

# THOUGHT SHE COULD NOT LIVE

Restored to Health by Lydia E. Pinkham's Vegetable Compound.

Unionville, Mo.—"I suffered from a female trouble and I got so weak that I could hardly walk across the floor without holding on to something. I had nervous spells and my fingers would cramp and my face would draw, and I could not speak, nor sleep to do any good, had no appetite, and everyone thought I would not live."

Some one advised me to take Lydia E. Pinkham's Vegetable Compound. I had taken so much medicine and my doctor said he could do me no good so I told my husband he might get me a bottle and I would try it. By the time I had taken it I felt better. I continued its use, and now I am well and strong.

"I have always recommended your medicine ever since I was so wonderfully benefited by it and I hope this letter will be the means of saving some other poor woman from suffering."—Mrs. MARTHA SEAVEY, Box 1144, Unionville, Missouri.

The makers of Lydia E. Pinkham's Vegetable Compound have thousands of such letters as that above—they tell the truth, else they could not have been obtained for love or money. This medicine is no stranger—it has stood the test for years.

If there are any complications you do not understand write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

The Sphinx on Natation. The Sphinx pronounced a riddle: "How many girls would swim out beyond the danger line if the life-guard was a woman?" she asked.

NEVER HAD A CHILL. After taking ELIXIR BARKER. "My little daughter, 10 years old, suffered nearly a year with chills and fever, most of the time under the doctor's care. I was discouraged and a friend advised me to try ELIXIR BARKER. I gave it to her and she has never had a chill since. It completely cured her." Mrs. Cyrus Helms, 303 E. St., N. E., Washington, D. C. Elixir Barker 10 cents, all druggists or by Parcel Post prepaid from Klosewski & Co., Washington, D. C.

The more prominent the man, the more likely the doctors are to diagnose his old age as rheumatism.

For any sore—Hanford's Balsam. Adv.

India contains at least 29 cities with populations exceeding 100,000.

For galls use Hanford's Balsam. Adv.

King Alfonso of Spain is a general in the British army.

Made since 1846—Hanford's Balsam. Adv.

The railways of Egypt exceed 1,500 miles in length.

## Summer Luncheons in a jiffy

Let Libby's splendid chefs relieve you of hot-weather cooking. Stock the pantry with

**Libby's Sliced Dried Beef** and the other good summer meats—including Libby's Vienna Sausage—you'll find them fresh and appetizing.

Libby, McNeill & Libby, Chicago



## LADIES!! USE GILBERT'S JEWEL TALCUM POWDER

The Talcum of Quality, for rosy cheeks, perfume rich, lasting, and exquisite. Powder of velvet texture.

In Glass Jars—15c, and 25c. Sold by all dealers.

MADE BY GILBERT BROS. & CO. BALTIMORE, MD.

## B.B. RADIATOR COMPOUND

Guaranteed to stop leaks in automobile radiators. For sale at leading garages, or sent by mail upon receipt of 25 cents per can, in coin. Agents wanted, write us.

Birnstock Specialty Co., Wrightsville, Pa.

AGENTS WANTED—Easy income for active men and women selling 25 new household necessities. Free call. J. S. Birnstock, Lakewood, Pa.

Illustration, \$10—By mail from study method, Birnstock Specialty Co., Lakewood, Pa. In person, \$15. C. S. Birnstock, Lakewood, Pa.

## INTRODUCING THE DASHEEN, NEW EDIBLE



One of the Dasheen Corms, Which Are Forced for Their Shoots.

The dasheen, a comparatively new edible, threatens the supremacy of the potato. It is being cultivated in Florida with much success and with much profit to its cultivators, says the Fruitman's Guide.

The dasheen stalks grow to a height of from four to six feet. The plant has shield-shaped leaves, not unlike elephant's ears. Each hill of dasheen contains one or two large spherical corms, which grow to five pounds in weight; round them are developed numerous tubers. Both corms and tubers are like the potato in composition, but they contain less water. One plant will produce from four to ten pounds of tubers in good rich soil. Both corms and tubers have an agreeable nutty flavor, and are easily digested.

The cook can serve a dasheen in the same way that she serves a potato, and she can also prepare the blanched shoots, forced from the corms in hotheuses, as she does asparagus. The leaves, when tender, will take the place of spinach. Perhaps the dasheen will be a familiar vegetable in our markets before long.

## HARVESTING IN SOUTH

Suggestions for Handling Crops for Hay or Straw.

Best Results Obtained Where Wheat or Oats Are Cut in "Milk" or Very Soft Dough State—Guard Against Bad Weather.

(Prepared by United States Department of Agriculture.)

Methods of handling wheat and oats vary widely in different localities. In the South the harvest is in some ways differently conducted than in the North. There are, however, a number of operations which farmers almost universally have found to their advantage. Where the neighborhood in which wheat or oats are grown is so far distant that threshing machines are not readily available, farmers have found it more feasible to cut the wheat and oats either as hay or to tie the crops into medium-sized bundles to be fed as straw.

Provided the wheat or oats crop is intended for hay, best results are obtained where the crops are cut in the "milk" or very soft dough stage. The stalks will be mostly green, or just beginning to show signs of ripening below. After cutting, the oats or wheat should be cured, and handled exactly as any other common grass hays. If conditions are favorable, the hay will have a bright green color, but if cutting is delayed until the grain is in the full dough stage, the hay will be dry, hard and bleached and the feeding value diminished.

If it is intended to feed the grain in the straw, the cutting should be put off until the grain has reached the hard dough stage and most of the stalks have taken on a yellow color. Under favorable weather conditions the grain will cure sufficiently for storage purposes in six or eight days if put up in carefully made round shocks of nine bundles each, including one cap bundle. Near the coast, where frequent rains are to be expected at this season, grain should be put in small shocks, containing only six bundles, and left uncapped so that it will dry out quickly after a rain. It is unnecessary to tear down and spread these small shocks after rains, as it sometimes is with larger ones. The bundles, of course, should be shocked immediately in order to avoid the possibility of loss from bad weather.

When the crop is grown not for feeding purposes but for sale or for seed the cutting should be postponed still further until the grain has passed the hard dough stage. If it is permitted to become dead ripe, however, the quality is not so good and the loss from shattering considerable. Where the self-blender cannot be used the cutting may be done a little earlier than otherwise. The grain, shocked in the manner already mentioned, should be left in the field until it is thoroughly cured and then threshed without delay. If no threshing machine is available at once, the grain should be either stacked or stored in a barn during the interval.

On small farms where storage space is not abundant it will probably pay the farmer to sell the grain as soon as it is threshed. With the exercise of a little co-operation he may arrange with the neighbors to make up a sufficient quantity to ship out as a carload. If

this is done the freight car can be loaded direct from the farmers' wagons. It is important to remember, however, that the car should be loaded without delay in order to avoid demurrage charges. Wheat and oats should not be loaded into the same car unless it is absolutely necessary. Mixed shipments of this kind cannot be handled to good advantage in the market.

In the case of oats it is also possible to dispose advantageously of the crop by shipping it in bags to grain brokers or feed dealers in nearby towns. When this is done, however, it is of great importance to have the oats cleaned and of uniform quality. One hundred-pound bags are probably the most satisfactory. When these are shipped into another state the federal law requires that the net weight of grain in the bags be marked upon them. Each bag should contain the quantity indicated by the marks on the outside; that is, if the bags are marked "100 pounds" they should contain 100 pounds of grain, actual weight.

## HORSE IN DEMAND IN SOUTH

Diversification Creates Market for Mares to Breed to Jacks for Plantation Motive Power.

While the demand for horses from army buyers has not brought the prices up to the expectations of many owners, the horse grower should not despair. There is a new market and a permanent one opening up in this country. It will not be dependent upon the war-whims of European nations. The South is beginning to feel the need of more farm power. The one-mule-one-horse day of agriculture in that section is passing, says Farm Progress. The South as cotton growing area might get along with the one-horse system, but a new South taking up diversified farming wants more power and this means a demand for more mules and more horses. The southern states are going to be big buyers of mares in the next few years. They will want the mares to breed to jacks to furnish plantation motive power and these buyers are going to want mares in large numbers.

Come war or peace, the horse demand is going to be steady and strong for a long time. The South is not going to change over from the one-mule system to the tractor. The tractor will follow the big teams and these must come first.

## To Destroy Onion Maggot.

The onion maggot, which does a lot of mischief, may be fought with a new spray compounded to kill the fly which lays the eggs from which the maggots come. This spray should be applied before the maggots appear, with a coarse spray. The mixture consists of one pint of Orleans molasses, one-sixth of an ounce of sodium arsenite, and one gallon of water.

## Profitable Root Crop.

Ten tons of roots per acre—about the amount that can be grown on land that will yield 50 bushels of corn in the acre—is not a profitable crop, but 20, or even 25, tons may easily be secured under good management, and will pay well.

## Hog Pasture Combinations.

Good hog pasture combinations are 17c (early spring), rape (summer); corn in field and rape (fall); 17c, alfalfa, corn; 17c, clover, oats and peas.

For poison ivy use Hanford's Balsam. Adv.

Uncle Sam has one bank to every 9,700 people.

The man who buys an automobile on the installment plan evidently believes in paying as he goes.

## To Drive Out Malaria

And Build Up The System Take the Old Standard GROVE'S TASTELESS CHILL TONIC. You know what you are taking, as the formula is printed on every label, showing it is Quinine and Iron in a tasteless form. The Quinine drives out malaria, the Iron builds up the system. 50 cents. Adv.

## A Greater Surprise.

"Where are you going, ma?" asked the youngest of five children. "I'm going to a surprise party, my dear," answered the mother. "Are we all going, too?" "No, dear; you weren't invited." After a few moments' deep thought: "Say, ma, then don't you think they'd be lots more surprised if you did take us all?"

## CARE FOR CHILDREN'S

Hair and Skin With Cuticura. Nothing Easier. Trial Free.

The Soap to cleanse and purify the skin and scalp, the Ointment to soothe and heal rashes, itchings, redness, roughness, dandruff, etc. Nothing better than these fragrant super-creamy emollients for preserving and purifying the skin, scalp and hair. Sample each free by mail with Book. Address postcard, Cuticura, Dept. XY, Boston. Sold everywhere.—Adv.

## What She Expected.

"Look at her," said the ironmonger, indicating a departing customer. "She sent her wringer here to be repaired. I promised it to her for this week, provided I could get a certain new part in time from the maker's. I couldn't get it. Now she wants me to pay a charwoman, who came unnecessarily, half a crown an' twopence for the clothes."

The ironmonger paused to breathe heavily.

"But that's not all. Her husband dines out on washdays, and as he dined out on a washday that wasn't a washday—you understand?—she says I ought to pay for his dinner. No, she doesn't ask anything else. And they call 'em the weaker sex."—London Tit-Bits.

## Twenty Cents Out.

"I made an awful break yesterday," said the fellow who is known as a tightwad.

"That is unusual for you. How did it happen?" asked the man in whom he was about to confide.

"I met Lulu in front of an ice cream parlor, and I told her that her lips were like strawberries. She said the only way to prove it was by making the comparison, so I had to blow her to a strawberry sundae."

## Revised.

"Is the futurist music you're playing?" inquired hubby as his wife pumped the piano.

"No, dear; it's 'Home, Sweet Home,' but I think Bobby has been using it as a target for his air rifle."

# UGH! CALOMEL MAKES YOU SICK! CLEAN LIVER AND BOWELS MY WAY

Just Once! Try "Dodson's Liver Tone" When Bilious, Constipated, Headachy—Don't Lose a Day's Work.

Liven up your sluggish liver! Feel fine and cheerful; make your work a pleasure; be vigorous and full of ambition. But take no nasty, dangerous calomel, because it makes you sick and you may lose a day's work. Calomel is mercury or quicksilver, which causes necrosis of the bones. Calomel crashes into sour bile like dynamite, breaking it up. That's when you feel that awful nausea and cramping.

Listen to me! If you want to enjoy the nicest, gentlest liver and bowel cleansing you ever experienced just take a spoonful of harmless Dodson's Liver Tone. Your druggist or dealer sells you a 50 cent bottle of Dodson's Liver Tone under my personal money-

back guarantee that each spoonful will clean your sluggish liver better than a dose of nasty calomel and that it won't make you sick.

Dodson's Liver Tone is real liver medicine. You'll know it next morning, because you will wake up feeling fine, your liver will be working, your headache and dizziness gone, your stomach will be sweet and your bowels regular.

Dodson's Liver Tone is entirely vegetable, therefore harmless and cannot salivate. Give it to your children. Millions of people are using Dodson's Liver Tone instead of dangerous calomel now. Your druggist will tell you that the sale of calomel is almost stopped entirely here.

## BE KINDER TO YOURSELF

Women Are Often Victims of Nervousness Because They Don't Know How to Relax.

One of the important things to know in life, especially if you are a woman, is how to let yourself alone, writes Mary Carolyn Davies in the Mother's Magazine. The ability to relax, the art of being judiciously lazy, the tact to let herself alone has saved many a woman from a nervous breakdown. We all know the housewife who nags herself into such a state of conscientiousness that she cannot rest. If she lies down she is continually worrying herself with thoughts of the work that she is neglecting.

Much of the blame for this state of affairs lies at the doors of the mothers. The mistake is in their training of their children, especially their daughters. They are taught from earliest infancy to be kind to others, to bear with them, to forgive them, to help them; but from birth to death no one ever tells them to be kind, also, to themselves.

The woman who nags herself can make herself more miserable than anyone else possibly could. She can make her life more of a nightmare than any misfortune could possibly make it. If such women could learn to be kinder to themselves there is no doubt that their own lives would be lengthened; and not only that, but the lives of those with whom they come in close contact would be made far more pleasant.

Insulted the Mayor. A company had opened a new swimming bath in the place, and as a compliment sent a free ticket to the mayor.

That worthy man was very pleased. But he began to wonder when another ticket arrived.

Sitting down, he wrote to the bath proprietors as follows:

"Gentlemen: Your first ticket I received as a compliment. Your second strikes me as being rather suggestive. If you send me a third I will take it as a personal insult."

## TEST THAT NEVER FAILED

Mine Foreman Had Particular Reason for Patronizing Sawyer's Place on His "Vacation."

Among the old miners of Slaskiyon county a man can get worse whisky at Sawyer's bar than in any other place on earth. This is the belief of the gold-diggers of that section, and that faith is accepted as orthodox, says the San Francisco Call.

Regularly every Christmas Billy X, foreman of the Oro Fino mine, takes his layoff down at Sawyer's. Once the superintendent asked him why he always selected that place for his vacation.

"I want to have one yearly drunk," said Billy, "and I want to know just when I am drunk, so that I may enjoy the sensation."

"Well, can't you enjoy the sensation in any other portion of the county or state or continent?" asked the superintendent.

"No. When I'm drinking Sawyer's whisky and it begins to taste good, then I know I'm drunk."

## Life in London.

On the day after the visit of the German Zeppelins there occurred in Southwark — so a wireless message from Berlin asserts—the following conversation:

"Betsy," whispered Mr. James, leading his wife into the darkest corner of the cellar, "here is a wallet. You will find in it all our valuable papers, the stocks and bonds, my will, my insurance policies, and the lock of baby's hair cut off on his first birthday. Good-by, Betsy. If I fall to return, bring up our children to be good English men and women."

"Oh, James, dear, you are not going on a dangerous journey, are you?"

"Yes, dearest. I must go up to the first floor."—New York Evening Post.

## Same Old Symptoms.

Hyker—What do you consider the one unfalling sign of spring?

Pyker—The delicious feeling which makes you want to sit down and watch other people work.



## Lunch Prepared in a Jiffy

Now for a rest while waiting for John.

# Post Toasties

are always ready to eat right from the package—sweet, crisp and tempting.

And what a relief from fussing around in a stuffy kitchen on hot days.

The lunch is a good one—and John likes to find the wife cool and comfortable.

Post Toasties are thin bits of white Indian corn toasted to a golden brown. Eat with cream and sugar—and some fresh berries—They are delicious.