MARSHALL

PERSONAL and OTHERWISE is attending court here this week.

Happenings In and Near Marshall

Miss Velma Eastman and Miss Roberts were in Asheville last Satur-

shall for a few hours last Sunday. ing.

nesday for Arizona to spend the win- very beautiful. ter with her son, Mr. Jack Ramsey. Mr. Will B. Ramsey, who is in Asheville, was in town Sunday. school at Burnsville, N. C., spent the

week-end in Marshall. Miss Iola McHone and Miss Evelyn her home in Mars Hill. Hinkle spent the week-end in Black Mountain as the guests of Mr. and Monday.

Mrs. Dinwiddie. school at Asheville, spent the week- fice Tuesday. end visiting friends and relatives in Marshall.

Mr. C. M. Hinkle was in Elizabethton, Tennessee, last week.

Miss Gage Morrow, who is in school at Mars Hill, spent the week-end with

Mrs. Cole, Miss Rice and Miss Georgia Gwaltney, of Asheville, spent Sun- are glad to see him out again. day in Marshall visiting friends and

Mr. and Mrs. H. L. Smith are planning to move into the new parsonage this week.

was a visitor at the News-Record office Musiness.

Monday. Mr. Thomas Marler, of R. F. D. No. 1, was in Marshall Monday, selling

produce. Mr. R. B. Payne, of West Asheville, spent the week-end visiting friends

and relatives in and near Marshall. Mr. Chapel Wallin of Revere was in Marshall Monday.

Mrs. H. Lisenbee is visiting her of R. F. D. No. 1.

Mr. R. B. Payne of West Asheville spent the week-end visiting friends and relatives in and near Marshall. Mr. Chapel Wallin of Revear was

in Marshall Monday.

Rev. R. S. Woodson and Bev. Malthe Rice of near Marshall were in town Monday.

Mr. J. T. Byrd was in Askeville on business Friday.

The brick building now being erect. er and Sons is now nearing com- Marshall High School. pletion.

Miss Gage Merrow returned to Mars Hill Sunday afternoon, having spent the week-end in Marshall. She was accompanied by Miss Marguerite Raines.

Miss May Worley and Miss Ada days too. Silver were visitors at the News-Record office Monday.

Mars Hill, was in Marshall Sunday, and Mrs. Lyde Wells. He was accompanied by his father and mother.

purchased a new basketball. Mr. Lankford Story motored to

Mars Hill Sunday afternoon. tion was not as successful as many ernoon with home folks. weather Sunday the Singing Conven-

expected it to be. Miss Lillie Marler of Asheville spent the week-end with friends and relatives in and near Marshall.

spent the week-end in Marshall, visit. rain. ing friends and relatives.

all the first of this week attending Brown's home.

teacher of Marshall High School, was know why he didn't go up Fall a visitor in town Saturday.

Miss May Worley, who is teacning

week-end in Marshall. Miss Othalia Silver and Mr. Grant a good time. McDarris, teachers at Mt. Neta, were

in town Sunday. Mr. George L. McKinney returned

Sunday from Florida. Mrs. Bessie Safford, of Hot Springs.

was visiting Mr. and Mrs. R. S. Ramsey Monday of this week.

Mr. J. N. White spent the week-end in Morristown, Tenn., where he is taking treatment under a specialist. Mr. Jack Rumbough, of Tennessee was in town this week on business.

Don't Wait Until Cold

Weather To

BUY YOUR COAL

Judge Wells is attending court this

Mr. Thos. S. Rollins, of Asheville,

with a severe cold. Mr. Grover Redmon leaves Thursday for Old Fort, N. C., to attend the Log Rolling Association.

Mr. Ralph Litterell, of Ivy, was in town Wednesday.

Mrs. A. J. DeMotts, of New Orleans, La., has been very sick at her Dr. Oscar Sams, President of Car-home, but she writes her mother, Mrs. son-Newman College, stopped in Mar- A. E. Davis, that she is slowly improv-

Dr. Sams was en route for Asheville. The members of the senior class of Mr P V. Buckner, of Sandy Mush, Marshall High School have received was in Marshall Monday on business. their class rings, of which they are Mrs. Clara Ramsey is to leave Wed- very proud. The rings are really

Mr. Grant Deal who is working in Miss Ammons, teacher in Marshall

High School, spent the week-end at Miss Mae Davis went to Asheville

Mr. E. J. Sawyer of R. F. D. No. Miss Anna Kate Ramsey, who is in B, was a visitor at the News-Record of-

Mr. and Mrs. J. M. Baley went to Asheville Tuesday.

Mr. L. F. Smith of Morristown, Mae Davis.

Mr. James Redmon of near Marher parents, Mr. and Mrs. W. H. Mor- shall, who was seriously injured in a car wreck a few weeks ago, was in town Wednesday. His many friends

Mr. Sam Freeborn of Walnut was n town Wednesday. Rev. H. L. Smith is confined to his

bed with lumbago. Mr. Jonah Henderson of near Mr. Charles Candler, of Hot Springs Walnut, was in town Wednesday on

SCHOOLHOUSE BURNS

The schoolhouse on Upper Bess Creek burned to the ground Tuesday, according to reports received at the News-Record office. The fire caught in the attic or loft of the building from a defective chimney and the upper past of the building was a mass parents, Mr. and Mrs. Themas Marier of fiames when the fire was discover-

> All of the pupils were getten out of the building in safety but we understand that practically none of the school furniture was saved.

> The building was not owned by the county or district, but, according to reports, it was the property of the Missionary Baptist Church of that community.

We trust that the children who have been dervied of a school can attend if ed on Main St., by Mr. Z. V. Fish- nearby schools or be transported to

From CANTO

We sure are having plenty of

Mr. and Mrs. John Gentry of Hot Springs spent Sunday Mr. Wendell Smiley, a student of with their uncle and aunt, Mr.

Mr. and Mrs. Rosey Boone and little daughter, Lula Fran-The "Owl Club" of Marshall has ces, of Woodfin spent Sunday with Mrs. Boone's parents, Mr. and Mrs. Ed Robeson.

Mr. B. R. Morrow, of West On account of the rain and bad Asheville spent Wednesday aft-

Miss Savannah Brown was visiting Misses Ollie and Bonnie Wells Sunday afternoon.

Mr. Lyde Wells had a corn Mr. T. C. Caldwell of Asheville husking Saturday in spite of the

Mr. Rosco Reeves is a Sun-There were many people in Marsh- day caller at Miss Lassie

The many friends of Mr. Ed-Professor S. J. Peek, a former ward Brown are anxious to Branch Sunday?

Miss Annie Mae Morrow at Skyland, near Marshall, spent the spent the day with Mrs. Lyde Wells Saturday and reported

Mr. Dow Morrow had a corn husking Monday night.

large crowd was present. Mr. and Mrs. M. B. Brown visited friends at Leicester

Tuesday and Wednesday. Mr. G. H. Boyd and Mr. Garmon Robeson are helping Mr. Jess Robeson shred corn this week.

JOHN H. McELROY

Attorney-at-Law Marshall, N. C.

NOW LOCATED IN THE OLD QUDGER AND MOBILROY

W. A. SAMS

Mr. J. C. Redmon is sick this week Physician and Surgeon Office Front Room Over Citizen Bank.

Telephone 59 Good Cars, Careful Drivers AND THE PRICE IS RIGHT You Drive It cars by the Hour or Mile. If I give you satisfaction, tell your friends LISENBEE BROS at Lisenbee'e Jewelry Shop

TAXI SERVICE

Jimmy is three years old and at the breakfast-table. One apply an intelligence test, said, health. But Jimmy. I don't believe you know what a dream is."



I then lemon fulos

Put all ingredience in a Mason far and shake theroughly. Chill and serve in glasses filled & full of log chips. Raspborry, blackborry, and cherry julies may be used instead of the logsmoother. the logamberry.

Icod Coods

3 tsp. cocoa & cup water Pinch sait

milk diluted

and serve with chipped ice Top with whipped cream.



Even the finest construction sometimes fails to withstand fire. Only certain protection against financial loss is sound insurance. Be pre-

pared. This agency represents the Hartford Fire Insurance Company -an institution that has been serving property owners faithfully since

MARSHALL INSURANCE AGENCY

HEALTH AND PHYSICAL **CULTURE**

(By GLENN W. N.

"The first wealth is health."-

able passession of man is good easy prey for disease. any necessity or luxury that we mind are the results. desire, life is nothing more | The most interesting, and one very fond of telling his dreams than a state of dreary exist- of the most beneficial features

suffering from, or handicapped football, basketball, etc. Jimmy's answer came quick by some permanent illness or all sports, swimming is the most

> perhaps, death. Conisdering its importance summer, especially about lakes, and desirability, good health is swimming pools, etc.

> health and happiness. The contributing factors of In playing games or taking

Pure food and water are, I very dangerous. food we eat and the water we because of the benefits derived

pure in every sense of the word. their work. kept in stock in stores are, in cause I think they are many instances, exposed to In almost every school and dust flies, and worst of all, the college in America, athletics lic, or are often gathered sev- and important features.

on sale. cerned, obtaining water in this to good health and a strong In the country the water in thing that can be mentioned. outside seepage or other dan kalgence in its pernicious effect. gers that would affect the Alcoholic drinks are another purity of the water, however in dangerous enemy

than none at all.

if every preaution is taken in is not a good law. regard to the cleanliness and purity of food and water, sick-very important, and they should tion: ness from diseases of the intes- be cleaned as often as twice tinal organs and in many cases, daily. A visit to a competent

Health Program," and is very rules, copied from a recent issue beneficial, especially while one of Physical Culture magazine, is sleeping. A good thing to edited by Bernarr McFadden, do is to open all the windows the great Physical Culture and in a bedreom before retiring health authority: and allow them to remain open! "Exercise is necessary for eall night, however one should limination.' be careful not to sleep directly

in a draft. It is very mysterious why people who are willing to ebey factor in good digestion."
he laws of health in every utiliar. "Water is the best beverage way, are afraid of free at, as "Habite only that are goo

is much purer than in the day. play, the body and mind mus' len the size." have complete relaxation and rest. This is obtained through sleep, and when one does not give his body and mind the rest required, he will pay dearly for .) this, in ruined health. When and the entire constitution is man.—Ex. The most important and valu- gradually weakened and is an

health; without this, even Nature has provided this though we may have many plan as a means of restoring sources of happiness, pleasure strength and vitality lost in nd entertainment; even though each day's living, and when one we may be wealthy to the ex-follows it, a stronger, healthtent that we are able to have ier body and an alert, clear

ence in the world, full of un- of the "Good Health Program" morning his father, thinking to if we are not possesors of good can be taken in many ways such as walking, dancing, boat-With the exception of those ing and games such as baseball,

and sure: "Yes, I do. It's deformity, there are no sens-beneficial, as it brings into play moving-pictures while you're a- ible reasons, whatever, why ev- every muscle in the body. Ev- ure, but today is one of the greatest Tenn., spent the week-end with Miss sleep."—The Congregational-eryone should not have good eryone should know how to health. It is only when the swim, not only for the sake of mercaring participation in local prosimple, firm laws of Nature are the exercise, but so as to be not kept, that we must suffer prepared to give assistance in the consequences by tempo-emergencies, in case of drownrary or permanent illness, or ing, and other water accidents all and collective acts of service in a which occur very often in the true Bod Cross spirit.

the cheapest thing in the There are many other good world. One does not have to exercises that give very benebe wealthy to have, or enjoy a ficial results, and almost all are strong physique. There is on-good if not carried too far. ly one price for this, which all Such forms of exercise as long classes of people must pay, and races, football and professionthat is a strict cooperation with, al baseball are in almost every and a close obedience of the instance, too strenous, unless in laws of Nature, and when this those taking part have strong is a fact, the results are good constitutions and are in good wise displayed a been meerest in condition, physically.

good health are pure food, exercise, one should be very pure water, plenty of fresh air, careful not to play until exoutdoor exercise and plenty of hausted, but rest when it is sleep, if possible, in a room necessary. Getting the body where the windows are open. hot and suddenly cooling it, is

believe, the most important. Athletics should have just as No precautions we can take will much consideration in schools keep us in good health if the as any other feature, not only drink for the upkeep and nour-physically, but because of the ishment of our bodies are not added interest of the pupils in

In the country where people Here is what Theodore Roosobtain the greater part of their evelt said about school athletfood fresh every day, direct ics:-"I believe with all my from the fields and gardens in heart in athletics, in sport, and which they are grown, or from have always done as much a supply stored up for future thereof as my limited capacity use, the danger of impurity and and my numerous duties would their country, they have organized their communities with the theroughuncleanliness are not as great permit; I believe in them not as in the city where vegetables, only because of the amusement against the possibility of a time when fruits, and other food supplies, and pleasure they bring, but be-

sandling received from the pub- are among the most popular real days before being placed Bad habits such as the using of tobacco, alcoholic drinks, So far as pure water is con- etc., are the greatest enemies

condition is a very simple mat- constitution that one could menter, especially in towns and cit-tion. Tobacco has become a ies where a pure water supply greater menace in the United is maintained for the people. States than almost any one most instances is pure, if obtain- Its use by men, boys and even ed from a spring or well which a large percentage of women, is protected in every way from leads almost every form of in-

many instances, one can see in health. Since prohibition of the country, wells and springs of all alcoholic drinks, being Mix cocoa and sugar theroughly and without any protection what- either used or sold in America and cocon and sugar theroughly and without any protection what-either used or sold in America and the succession of the succession with the succession of th curable placed in a haphazard bition, the 18th amndment to way to prevent anything from the Constitution of the United getting in the water. Such States, is in my opinion, one of protection as this is worser the best national laws ever passed for the good of the A-

If water is not absolutely merican people. The most pure, it should be boiled before sicke ing and disgusting thing being used. It is my belief I can think of is to hear some-chorus by the children, the that almost every case of such one who claims to be a true pa-teacher continued: diseases as typhoid fever and triotic citizen of his country, artuberculosis can be traced to an gue and attempt to convince his a sentence containing the word impure food and water supply. fellow citizens that prohibition

The care of the teeth is other diseases will be very rare. dentist should b made twice a Fresh air is another very im- year and if necessary, oftener. portant feature of the "Good Here are some good health

"Keenness of mind is linked with a strong body."

"Mastication is a necessary

After a hard day of work or but I am afraid I have forgot-

"Thirteen and a half. ma'am?" suggested the shop assistant.

"That's it. How did you know?"

the body receives no rest, it their collars for them are algrows weak, many of the im-portant organs do not function ways about that size, ma'am," explained the observant sales-

JUNIOR RED CROSS AIDS PEACE BY BIG GROWTH

Gains 142,000 Members in Year in Schools Throughout United States.

A new high level in peace this membership of the American Junior Red Cress is recorded for 1925-fts ranks numbering 5,738,648 school girls and bays a gain of 142,00

This unique and powerful children's organization stasted as a war meas infinences for peace ever known. Am year's growth. It is indicated that to a greater degree than ever pupils in the schools are performing individ-

The success of the Junion swimming program, launched last year through operation of the Life-Saving Servitee of the Red Cross, has led to a distermination to make it a regular feature of both these branches.

An entotanding feature of Red Orem werker in the disaster relist operations following the turandoours. Milmois, and Mcthus. In many more fortunate localng beys and booke for the une shifteen in the disaster area. Junter Bod Gross pergrant has d not along in scaled com manifold but has been extended to books, and to native Alaskan schools where many Eskime shildren ok Junior work. In saddition the infernational correspondance be Sween schools is proving more and more pepular. American schools are new corresponding with those in thir-

Strong Mumbership Appeal In Red Cross Disaster Rolling :

Anhles thomsolves "What if diags" ter should visit our city?" the leading cistoms of many communistes of the United States have adopted the Mont.

motto to "Bo Prepared. impressed by the frequency and the wide range of peace time calamities in their country, they have organized Oross Chapters in mac



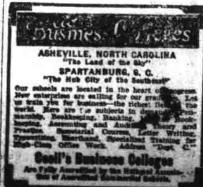
The teacher was explaining the meaning of some new words to her class of youngsters.

"An anecdote," said she, "is a short, funny tale.'

"And now I want you to write

'anecdote.' This was one of the sentences presented for her considera-

"A rabbit has four legs and one anecdote."-Australian



DOOD DOINT