

## WHAT IS A MAN REALLY WORTH?

Did you ever take an inventory of yourself? How much can you earn? How many things can you do perfectly?

If a man could be sold at face value like a cow, a hog, or any other saleable article, what would the average man sell for? Let us see then if there is any way by which we could estimate the average North Carolinian.

Some men earn as high as eighteen and twenty dollars a day. Some earn about one dollar and a half a day. Perhaps we could safely say that the majority of our citizens earn two dollars a day on an average.

Since this is true we could be safe in saying that the average man, working for wages, earn three dollars a day.

If we could put an amount of money into a bank, that would pay us 3 dollars a day for 30 days, how much money would we have? Let us count this. If the bank pays us 4 per cent we would have \$3 x 300 days—\$900 per year. So \$900 would be 4 per cent of the amount deposited. 1 per cent then would be \$900 divided by 4 which equals \$225. 100 per cent would therefore equal 100 x \$225 or \$22,500.00. We can therefore see what an average man who makes \$3.00 per day is worth if he works 300 days a year.

The most of our citizens have cars today. How careful they are with the car can never be discovered but we know that every man tries to keep his car out of the rough sections, and out of the mud and rain. This he does to save the car and make it last as long as possible. These cars do not cost over \$1200 on an average.

On the other hand the average man will not care for his body which is worth \$22,500. He will dissipate to the limit. He will lose too much sleep unnecessarily. He will be intemperate in eating. He will be unnecessarily exposed to contagious diseases. He will go through the snow and rain and sleet uncautiously.

Then THINK! THINK! THINK! Just how long your body lasts depends upon how you take care of yourself.

The day is made to work in, the night to sleep, and the vegetables for us to eat. Therefore, if we are to make our bodies the best possible, we must obey the laws of Nature.

JETER P. RAMSEY,  
Appalachian State Normal,  
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## RIPEN HARD APPLES BY IMITATING NATURE

Imitate nature and ripen the fine looking winter apple that persists in remaining as hard as Pharaoh's heart. By a scheme of artificial ripening, easy to use by any grower, a good supply of ripe fruit may be had from varieties that take their time about softening.

This is explained by Prof. C. D. Matthews, head of the Department of Horticulture at State College, in the following way:

"When ripening on the trees, the fruit is warm in the day time and cool at night. This is the natural ripening process. The alternating heat and coolness brings about ripening. Merely imitate this condition by putting a hard winter apple in the ice box one day and in a warm room the next. Alternate these two treatments for about one week and you will have a ripe, luscious fruit ready to eat."

There is a lesson in this also for those who wish to keep apples through the winter, states Prof. Matthews. Quick maturity of apples must be prevented, if they are expected to keep well all winter. The fruit must always be stored in a cool place and the storage chamber kept at as nearly a uniform temperature as possible or the fruit will begin to break down.

This scheme for fast ripening is merely suggested by Prof. Matthews so that the grower may keep a supply of ripe and palatable fruit on hand while the main supply is slowly coming to maturity in the cool storage

## BETTER TO GROW THAN BUY COWS

Farmers in the cotton and tobacco sections of North Carolina depend almost entirely on buying new cows when the family cow becomes old. They feel they can always buy a good cow; but they can't. Generally, they buy a cow that someone else has found unsatisfactory, or they remain without one and the family suffers.

"There will be no dairy industry in eastern Carolina until the folks begin to raise cows," says A. C. Kimrey, dairy extension specialist at State College. "Many times, enthusiastic persons want to establish a creamery or some other dairy products plant before there are any cows in a section. Experience has shown that the opposite plan is more successful. Cows must first be raised for the sake of the cow. Then when the cows and the feedstuffs are being produced, the creamery may follow successfully."

"In most of our eastern counties, with their great feed-growing facilities, cows may be raised more cheaply than they may be bought. There is an opportunity to market locally all surplus cows that may be produced for a long time to come. Those farmers who are willing to produce feed and give their cows attention can develop a profitable sideline to their present system of farming. The man who tries to raise cows without giving them the proper care such as regular milking, careful feeding of the calves or proper protection from the bad weather, will get a poor quality of animals and little profit from the venture."

For the man who wishes to raise cows, it is best to start with the native stock and breed these by using a good sire in the herd. This method is somewhat slow, states Mr. Kimrey, but it is safe and dairying succeeds best when it is developed along safe lines.

## FIVE POINTS FOR YOUNG CONVERTS

By LATTIE BALDWIN

Five things if remembered,  
Will help you each day obeyed,  
They will keep you from going astray,  
Though Satan may tempt you and  
trials betide,  
You surely will conquer, and in  
Christ abide.  
Keep looking to Jesus;  
He never can fail,  
And walk in His footsteps  
In every detail.  
The world's vain allurements  
Will vanish from sight,  
By looking to Jesus:  
Your Saviour and Light.  
Read daily your Bible,  
If you would become strong;  
To witness for Jesus  
And overcome wrong.  
The author, the Book  
And doer abide,  
But they that neglect it  
Will surely backslide.  
Pray without ceasing,  
This will bring you to Him,  
Who cleanses and keeps you  
A victor o'er sin.  
There is nothing so great  
That our God cannot do,  
And nothing so small,  
But He'll undertake too.  
Confess Him to others,  
Behold for your King,  
To those who are lying  
In darkness and sin.  
What help can you better,  
To all secondment;  
Than this blessed Jesus,  
The needy ones' friend?  
Do something for Jesus  
He did all for you;  
Your joy find in willing  
His sweet will to do.  
So seeking to please Him,  
Through life, day by day—  
His presence shall gladden  
Each step of the way.

JETER P. RAMSEY,  
Appalachian State Normal,  
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If the thirty pieces of silver which Judas got for betraying Christ had been placed at 4 per cent interest, assuming their value to be half a dollar each, the Judas Foundation today would claim a mass of gold equal to 345,000 globes the size of this earth.

—Dearborn Independent.

## AUTUMN

By EDGAR A. GUEST

I want to come to Autumn with the silver in my hair  
And maybe have children stop to look at me and stare;  
I'd like to reach October free from blemish or from taint,  
As splendid as a maple tree which artists love to paint.

I'd like to come to Autumn, with my life work fully done  
And look a little like a tree that's gleaming in the sun,  
I'd like to think that I at last could come through care and tears  
And be as fair to look upon as every elm appears.

But when I reach October full contented I shall be  
If those with whom I've walked through life still have faith in me,  
Nor shall I dread the Winter's frost, when brain and body tire  
If I have made my life a thing which others can admire.

Tom Tarheel says he and the boy will make an expedition to the woods right soon and gather a supply of nuts for the winter. Two walnut trees have already been located.

## MOVIES FOR WOMEN AND CHILDREN

Women and children have not been neglected by the United States Department of Agriculture in its educational film productions, and many of the department's 225 motion pictures are designed for showing before them.

Among the U. S. D. A. films suggested for exhibition before women's meetings are: Out of the Shadows, Clean Herds and Hearts, The Honor of the Little Purple Stamp, Keeping Out Bad Food, Why Eat Cottage Cheese, From Wool to Cloth, Cranberries—and Why They Are Sometimes Bitter, Garden Gold, Anne's Aigrette, The Modern Pied Piper, To Market! To Market! Food for Reflection, Cured by Canning, A Matter of Form, The Happier Way, Poor Mrs. Jones, and many others.

For boys and girls are recommended: Sir Lancelot, the Good Milk Knight, Home Gardening, Seeing Washington, A Letter to Dad, Bill Jones—Champion, The 4-H Camp for Boys and Girls, A Crop Worth Saving, The Short Course, Good Turns for Our Forests, Bob Farnum's Ton Litter, The Embryology of the Egg, the department's game and bird conservation films, forest fire films, and scenic pictures.

Now is the time to plan your farm business for next year. Keeping books may sound hard but the farmer who neglects this will soon find himself without a business.

## TOBACCO BUD WORM EASILY CONTROLLED

The tobacco bud worm is an insect which feeds on the youngest or "bud" leaves of the tobacco plant. It is especially injurious to cigar tobacco, and the holes caused by the bud worm make this type of tobacco practically worthless. A simple and most efficient method of control has been developed by the Bureau of Entomology, United States Department of Agriculture. It consists of dropping in the "bud" of each plant a mixture composed of 85 parts by weight of dry, sifted corn meal and 1 part of powdered arsenate of lead. Specialists say that the fondness of the bud worm for this corn-meal mixture is remarkable. Even exhausted worms after a hot journey to the laboratory in a tight tin box will immediately burrow into a pinch of the mixture. The cost of the field application is about 65 cents per acre and from four to eight applications are usually made. Without the treatment every plant would be infested, but with the treatment 98 per cent of the worms are killed, the injury being practically negligible.

## DEATH OF MRS. ELIZA RINEHART, AGE 60, OF HOT SPRINGS, N. C.

Mrs. Eliza Rinehart passed away at her home at Hot Springs, N. C. at 1:30 A. M. Wednesday, October 7, 1925. She was 60 years, 5 months, 25 days old. She had been a patient sufferer for a year, never complaining but in all things willing for God's will to be done.

The morning before she passed away, she told her daughter, who had been constantly with her for months, not to grieve for her, for she had done all that could be done for her. She said she was ready and willing to go. She knew she was going to be with Christ her Savior, and be at rest forevermore.

Almost her last words were "Lord, have mercy, I love everybody." She was a faithful, devoted mother, a loving sister, and a kind and generous friend and neighbor.

She is survived by three children; one daughter, Mrs. J. L. Gamble, of Miami, Fla., two sons, Walter, of Azalea, N. C., and Roy, of Black Mountain, N. C.; also four sisters survive her: Mrs. R. B. Payne, of W. Asheville, N. C., Mrs. Josie Mull, Mrs. H. K. Norton, and Mrs. J. J. Rector, all of Marshall, N. C.

Funeral services were held at the Baptist Church, Hot Springs, Thursday at 10 A. M., conducted by Rev. Mr. McFee, pastor of the church. Services

were also held at Station Cemetery near Walnut, N. C., where the body was interred. Following is a poem entitled "Mother" written by Mrs. Lillie Yates Shaw, friend of the family, which was read at both services by Professor Watts, of Hot Springs:

Who fed us from her loving breast?  
Who rocked us in her arms to rest?  
Who kissed away the baby tears,  
And cared for us through early years?  
Our Mother.

Who sang for us sweet lullabys  
And rocked us so we would not cry?  
Who ran to help us when we fell  
And kissed the part to make it well?  
Our Mother.

Who cared for us through hours of pain  
Whose every nerve was in a strain?  
Who worked and watched with heavy eye  
And wept, for fear that we should die?  
Our Mother.

Who taught our infant lips to pray  
To love and honor God's word and day  
And walk the straight and narrow way  
That will lead us to Heaven some sweet day?  
Our Mother.

And for all this that she has done,  
Let holy words come from our tongue;  
And noblest thoughts our soul can claim  
As reverently we breathe her name,  
The blessed name of Mother.

## COUNTY SUPERINTENDENT'S COLUMN

Edited by O. S. DILLARD

## WAKE, IGNORANT, SLEEP, STUDENT AND A SCHOLAR

South Carolina Ex-Slave Uses Precise English and Exhibits Marvelous Memory, Asleep

(Taken from Charlotte Observer)

LEESVILLE, S. C., Oct. 10.—A strange case of apparent dual personality is attracting such attention here that a committee of physicians and physiologists is preparing to examine the subject—Major Perry, 90-year-old negro and former slave, who is illiterate when awake but who delivers scholarly sermons in perfect English when asleep.

Major Perry lives four miles north of Leesville in the lower edge of Saluda County. In appearance he is a typical ante-bellum negro, ceremoniously polite to all "white folks," and quaint and engaging in his manner. While awake he speaks in dialect of the unlettered negro, and finds it impossible to quote even so much as a verse in the Bible. But when he drops into the strange trances that he seems able to summon at will, he becomes an entirely different person. He speaks with the precision of a student of English, and quotes entire chapters from the Bible without error or hesitancy.

## CASE IS PROVED.

These statements are vouched for by the Rev. Frank M. Graham, evangelist of Greene County, Georgia, who recently visited Major Perry at his home near here; by J. Q. Holder, who prepared an article on the strange old negro for The Twin City News, of Leesville, and by the editor of The Edisto Perry to study the negro who preaches in his sleep. Many others also have heard the messages that fall from the lips of the old man as he lies in a trance.

Evangelist Graham has known the old negro for years and believes that he is endowed with two personalities, one being in control when he is awake, the other when he is asleep.

The more superstitious advance the theory that Major Perry received a "call" to preach, but refused to heed the call. The Holy Ghost, however, not to be outdone, takes possession of him when he is asleep, they say and uses him as a mouthpiece to deliver messages from God to men upon the earth.

## NO TWO ALIKE.

The suggestion made that Major Perry has learned a sermon couched in chosen words, which he delivers while in shamming a trance. The answer to this is that no two of his sermons are the same, and each contains different quotations from the Bible. The quotations are not confined to any particular verses or chapters, but range through all the books of both New and Old Testament.

Dr. Graham, in describing Major Perry's method of preaching in his sleep, says that the old man will lie upon a couch and almost immediately drop into a trance. In about 15 minutes his lips begin to move, and the words of a hymn issue forth. When the song is done, the sermon begins and continues steadily until the speaker has finished.

J. Q. Holder, writing in The Twin City News, said:

"Living four miles north of here is one of the most wonderful human beings in the world. Though 90 years old, a former slave, able neither to read nor to write, yet he preaches a sermon almost every night of his life. He takes his text, giving chapter and verse, and has never been known to make a mistake. He quotes the Bible as correctly as the best educated man. One strange thing is that when he awakes he remembers nothing about what he has preached."

Plow under all cotton stalks after the last picking and do this before frost if possible, advise extension workers at State College. This will greatly aid in boll weevil control next year.

Two very interesting teachers' meetings were held last one. The first of these was held with the Spring Creek group at Spring Creek School, Oct. 9. All teachers of this group were present except two. The chief topic for discussion was the improvement of reading in the elementary school, and the enlistment of the community in the support of the school. The other meeting was held with the Marshall group of teachers at Marshall on the 10th. Practically all the teachers of this group were present. Again the chief discussion was the improvement of reading.

This group of teachers voted unanimously to join the North Carolina Education Association. Mr. D. W. Kanoy was elected president of the Madison County Local Unit and Miss Hortense Roberts, Secretary. We are expecting a 100 per cent enrollment of the teachers of the county in this association which is doing so much for the advancement of the teaching profession in the state, and the molding of public sentiment for longer and better school terms.

The schools of the county will be closed on Friday of this week in order that the teachers may attend the Western District Meeting of the North Carolina Education Association which meets in Asheville on Friday and Saturday of this week. A large part of the teachers of the county will be in attendance at this meeting. A very helpful program has been arranged by the committee in charge, and we are looking forward to the best meeting ever held.

At a meeting of the committee appointed at the teachers' meeting Saturday to arrange for field day, it was decided instead of having field day in November as has been the custom heretofore, to have a county commencement next spring with group commencements in the five group centers of the county. By doing this a larger number of the schools will be brought into the events, and much more good accomplished. The high school principals of the county are working on the program ready for the teachers by the middle of November. We hope that all the schools of the various groups will begin to make their plans for these exercises.

The attendance of the schools of the county continues fine. Reports from the various schools show that there are but few violations of the Compulsory attendance law. We hope that the patrons of the schools will cooperate with us still in seeing that the children stay in school. We believe that this will be the best year in the history of the county in points of attendance. We know it will if we can keep up the pace set.

The new school building is nearing completion at Windy Knob in number eleven township. School opened there Monday. This is one of the best frame buildings in the county. It contains four large class rooms and an auditorium. The building is so constructed that more rooms can be easily added without any trouble or interference with the architectural plans. It is hoped to build a junior high school here when the roads are improved some more in that section. The district recently voted a special tax. Indications point toward a successful school here this year.

## CAR WRECK SUNDAY ON BEAR CREEK

It is reported that Mr. Chappell Freeman, on Bear Creek, had a very bad car wreck Sunday, being very badly smashed up himself, and his little son received some minor bruises. Mr. J. W. Redmon, who had a car wreck some time ago, is still improving.