Drink Milk

cheese, ice cream, shakes, and

many others. You may also ac-

cessorize milk. That is, use it in

appetizers to desserts which please

Milk is not only enjoyed because

it is nutritional, comes ready to

use, but also because of its

caloric contribution. One 8 oz.

glass of whole milk contains 168

calories. An 8 oz. glass of skim

milk or buttermilk contains only

90 calories. Because of the low

During June, dairy month, and

all through your years, let dairy

products make a "hit" with you

ner 4-H Dairy Foods Demonstra-

tion, 1966-67

Roy Edwards, Sons Buy

Registered Angus Bull

Roy Edwards and Sons, Mars

Hill, recently purchased an Aber-

deen-Angus bull from J. C. Jarvis,

Leonard (Bill) Ball

Passes Sunday;

for the past 24 years.

He is survived by his parents,

Mr. and Mrs. Robert H. Ball of

Asheville; three sisters, Mrs. Sal-

lie Naves of Spartanburg, S. C.,

and Mrs. Thelma Roberts and Mrs.

Gladys Hunter of Asheville; four

Alexander, the Rev. Weldon G.

Rall of Candler Grady F. of

Asheville and Joe H. Ball of Mor-

ganton, and several nieces and

Funeral Tuesday

Mars Hill.

a "hit" with most everyone.

your family.

for

JUNE 18, 1967 oc comments are based on outlines of the Interna-tional Sunday School Les-sons, copyrighted by the In-ternational Council of Re-# ligious Education, and used # # by permission. # * * * * * * *

A GROWING CHURCH

Memory Selection: "The hand of the Lord was with them; and a great number believed, and turned unto the Lord."

-(Acts 11:21) Lesson Text: Acts 11:19-30. In studying today's lesson we come to realize that the church at Antioch was a model church. It was foresighted, dedicated, and daring.

We are also confronted with the fact that out of evil ofentimes only a growing thing, but comcomes good.

Stephen . . . dedicated purveyor of God's Word to the unsaved work did not end with his life . . rather, it was enhanced and made the more effective by his untimely demise! For, out of the disruption that followed, many believers in Christ were scattered abroad in foreign communities, and out of this dispersion of Christians came the birth of missionaries - dedicated men who, today, answer the call to the far (and often war-torn) reaches of the earth - men firm in their belief that they have a message of salvation for all mankind!

Indeed, the church at Antioch was the forerunner of evangelism and missionary work as it is entrenched in our civilization today! It was indeed fortunate to have a "coalition" government, so to speak, in the persons of two outstanding leaders . . . Barnabas and to-eye with us (as individuals) or Saul. One dedicated man can work wonders; two can work miracles!

Barnabas and Saul girded in their common faith, strengthened their bodies, or food for their by their unshakable friendship and trust, the one in the other, were a telling team. So, out of fore furthered His cause. Stephen's death, came the expansion of the church, and the resulting expansion of leaders. Fellowship was the keynote of the early Christian church, and fellowship was the foundation stone member.

Judy Ann Coates Gets Degree From Berea College

Judy Ann Coates, daughter of Mr. and Mrs. James C. Coates of Marshall, was one of 200 Berea College seniors to be awarded a degree at the end of the second semester. Her degree was a Bachelor of Science in Home Eco-

Judy is a 1963 graduate of Mars Hill High School. At Berea, she was a member of the Home Economics Club, Women's Athletic Association, Baptist Student Union, Chimes and Pinnacle Staff. and was recently chosen to go with the Berea College Chapel Choir on their European Tour. Judy did practice teaching at Berea Foundation School in Home Eco-

upon which progress was made. Thus it was, when famine fell upon the land of Judea, the church at Antioch proved itself to be, not passionate, as well. was ably demonstrated when Bar-. . . died a martyr's death; yet his nabas and Saul went forth with relief for the suffering people of Judea. For the church at Antioch was not merely growing in was in charge of arrangements. numbers - it was growing spiritually, as well.

From the modest Antioch community we can learn several telling lessons in Christian principles. We cannot blind ourselves to the effectiveness of dedicated leadersip, working together for a common cause.

We cannot blind ourselves to the value of instructed membership, nor to the fact that missionary-minded churches prosper.

If we want our church to grow, and be out-reaching (in accordance with Christ's last instructions to His followers) we (the church) must be imbued with benevolence of spirit towards others, whether or not they see eyewith our concepts and beliefs.

Jesus fed the hungry . . . whether they were hungry for food for souls. The church at Antioch followed His example, and there-

How does our church compare - ever mindful of the fact that a fence is only as strong as its Many a self-made man's nest weakest link . . . and a church is egg would have been a goose egg

KELVINATOR TRIMWALL

NO-FROST

EVER

Home Electric & Furniture Co.

Marshall, N. C.

B. J. Ledford, 81, Passes Saturday; Funeral Monday

B. J. Ledford, 81, of Marshall RFD 5, died unexpectedly Saturday, June 10, 1967 at 2 p. m. in each day. Milk is nutritional, his home.

He was a retired merchant and on the grocery list. It is an exfarmer of the Little Pine section. A native of Yancey County, he had lived in Madison County for the richest source of calcium a-57 years. He was a member and mong the foods commonly eaten deacon of Caney Fork Baptist in the United States. Church.

Surviving are the widow, Mrs. of milk is: Children 3-4 glasses; recilla Goforth Ledford: a son. Teenagers 4 or more glasses; and Precilla Goforth Ledford; a son, Woodrow Ledford of the home, and a brother, Ben Ledford of Simpsonville, S. C.

2:30 p. m. Monday in the Caney may be obtained in many dif-Funeral services were held at Fork Baptist Church with the Revs. Clifford Cable, Grady Shepard and Jack Davis officiating. Burial was in Dry Pond Cemetery.

Pallbearers were Jack and Howard Payne, Fred and William Roberts, Grover James and E. Y. Christian Ponder. Honorary pallbearers concern for the welfare of others were Dr. J. L. McElroy, Dr. W. A. Sams, and members of the Men's Bible Class of the Caney Fork Baptist Church.

Bowman-Duckett Funeral Home

Boy Scout Troop To Be Discussed At Grapevine

A meeting will be held in the Grapevine community tonight (Thursday) to discuss the organization of a Boyo Scout Troop in that area. The meeting will take place in the old log cabin building on the Arvil Gosnell property where the Home Demonstration Club meets at 7:30 p. m.

All boys between the ages of eleven and seventeen are invited, along with their parents, to attend the meeting and learn about Scouting. Frank Gay, district Scout executive with the Daniel Boone Council, will be present to zation of a Boy Scout Troop in and answer any questions boys and their parents might have about joining a troop.

GUIDING HAND

only as strong as its weakest if he hadn't married the right kind

Haithcock Elected District 31-A Gov. is dairy month, and also a for everyone to make sure Lions International

are getting a sufficient a-nt of milk in their diet. No Howard Haithcock, a member of Franklin Lions Club, was elected atter what ones age, one or inoty-one, everyone needs milk District Governor of 31-A at State Lions Convention in Charlotte on Tuesday, June 6. good tasting, and a great bargain

Marshall and Hot Springs are in this District.

cellent source of calcium, protein, Lion Haithcock is a past-presivitamin A and riboflavin, and is dent of Franklin Lions Club. He served as Zone Chairman of Zone I, in 1965-66 and as Deputy District Governor of Region I during The recommended daily supply 1966-67. In recognition of his | from 3:00 to 4:00. outstanding work in organizing the Franklin Lions Eye Clinic and Adults, 2 or more glasses. This in promoting Districtwide Service doesn't mean that you must drink all the recommended supply of Programs, he was chosen Lion of the Year in 1966-67 by the Dismilk as a beverage, because milk trict Governor.

Region I, under his guidance this past year, led the District on membership basis in money raised during the annual White Cane Drive. Lion Haithcock will lead a large delegation of Lions from Western North Carolina to the International Convention in Chicago during the first week in

HARD TIMES EVERYWHERE Bill: "I can't imagine what Joe does with his money. He was and high caloric contributions of short yesterday and he is short milk and its products, they make again today."

Fred: "Is he trying to borrow from you?"

Bill: "No. I'm trying to borrow from him.

that you may live to be a hundred! JANE McINTOSH, County Win-Donald L. Metcalf

Passes Friday: Funeral Sunday

Donald Luther Metcalf, 53, of 1 RFD 2, Marshall, died unexpectedly at 2:30 a. m. Friday, June 9, 1967 in his home.

He was a lifelong resident of Madison County, a farmer of the East Fork community and a son of the late John and Christine Corn Metcalf.

Surviving are the widow, Mrs. Alfreda Ball Metcalf; two sons, Jimmy and Donald Edward Metcalf, both of Marshall RFD 2: a daughter, Mrs. Ronnie Candler of Leonard (Bill) Ball, 53, of 456 Allentown, Pa.; four brothers, N. Louis ne fave., Asheville, died to hospital early Sun-lowing I long illness.

He was a native of Madison Chauncey of Marshall RFD 2, Zade of Mars Hill, Stewark and Chadlie Metcalf, both uf ville; two sisters, Mrs. O. S. Edmonds and Mrs. Joe Ramsey, both County and had lived in Buncombe of Marshall RFD 2; and two grandchildren.

Services were held at 2:30 p. m. Sunday in Peek's Chapel Baptist Church, of which he was a member.

The Rev. Arthur Hensley and the Rev. Ebb Jenkins officiated. brothers, the Rev. Kimsie Ball of Burial was in Bowman-Rector Cemetery.

Pallbearers were Bobby and Warren Worley, Bobby, J. C. and Gordon Metcalf and Carl Shook. Bowman-Duckett Funeral Home was in charge of arrangements.

Tom Mallonce To Visit County On Tuesday, July 11

Tom L. Mallonee, 11th Congressional District Assistant to Congressman Roy A. Taylor, is now making scheduled visits to the county seats and other sections of the counties.

On Tuesday, July 11, he will be at the Madison County Courthouse Marshall from 9:00 to 10:00; at the Yancey County Courthouse, Burnsville from 1:00 to 2:00; and at the Town Hall, Spruce Pine

Any person who has plans or official business pertaining to Congressional matters they wish to discuss is invited to meet with Mr. Mallonee at the above-specified time.

Decoration

There will be a decoration at the Haynie Cemetery next Sunday at two o'clock. All speakers and singers are invited.

The cemetery is located at the home of Mr. and Mrs. Murphy Franklin.

Cemetery Will Be Cleaned June 24

The Ramsey-Henderson Cemetery, located on the hill above the home of Mrs. R. H. Clark, will be cleaned off on Saturday, June 24, it has been announced.

All those having friends and relatives buried in the cemetery are asked to assist.

New Singing Starts At Red Hill Church

A monthly singing convention will be started at the Red Hill Free Will Baptist Church at Brush Creek, to be held each fourth Sunday afternoon at 2:00 o'clock. The first session will be held Sunday afternoon, June 25. All singers and listeners are in-

vited to attend. Curtis Rice is president.

CARD OF THANKS

We would like to take this opportunity to thank our many friends and neighbors for their expressions of sympathy during he illness and following the passing of our husband, father, and grandfather, Thomas J. Proffitt. We also appreciate the beautiful floral offerings, the kindness of Bowman-Duckett Funeral Home, and the consoling words of the

LULA RICE PROFFITT, AND PAMILY

TIP TO MOTORISTS

Drive to avoid accidents-many motorists push the law of averages too far when it comes to taking chances.

ALL PURPOSE 3-IN-ONE OIL Oils Everything **Prevents Rust** REGULAR -- OIL SPRAY -- ELECTRIC MOTOR

PET **Tested** 23 times for quality Pour the one you're sure of... Pet Fresh Milk

REFRIGERATOR-FREEZER VALUE BUY! nephews. Services were held at 2 p. m. Tuesday in the chapel of Anders-Rice Funeral Home in Asheville. The Rev. Robert Penland and the Rev. Charlie Sluder officiated. Burial was in Green Hills Ceme-152 LB. FRFF7FR Anyone Interested In Saving Lives? The Pioneer 4-H Club is selling safety flares. Safety flares cost little, can be seen at great dis-CAPACITY 152 LB. FREEZER tances, and are universally recog-Never needs defrosting, includes 2 nized as a symbol of caution. Othdeep door shelves, full width shelf in er night or day warning signals freezer and ice cube trays.

SPACIOUS

defrosting.

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Vegetable Crispers

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may be missed or misinterpreted by a drower or careless motorist - the flare means only one thing and demands instant attention. Flares are easy to use. To light, simply strike over pavement or other hard surface. They, light instantly, and one single flare will burn fifteen minutes. They are used when: trouble forces a stop in night or day, a signal for help is needed, a protection is needed on the highway around where an accident has occurred, or whenever you need a highly effective warning isgnal on the highway. A safety flare could save YOUR life.

If you are interested in saving yours or a love one's life, possi-bly, by using an Olin safety flare, contact one of the following persons or any other Pioneer 4-H'er which you may know: Janice Roberts, Rt. 2, Mars Hill, 689-4425, Jane McIntonh, Rt. 2, Weaverville, 689-6819, or Miss Patsy Davis, Rt. 2, Mars Hill, 6895877. Th

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