

# Mrs. Metcalf Celebrated Her Ninetieth Birthday Friday

Mrs. Phenia Marshbanks Metcalf has seen transportation change from the horse and buggy stage to jet aircraft and space rockets during her lifetime. She celebrated her 90th birthday at Mars Hill Friday, Jan. 29.

Good health and a hearty line of eight children, 35 grandchildren, 47 great-grandchildren and three great-great-grandchildren are things for which Mrs. Metcalf gives thanks.

There was a small dinner party in the home of Mr. and Mrs. Jason Briggs, a daughter and son-in-law. A few other relatives and friends dropped by to pay their respects and messages poured in from "the children" and friends throughout the country.

Mrs. Metcalf often surprises visitors with her strength and display of vigor. She stands straight and tall, walks without a cane or assistance and is still able to iron, sweep, make beds and wash dishes. She hears well without hearing aid, and folks don't have to talk unusually loud to her. Although she wears bifocals, she is able to read the newspaper, Bible, some Sunday School literature, and to watch "certain ones" of



Mrs. Metcalf

the television programs.

Born at Little Ivy in Madison County in 1870, Phenia Dodd has lived in Madison County 90 years. In 1888 she married Dudley Marshbanks, and reared a family of eight. In addition to Mrs. Briggs, three other children live near enough to visit frequently. They include Fred Marshbanks

## A LOSING GAME

Hartford, Conn. — If the typewriter could write of its own experiences, oh what a tale it could tell. Pete Margello, who heads the State office repair service, says he has found beetles, earrings, peanuts, cheese tidbits, cake crumbs and scraps of salami inside typewriters.

Margello's favorite typewriter story concerns an electric typewriter. A man got his tie caught inside the typewriter. The tie was ripped from his body. So was his shirt. And after the battle was over the man found a parking ticket on his car.

## SITS AS HOUSE BURNS

Buffalo — On duty at the alarm board in a fire station in Buffalo, Jeremiah Sullivan had to remain at his desk while his company put out a \$1500 fire in his home.

of Woodfin, Mrs. Joe Chandler of Paint Fork and Mrs. Pearl Boone of Micaville. Two others live in Florida, one in Virginia and another in Michigan.

After Mr. Marshbanks' death in 1924 her life was lonely. In 1933, when she was 63 years old, she married Gregg Metcalf, with whom she lived happily until his death in 1947. Since then she has lived with the Briggses, making the most of a long and useful life.

## ON SMOKING AND CANCER

The latest study to lend support to the theory that cigarette smoking increases the risk of lung cancer is one conducted by the Sloan-Kettering Institute for Cancer Research.

The Institute made a study of Seventh Day Adventists, who do not smoke because of religious convictions. The study was revealing. It showed that men who are Seventh Day Adventists are ninety times less likely to get lung cancer than other men.

Not only did the study show that they were ninety times less likely to get cancer, but it showed that they had fewer heart attacks and a lower incidence of other cancers, such as cancer of the mouth, larynx and esophagus.

The real significance of the Sloan-Kettering study is that it refutes the theory of those who are resisting the repeated conclusions which are obviously being drawn from more and more research studies on cigarette smoking. Many have said that smoking might be, itself, a symbol of a certain "inner factor," or a nervousness, or something of the kind, and that smoking might be a symptom of this "inner factor" rather than the actual cause of the cancer — which might be creditable to the "inner factor." The study of Seventh Day Adventists seems to refute this theory, because the Seventh Day Adventists do not smoke regardless of the so-called "inner factor," and they do not seem to get the cancer because of the "inner factor."

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## \* News for Veterans \*

Veterans were reminded by the Veterans Administration of certain deadlines for veterans' benefits coming up.

The nearest general deadline is the one for World War 11 veterans in getting GI loans. World 11 veterans have until July 26, 1960 to apply for GI loans and VA has an additional year in which to process applications for guaranty of insurance.

Veterans with insurance during World War 11 should apply for GI loans.

In connection with education, Korea veterans have three years from the date of their discharge to begin GI training. They have eight years from the date of discharge in which to complete the training.

VAA's entire training program for Korean veterans has a final deadline of January, 1965.

In the vocational rehabilitation program for service-connected-disabled veterans of Korean service, there is no deadline by which training must commence, but veterans who were discharged before August 20, 1954 must begin in time to complete their training by August 20, 1964. Those who left the armed forces after August 20, 1954 must begin in time to complete their training by January 31, 1964, or 9 years after their date of separation, whichever date comes earlier.

VA pointed out that there are no deadlines applicable for medical care, hospitalization or domiciliary care. Similarly there are no deadlines for applications for compensation or pension.

The new pension law, however, provides that veterans and their dependents receiving pensions must make an election before July 1, 1960 whether they choose to remain under the existing pension system or go under the new scheme.

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It takes an inventive genius nowadays to make both ends meet.

## Walnut Creek HD Club Met Jan. 14 With Mrs. Houston

The monthly meeting of the Walnut Creek home demonstration club was held January 14 at the home of Mrs. Elsie Houston. Six members were present. Mrs. Carl Noll and children, Steve and Carlton, were guests. Mrs. Noll is the daughter of Mrs. Houston. Also guests were the daughter of Mrs. Ralph Ramsey, Janice, and her baby girl, Denise.

Mrs. Lester Crayton, club president, presided. Mrs. Olin Coleman led the devotions. Business included a discussion of the new policy of club program for 1960. The county agent leader, Mrs. Marion Wilson, will have charge of six meetings and club project leaders will lead six meetings. A bulletin of coming demonstrations or programs was distributed. Club officers for the coming year include: Mrs. Lester Crayton, president; Mrs. Ralph Ramsey, vice president; and Mrs. Frank Ramsey, secretary-treasurer. Club Project Leaders include: Mrs. Elsie Houston, foods and nutrition; Mrs. Frank Ramsey, housing and house furnishings; Mrs. Olin Coleman, clothing; and Mrs. Ralph Ramsey, arts and crafts.

The demonstration of the month was presented by home agent Mrs. Wilson on Home Grounds Beautification. Color slides were shown as a visual aid for her discussion. At the last, members discussed the ways in which one representative

## Ernest Jones Died Saturday Night; Services Monday

Word has been received here of the death of Ernest Jones of Bunnlevel, Saturday night in a Harnett County hospital.

He was the husband of the former Miss Lillian Carter of the Paint Fork section of Madison County. Mr. Jones was a frequent visitor to Buncombe and Madison Counties.

Services were held at 3 p. m. Monday in Bunnlevel with burial there.

Experience to some people is just a dud — they're loaded to the muzzle with worthless ammunition.

poorly planned house and grounds could be improved. Slides were shown illustrating how the finished home might look with the suggested improvements. The program was most helpful as spring gardening will soon begin.

Delicious punch and lemon cheese cake were served as refreshments by the hostess. Several members copied the recipe for the cheese cake.

The next meeting on February 11, will be at the home of Mrs. Frank Ramsey. The demonstration will be led by the clothing leader, Mrs. Olin Coleman, on Stain Removal.

## Good Records Simplify Filing S.S., Income Tax

Many farmers dread this time of the year when its time to file income and Social Security tax. Much of the dread comes from not having a good record of income and expenses. Without this record many farmers overlook deductible items that can be used in reporting taxes. Expenses such as farm electricity, fertilizers, seed, labor, fuel and interest paid are a few of the many tax deductible items of expense in today's farming.

Farm operations are getting larger with more expenses and need for a good record keeping system is vital. Records serve a two fold purpose: keeping expenses and a record of income. This record is available for Social Security and income tax as well as a record that can be critically analyzed by the farmer to find the strong and weak parts of his farm operation.

Farmers interested in obtaining record books to keep farm expenses and income for 1960, can obtain one through the county agent's office, or by writing to: Simplified Farm Record Book, Chapel Hill, N. C., and request a simplified farm record book.

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