

# FREE ADVICE TO SICK WOMEN

Thousands Have Been Helped By Common Sense Suggestions.

Women suffering from any form of female ills are invited to communicate promptly with the woman's private correspondence department of the Lydia E. Pinkham Medicine Co., Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence. A woman can freely talk of her private illness to a woman; thus has been established a confidential correspondence which has extended over many years and which has never been broken. Never have they published a testimonial or used a letter without the written consent of the writer, and never has the Company allowed these confidential letters to get out of their possession, as the hundreds of thousands of them in their files will attest.

Out of the vast volume of experience which they have to draw from, it is more than possible that they possess the very knowledge needed in your case. Nothing is asked in return except your good will, and their advice has helped thousands. Surely any woman, rich or poor, should be glad to take advantage of this generous offer of assistance. Address Lydia E. Pinkham Medicine Co., (confidential) Lynn, Mass.

Every woman ought to have Lydia E. Pinkham's 80-page Text Book. It is not a book for general distribution, as it is too expensive. It is free and only obtainable by mail. Write for it today.

**A Different Matter.**  
"Then you don't think I practice what I preach, eh?" queried the minister, in talking with one of the deacons at a meeting.  
"No, sir, I don't," replied the deacon. "You've been preachin' on the subject of resignation for two years, an' ye haven't resigned yet."

**FACE BATHING WITH**  
Cuticura Soap Most Soothing to Sensitive Skins. Trial Free.

Especially when preceded by little touches of Cuticura Ointment to red, rough, itching and pimply surfaces. Nothing better for the skin, scalp, hair and hands than these super-creamy emollients. Why not look your best as to your hair and skin?  
Sample card free by mail with Book. Address postcard, Cuticura, Dept. XY, Boston. Sold everywhere.—Adv.

**Good Reason.**  
"Why am I always being made the goat?"  
"Why are you always butting in?"  
The only way some people could keep a promise is to place it in a safe deposit vault.

**Housework Is a Burden**  
It's hard enough to keep house if in perfect health, but a woman who is weak, tired and suffering from an aching back has a heavy burden.

Any woman in this condition has good cause to suspect kidney trouble, especially if the kidney action seems disordered. Doan's Kidney Pills have cured thousands of suffering women. It's the best recommended special kidney remedy.

**A South Carolina Case**  
Mrs. T. Nelson, Walnut St., Abbeville, S. C., writes: "For years I suffered from back-ache and when I stooped, a sharp pain seized me. The kidney secretions passed too freely and my feet swelled so badly I couldn't wear my shoes. I was in bed a long time. Doan's Kidney Pills, but two boxes fixed me up all right."

**Constipation Vanishes Forever**  
Prompt Relief—Permanent Cure  
CARTER'S LITTLE LIVER PILLS never fail. Purely vegetable—act surely but gently on the liver. Stop after dinner—cure indigestion. Improve the complexion, brighten the eyes. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature.

**PARKER'S HAIR BALM**  
A toilet preparation of such merit as to ensure the hair to grow and flourish. For sale by all druggists.

## COW REQUIRES LARGE AMOUNT OF ROUGHAGE



Beef Cattle Grazing in Virginia.

(Prepared by the United States Department of Agriculture.)

In the cotton-growing sections of the South, where comparatively few cattle have been kept and where they have not been regarded as a source of profit, the idea has become prevalent that profitable cattle are those that consume little feed. It should be remembered, however, that the feed they consume is used for two main purposes, (1) to support the body and (2) to produce milk. Each one of these things requires a certain amount of feed. If just enough feed is given to support the body, there is nothing left for the production of milk. Cow feed is worth much more in the form of milk, cream and butter than in the form of feed, and the cow that can convert the most feed into the most of these products is the most profitable.

The cow is an animal that requires a large amount of feed, especially roughage; therefore quantity is one of the first and most important principles of feeding. Cows do better and produce the largest quantity of milk in early summer, when grass is abundant. Grass is the best feed known, and when possible cows should have plenty of it. If pasture is limited during the growing season, forage crops, such as corn, sorghum, millet, and the like, should be planted to supplement the pasture and assure plenty of green feed. Green, juicy feed, besides producing large quantities of milk, keep the cow's digestive system in good condition; consequently, some such feed in winter is desirable. Patches of rye or oats near the barn furnish grazing at times, but can not be depended upon to furnish all the cow needs every day from the appearance of frost until spring opens.

A constant and dependable supply of juicy feed for cows can be obtained in turnips, rutabagas, or carrots. These roots can be fed to cows without injuring the taste of the milk, provided they are fed immediately after milking. Since cows require it, and roughage is the cheapest feed and one that every farmer can produce on the farm, cows should be given all of this material that they will eat without waste. Such hays as peavine, vetch, soy bean and other legumes are the best dry roughage for feeding, but the grass hays, shucks, and coarse hays of the farm are also good. The coarser hays are eaten more readily if mixed with the better hay.

If a man has ten cows or more the cheapest form in which juicy feed can be furnished for winter feeding is silage. Silage spoils on exposure to the air, and with less than that number of cows it can not be fed off rapidly enough to keep the top layer in good condition. With plenty of roughage and rutabagas or turnips the cow will keep in good condition throughout the winter and produce a fair flow of milk, but she cannot consume enough of these bulky feeds to furnish all the food elements necessary to produce the largest amount of milk, consequently some very rich feeds which are not bulky must be added. Such feeds are corn, cottonseed meal, shorts, and bran meal. Just what grain or meal is best to give a cow depends upon the kind of roughage she gets. Peavine, vetch, clover, soy-bean and velvet-bean hay are among the best milk-producing roughages, since they contain the same elements as cottonseed meal and bran—two of the best milk-producing meals—but in much smaller quantities, pound for pound. Therefore if the cow gets plenty of such hay she will not need much cottonseed meal and bran. When the cow has all the pea-vine, soy-bean, clover, or vetch hay and turnips or rutabagas that she will eat, a good mixture of grain or meal to give her is:

One part wheat bran.  
One part cottonseed meal.  
Grass hay, shucks, straw, and the like contain comparatively little of the elements found in cottonseed meal, bran, and such feeds, and when these roughages are fed, more cottonseed meal will have to be used to furnish the elements the cow must have to produce the largest amount of milk. If grass hay, shucks, straw and rutabagas or turnips form the roughages, a good mixture of grain to feed is:

One part wheat bran.  
Two parts cottonseed meal.  
The grain mixture is the most expensive part of the feed, and should be given to the cow in proportion to the milk she gives. About one pound of either of the mixtures mentioned should be fed for each three pounds of milk produced. For instance, if the cow gives twelve pounds of milk she

More mixture can be added if it will make the cow give enough more milk to pay for the extra feed.

Cottonseed meal is one of the best milk-producing feeds, but it is very rich and if fed in too large quantities may injure the cow. To avoid this it is well to mix bran or some light, bulky feed with it. If cottonseed meal is the only grain or meal fed, and the roughage contains no green feed of any kind, about four pounds of cottonseed meal a day can be fed without injury. By feeding turnips or any other green feed the meal may be increased to about six pounds a day.

Corn meal is an excellent feed to mix with cottonseed meal, but usually it is too expensive to feed profitably. If corn sells for more than 60 cents a bushel it probably will not pay to use it as cow feed.

The use of stock powders and patent stock feeds is a very expensive and wasteful practice. When a cow is well she needs no medicine or stimulants, and when she is sick she needs to be treated for the particular ailment she has. The lean, rough-haired, hollow-eyed condition of many cows is not always due to sickness, but generally to lack of feed or to effects of ticks. If the cow receives plenty of pea vetch, soy bean, vetch or clover and the other feeds mentioned in this circular, she will need no condition powders of any kind. When free from ticks and plenty of feed is given and she is not in good condition, then she requires special treatment by someone who knows how to treat such cases.

In addition to good feed, the cow must have good care in order to make the greatest profit. Exposure to cold winds and rains greatly counteracts the effects of good feeding. Stalls in which the cows are kept should be free from large cracks that admit cold wind in drafts. Ventilation is needed,



A North Carolina Farmer's Simple but Satisfactory Feeding Trough.

but the air should be admitted through windows or openings high enough from the ground to prevent the wind from blowing on the cows. The stall must not become wet and mucky with manure or from rain. It should be kept dry and well bedded with leaves, straw, sawdust or other available material. This will not only keep the cow clean and make her comfortable, but will afford a pleasant place to milk in. The bedding will also add to the amount of manure that can be carried to the fields.

The cow is a nervous animal and should be treated gently and kindly. If she steps on the milker's foot, or slashes his face with her tail, or kicks when her teats are pinched, she should not be kicked in return; and if the feed-room door is left open and she goes in, she should not be beaten for it. A careful milker rarely suffers injury by the cow, and she will respond readily to care, patience and kindness on the part of the milker. Rough treatment is expensive, for it reduces the milk flow.

For further information on the feeding of cows write to the Department of Agriculture, Washington, D. C., for Farmers' Bulletin 22, "The Feeding of Farm Animals."

## PECANS RETURN BIG PROFITS

There Are Few Crops That Pay So Well—Cotton at 12 Cents Is Not as Profitable.

Pecans are grown in large volume at good profit in Texas, Mississippi and Louisiana, and their culture in Alabama is increasing. There are several small pecan orchards in Alabama and a few of large extent. Those that are old enough to be in full bearing yield fine returns on the investment. There are few crops indeed that pay so well as pecans. Cotton even at 12 cents a pound is not so profitable as pecans at the lowest price level of recent years.

Shipping Hogs to Market. Ship your hogs so that they will arrive at the central market in the

## SATISFIED AS THEY WERE

Couples, Victims of Curate's Mistake, Decided That They Would Let the Thing Go.

A vicar of a certain English parish was sitting in his study one morning when in burst the verger in a great state of excitement.

"Mr. —," mentioning the curate's name, "wants you at once, sir," he exclaimed. "He has married two couples and married the two men to the wrong women, and he does not know what to do."

"Have they signed the register?" inquired the clergyman.

"No," was the verger's response.

"Then they can be married again," said the vicar. "Tell Mr. — I will be at the church in a minute or two to perform the ceremony."

In due course the incumbent made his way to the church and found the parties gathered at the entrance. Before he could say anything one of the bridegrooms approached and said:

"We have been talking it over, sir, and we have made up our minds to remain as we are." And they did so.

**Good Title.**  
"Why do you call your play 'The Porous Plaster?'"  
"Because I want it to draw."

**Poor Prospects.**  
"The baby has its mother's nose."  
"Then it is already supplied with a good trouble scenter."

# CALOMEL IS MERCURY, IT SICKENS! STOP USING SALIVATING DRUG

Don't Lose a Day's Work! If Your Liver Is Sluggish or Bowels Constipated Take "Dodson's Liver Tone."—It's Fine!

You're bilious! Your liver is sluggish! You feel lazy, dizzy and all knocked out. Your head is dull, your tongue is coated; breath bad; stomach sour and bowels constipated. But don't take salivating calomel. It makes you sick, you may lose a day's work.

Calomel is mercury or quicksilver which causes necrosis of the bones. Calomel crashes into sour bile like dynamite, breaking it up. That's when you feel that awful nausea and cramping.

If you want to enjoy the nicest, gentlest liver and bowel cleansing you ever experienced just take a spoonful of harmless Dodson's Liver Tone. Your druggist or dealer sells you a 50-cent bottle of Dodson's Liver Tone under my personal money-back guarantee that each spoonful will clean your

sluggish liver better than a dose of nasty calomel and that it won't make you sick.

Dodson's Liver Tone is real liver medicine. You'll know it next morning because you will wake up feeling fine, your liver will be working, your headache and dizziness gone, your stomach will be sweet and your bowels regular. You will feel like working; you'll be cheerful; full of vigor and ambition.

Dodson's Liver Tone is entirely vegetable, therefore harmless and cannot salivate. Give it to your children! Millions of people are using Dodson's Liver Tone instead of dangerous calomel now. Your druggist will tell you that the sale of calomel is almost stopped entirely here.

**A Variation.**  
"Is the five-cent loaf a thing of the past?"  
"No. It's still possible to loaf an hour in a picture show for that price."

Many a political candidate stands on his record for the purpose of keeping others from getting at it.

**The Classic Vogue.**  
"Do you admire the classics?" inquired the student.  
"Well," replied the theatergoer, "I don't care much for it in literature, but it's all right in dancing."

But a man who rushes the growler is never in a hurry himself.

**W. L. DOUGLAS**

MEN'S \$2.50 \$3 \$3.50 \$4.00 \$4.50 \$5 \$5.50 SHOES  
WOMEN'S \$2.00 \$2.50 \$3.00 \$3.50 \$4.00 SHOES  
BOYS' \$1.75 \$2 \$2.50 \$3.00 MISSES' \$2.00 & \$2.50

**YOU CAN SAVE MONEY BY WEARING W. L. DOUGLAS SHOES**

W. L. Douglas shoes are made of the best domestic and imported leathers, on the latest models, carefully constructed by the most expert last and pattern makers in this country. No other make of equal price, can compete with W. L. Douglas shoes for style, workmanship and quality. As comfortable, easy walking shoes they are unsurpassed.

The \$3.00, \$3.50 and \$4.00 shoes will give as good service as other makes costing \$4.00 to \$5.00. The \$4.50, \$5.00 and \$5.50 shoes compare favorably with other makes costing \$6.00 to \$8.00. There are many men and women wearing W. L. Douglas shoes. Consult them and they will tell you that W. L. Douglas shoes cannot be excelled for the price.

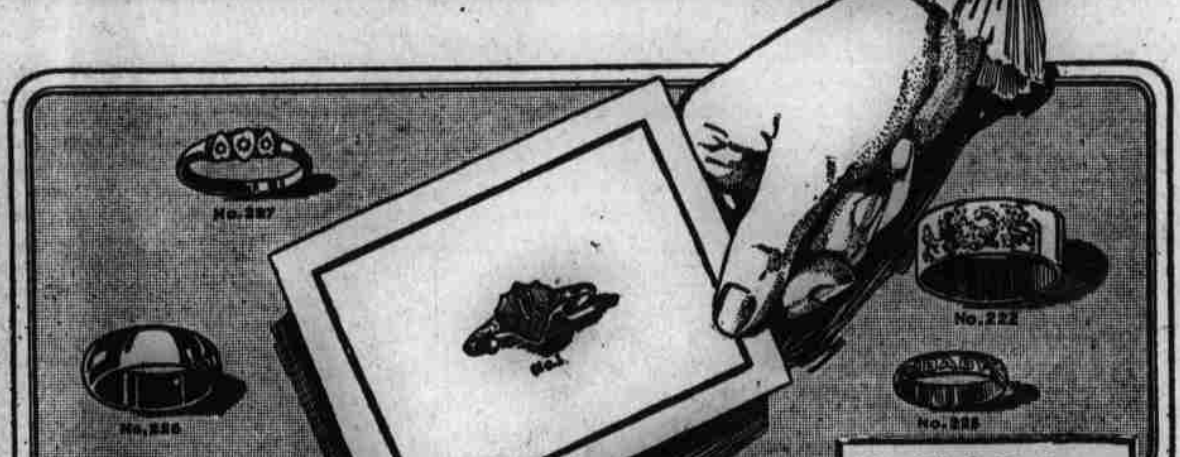
**CAUTION!** When buying W. L. Douglas shoes look for the NAME AND PRICE stamped on the bottom. Shoes that bear the name and price are guaranteed their value and protect the wearer against high prices for inferior shoes by having the NAME AND PRICE stamped on the bottom before they leave the factory. Do not be deceived to take some other make and claim to be just as good. You are paying your money and are entitled to the best. If your dealer cannot supply you, write for Illustrated Catalog showing how to order by mail. W. L. Douglas, 110 Spark St., Brockton, Mass.

If you could visit the W. L. Douglas factory at Brockton, Mass., and see how carefully the shoes are made, and the high grade leathers used, you would then understand why they look and fit better, hold their shape and wear longer than other makes for the price.

W. L. Douglas shoes are sold through 80 stores in the large cities and shoe dealers everywhere.

BEWARE OF SUBSTITUTES

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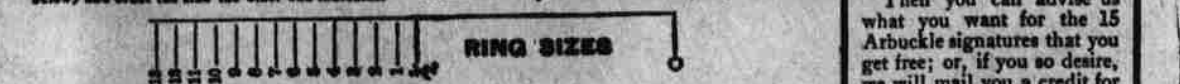
## This solid gold-shell initial ring given to you

Cut out the coupon now and mail today

This wonderful introductory offer closes April 30, 1915. Send the coupon below today with a signature from a one-pound package of Arbuckle's Ariosa or Arbuckle's Ground Coffee, and 10 cents in stamps or coin.

Get one of these beautiful initial rings, with any letter that you may desire placed on the heart. Its value is remarkable. It is an absolutely solid gold-shell ring (not a washed or electro-plated ring) and we guarantee it to give excellent wear. If it does not, it will be cheerfully exchanged at once, without a question. You could not get a better guarantee if you paid many times the price!

**How to determine the size you want**  
This ring is offered in sizes from 1 to 10. Be sure to give the ring size and initial desired. (Only one letter on each ring.)  
To determine the size you need, cut a strip of thick paper so that the ends will exactly meet when drawn slightly around the second joint of the finger. Then lay one end of the strip at O on the diagram (shown below) and order the size the other end indicates.



Mail the coupon with the signature and 10 cents to Arbuckle Bros., 7107 Water Street, New York City

## Other wonderful rings you can get

- No. 226, Wedding Ring. Mail the coupon below with eight Arbuckle signatures and a 2-cent stamp. This solid gold-shell ring is for men or women. It is of good weight, and wears well. It is one of our most popular presents. Tens of thousands of men had worn every year earn it. Give size.
- No. 225, Baby Ring. Mail the coupon below with seven Arbuckle signatures and a 2-cent stamp. This solid gold-shell ring is a lovely new pattern; exceptionally beautiful pattern. Give size. Size 1/4 to 4. Give size.
- No. 222, Fancy Band. Mail the coupon below with eight Arbuckle signatures and a 2-cent stamp. This ring is for men or women. Solid gold-shell; exceptionally beautiful pattern. Give size.
- No. 227, Heart Ring. Mail the coupon below with twelve Arbuckle signatures and a 2-cent stamp. This solid gold-shell ring is for ladies or misses; the design is three hearts, each set with imitation turquoise. Give size.

**Arbuckle's Coffee**

Better than ever

This is the signature you see

Mail the coupon now, with one Arbuckle signature and 10c

## To Club Raisers

How to get 15 signatures free and do your friends a favor

Send the coupon below, with one signature and 10c in stamps or coin, and we will send you at once one of these beautiful initial solid gold-shell rings. This will be your ring. Use it to show your friends what a remarkable offer this is. Get five of them (not already using Arbuckle's Coffee) to take advantage of this offer, just as you have. We will mail each of your friends direct the beautiful ring, when you send us the money and signatures for the five rings.

For doing this you will earn 15 signatures free. When we send you your ring, we will send a special blank, giving full and clear instructions as to what you have to do to get these 15 signatures free. At the same time, we will send you our beautiful new catalog, showing the wide choice of wonderful gifts you can get for 15 signatures.

Then you can advise us what you want for the 15 Arbuckle signatures that you get free; or, if you so desire, we will mail you a credit for the 15 signatures, which you can count with signatures cut from our coffee packages for articles which require a greater quantity. Mail the coupon now, with one Arbuckle signature and 10c