm. We raise a little patch six-acre farm. of cats for catmeal for our family. Most of us get enough potatoes off our little places to last us through the

seeds which come through it are tested and guaranteed as they never were before. It has lowered the price and improved the quality of tea, Indian meal and sugar. In one case, for example, where a rival trader was charging \$3.07 for seven stone of flour we were offering the same flour at \$2.25 for the seven stone.

"You may be interested in knowing about what an average family here has for an income, where he gets it and what he has to eat. I have made out a little statement so you could figure that out. To begin with, every tarmer has his own potatoes and oats. Besides this, his income is something like this:

"Eggs and poultry, per week, about

five shillings (\$65 per year). "Butter for about 18 or 20 weeks in summer, one to two shillings (\$7 per

"Sale of cattle possibly 12 pounds each year (\$60 per year). "Sale of sheep, one pound (\$5 per

year). "A total of \$137 per year. "Besides this, the women earn s little something by knitting sweaters and making lace, etc.

Marketing Eggs.

"You will notice that eggs are our staple product. The average poor farm family around here gets each year from 12 to 15 pounds out of their eggs, which is generally about half of their entire money income. Before we took hold, however, egg raising was not at all profitable. There was no steady market, the farmers did not understand poultry, and no one had any ambition to learn anything about it. They didn't take care of their eggs well and few were sold.

"Previously the local price was two or three pence less than the price quoted in the nearest market in Strawbane and Derry. Now the prices paid are from one to two pence above the prices quoted in these markets. In other words, we have increased the value of a dozen eggs from three to four pence (six to eight cents). For the entire district, this amounts to quite a sum. You must remember also that while we purchased only one-tenth of the eggs sold in this parish, the fact that we at Dunglow are paying the prices which we pay has made it necessary for every other buyer in the entire parish to pay the same price.

Irish Lace and Knitted Goods. "Our co-operative company looks after a good many things besides selling eggs and butter. We are helping the girls market their lace and knitted work. Two years ago we asked the government department to send us an instructor to teach the girls to make hand-knit sport coats (sweaters). They sent a man to look it up. He talked with some of the men here who were not friendly to this co-operative movement. Nothing was done. Our girls were getting one shilling six pence (36 cents) for knitting a dozen pairs of socks, using up from three and a half to four pounds of wool. These socks were purchased of the women by an agent of a wholesale trader.

"The co-operative society decided these buyers. Since they started buying, the girls get seven shillings six pence (\$1.87) from the society for knitting a sweater coat, using only two pounds of wool and taking only onehalf as long as a dozen pair of socks. Putting it another way, for the same amount of wool and the same time spent in knitting, the girls get 15 shillings (\$3.75) instead of one shilling six pence (36 cents). That is, our society is paying them ten times what they used to get from the other buygoods, as well as some of our farm ers for their knitting. Formerly the girls who knit lace were bound by a bargain under which if they sold to any one privately they were boycotted. The buyer told them unless they sold him all he would buy nothing. Now we are getting fairly good prices for the lace, better than they got before and we, of course, permit them to sell wherever they can. They frequently have oportunity to sell to tourists and others who come through here. While we get fairly good prices for the lace, there is no steady market for it, as there is for the knitted

Connected With Central Society. "Our little local society could not stand alone and do what we are trying to do. We are helped all the time by Sir Horace Plunkett's organisation lety and by the Co-Operative While sale society at Dublin. Each week the wholesale society sends us a forecast giving the figures that shou obtained for eggs, butter and chick-ens, and stating whether or not there is to be a demand for these products. Each day we write to the wholesale society, telling them what we have on hand and what we will likely have. on hand and what we will likely have. Sometimes we telegraph. Then they may either write or telegraph back what they want us to send and when and where to send it. We send it, not to Eublin, but directly to the places selected by the wholesale society. In this way we save freight, we save commission, we save time, and we save the eggs themselves.

"You must not set the idea." My

## **Practical Fashions**

BOY'S OVERALLS.

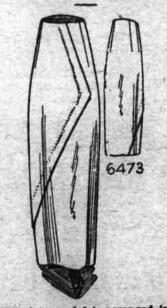


These are just the thing for the coming man, whether he spends his time playing in the garden or giving real help to his father in field or shop. There is no better protection for other clothing, which these may even replace. They are made of denim, hickory, and other wash materials, and can also be made of woolen goods, it desired

The pattern (6504) is cut in sizes 4. 6, 8, 10, 12 and 14 years. Medium size requires 21/4 yards of 27 inch material.

NO. 6504.	81ZE
NAME	
TOWN	
STREET AND	NO
STATE	

LADY'S ONE PIECE SKIRT.



This late model is arranged in the swathed style that is at present so popular. The material forms little folds at each side of front and back, providing fullness below, while the overlapping edge of the front is sharply cut away to form a point near the top. The waist line may be high or regulation. The style is excellent for such fabrics as cheviot, serge, wool eponge and the like.

The pattern (6473) is cut in sizes 22 to 30 inches walst measure. Medium size requires 21/2 yards of 54 inch ma-

To procure this pattern send 10 cents to "Pattern Department," of this paper. Write name and address plainly, and be sure to give size and number of pattern.

SIZE
)

imagination and the City. In a recent poem Stephen Phillips pictures the horrible city spreading ut over the land. And the country side, personified in the poem, retreats in terror, only the sea showing free of the grime and the misery of the

The poem is a fine work of imagina ion gone wrong. If the standpat, de-pairing idea of a city, as a place of lums and factory smoke and inhuprevail, of course, the spread of citt of one monster city would be

But how truly unimaginative that is! The spread of a city means the elimination of slems and abnormal measures of vice. It means, in sh fresh air and the room and the of the country.—Kansas City St.

taking the oath of office. The custom grow out of the fact that an early lay of Maryland made that ceremony par of a legal oath, and the custom was continued in the District of Columbia but it is not essential, nor is any par-

# SYRUP OF FIGS

It is cruel to force nauseating, harsh physic into a sick child.

Look back at your childhood days. Remember the "dose" mother insigted on—castor oil, calomel, cathartics. How you hated them, how you fought against taking them.
With our children it's different.

Mothers who cling to the old form of physic simply don't realize what they do. The children's revolt is well-founded. Their tender little "insides" are injured by them.

If your child's stomach, liver and bowels need cleansing, give only delicious "California Syrup of Figs." action is positive, but gentle. Millions of mothers keep this harmless "fruit laxative" handy; they know children love to take it; that it never fails to clean the liver and bowels and sweeten the stomach, and that a teaspoonful given today saves a sick child tomor-

Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly on each bottle. Adv.

Of a Wild Nature.

Just outside the entrance to the yard at the Naval academy is an apartment house where many young officers live, and baby carriages are a not infrequent sight in this vicinity.

Not long ago the commander of the yard had a notice posted on one side of the gate forbidding automobiles to enter, because they frightened the Shortly afterwards the following unofficial notice appeared on the other side of the gate:

"Baby carriages and perambulators not allowed in this yard. They scare the bachelors."

IF HAIR IS TURNING GRAY, USE SAGE TEA

Don't Look Old! Try Grandmother's Recipe to Darken and Beautify Gray, Faded, Lifeless Hair.

Grandmother kept her hair beautifully darkened, glossy and abundant with a brew of Sage Tea and Sulphur. Whenever her hair fell out or took on that dull, faded or streaked appearance, this simple mixture was applied with wonderful effect. By asking at any drug store for "Wyeth's Sage and Sulphur Hair Remedy," you will get a large bottle of this old-time recipe, ready to use, for about 50 cents. This simple mixture can be depended upon to restore natural color and beauty to the hair and is splendid for dan-druff, dry, itchy scalp and falling hair.

A well-known druggist says everybody uses Wyeth's Sage and Sulphur, because it darkens so naturally and evenly that nobody can tell it has been applied-it's so easy to use, too. You and draw it through your hair, taking one strand at a time. By morning the gray hair disappears; after another application or two, it is restored to its natural color and looks glossy, soft and abundant.-Adv.

Don't believe all you hear. Lots of defaulting bank officials have never been Sunday school superintendents.

One remedy with many uses-Han ford's Balsam of Myrrh. Adv.

There is no effect without a cause The girl with pretty feet never gets the bottom of her skirt muddy.

Worms expelled promptly from the huma estem with Dr. Peery's Vermifuge "Des

Some self-made men evidently did the job in the dark.



FOR OLD AND YOUNG