

HOW WOMEN AVOID OPERATIONS

By Taking Lydia E. Pinkham's Vegetable Compound.

Cleveland, Ohio—"My left side pained me so for several years that I expected to have to undergo an operation, but the first bottle I took of Lydia E. Pinkham's Vegetable Compound relieved me of the pains in my side and I continued its use until I became regular and free from pains. I had asked several doctors if there was anything I could take to help me and they said there was nothing that they knew of. I am thankful for such a good medicine and will always give it the highest praise." —Mrs. C. H. GRIPPIFF, 7305 Madison Ave., Cleveland, Ohio.

Hanover, Pa.—"I suffered from female trouble and the pains were so bad at times that I could not sit down. The doctor advised a severe operation but my husband got me Lydia E. Pinkham's Vegetable Compound and I experienced great relief in a short time. Now I feel like a new person and can do a hard day's work and not mind it. What joy and happiness it is to be well once more. I am always ready and willing to speak a good word for the Compound." —Mrs. ADA WILT, 196 Stock St., Hanover, Pa.

If there are any complications you do not understand write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

Sounds That Way.
Patience—She has a pretty mouth.
Patrice—A mere incident.
"Yes, but one which is never closed."

RUB-MY-TISM

Will cure your Rheumatism and all kinds of aches and pains—Neuralgia, Cramps, Colic, Sprains, Bruises, Cuts, Old Sores, Burns, etc. Antiseptic Anodyne. Price 25c.—Adv.

Fair Words or None.

"George," said the wife of her generally unappreciative husband, "how do you like my new hat?"

"Well, my dear," said George, with great candor, "to tell you the truth—"

"Stop right there, George! If you're going to talk that way about it I don't want to know." —Ladies' Home Journal.

HEADACHE AND DILIOSIS ATTACKS
Caused by Malaria removed by the use of **Elizit Babek** cure for such ailments.
"Myself and whole household had suffered very much for some time with Malaria Fever. 'Elizit Babek' has cured us perfectly. What we enjoy at present is the best of health." —Jacob Ebrey, Fairfax Court House, Va.
Elizit Babek 50 cents; all druggists or by Parcels Post prepaid from Kloczewski & Co., Washington, D. C.

Shock Proof.

Clarence—Her father saw Jack kiss her the other night, and he was greatly shocked.

Gladys—Nothing like that need worry you, Clarence. Dad's an electrician.—Life.

The Source of Uric Acid

Eating too much is a common habit that does a lot of harm. Meat, especially, forms uric acid and the constant filtering of acids laden blood weakens the kidneys. Uric acid causes rheumatic and nervous trouble, weakens the eyes, forms gravel and leads to dropsy and Bright's disease. Kidney weakness gives early warnings, however, such as backache and urinary disorders and can be stopped by prompt treatment. Use Dean's Kidney Pills, the best recommended and most widely used kidney remedy.

A North Carolina Case

"Dean's Kidney Pills are the finest kidney medicine I know of, and Mrs. C. A. Dale of Gardeon St., Marion, N. C. 'had awful dyspepsia and nervous spasms, and back and head ached. My kidneys were inactive and caused me no trouble, but suddenly, after different remedies failed to help me, I used Dean's Kidney Pills. They fixed me up in good shape and I will always be grateful."

DOAN'S KIDNEY PILLS

FOSTER-MILBURN CO., BUFFALO, N. Y.

The Wretchedness of Constipation

Can quickly be overcome by CARTER'S LITTLE LIVER PILLS.

Purely vegetable—act surely and gently on the liver. Cure Bilkiness, Headache, Dizziness, and Indigestion. They do their duty. SMALL PILL, SMALL DOSE, SMALL PRICE.

Genuine must bear Signature

Great Good

DROP OF WATER usually gives quick relief, soon removes swelling, relaxes, cures, gives extra energy. Price 25c. Dr. THOMAS GREEN, Decatur, Ga. Dr. R. L. Green, Decatur, Ga.

RAISE AGE LIMIT LAW

NORTH CAROLINA MILL MEN TAKE AN ADVANCED POSITION ON SUBJECT.

MR. RAY IS NEW PRESIDENT

Association Will Make Effort to Secure National Textile Exhibit at Charlotte.

Charlotte.—The Cotton Manufacturers' Association of North Carolina went the General Assembly one better when it asked that the age limit for compulsory school attendance be raised from 12 to 13 years. In the committee report which resulted in this action the statement was made that the present compulsory school law is the result of the activity of this association.

With representation from 70 mills with a total spindleage of 1,150,000, the annual meeting which was convened at 11 in the Southern Manufacturers' Club was pronounced one of the most interesting of recent years. President C. E. Hutchison of Mount Holly was in the chair.

Officers were elected for the new year as follows: President, Mr. R. R. Ray of McAdenville; first vice president, Mr. S. F. Patterson of Roanoke Rapids; second vice president, Mr. Eugene Holt of Burlington; third vice president, Mr. L. L. Jenkins of Asheville; secretary and treasurer, Mr. T. L. Black of Charlotte.

The association was welcomed by Mayor Bland, who spoke of the part the manufacturers are playing in the building up of the New South. The response was made by Mr. Andrew E. Moore of Gastonia, who sounded a vigorous protest against agitation by "internal demagogues" against cotton milling, which he said had been worth almost as much as the public school system to the state.

"Let us stand together for our rights, not as politicians but if necessary in politics."

A committee from the Greater Charlotte Club, consisting of Messrs. C. C. Hook, W. C. Dowd, S. B. Alexander and others appeared to ask the association to endorse its efforts to secure the great National textile exhibit for Charlotte next spring. The association not only did this but included in its resolution a similar request of the American Association of Cotton Manufacturers and the South Carolina association.

Money Order Postoffices.

Washington.—The following post will be made money order offices July 1:

Bee Tree, Coeburn, Bucks, Bunn, Candler, Corinth, Dellingham, Doss, Dunlap, Ella, Elahan, Excelsior, Faust, Fonta Flora, Gibbs, Glenraven, Gneiss, Moff, Harnett, Henry River, Kellum, Kings Bluff, Lagoon, Lew, Little Switzerland, Maury, Merrimon, Mountain View, Needmore, Newdale, Newsom, Norton, Oakwoods, Obids, Ocean, Ola, Olds, Othello, Otway, Prentiss, Prototerville, Samarcand, Seagale, Selwyn, Sevier, Sloop Point, Sunburst, Tennellina, Vander, Elmar, and Woodville.

The following readjustment of post-office classification is announced:

High Point from second to first class, third class to second class. Albermarle, Edenton, Louisburg, and North Wilkesboro.

Miss May Kirkland Dead.

Raleigh.—Announcement that Miss Sue May Kirkland is dead will carry sorrow to the hearts of many admirers all over North Carolina and in many other states. Her faithful service as lady principal of the State Normal and Industrial College at Greensboro for 22 years has endeared her to many hundreds of students who have gone out into every part of the country, cherishing an affectionate appreciation for this able and admirable woman.

\$25,000 For Raleigh Monument.
Washington.—Senator Overman introduced a bill to provide \$25,000 for a monument to be erected to Sir Walter Raleigh at Raleigh. The bill provides that the land upon which the statue is placed must be donated.

Dr. Pratt Examines Highway.
Asheville.—For the purpose of familiarizing himself with the work done by the state convicts since his last visit to western North Carolina, Dr. Joseph Hyde Pratt, State Geologist, left for an inspection tour of the Asheville-Charlotte highway. He was accompanied by Dr. M. H. Fletcher, of this city, who as chairman of the committee in charge of this work from the Good Roads Association of Asheville and Buncombe county, has had a great deal to do with the progress of the work.

Delivers 13 Prisoners.

Raleigh.—United States Marshall W. T. Dorch has gone to Atlanta to deliver to the Federal Prison there 13 prisoners who were given terms during court for the past week. Most of the prisoners were blockaders and retailers. Johnston County has the largest number. Probably the most notable prisoner was David Allen Lee of Johnston, who served five years for shooting at \$2 bill to a \$20 bill and for "white-capping" by shooting up the home of a neighbor, who he reported, reporting him.

RATE JOCKEYING EVIDENCE

This is The Feature So Far of the Rate Hearing on Railway Tariffs at Charlotte.

Charlotte.—Mr. Lincoln Green, freight traffic manager of the Southern Railway and one of the foremost experts in the country on the various elements entering into the fabric of rate-making in this territory, spent practically all of the day on the witness stand before Special Examiner Richard Eddy, Jr., of the Interstate Commerce Commission, who is conducting the present general inquiry into the rate situation as it relates to the transportation charges from the Appalachian coal fields to the Carolinas.

Mr. Green's testimony was largely technical and dealt with conditions which he declared existed in this territory and such as affected the proposition of rate making. He arraigned the contention of Mr. E. J. McVan, the noted rate expert of Omaha, Neb., who had argued that the C. & O. route should be the basis for fixing the standard rate into the Carolina territory from the coal fields. This argument by Mr. Green was submitted at some length and was given in the form of a pamphlet setting forth his contention in writing. It was incorporated among the records of the hearing for the consideration of the commission at the proper time.

Generally speaking, there have developed two features of more than ordinary interest at this hearing. First, it has become more and more manifest that the ramifications of the inquiry have grown almost beyond the bounds of the physical endurance of those conducting the investigation, for, although it was originally intended to consider the general fabric of rate making from the Appalachian coal fields into the South Atlantic territory, so far only the Carolinas have been reached and should the states of Georgia and Alabama be taken up, then the hearing might continue for weeks.

The second outstanding feature of the hearing has been the unearthing of evidence of rate and traffic jockeying on the part of the several roads that has been astounding to the shippers and public generally but which seems to have been generally known and understood on the part of the railway officials themselves.

Chairman Warren Issues Call.

Newbern.—T. D. Warren, chairman of the state Democratic executive committee, issued a call for a meeting of that body to be held in Raleigh in state chamber of the capitol on the evening of Friday, June 26, at 8:30 o'clock. The purpose of this meeting is to elect a chairman and secretary and to transact other business.

Among the matters of importance to be brought up before the committee at the meeting called will be the protest of Charles R. Thomas, candidate for Congress from this district, who claims that the rules of the recent preferential primary were not carried out and that George E. Hood of Goldsboro is not entitled to the nomination which he received at Goldsboro when the district executive committee met.

Beef Cattle Scarce.

Kinston.—The cattle quarantine in Lenoir county instituted by the United States and state departments of agriculture has resulted in the curtailment of Kinston's beef supply. The chamber of commerce has decided to ask the departments and the county commissioners to have dipping vats erected on the Duplin and Jones lines, so that cattle from those counties, now debarred, may be shipped in. The bees will be allowed to enter Lenoir county after being dipped.

Rate Commission to Meet.

Asheville.—Plans are being completed for the meeting of the state rate commission which will be held at Asheville next month, announcement being made that the sessions of the commissioners will be held at the assembly room of the Battery Park Hotel. Desks, tables and bookcases will be provided for the convenience of those who will attend the meeting.

Prepare for Tourist Season.

Waynesville.—That Waynesville is anticipating the largest summer season in her history is evidenced by the unusual preparations made by the hotels and boarding house people, and by the booking of several trains for this city by the Southern Railway traffic department.

High Peak Road Complete.

Morganton.—A year ago the thought that an automobile would ever make the trip to the top of High Peak, 8 miles from here, would have been laughed at but today it can be made over one of the finest roads in the state. High Peak is one of the highest points in this section of the state, is several hundred feet higher than Battery Park and gives a splendid view in all directions. Looking down into the Catawba Valley, Morganton, Valdese, Hickory and surrounding towns are seen.

Statesville Improvements.

Statesville.—The city aldermen have passed ordinances creating street improvement districts on a number of streets which have not yet been improved and concrete sidewalks will be laid on these at once. With this work completed there will be few streets in the town that do not have concrete walks. The city water and sewer lines are also being extended on various streets, the water system having recently been improved to a great extent that the supply is almost unlimited.

INTERNATIONAL SUNDAY SCHOOL LESSON

By O. E. SELLERS, Director of Evening Department The Moody Bible Institute of Chicago.

LESSON FOR JUNE 21

THE GREAT REFUSAL.

LESSON TEXT—Mark 10:17-31.
GOLDEN TEXT—"Ye cannot serve God and mammon." Luke 16:13. (Read also entire verse.)

The story of this rich young ruler is one out of the ministry of our Lord that has made an indelible impression throughout every succeeding generation. This is so because it is so vital, vibrant and vivid a revelation of our everyday experience. The lesson naturally divides itself into two sections. Read carefully the parallel accounts; Matt. 19:16-30 and Luke 18:30-34.

Man of Courage.

1. **An Eager Young Man, vv. 17-22.** This man is an arresting figure. Much may be said in his favor: (1) He was young (Matt. 19:22); (2) He was in earnest, "came running" (v. 17); (3) He was educated, "a lawyer" (Luke 18:18); (4) He was rich, Mark 10:22; (5) He was loved by Jesus, Mark 10:21. That he had lived a clean life is revealed by the answer he made to Jesus. Moreover he must have been a man of some courage, belonging as he did to the ruling class, the Pharisees, yet he came running into the presence of Jesus and cast himself at his feet. We need but to recall that this class was at this time definitely hostile to Christ, yet this young man dared to speak the conviction of his heart in this public way by calling Jesus, "good." We feel that he was an honest seeker after life. His question reveals the unrest of the human heart. It matters not what men may possess of wealth or position, these things do not bring heart rest. Great moral courage, noble aspirations and benevolence never will save nor fully satisfy the human soul. Man does not obtain life by doing, Gal. 2:16. Life is a gift, Rom. 6:23. We must not misunderstand the reply of Jesus (v. 18). Jesus did not deny being good. John 8:46; 14:30; 8:29, but he saw that this young man was filled with the idea of his own goodness. To say that Jesus was good was practically to say he was God, and this the young man did not mean. Jesus sought to reveal to him his careless use of words. Jesus undoubtedly here lays claim to deity and subsequently he said, (v. 21) "follow me," i. e., for this man to yield his life actually to the control of God.

Last week we were taught to "make friends by means of the mammon of unrighteousness; that when it shall fail you may receive you into the eternal tabernacles." This is exactly what Christ told this young man to do. "Sell . . . give to the poor." By thus using he would store up treasure in heaven. That he could not stand the test is evident from v. 22.

Perils of Riches.

II. **The Master's Exhortation, vv. 23-31.** As a great teacher and philosopher Jesus took this occasion to point out the perils of riches. Nearly every man is willing to run the risk. We have, however, but to look about us to see illustration after illustration of the truth of these words. "How hardly"—increased wealth, decreased piety. "How hardly"—men seek to tone down this picture, but have no right so to do. The only safety is found in the words of verse 27, "with God all things are possible." The most severe test possible to be given to a man's religious experience is for him to be prospered in wealth or position. The rich young ruler is an evidence of the fact that such a godless life is a restless one.

Notwithstanding his possessions, his refinement, the privileges of his position and a life so cleanly lived as to leave no vulgar moral scar, yet he exclaims: "What shall I do that I may inherit eternal life?" It was easier for the proverbial camel to have entered the city gate (or a literal needle's eye as you prefer) than for this young man to yield to God the control of his life. Every life is under control. A godless life is a self-controlled life. As men came to Jesus he saw perfectly their individual needs; those who will attend the meeting.

Prepare for Tourist Season.

The disciples were amazed at the master's words and thought if a rich man cannot be saved there is hope for none. Such is not the meaning. This is revealed in the reply to Peter's question. Men are saved irrespective of position or of possessions for God loves them all. Those who turn the control of their lives over to his keeping, those who, no matter what their condition or position in life, follow him, leaving all, or bringing all as the case may be, will have their reward here in this life and in the world to come, eternal life.

The disciples were amazed at the master's words and he saw that the possessions of this life so occupy the time and attention of men as to impoverish their souls. Wealth is a trust. God looks upon every man, as Jesus beheld this young man, endowed with great possibilities and covets that life for high service. Are we more anxious to be rich than to be good? Is it not an evidence of selfishness to let those come after us distribute our wealth? To enjoy it, gloat over it and to use it for yourself, then dictate who, why, or how others may enjoy it is selfishness.

The one thing people most dread is poverty, so did Jesus and he saw that the possessions of this life so occupy the time and attention of men as to impoverish their souls. Wealth is a trust. God looks upon every man, as Jesus beheld this young man, endowed with great possibilities and covets that life for high service. Are we more anxious to be rich than to be good? Is it not an evidence of selfishness to let those come after us distribute our wealth? To enjoy it, gloat over it and to use it for yourself, then dictate who, why, or how others may enjoy it is selfishness.

Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pkgs.

Postum now comes in two forms:

Regular Postum—must be well boiled. 15c and 25c packages.

Instant Postum—is a soluble powder. A teaspoonful dissolves quickly in a cup of hot water and, with cream and sugar, makes a delicious beverage instantly. 20c and 50c tins.

The cost per cup of both kinds is about the same.

"There's a Reason" for Postum.

—sold by Grocers.

Libby's Luncheon Delicacies

Dried Beef, sliced wafer thin, Hickory Smoked and with