Mars Hill Deans

Thirty-six Madison Countians were among the 237 Mars Hill College students named to the dean's list for the fall semester. Students named to the honors list must maintain a grade-point average of 3.5 or more, with no grades lower than a "C."

Eight Marshall-area residents were among the students named to the list. They are: Dolores Buckner Wyatt, Phyllis Ann Wild, Sandra Griffin Rice, Sandra Keller, LuEllen Goodrum, Robin Frisby, Lisa Ann Fisher, Alena C. Bunner and Teresa Lorraine Griffin.

Twenty-seven Mars Hill-area residents were also named to the list. They include Clare Corner Smith, Lucinda Skoog, Yancey Lee Sanchagrin, Kathryn Loy Sanchagrin, Sandra Sams, Deborah Ricker, Katherine V. Morrow, William A. Mitchell, Brooke K. Marino, Lynda G. Kovacik, Stuart L. Jolley, Joan L. Hufton, Trina D. Hollister, Toma B. Hernandez, Thomas L. Helton. Pamela A. English, Robin V. Hough, Laura L. Garrard, Naoma E. Estep, Mary M. Dickson, Eugene N. Decosssas, Val J. Cormier, Paula Danette Chandler, Pam Kish Brown, Gwendolyn S. Babbitt and Valerie Dawn Allison,

Bobby Randall Miller of Hot Springs, a sophomore religion major, was also named to the dean's list.

Living And

By DR. CARL MUMPOWER The Guilty Party?

One of the most confused human emotions is a little goody called guilt. It's continually misused, abused, and misrepresented. Guilt has a widely perceived reputation as a bad thing. Not so. Guilt is natural, normal, and

even helpful, if properly utilized.

We tend to lump human emotious into categories. On one hand there are good feelings like happiness, love, and contentment. On the other falls anger, hurt, fear, and yes, guilt. Taking a good-bad stance with emotions is a bit off-base. None of your emotions are bad. They all serve a worthwhile purpose in the form of teaching, encouraging, motivating, or the like. What you do with your feelings may, in fact, be bad, but your feelings can't be categor

Take guilt for example. When we feel guilty, this is our mind's way of keeping us in line and helping us to avoid repeating mistakes or stepping into unhealthy territory. Guilt is there to guide the way.

Guilt can be easily misused. Some of us regard it as a weapon with which to beat ourselves or others. It's also used as a tool for keeping people under control. Many be the mother who has disciplined little Johnny with a dose of guilt. Finally, guilt is frequently seen as a kind of pentance we must pay for being bad. I sinned, now I must bow to the east 100 times and feel a deep burden of guilt for 10 years. All are common, but inap-

propriate translations of guilt.

Guilt is designed to teach you, not punish you. If you mess up, listen to your guilt, and learn from it. Guilt does not ask that we wallow with it, or embrace it for all we're worth. Guilt's a gentle teacher who seeks to go on it's way once a lesson is truly learned.

Take care to resist the efforts of others to hand you a load of guilt.
There are a large number of selfappointed diciples out there trying to
make us pay for our sins. That's not their job, it's God's, and he's not

their job, it's God's, and he's not much into punishing folks anyway. He, too, seems more focused on teaching us than hurting us.

So look to that occasional feeling of guilt as a friend who's there to help. If it's there too much, then you're either not living as you feel you should, or you've been taught to hold on to guilt. Either way, it's time for a change. Life is hard without the guiding hand of this emotion, and even harder still of this emotion, and even harder still if we carry it as a burdensome load. Ingore this emotion, and it tends to wither and die. With it goes much of your source of insight and safety. Cl-ing to guilt, and you can drown in your own pain. Like all our emotions,



MR. AND MRS. LESTER "BUD" ROBERTS OF OAK GROVE RD., MARSHALL will celebrate their 55th wedding anniversary on Feb. 5. Mrs. Roberts is the former Blanche Fisher. The couple have five children; Billy G. Roberts and Judy Ray of Weaverville, Bleva Crowe of Marshall, Mary Gail Hunter of Asheboro and John H. Roberts of Statesville. They also have 14 grandchildren and seven great-grandchildren.

Postal Test To Be Offered

Marshall postmaster Jim Craine has announced that post offices in Madison, Yancey and Mitchell Counties will be taking applications from anyone interested in taking the rural carrier examination.

Applications will be accepted from Feb. 10 through 14.

Dr. LeRoy S. Roberson, Optometric Office Monday 9:00 A.M. - 12 Noon **Masonic Building, Marshall** For Appointment Call: 649-3171 Monday

for a seat on the Madison County Board of Education this week. Krause, a Republican, will seek one of the two District I seats on the fivemember board. Earlier, Mars Hill optometrist Dr. Lester Stowe filed in the Republican race for the District I

Krause, 38, is a member of the Mars Hill law firm of Pitts, Hugenschmidt, Krause and Davis. He ran unsuccesfully for the District I seat in 1982 and was defeated in a State Senate election in 1978.

A native of New Jersey, Krause and his wife, Sharon, have made their

Johnsthan, 7. Both boys attend Mars completely Democratic Hill Elementary School. Krause also call

the Georgetown University Law elementary schools, saying, "The Center in Washington, D.C., Krause school's are in terrible shape. We is active in youth activities in the need a study to determine our capital Mars Hill area. He serves as the cub-needs in the elementary schools." He master for the Mars Hill Cub Scouts added that he would support a bond and chairs the Boy Scouts troop committee. He is also a member of the tion. Mars Hill Lions Club and is an assis-tant coach in the youth soccer pro-Hill, Beech Glen, Ebb's Chapel and

In announcing his candidacy, Krause told The News Record, "I think we need a two-party system on home in Mars Hill since 1973. They the school board. We need some

Mars Hill attorney Ed Krause filed have two children, Robert, 12, and checks and balances. Right now, it's

Krause also called for im-A graduate of Tufts University and provements in the county's seven

Grapevine precincts.

Ledford Calls For State Funding Of Councils

Madison County Commission chairman James T. Ledford called on the General Assembly to fund the state's 18 regional councils of government last week in a speech presented during the Land of the Sky Regional Council's annual dinner.

Ledford was recently re-elected as chairman of the four-county council.

Citing cutbacks in federal assistance, councils more than ever as a better provide funding for regional councils.

the 18 councils

Ledford said that North Carolina is Ledford said, "We need the regional the only southern state which does not way of dealing with federal and state The Region B Council receives 74 peragencies and for the common good of cent of its funds from the federal government and 21 percent from He said he hoped the legislature county governments. The remaining would appropriate \$2 million to fund five percent comes from state funds and private contributions.

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Betty Jarvis of Weaverville.

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Worship Together





It can be pretty disturbing the first time you realize that your baby really isn't yours at all — that you do not possess him. Yet the sooner you do realize it, the better, We can't possess another person no matter how dearly we love them. And in the case of our children, we are custodians, not owners. You take him for a walk around the block and people stop you to say, "What a beautiful baby!"

You try to be modest about it, but your heart is bursting with pride. He is the most beautiful baby — and — he's yours!

Start going to church this Sunday. Chances are that they've even got a nursery for beautiful babies!

He is a beautiful baby — and you, naturally, want nothing more than for him to grow up into a fine young man. It is your responsibility, in the years ahead, to help him do so — and you will find the strength and guidance to aid you in your task in your