



# EXTENSION NEWS

### ARE YOU A LABEL READER?

**THE PACKAGE PICTURE** — New labels — easier to read, more descriptive of contents — are required on all food packages by July. This should make food buying easier for U. S. shoppers.

No longer will shoppers have to mull over the meaning of "jumbo" size. No longer will they have to search diligently for pack-

age weights and product ingredients.

By this July, every food package on grocery shelves across the nation must have a label meeting the requirements of the Fair Packaging and Labeling Act of 1966 as follows:

The Net Contents of the package must be listed on the principal display panel, which is the part the shopper usually sees

when the product is on the supermarket shelf. They must be shown

—In terms of total ounces, followed by a separate statement showing pounds and ounces;

—In bold face type in a color that is in distinct contrast to the rest of the label;

—In a type size that is easy to read. All packages in the same size range must use the same minimum size type;

—In the lower 30 per cent of the display panel;

—Parallel to the base of the package or container.

The Name of the Product also is to go on the front display panel, along with the product's form (whole, diced, sliced and so forth) unless it can be seen through the package or is illustrated on the label.

Ingredients must be listed by common names and in order of their importance on one panel of the package, but not necessarily on the front display panel. If a product's ingredients are standardized by the Food and Drug Administration (for example, mayonnaise), any optional ingredients must be listed. And if the proportion of ingredients is important for comparing value, proportions must be stated.

The Name, Address and Zip Code of the manufacturer, packer or distributor are also required somewhere on the package.

\* \* \*

With a little practice you can arrange flowers so they are pleasing and add to the attractiveness of your room. Experience is the best teacher, so try making arrangements until you develop both skill and confidence.

Your arrangement will last longer if you care for the flowers properly. Follow these rules, and remember, cut flowers do not like heat, drafts, or direct sunshine.

### Sleepy Valley E.H. Club Met April 3

The Sleepy Valley E.H. Club met Wednesday, April 3 at 2 p.m. with Mrs. Max Osteen with eleven members present. The president, Mrs. Manley Holt, presided. For the devotion the club repeated the Club Collect.

Mrs. Dewey Foster, secretary, read the minutes of the last meeting and called the roll; monthly dues were collected. Mrs. Foster also reported on the Jane McKimmon Loan fund that is available to any student who wishes to further their education. For further details contact Mrs. Wallin. We finished filling our our yearbooks and Mrs. Wallin made announcement of the annual Awards Night to be held in Walnut school on April 26.

Mrs. Wallin's program was titled, "Food through the ages;" a film was shown on the subject.

Mrs. Osteen served delicious refreshments to Mrs. Dewey Foster, Mrs. Henry Waldrup, Mrs. Manley Holt, Mrs. Hattie Suttles, Mrs. Verna Wills, Mrs. Mary Etherton, Mrs. Luther Waddell, Mrs. Perry Gowan, Mrs. Homer Rathbone, Mrs. Wallin. Our next meeting will be held with Mrs. Henry Waldrup.

- (1) Cut the flowers in early morning or evening.
- (2) Cut the flower stems with a sharp knife; make a slanting cut.
- (3) Remove foliage from the bottom 2 or 3 inches of stem.
- (4) Put the cut flowers in warm water (110°F) immediately with 5 to 6 inches of the stems covered. Keep the flower petals dry. Do not crowd too many flowers into one pail or container as petals bruise easily.

### Requirements

(Continued From Page One)

sign up to divert a part or all of their corn base must comply with the feed grain program requirements on all farms in which they have an interest. As an example, he said, a farmer is not permitted to divert the corn acreage on his own farm and then exceed the corn base or permitted corn acreage on another farm. Other program requirements for which some farmers have a misunderstanding included the eligibility of land for diversion purposes. To be eligible, the land set aside as the designated diverted acreage must be land that has been cultivated during at least one of the last four years, or, be land which was designated and approved as diverted acreage under a previous year's program and be in a tenable condition; be substantially equal in productivity to other land on the farm; it must be reasonable to assume that the crop being diverted could be produced on the land and it must be land from which no harvesting has taken place during the program year.

An approved vegetative cover must be established on the designated diverted acreage if one is not already established to protect the soil from erosion.

Under this year's Feed Grain Diversion Program, the designated diverted acreage may be grazed up until May 1. Under previous years' programs, April 1 was the cut off grazing period. The diverted acreage may be grazed this fall, starting on October 1. There can be no harvesting from the diverted acreage during the calendar year.

In conclusion, Ramsey said that any of the 465 farmers who enrolled in this year's feed grain diversion program with questions on the program requirements are encouraged to visit the county ASCS office in Marshall where the information will be supplied.

### 4-H, FFA Contest

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awards of \$10.00 each. Donors are Asheville Floral Company, Billmore Estate, Gerber Products Company and 3-D Farm, Fletcher Company.

Eligible projects that can be entered in competition in the contest include all vegetable crops, fruit crops and ornamentals, such as shrubbery and Christmas trees. There is no limit on the number of entries from each county.

Judging will be based on project records submitted and will include costs and returns, production and marketing practices and a narrative report. Information and record books will be available from all 4-H Club agents and Vocational Agriculture teachers in the area. All those interested in participating are urged to secure a working copy of the record book now.

Dr. Harry Duncan, Extension Horticulture Specialist stationed at the Mountain Horticultural Crops Research Station at Fletcher is chairman of the committee in charge of the contest. Other members are Robert A. Knox, Madison County Assistant Agricultural Extension Agent, Ted

### Schedule Of Homemakers Clubs In County

- Monday, April 15 — Beech Glen E.H. Club will meet with Mrs. Judson Edwards at 2 p. m.
- Monday, April 15 — Mars Hill Homemakers will meet with Mrs. Patsy Wells at 7:30 p. m.
- Tuesday, April 16 — Little Pine E.H. Club will meet with Mrs. Jessie Ball at 1:30 p. m. Mrs. Carol Johnson is hostess.
- Wednesday, April 17 — Bailey Branch E.H. Club will meet with Mrs. Eloise Riddle at 7:30 p. m.
- Thursday, April 18 — Grapevine E.H. Club will meet in the clubhouse at 7:30 p. m., with Mrs. Naomi Bradley as hostess.

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Ernest Messer

for STATE REPRESENTATIVE



J. Yates Bailey

for BOARD OF EDUCATION



Dr. W. Otis Duck

Your support of these candidates in the May 4 Primary is earnestly solicited.

Most of you know about the undemocratic political machine that has brought shame and ridicule to our county in recent years. You know, too, we have opposed such bossism and have fought for honest elections, fair and impartial juries, equal tax assessment, better schools and better treatment for teachers and other public employees. You can support these goals by working for and voting for the above candidates.

## Democrats for Democracy

You must re-register in order to vote. The registration books will be open at the polling places on April 13 and 20, 9 a. m. until 6:30 p. m.

—Pol. Adv.

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## NOTICE TO VOTERS

All persons will please take notice that Madison County has elected to come under the loose-leaf voter registration system. This requires a completely new registration of voters. Every person, in order to be eligible to vote either at the May Primary or any subsequent election, will have to register as provided in G.S. 163-65. The registration books will be open at the eight polling places on Saturday, March 30, and shall be closed at 6:30 p. m. on April 20, 1968. Each voter must register.

### MADISON COUNTY BOARD OF ELECTIONS

By Mrs. Virginia Anderson, Chairman

Oscar McDevitt, Secretary