THE NEWS-RECORD

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PLAY TO BE PRESENTED IN MARSHALL NEXT THURSDAY, JUNE 4—8:00 P M.

The Atheletic Association of Marshall is sponsoring a local talent play which is to be given on June 4th at the Marshall High Auditorium with the show beginning promptly at 8::00 o'clock. The show is a musical comedy, "Oh, Profeseor" and it is directed by Ruth Haverty who directed Black-Eyed Susan last year sponsored by the Civitan Club. A number of the same people who took part in the production last year will appear in the show this year, but there will be some new talent used in this year's production.

"Oh Professor!" is the most popular of the Sewell productions and one which has been presented in a number of the larger cities with a great deal of success. The plot centers around the absent-minded professor, played by Dr. J. H. Hutchins and his adventures with a Spanish dancer and the matron of the college. Ron Sprinkle plays the part of the Chinese servant who aids and abets all of the intrigue of the play. E. R. Tweed, Jr. and J. I. Story will play two leads in the roles of Steve Crandal and Bob Davis. Bob Hinkle will play the role of Dave Davis, a Spanish impersonator. Jessie Mae Ramsey will play the part of Mrs. Brumbond, a college matron. The part of Helen Bainbridge will be played by Marjorie Sawyer. Little Miss Margaret Maroney will appear in the role of the mischievious little Avonellie who steals all of the spoons and causes a great deal of trouble by calling the Professor "Pa".

There will be a number of the younger set who will appear in the chorus numbers and specialities. The musical numbers will be accompanied by Mrs. A. Fred Sprinkle. Tickets will go on sale on Friday at both the Roberts and Moores Pharmacy. Jim Bailey is in charge of the presale of tickets and anyone who is interested in selling tickets in order to obtain a complimentary one will please get in touch with him.

A special chorus composed of prominent local business men will sing and dance "I'd like to be a Butterfly." They will be dressed in pink and blue ballet costumes with ruffles around their necks and pink and blue bows on their hair.

The net proceeds of this production will be used for the promotion of recreational atheletics in Marshall. One purpose is to finish the tennis courts so that they may be used. The club also plans to have a baseball team this year. The town needs these recreational outlets and we hope that all will support the club in its undertaking by coming to see "Oh Professor!", Thursday, June 4 th. at 8:00 P. M.

HONOR ROLL
of
The News-Record

Beginning with our issue of October 17, we are publishing below the names of people who subscribe or renew their subscriptions to The News-Record within the last week. By keeping your subscriptions paid up you will greatly help your local paper. Of course, those whose subscriptions are paid in advance are already on our honor roll.

Mrs. L. A. Bryan, Mars Hill
Miss Martha Robinson, Marshall R-3
J. G. Morgan, Stocksville
B. Y. Tilson, Burnsville
John L. Anderson, Leicester
Lee Chandler, Faust
W. S. Willis, Stocksville
H. C. Rector, Marshall, R-1
Coates Bros, Marshall, R-2
W. C. Fowler, Joe
Joe Taylor, Marshall, R-1
T. J. Yelton, English
H. E. Roberts, Marshall
Mrs. S. C. Rudisill, Marshall
Guy V. Roberts, Marshall
W. A. West, Marshall
Wayne Peek, Mars Hill
R. M. Lee, Mars Hill
Mrs. Gordin Conley, Marshall
Miss Cleta Edwards, Mars Hill
J. B. Coward, Spring Creek
Frank Price, Barnard

R. C. TWEED DIES IN FLORIDA

The funeral services of Mr. Rumbrough C. Tweed were held Sunday afternoon, May 17th, at four o'clock at the First Baptist Church, Pensacola, Florida, of which Mr. Tweed was a member for fifteen years.

Mr. Tweed was formally of Madison County, and the son of the late Blucher and Susan Tweed, of Barnard, N. C. ,and a graduate of Mars Hill College, and was for many years nterested in the lumber business in Madison County. He is survived by his wife, Clara Someral Tweed, daughter Sarah Sue Tweed and son, R. C. Tweed, Jr., all of Pensacola, Florida, and the following sisters: Mrs. J. H. Payne, of Greensboro, N. C., Mrs. J. Toney Roberts, Craggy, N. C. and Mrs. Grace Freeman, Barnard, N. C.

BLAINE SHELTON SHOT TO DEATH ON LAUREL THURSDAY NIGHT

HOBART TOFFEY ESCAPES TO TENNESSEE

Blaine Shelton, age 27, was shot to death Thursday night on Roaring Fork, in the Laurel section of Madison County, allegedly by Hobart Toffey, age 21, who escaped toward the Tennessee line. The tragedy is said to have resulted from an old grudge.

According to the report, Toffey shot Shelton 3 times—one time in the elbow from behind and twice in the back of the head. Sheriff English is holding three material witnesses, Ralph Shelton, Eliza Moore, and another girl.

Shelton is survived by his widow and 3 children.

DAILY VACATION BIBLE SCHOOL WELL ATTENDED AND TAUGHT

Will Close After This Week

The Union Daily Vacation Bible School, which started about 2 weeks ago, under the leadership of the Marshall pastors, has been well attended by about 75 pupils of Marshall and vicinity. The following teachers have been rendering their services free of charge in this effort to give the young people more knowledge of the Bible. The junior girls have been taught by Miss Annie Tweed; the junio boys, by Eloise Ward; the beginners by Miss June Eulaine Ramsey and Miss Margaret Ward; the intermediates by Mrs. Ella Redmon; the primaries by Mrs. Fred Bowman, Mrs. Vanda Wooten, and Mrs. H. L. Gibbs. Music is being taught by Mrs. J. O. Wells, Mrs. George Miller, Mrs. Fred Sprinkle, and Mrs. Vanda Wooten. The Rev. J. R. Duncan has each day, one period, with the older boys and girls, the course being called, "Forward Steps". He and the Rev. Paul P. Thrower help with the boys' hand work. The school will close with appropriate exercises at the Marshall Baptist church, Sunday morning, May 31, at 11:00 o'clock.

ZEB WHITT RE-ELECTED CHAIRMAN OF DEMOCRATIC EXECUTIVE COMMITTEE

MRS. F. E. FREEMAN RE-ELECTED VICE-CHAIRMAN AND D. M. ROBINSON SECRETARY

A meeting of the Democratic Executive Committee of Madison county was held at the Marshall Courthouse, Saturday, May 16, with all the precinct chairmen present, we are informed by the secretary, Mr. D. M. Robinson. We had hoped to publish this information in our last issue, but we failed to obtain it from the secretary in time for publication in that issue. Mr. Robinson tells us that Mr. Zeb Whitt was re-elected as chairman in Madison county, that Mrs. F. E. Freeman was re-elected vice- chairman, and that Mr. D M. Robinson was re-elected secretary, Mr. Robinson tells us that the meeting endorsed the New Deal and the Triple A. The meeting passed a resolution requesting the board of elections to restore Ward No. 2 of township No. 2. We understood from Mr. Robinson, however, that this could not be done until after the June 6 primary.

MAY BROADCAST FROM NEW YORK NEXT SUNDAY, MAY 31

MISS TERA KATHERINE DAVIS

only daughter of Mr. and Mrs. J. Hubert Davis of Marshall. Miss Davis is in New York City with her mother rehearsing with bright prospects of being on Major Bowes' program of amateurs next Sunday night. Miss Davis is a pupil of Miss Blanche Loftin of Asheville, who accompanied Miss Davis and her parents to New York last week for this program. She is specializing in tap dancing and voice, and has won prominence in various Western North Carolina cities and is sponsored by the Asheville Chamber of Commerce. Sunday night is Asheville night, when quite a bit of publicity will be given this section by Major Bowes' broadcast.

GRADUATING WITH HONORS AT MEREDITH COLLEGE, RALEIGH, N. C.

MISS KATY SAMS

youngest daughter of Dr. and Mrs. W. A. Sams, of Marshall. Miss Sams is graduating with high honors at Meredith College, where she has been a popular student for the past four years. Printed in the College Annual about Miss Sams is the following:

A.B. Philaretian Classical Club, 1, 2, 3, 4; Program Director, 2, 3; President, 4; Little Theatre, 2, 3, 4; Secretary, 3; Vice-President, 4; Secretary Sunday School Class, 1; Colton English Club, 3, 4; Treasurer, 3; Vice-President, 4; OAK LEAVES Staff, 3, 4; Campus Council, 4; Basketball, 1; Honor Roll, 1, 2, 3; Barber Biology Club, 1, 2; Kappa Nu Sigma, 3, 4.

"Kete" is one of the best in the "Class of '36". Her honors prove her versatility.

MADISON COUNTY BASE-BALL LEAGUE TO START PLAY

The following temporary schedule has been worked out, to give the interested teams a chance to get started until the league can get organized.

Saturday May 30,
Walnut vs. Petersburg at Petersburg
Spring Creek vs Revere, at Revere
White Rock vs Hot Springs. C. C. Camp, at Hot Springs.
Saturday June 6,
Petersburg vs White Rock at White Rock.
Spring Creek vs Walnut, at Walnut.
Revere vs Hot Springs C. C. Camp at Hot Springs.

It is understood that these and possibly some other teams in the county will be interested in getting in and forming the league this season. Following these games, the league will organize and draw up a permanent, schedule, etc. for the season.

Oscar Carter Graduating At Wake Forest

Wake Forest, May 25.— Oscar W. Carter, of Mars Hill, is Madison County's representative among the 140 seniors who will receive degrees from Wake Forest college at its 102d commencement exercises June 2.

Carter, son of Mr. and Mrs. A. E. Carter, is a canidate for the Bachelor of Science degree. He has been active in the Statesman's Club; a member of Beta Phi, biological fraternity,; an assistant in the department of education; a member of Theta Sigma Phi, medical fraternity; and participates in Sunday School and Baptist Training Union work. Carter will receive the North Carolina Class A high school teacher's certificate this spring.

In its more than a century of service to the state and nation, Wake Forest has graduated approximately 16,000 men, 90 per cent of whom are native North Carolinians.

High spots in the approaching commencement program will be the alumni dinner Monday evening, June 1, and the graduation exercises at 10:30 Tuesday morning, June 2, at which time these men will be awarded their diplomas.

Meeting in Marshall Saturday, May 30

The regular meeting of the Madison County Soil Conservation and Land Use Association will be held at 10:00 A. M. in the court house at Marshall on May 30.

Mr. H. A. Powers, Tennessee Valley Authority, will be here to talk at this time.

We feel very fortunate in secur Mr. Powers for this meeting.

I trust that you will note the change in time and arange to attend this meeting.

K. A. HANEY
ASST. CO. AGENT

Sleep And Efficiency

By Israel Bram, M. D.

In the order of their importance, the vital requirements of life are air, water, sleep and food. We cannot live without air for more than a small fraction of an hour. We cannot exist without water for more than a few days. Two weeks without sleep usually results in death from exhaustion. Without food, life becomes extinct within 15 to 60 days, depending upon the individual's health and weight at the beginning of the fast period. To be of normal quality and duration our vegetative existence (I mean an existence without consideration of brain function) depends upon the presence in satisfactory proportion of fresh air and water, adequate sleep and a proper dietary.

We will not discuss in detail the matter of air and breathing, for this is usually well taken care of by our instinctive demands. Suffice it to say that insofar as air is concerned, the ideal life is that spent in the open. Any mode of existence approaching out of door life is the most conducive to immunity against respiratory affections and to satisfactory longevity.

Normal health requires a normal intake of good water, for be it remembered that our bodies consist more of water than of solids.

Since sleep is the time of day when Nature repairs the wear and tear of our waking hours, everyone who values health and efficiency must give serious thought to the period of time spent in bed. The average person spends one-third of his mortal existence in his bedroom. Thus the average 60-year old man or woman has spent 20 years in bed. Is it not strange that comparatively little thought is given this vital phenomenon.

Sleep may defined as the state of periodic physiological unconsciousness. The quanity of sleep required by a person in good health depends upon many factors. Many rules have been promulgated with regard to how much sleep an adult should have. Let us examine some of them:

"Eight hours for sleep, eight hours for work, eight hours for play."

"Eight hours for sleep, eight hours for work, eight hours for prayer."

"Six hours for a man, seven for a woman, eight for a fool."

"Retire with the birds and wake up with them."

"Sleep until you feel that you have had enough."

The factor strongly controlling the quanity of sleep is its depth. Was the sleep sound and did you arise feeling refreshed and strong? Five hours sound sleep —a sleep in which you are "dead to the world" is far more capable of restoration of body and mind to normal capacity for work than a ten hour period of restlessness and tossing in bed, with an occasional nightmare. Absolute rest presupposes a dreamless slumber and the result obtained is a desire to arise and be up and doing, an eagerness to meet the day's task.

In 1928 I communicated with a number of prominent men and women in various walks of life, inquiring on their sleep habits. Among the many interesting letters received was one from Thomas A. Edison, written in his own hand with a lead pencil. It read as follows: "Up to the sixtieth year of my life, four hours a day sufficed; since then I require six hours. Sleep is a matter of habit; if the will is powerful the time can be dimished.

Nature will then compensate by making the sleep more profound and dreamless." Another letter, from General W. W. Atterbury, read as follows: "I find seven or eight hours of sleep quite sufficent and have no difficulty in falling asleep. In order to sleep soundly and satisfactorily, you must take no work home with you at night and let nothing worry you."

It is generally agreed that sleep requirements depend upon the individual's age, inherited constitution, physical and mental development and health, vocation, habits, and even diet. The average man should take 7 to 8 hours of sleep, the average woman 8 to 9 hours.

There are persons who cannot sleep well if they eat or drink too close to bedtime. However, I have seen many insomniacs cured of their malady by the taking of a slice or two of bread and butter or toast with a glass of hot milk on retiring. In the event of poor sleep, this harmless remedy is well worth trying.

—FOOD FACTS.

Status of W.P.A. Projects In Madison County

Mr. R. Y. Tilson, of Burnsville, N. C., formerly of Mars Hill, was in Marshall this week and handed us the following report of the status of W. P. A. projects in Madison County. The report had the OK of Mr. John Grice, of Charlotte, N. C., Mr. Grice is Director of W.P.A. projects in the 7th District, which embraces 13 counties of which Madison is one. The report reads as follows:

MADISON COUNTY

The total number of relief hours worked on Works Progress Admnistration projects in Madison County are 153,141 with only three accidents to the workers which gives an average of 51,047 hours actually worked per accident incurred. With the wide variance of the types of projects, particular construction of roads and building type of projects, it could be expected tha t the accident number would be higher. This record was accomplished largely through the splendid spirit of the workers and the efficiency of the foremen and supervisors, together with the close and careful supervision of the District Safety Representative, Mr. D. M. Robinson.

The status of projects in Madison County are: completed—water line to Beech Glen school, concreting spring basins at rural schools, forest fire fighting, school lunch rooms; in operation—school buildings, sidewalks in Mars Hill, farm to market roads, sewing, recreation, education and school lunch rooms.

Another Tonsil Clinic To Be In Marshall

According to Dr. W. A. Sams, another tonsil clinic will be held in his office in Marshall on Tuesday, June 9th. Dr. Sams will be assisted by Dr. C. P. Edwards, ear and throat specialist of Asheville.

To Speak In Mars Hill

Senator Clarence Blackstock and Hon. William A. Sullivan of Buncombe county, will speak at Mars Hill Saturday, May 30, at 8:30 P. M., in behalf of Dr. McDonald for Governor.

Graduating at Asheville Normal

Madison County girls graduating at the Asheville Normal College this week are: Viola Ball, Marshall; Pearle Cantrell, White Rock; Viola McDaniel, Marshall; Helen Wallin, Marshall; Ruby Wallin, Marshall.