

Bread Pudding Recipes Given By Home Agent

By JANIE M. RAMSEY
Bread puddings will be welcome to all for the mid-winter meals after the days of holiday feasting. Too, they are a welcome item on the budget for they are wholesome and thrifty.
Puddings can be simple or rich as you like. Made with fruit they make a nice dessert. Thought perhaps you might like to try the following Bread Pudding Recipes:
EASY STRAWBERRY LOAF
10 slices enriched bread
1/2 pint prepared sour cream
2 1/2 cups thawed frozen strawberries, 2 (10-ounce) packages
1/2 teaspoon almond extract.
Trim bread crusts. Combine softened cream cheese with 2 tablespoons sour cream and spread on bread. Combine strawberries and almond extract. Place 2 slices of bread on the bottom of an (8x4x3-inch) loaf pan, spread side up. Place one slice at each end of the pan. Cover with 1/2 of the strawberries. Alternate layers of bread and strawberries. Finish with bread. Place top bread slices, cheese side down. Cover with foil or waxed paper. Chill overnight. Unmold, slice, and serve with remaining sour cream as a topping.

LEMON PRUNE PUDDING
1 package lemon pudding
1/2 cup sugar
1/2 teaspoon salt
1/2 cup lemon juice
3 cups soft bread crumbs
1 1/2 cups chopped, cooked prune pulp (about 3/4 pound, dry)
1/2 cup chopped pecans
2 egg whites
2 tablespoons sugar
1 tablespoon grated lemon rind.
Combine lemon pudding, sugar and salt in a (2 quart) saucepan. Add lemon juice and egg yolks and beat until smooth. Add water and cook until smooth. Add water and cook until thick, stirring constantly. Fold bread crumbs into pudding and pour mixture into a greased (1 1/2 quart) casserole. Combine prune pulp and pecans and spread over the top of the pudding. Beat egg whites until foamy, but not stiff. Add sugar gradually, beating after each addition. Continue beating until mixture is shiny and holds stiff peaks. Fold in lemon rind. Spread lemon meringue over top of pudding. Bake in moderate oven (350 deg. F.) for ten minutes or until meringue golden brown.

APRICOT - HONEY PUDDING
1 quart toasted, 1/2-inch bread cubes
1/4 teaspoon salt
1/4 teaspoon mace
1/2 teaspoon cinnamon
1 1/2 cup cooked apricots
1/2 cup honey
1/2 cup apricot juice
1 tablespoon lemon juice.
Place toasted bread cubes in a (1 1/2 quart) baking dish. Combine salt, mace and cinnamon and sprinkle over toasted bread cubes. Pour melted butter over toasted bread cubes and spices. Remove half the buttered, spiced bread cubes from baking dish. Alternate 2 layers, each of spiced bread cubes and apricots. Combine honey, apricot juice and lemon juice and pour over bread cubes and apricots. Bake in a moderate oven (350 deg. F.) for 30 minutes.

MANY INCOME TAX LAWS APPLY ONLY TO FARMERS

(This article, first in a series describing the provisions of the Federal Income and Social Security tax laws as they affect the farm people, was prepared by Charles R. Pugh, W. L. Turner, and C. W. Williams, extension farm management specialists, N. C. State College).
Farmers, like other taxpayers, need to know the filing requirements, forms to use in filing taxes, and information necessary to compute the correct tax as required by law.
Since farmers do not have taxes withheld from their income like most wage earners, and do not know what the exact profit from their farm business will be until the end of the year, they have a few problems other taxpayers don't have. There are parts of the Federal income tax which apply specifically to farmers.
Because of the extension of Social Security to farmers in 1955, many farm people will also be filing returns to determine their future levels of coverage under Social Security. The accounting system and records serving as the basis of the Federal income tax return must also be used to compute self-employment tax for Social Security purposes.
No one type of record book is prescribed by the Internal Revenue Service. The books used, however, should systematically reflect the income, deductions, credits, and other matter required to be shown on the returns. Good records can mean dollars in income tax savings, social security benefits, and management of the farm business.
Any citizen or resident of the United States, regardless of age, having a gross income of \$400 or more during the taxable year is required to file a Federal income tax return, even though no tax is due. The only exception: persons 65 years of age and over, who are not required to file unless their gross income is \$1,200 or more.
Farmers (persons securing at least two-thirds of their gross income from farming), may (1) file their returns and pay any tax due on or before February 15 or (2) file an estimate of their tax and pay this amount by January 15; then file their return and pay any balance due by April 15.
Farmers in North Carolina mail their returns to the "District Director of Internal Revenue," Greensboro, North Carolina.
Several publications containing detailed provisions of the income tax law and the Social Security program are available at local offices of the Internal Revenue Service and Social Security Administration, and from county agricultural agents. Particularly valuable ones include:
"How to Prepare Your Income Tax Return," which provides detailed instructions for filling in Form 1040 and figuring Federal income tax.
"Farmers' Tax Guide," a well-indexed reference states the special filing pro-

Community Progress Officers Elected At Beech Glen Meeting

Members of the Beech Glen Rural Community Improvement program met in the Community Center building January 8 at 7 p. m., for the first meeting of the year.
Our president being absent, the meeting was called to order by the Rev. Glen Whitley, and after he had made a short talk, prayer was offered by Rev. Frank Blalock. It was then suggested that officers be elected for the coming year, and Mr. Denver McMahan, assistant farm agent, was called on to preside, which he ably did, and the following were elected:
Rev. Frank Blalock, president; Mr. Tom Brigman, vice president; Miss Sue Gillis, secretary; Mrs. Paul Gillis, treasurer; Mrs. Frank Maney, reporter and Helen Penland, janitor.
Rev. Glen Whitley, Mrs. Judson Edward and Mrs. James Robinson were appointed program committee, and Judson Edwards, Bill Metcalf, Joe Chandler and James Robinson on finances.
After officers were elected, there was some discussion on plans for the coming year as to what might be done for the betterment of the community. Further plans will be made at the next meeting which will be February 7.
We were indeed glad to welcome our visitors which included Mrs. Ramsey, Mr. McMahan and Mr. Miller from the farm office, and the talks and suggestions made by each one were appreciated very much.
Refreshments were served by the ladies and after a social period the meeting adjourned.
MRS. FRANK MANEY, Reporter.

Today's MEDITATION from The World's Most Widely Used Devotional Guide

The Upper Room
AS THE UPPER ROOM, NASHVILLE, TENNESSEE
The Lord is nigh unto all them that call upon him, to all that call upon him in truth. (Psalm 145: 18.)
Read Psalm 145:10-18 or John 14:15-18.
The story is told of a little boy who fell into an abandoned well. The mother knelt at the top, horrified. Finding out that he had escaped injury, she called words of encouragement to him. He replied calmly, "Mother, don't worry about me. I'm all right. I'm not alone down here. I was talking to God when I fell in, and He fell in, too!"
Truly, God goes with us everywhere, but we are aware of Him only if we are constantly talking with Him. When we keep Him beside us, as the little boy did, God will "fall in" to comfort and keep us when we need Him.
How true are the Saviour's words, "Except ye be converted, and become as little children, ye shall not enter into the kingdom of heaven!"
PRAYER
O God, stay close beside us this day, and every day, as we go about our daily tasks. Keep our thoughts pure enough to share them with Thee, our paths straight enough for us to walk side by side, and our doings worthy enough to merit Thy help. In Jesus' name we ask it. Amen.
THOUGHT FOR THE DAY
"Seek ye the Lord while he may be found, call ye upon him while he is near."
—Opal Brannmann (Minn.)
visions for farmers and shows sample returns.
"How Social Security Covers Farmers," which describes the conditions of coverage of self-employed

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farm operators, hired farm workers, and farm employers. It tells what they need to do in light of changes in the Social Security law and benefits possible under the Old Age and Survivor's Insurance program.
"Tarheel Farm Economist," which in the November and January issue discusses various aspects of Social Security and taxes paid by farmers. This publication, released by the Department of Agricultural Economics at N. C. State College, is available through county agents.
A pessimist is a man who sizes himself up and then gets sore.



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