

Your Social Security

By LUCILLE M. RICKMAN
Field Representative

This year marks the 25th anniversary of the signing of the Social Security Act, the most comprehensive legislation of its kind ever enacted.

During the years social security has grown and expanded so that today 75 million Americans are protected by this program against loss of income resulting from old-age and retirement, disability or death.

The impact of social security upon our lives is now so great that no person can afford not to be aware of his personal stake in the social security program.

Planning for the future is an important step in our lives, and social security is in your future. Do you know the protection which social security affords you and your family? This is your insurance program. Know all about it. It is your key to future planning and financial security.

Mrs. Rickman, field representative of the Social Security Administration, will be in the courthouse in Marshall on the first and third Tuesdays each month, beginning at 9:30 a. m., to give information and assistance to Madison County residents on social security.

**GIVE
The United Way**

News for Veterans

Employees of the Veterans Administration throughout the land joined hands on Thursday, July 21, to celebrate the 30th birthday of the VA.

On July 8, 1930 a law was passed authorizing the President to "consolidate and coordinate governmental activities affecting war veterans". Under authority of this law, the president formed the Veterans Administration, by an executive order of July 21, 1930.

VA took over the functions of three agencies, the Veterans Bureau, the Pension Bureau of the Interior Department, and the National Home for Disabled Volunteer Soldiers. VA since that time has come to be recognized as the basic agency handling benefits for veterans and their families.

Veterans Administration hospitals, regional offices and centers throughout the United States held simultaneous 30th anniversary observances for their employees on July 21.

In 1930, American's population of veterans was 4,500,000. Today it is 22,000,000. VA in 1930 had 54 hospitals. Today it has 170. Regional offices of the VA numbered 54 in 1930 and 67 today.

The amount of compensation and pension payments to disabled veterans and to the dependents of deceased veterans in 1930 came to 420 million dollars. In the current year, those payments are expected to reach an estimated 3 billion, 200 thousand dollars.

Nitrogen On Orchard And Blue Grass Paid Off

According to James M. Stewart, Assistant Agricultural Agent, George Woody of the Marsh Hill community, used Ammonium Nitrate on five acres of blue grass and orchard grass, at the rate of 400 pounds per acre, and is proud he did. Mr. Woody has a field which was, originally, in alfalfa and on one-half of the field the stand of alfalfa was about gone, with orchard grass and blue grass taking its place. On the part of the field that the alfalfa had disappeared he used Ammonium Nitrate and, according to Mr. Woody, he got over 150 bales of, additional hay off of five acres. Mr. Woody puts it, "The additional hay far more than paid for the nitrogen with the first cutting."

Sumner G. Whittier, Administrator of Veterans Affairs, commented, "The VA is the agency that administers benefits, but America's veterans are the people who use them. On this past 30th Anniversary of the VA, our hats are off to our veterans for the exceptional use they have made of their VA benefits."

**SEND
The NEWS-RECORD
TO
Your Boy In Service**

WOMEN SEEK SMALL TOWNS

Not too long ago a national weekly newspaper reported on the trend of big business to move its plants into smaller towns. The report was highly enlightening.

One firm which had operated in a large metropolitan area for half a century recently erected plants in two small communities and the company head reported that the concern was delighted with the results. In the first place, he said, the business had been virtually unknown in the large city and workers were not in touch with the needs of people in smaller towns who used the product manufactured. In the small towns, where the two new plants were opened citizens were eager to have the new plants locate in their community and helped raise money for the building on a loan basis, and took a great interest in the business enterprise. They were happy, contented, good workers, and had the interest of the business at heart.

Labor relations in such a plant, and in a community which appreciates the location of such a plant, are of the best.

These are the reasons, in brief, why so many big corporations are building plants in the nation's smaller communities. This is good for the nation, and produces good management-labor relations and for that reason the trend will probably accelerate in the coming years.

Hot Springs News

GINNY MORRIS, Correspondent

The Protestant churches of Hot Springs met Sunday morning, July 31, for a union service in the Baptist sanctuary which has been built to house the growing Baptist congregation. Rev. Jimmy Rogers, pastor, led the service.

The Rev. Bob Britton, of the Methodist Church, delivered the sermon, "Witnessing for Christ," which emphasized the growing challenge that confronts Christians in the world today, as compared with our Lord's disciples. Student pastor, Dan Force, of the Presbyterian Church, read the Scripture and led in prayer. The junior choir sang two anthems, "Nail Scarred Hands" and "Breathe On Me," accompanied at the piano by Miss Selma Price. The new sanctuary held a large interdenominational congregation, attending the special service.

There will be a Family Night supper at the Methodist church, August 5, at 6:30 p. m., in honor of Mr. and Mrs. R. J. Rights, who are soon to leave our community. All friends are welcome.

The home demonstration club met August 2 at the Methodist church. Mrs. Hazelwood of Newport, Tenn., was the guest speaker. She discussed and illustrated methods of making artificial flowers and arranging them in pleasing combinations.

For the past three weeks, Mrs. Martha Harrison has been visiting her children in Virginia and North Carolina. She first traveled to Alta Vista, Va., to visit her son-in-law and daughter, Mr. and Mrs. Williams and family. From Virginia she traveled to Greensboro where she visited her grandson, Benjamin L. Rainey of Guilford College. From there she was the guest of her son and wife, Mr. and Mrs. C. F. Harrison of Hot Springs.

She then returned to Hot Springs to visit her mother, Mrs. G. R. Rogers. Although she enjoyed her visit to the British island, we welcome her home and know she is glad to be home in our mountains which offer boundless beauty.

Dr. and Mrs. A. S. Morris Jr., and son, A. S. Morris III, arrived July 26 at the home of Com. and Mrs. A. S. Morris (Ret.), and daughter, Ginny. Dr. and Mrs. Morris left Monday for the west coast, leaving Arthur with his grandparents. Dr. Morris will board a plane on the west coast for Japan and Mrs. Morris will return here. She and her son will travel to Japan, too, as soon as housing is available.

Hot Springs gardens seem to have an abundance of blessing from God. Everyone has tomatoes and squash up to their ears. Don't forget to thank Him for His generosity.

Mrs. Allie Treadway had as guests in her home, her daughter and her husband, Mr. and Mrs. Curtis, of Cleveland, Ohio.

Mrs. Jessie Fulkerson of Charlotte was the guest of Miss Florence Wentz, this past week. She is a niece of Miss Wentz, and mother of Miss Chippy Fulkerson, who is Miss Wentz's summer guest.

Mrs. Harry Hill and son, Jimmy, spent the day in Hot Springs July 30. The Hill family is one of Hot Springs' oldest.

Mrs. G. W. Roberts spent last weekend with her son, Mr. Bob Wrights and family in Winston-Salem.

The Rev. Eugene B. Gallagher, professor of theology in Scranton University, Scranton, Pa., was the guest of the Rev. Andrew V. Graves, S.J., Sunday. For the summer, Father Gallagher is officiating at St. Eugene's Catholic Church in Asheville while the Rev. John Brown is on a tour of Europe.

Mr. and Mrs. Price Timmerman of Trenton, S. C., and Mrs. Lucille Hodge of Knightdale, N. C., who arrived Aug. 2, and Mrs. Isabel Miller of Juneau, Alaska, who arrived Aug. 3, are the house guests of Mrs. Maud Long.

Rev. and Mrs. Jimmy Rogers and son spent a week in Camden, S. C., as the guests of Mr. Rogers' mother, Mrs. G. R. Rogers.

Mrs. Nancy Lippard has just returned from a vacation in Bermuda. With her were Mr. and Mrs. Charles Smith Jr., and family. They all returned to the United States Sunday and Miss Lippard arrived home Monday. Miss Lippard will hold a position this winter as a counselor at Duke University. Miss Lippard, with a beautiful Bermuda tan, tells of the usage of British money and the slow speed limits that are geared to limited island roads.

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W. A. Bailey Passes Monday; Funeral Wednesday

William Ambrose (Bill) Bradley, 30, of Asheville, died early Monday morning, August 1, 1960 in an Asheville hospital after a long illness.

Prior to his illness, Mr. Bradley had been an employe of U. S. Service Station and the Street Garage.

Surviving are the widow, Mrs. Betty Jackson Bradley; two sons, Kenneth Lee and Roger Dale Bradley of the home; the mother, Mrs. Essie Bradley of Asheville; the father, Lester Bradley of Dandridge, Tenn.; a sister, Mrs. J. H. Corn of Winston-Salem; his grandfather, E. A. Buckner of Asheville, and a number of nieces and nephews.

Mrs. J. N. White, of Marshall, is a great-aunt of the deceased. Services were held at 2 p. m., Wednesday in West Asheville Baptist Church. The Rev. Nane Starnes, pastor, and the Rev. H. E. Davis officiated. Burial was in Green Hill Cemetery.

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ANNOUNCING The Opening of the NEW ESSO SERVICE STATION

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**Cleophus "Pee-Wee"
Ward Operator, Cordially
Invites You To Visit The
New Station**

"After serving thousands of customers for many years at the East End Service Station in Marshall, I now look forward to serving all my friends at the new service station opposite J. Moody Chandler's residence."

REDUCING FAT CONSUMPTION

Those who are now engaged in drastically reducing the amount and type of fat consumed might take stock of an announcement not so long ago, made by the American Heart Association. Such a step cannot be justified as a means of reducing the incidence of heart attack or stroke, according to a report of the Nutrition Committee of the American Heart Association.

The report declared that existing evidence does not justify a rigid stand on the amount of fat between what is considered a "normal" condition, of eating with most heart strokes.

The report said that the evidence is sufficient to warrant an investigation, but it warned that those who drastically alter their diet may be over-correcting or acting prematurely. Some of this ill-advised action is the result of diet fads sweeping the country, or plain quackery.

While the report called for an investigation to be completed as soon as possible, it also suggested that many Americans might as well advised to cut down their fat intake if they are overweight or guilty of over-eating. This would be, however, a common-sense precaution, just as many other precautions are taken to maintain health and produce long life.

For those people, it was suggested that their diets be reduced to a fat calorie content of 25 to 30 per cent, rather than the average 40 to 45 per cent which is found in the normal American diet.

James H. Peek, 77, Native Of County, Passes Friday

James H. Peek, 77, of Williams St. 0901 '03 4th Superior Ave. Road, Fletcher RFD 2, died early his home after an illness of 18 months.

Mr. Peek was a native of Madison County, a son of Hiram and Betty Ray Peek. He had been a resident of Buncombe County for 22 years, and was a member of Grapevine Baptist Church.

Surviving are the widow, Mrs. Hilda McBride Peek; three daughters, Mrs. B. C. Farmer, Mrs. M. F. Cole and Mrs. A. G. Boone, all of Weaverville; four sons, Ben Peek of Fletcher, Wayne Peek of Anchorage, Alaska, Howard Peek of Salt Lake City, and T. J. Peek of Lebanon; three sisters, Mrs. George Smith, Mrs. Edna Smith, and Miss Jane Peek, all of Lebanon; 10 grandchildren and 11 great-grandchildren.



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