



MARY JANE PRESSLEY, a Marshall senior, (center) is shown presenting a check for \$733.62 to Rod Thornberry, director for Pisgah Chapter, National March of Dimes, at Madison High School Monday morning. Karen Sams, sponsor of the March of Dimes campaign, is shown at left. (Picture By Jim Story)

# Elementary Schools Study Lung Problems

(Continued from Page 1)

prior to start of the special activity.

Some 250 classes in Western North Carolina counties are taking part. Donald D. Jones, superintendent of Asheville City Schools, is area chairman. Money Tree of Asheville has given 250 heavy clear plastic bags for the kits which include large simple body charts, object cards and teacher guides.

"We think these sessions may save the life of a Madison County child," added Mrs. Baker, a public health nurse on the staff of Madison County Health Department.

### CURRICULUM GUIDE

This guide was prepared by Cecile Plouffe Gleason, director of the Montessori

School of Albany, N.Y., for the American Lung Association of New York State and has been approved by the American Lung Association for use by Lung Associations throughout the country.

The child learns how to avoid accidental choking, during sessions in the classroom, and he is also encouraged to talk about his new learning with parents and siblings at home.

Children become familiar with choking, breathing, swallowing, in a positive rather than negative "don'ts" atmosphere — learn to talk only when mouth is empty, eat slowly and chew carefully, nothing in the mouth when running or playing, pick up and put away potentially hazardous objects such as

buttons, pins, etc.

The guides include a suggested letter to parents to be sent home a few days before the child actually begins the three special sessions, which can be duplicated in the school media center or office.

A continuing emphasis in the sessions is responsibility, to encourage the child to continue the positive preventive behavior when by himself, with younger brothers or sisters, or in a group with no supervisory adults close at hand.

The Curriculum Guide set includes a large simple body chart for display in the classroom during the days the special sessions are taught, a guide for the teacher to use in dealing with the concepts of

breathing, eating and swallowing, and a number of cards to use in working with the children. Teachers may find the continuing display of the body chart after the sessions, in classroom, hall, lunchroom or play center a continuous reminder to the

children.

These guides are being offered without charge to schools in our 19-county area by WNC Lung Association as a very definite program to save lives, pain and suffering among children of the area. It is part of a national emphasis.

### SENIOR CITIZEN'S CORNER

Medicare is Home Health Care. Medicare can pay for the following home health services:

- Part-time skilled nursing care.
  - Physical therapy.
  - Speech therapy.
- If you need part-time skilled nursing care, physical therapy or speech therapy, Medicare can also pay for:
- Occupational therapy.

— Part-time services of home health aides.

- Medical social services.
- Medical supplies and equipment provided by the agency.

- Medicare cannot pay for these items:
  - Full-time nursing care at home.
  - Drugs and biologicals.
  - Meals delivered to your home.
  - Homemaker services.

## Lions Win Final Game

Coach Claude Gibson said he "almost wilted" on the sidelines Saturday as his Mars Hill Lions played Ft. Lauderdale College under sunny skies and 80-degree weather in Mars Hill's final game of the season.

The Lions, however, seemed to enjoy the balmy weather, as they breezed to a 58-0 win.

"When you come out of the mountains and into the heat, it takes a little out of you," Gibson reflected after his team had finished the season at 5-7. "The only thing that helped us was that it was played at 10 a.m. before it

could really warm up."

The Lions didn't let up in the second period. Quarterback Dean Tomberlin ran 1 yard for a touchdown and threw a 51-yard pass to Richard Carter sandwiched around a 4-yard TD run by Phillips as Mars Hill put 23 points on the second quarter scoreboard to take a 37-0 lead at intermission. The Lions got two on a safety.

The Lion defense, meanwhile, was awesome. Ft. Lauderdale could manage only 6 yards of total offense throughout the game. They ended with minus 11 yards passing and just 17 yards

rushing.

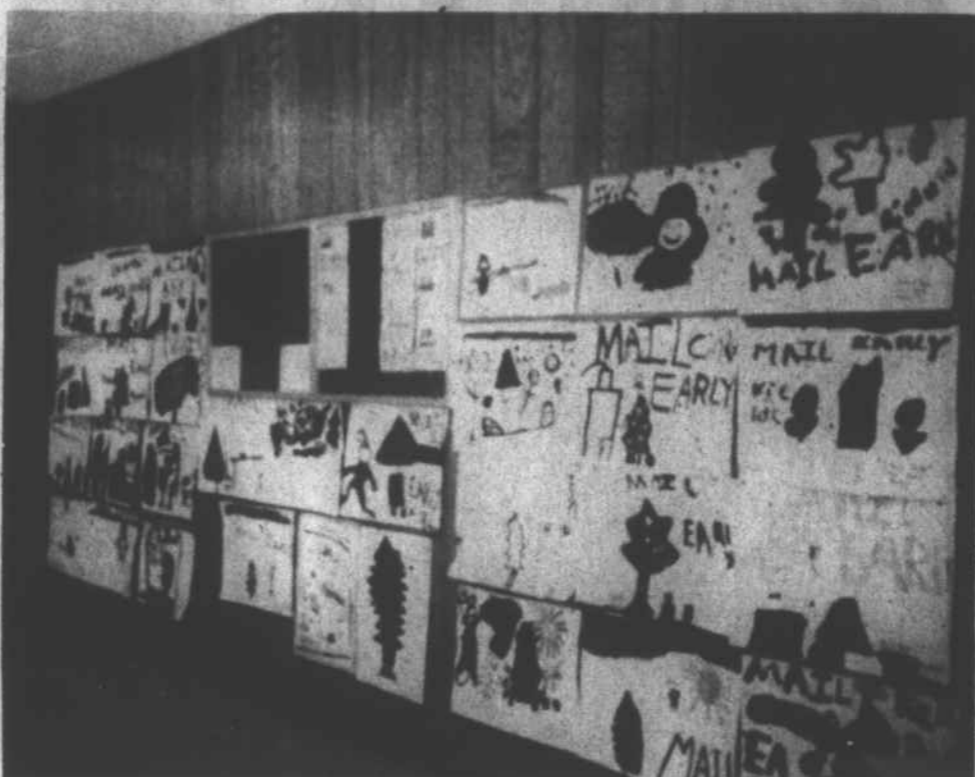
"We've ended up leading the South Atlantic Conference in every defensive category and this game was no exception," Gibson said.

"This was a game where we had more big plays than we normally would have had," Gibson said, citing Phillips' first period punt return.

Tomberlin tossed two more touchdown passes in the second half, a 29-yarder to Wayne Harrison and a 10-yarder to Sean Colin.

Substitute quarterback Mark Clark scored the final Lion TD on a 1-yard run. Melvin Dunn booted his only PAT for the final margin. Gullede was good on 7 of 7 conversion kicks.

Mars Hill	First Downs	Pt. Lauderdale
17	23-11	3
10-22	Rushing Att. Yds.	5-23-3
9-21-1	Passes	5-23-3
154	Passing Yds.	17
4-28.6	No. Punts-Avg.	11-36.5
3-0	No. Fumbles-Lost	1-1
30	Yds. Penalized	100
Mars Hill	14 23 7 14-38	
Pt. Lauderdale	8 9 2 6-9	
MH—Cruell 4 run (Gullede kick)		
MH—Phillips 54 punt return (Gullede kick)		
MH—Tomberlin 1 run (Gullede kick)		
MH—Phillips 4 run (Gullede kick)		
MH—Carter 51 pass from Tomberlin (Gullede kick)		
MH—Safety for intentional grounding		
MH—Harrison 29 pass from Tomberlin (Gullede kick)		
MH—Conlin 10 pass from Tomberlin (Gullede kick)		
MH—Clark 1 run (Dunn kick)		



MAIL EARLY is the subject of the poster display in the Marshall post office made by first and

second grade students at Marshall Elementary School. (Photo By Jim Story)

## Madison Basketball Schedule

The 1978-79 basketball schedule for the Madison High Patriots (girls and boys) follows:

Nov. 28, Rosman, away.  
Dec. 1, Erwin, away; 5, Reynolds, away; 9, Mountain Heritage, home; 12, Mitchell, away; 15, North Buncombe, away; 19, Owen, home; 21, Hendersonville, home.

Jan. 2, Sylva-Webster, away; 5, West Henderson, home; 6, Rosman, home; 12, Erwin, home; 16, Reynolds, home; 19, Mountain Heritage, away; 23, Mitchell, home; 26, North Buncombe, home; 30, Owen, away.

Feb. 2, Hendersonville, away; 6, Sylva Webster, Home; 9, West Henderson, away.

## Still Legal

## Under Plan

Western North Carolina residents can continue to harvest ginseng for legal export under a program approved recently by the federal government.

In a joint statement, Agriculture Commissioner James A. Graham and Attorney General Rufus L. Edmisten announced that North Carolina's plan for the conservation and management of ginseng has been accepted by the Endangered Species Scientific Authority (ESSA). The plan outlines procedures to be followed by ginseng collectors, growers, and dealers in harvesting and selling the root.

Ginseng is a perennial which grows on north and east facing slopes, primarily in cool, shaded locations. Its root is prized in the Orient for its magical medicinal properties.

The management plan, developed by the Departments of Agriculture and Justice, requires that ginseng dealers be registered with the Department of Agriculture, maintain complete records of their purchases, subject to inspection, and obtain certification for the export of ginseng.

Growers of cultivated ginseng will be required to have their plants inspected and certified by the Department of Agriculture.

## Tobacco Bed Supplies

NOW AVAILABLE AT  
BRUSH CREEK GULF  
AND GROCERY

OWNER: Dean Rigsby

HWY. 25-70  
BETWEEN MARSHALL AND WALNUT

**\$250.00 In Trade  
Certificates To Be Given  
Away This Saturday  
at Courthouse  
3:00 P. M.**

**You Must Be Present To Win!**

Most of the firms listed below are giving tickets for \$1.00 purchases or paid on account. Sign your name and address on back of tickets and deposit them in participating stores.

DOUBLE TICKETS GIVEN EACH SATURDAY

**Sponsored By  
Marshall Merchants  
Association**

SECOND DRAWING SATURDAY, DEC. 9 ..... \$250.00  
THIRD DRAWING SATURDAY, DEC. 16 ..... \$250.00  
FOURTH DRAWING FRIDAY, DEC. 23 ..... \$250.00

The Following Firms in Marshall Cooperating:

- Cody Motor Sales
- Houston Brothers
- Pioneer Ford, Inc.
- Home Elec. & Furniture
- Roberts Pharmacy
- Marshall Thrift Store
- Dodson Grocery
- Bowman Hardware
- Penland & Sons
- National 5' & 10' Store
- Bowman Funeral Home
- News-Record & Story Pnt. Co.
- Whitshurst-Griffin Agency
- Frisby's Gull

- Wachovia Bank
- Radio Station WMMH
- N. C. Farm Bureau Ins.
- French Broad EMC
- Edwards Cleaners
- French Broad Chevrolet
- G.A. Gregory, Inc.
- Balsam Beauty Shop
- Shadeside Florists
- Coal, Feed & Lbr. Co.
- First Union Nat'l.
- Sandra's Beauty Box
- The Muffler House
- Gudger's Flower Shop
- City Cafe

# Attention, tobacco farmers! EARN CASH INTEREST ON YOUR TOBACCO MONEY

Put your idle tobacco money to work earning cash interest. Regular passbook savings at Asheville Federal Savings pays you 5-1/4%, compounded daily. Your money is safe (insured by an agency of the U.S. government) and it's right here when you want it.

**Asheville Federal Savings AND LOAN ASSOCIATION**

- ASHEVILLE Church Street 254-7411
- BLACK MOUNTAIN State Street 689-8432
- MARS HILL Marshall Street 689-2800
- SKYLAND Skyland Plaza 274-3337
- EAST ASHEVILLE 10 S. Tunnel Road 254-7411

