

**ingles**

CARNATION... TALL CANS  
**CAN MILK**  
3 FOR 59¢

**MAYONNAISE**  
JFG  
QUART JAR  
**39¢**  
LIMIT ONE WITH A \$5.00 OR MORE ORDER

RED RIPE...  
**TOMATOES**  
lb.  
**25¢**

US DA CHOICE FULL CUT OR CUBED  
**ROUND STEAK**  
\$ **1.39**  
lb. YOUR CHOICE  
PERFECT FOR A COOK OUT

FRESH GREEN  
**CABBAGE** 10¢ lb.  
FRESH  
**OKRA** 39¢ lb.  
MEDIUM WHITE  
**ONIONS** 19¢ lb.  
WHOLE SUN FROZEN ORANGE  
**JUICE** 12-2 CANS 39¢  
MORTON 1 1/2 LBS. FROZEN  
**DINNERS** 39¢ ea.  
MORTON FRUIT  
**PIES** 2 1/2 3 \$1.00  
WELLESLEY FARMS  
**ICE CREAM** HALF GALLON 59¢

TENDER CUBED STEAK lb. \$1.49  
VALLEYDALE  
**BACON** lb. 89¢  
OSCAR MAYER 8oz.  
**BRAUNSWEIGER** 49¢  
OSCAR MAYER  
**BREAKFAST LINKS** 99¢

OSCAR MAYER  
**BACON** lb. 99¢  
ALL MEAT 12oz  
**BOLOGNA** 89¢  
ALL BEEF 12oz  
**BOLOGNA** 89¢

BOOTH'S FROZEN  
**FLOUNDER FILLET** lb. 89¢  
**PERCH FILLET** lb. 89¢  
**COD FILLET** lb. 89¢  
**FISH STICKS** lb. 89¢  
YOUR CHOICE

USDA CHOICE SIRLOIN OR TOP ROUND  
**STEAK**  
YOUR CHOICE \$ **1.49**  
lb.

MOM & POP'S  
**WHOLE COUNTRY HAMS**  
lb. **89¢**

USDA CHOICE  
**T-BONE STEAK**  
\$ **1.59**  
lb.

5lbs... TUBE ROSE  
**FLOUR**  
**59¢**  
5lbs TUBE ROSE  
**CORN MEAL** 49¢

SCOT PAPER  
**TOWELS** 3/1.00  
M.D.T. 1/2 to 10x6  
**BREAD** 29¢  
LONDON DRY... HALF GAL.  
**DRINKS** 49¢  
HEINZ... 12oz  
**BAR-B-Q SAUCE** 39¢  
CAMPBELL'S TALL CAN  
**TOMATO SOUP** 10¢  
INGLES 9oz TWIN PACK  
**POTATO CHIPS** 39¢

WHITEHOUSE... 303 CAN  
**APPLE SAUCE**  
5 FOR \$1.00

MIRACLE WHIPPED  
**MARGARINE** 1lb. Bowl 39¢  
PURINA... 50 LB BAG  
**DOG CHOW** \$6.29  
WALDORF... 4 ROLL PACK  
Room  
**TISSUE** 39¢  
DELMONTE 32oz.  
**CATSUP** 49¢  
PALMOLIVE... 22oz.  
**DISH DETER.** 39¢  
HEINZ... 4 1/2oz STRAINED  
**BABY FOOD** JAR 9¢

TEXIZE... GALLON  
**BLEACH**  
**39¢**

3lb. CAN...  
**CRISCO**  
**79¢**  
LIMIT ONE WITH A \$5 OR MORE ORDER

MAXWELL-HOUSE... lb.  
**COFFEE** 69¢  
LIMIT ONE WITH A \$5 OR MORE ORDER  
BUMBLE BEE 6oz CAN  
**TUNA** 39¢

5lbs. DOMINO...  
**SUGAR**  
**49¢**



INTERNATIONAL SUNDAY SCHOOL LESSON FOR JUNE 3, 1973  
LESSON TEXT  
Exodus 20:1-2; Deuteronomy 5:32 to 6:3;  
Psalm 119:95-101  
Matthew 5:17-19  
Mark 12:13-17

This new series of lessons on "God's Laws" for the Sabbath school that man sincerely desires, a life for his life, his very own life. Man's nature being that he is very basic, he would like to do as he pleases if man did not have the discipline of God's laws, control and guidance of the Supreme Being.

Self preservation is the nature of man, self preservation is another word for survival, which is a personal survival of the fittest. To the Christian, God is the Father, the Son, and the Holy Spirit, and becomes a part of his life. It was not until the maintenance of which the soul for the time being with which he is in contact.

It might be said that discipline is a punishment, but Christ, the Son of God, humbled Himself, expended His life in devotion, His blood away from Him. To the believer, a Christian, God is the Supreme Being, the Father, the Son, and the Holy Spirit, which pleases Him, and hard to turn the other way when he feels himself against, but who has sinned against the Lord, for gave, ignored, and respected God, who professes to be otherwise.

The Ten Commandments as we know them, are a covenant between Israel, and the Christians, they are necessarily, by the covenant between the Almighty.

God's laws are the very existence of our very existence, respond to them, and judged, so are we judged, by which the Lord measures his life, then, he knows, the most soul, when doing right or wrong, laws reveal man's need for salvation, which all sincere hearts aspire. Through their faith in them, the believer receives his love and loyalty, Jesus Christ, the Son of man.

The concerned must always remember, laws are directed to the benefit of mankind, man-made varies, but more so, then are the laws of the Lord intended to protect and nourish His children. (Based on the Outlines produced by the Committee on the Sabbath Series and used by permission.)

**Rainbow Girls Officers Are Installed Sat.**

Among officers of Weaverville Assembly No. 40, International Order of the Rainbow for Girls, installed on Saturday evening at the Weaverville Masonic Temple were: Beverly Waldrop, Hope; Debbie Garrison, treasurer; Sheryl Plemmons, confidential observer; Susan Frisby, musician; and Ross Dean Frisby, a member of the choir.

Beverly is the daughter of Mr. and Mrs. Elwood Waldrop of Route 1, Mars Hill; Debbie is the daughter of Mr. and Mrs. Arnold Garrison, Rt. 2, Marshall; Sheryl is the daughter of Mr. and Mrs. Ray Plemmons of Weaverville; and Susan and Ross Dean are daughters of Mr. and Mrs. F. Ray Frisby of Marshall. Susan Frisby was the outgoing worthy advisor of the Assembly.

**BURIAL SALE**  
The Ladies Aid of the Marshall Free Will Baptist Church will have a rummage sale Saturday, June 2, beginning at 9:30 a.m. Proceeds will go for the upkeep of the church.