

SECOND ROUND

Taxes Are Past Due!

Meet me at one of the Following Places and Pay Your State and County Taxes While Money is Plentiful!

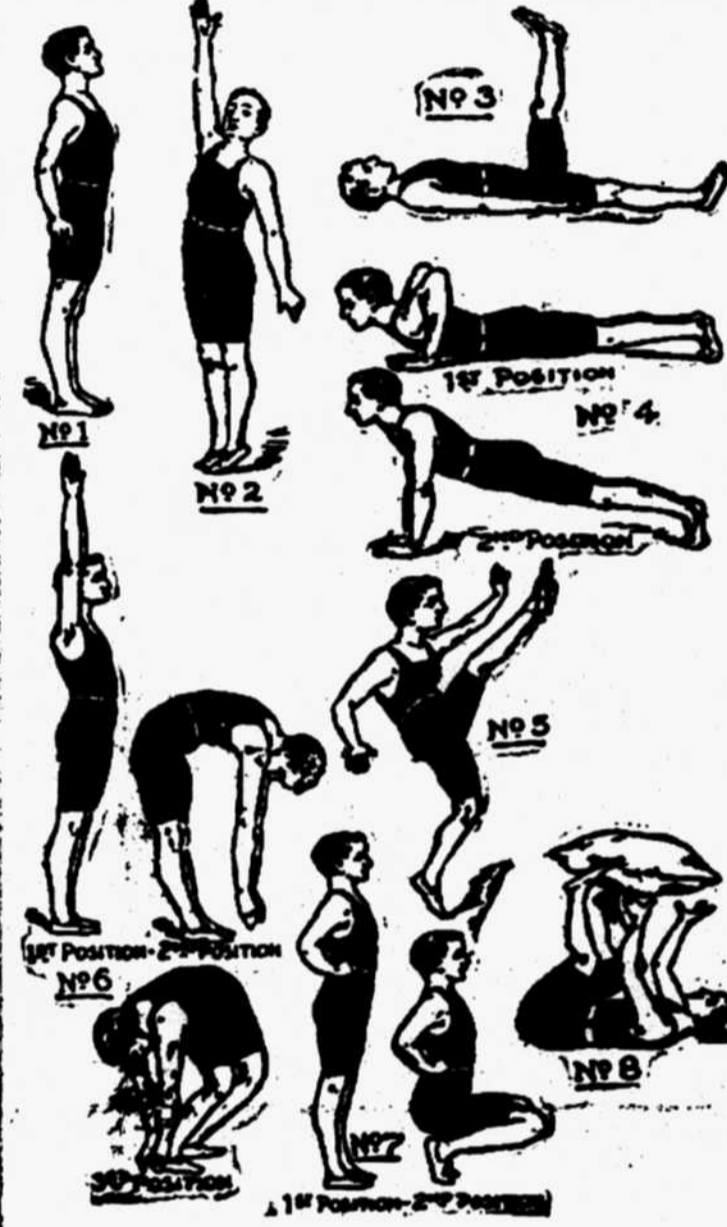
- Anderson's Office at Edinboro, Thursday Nov. 14, 9 A. M. to 12 Noon.
- Stewart's Office at Edinboro, Thursday Nov. 14, 1 P. M. to 4 P. M.
- Johnson's Office at Edinboro, Friday Nov. 15th, 10 A. M. to 12 Noon.
- Barboque at J. H. Godfrey's, Friday Nov. 15, 1 P. M. to 4 P. M.
- Upper Little River No. 2 at Benton McNeill's, Sat. Nov. 16, 9 A. M. to 12.
- Upper Little River No. 1 at Dan McLean's, Sat. Nov. 16, 1 P. M. to 4 P. M.
- Buckhorn at R. T. Spence's Store, Monday Nov. 18, 9 A. M. to 12 Noon.
- Hector's Creek at Kipling, Monday Nov. 18, 1 P. M. to 4 P. M.
- Neill's Creek at H. H. Campbell's Store, Tuesday Nov. 19, 9 A. M. to 12 Noon.
- Black River at Angier, Tuesday Nov. 19, 1 P. M. to 4 P. M.
- Grove at Edinboro, Wednesday Nov. 20th, 9 A. M. to 4 P. M.
- Olivia, Friday Nov. 22, 2 P. M. to 4 P. M.
- Aversboro at Dunn, Saturday Nov. 23rd, 9 A. M. to 4 P. M.
- Duke at Duke, Monday Nov. 25th, 4 P. M. to 8 P. M.

W. H. TURLINGTON, Sheriff Harnett County.

HEALTH IS WEALTH
HEALTH-HYGIENE
 by the
STATE BOARD OF HEALTH

Twenty Minutes For Efficiency

How to keep well is a problem which seldom bothers a busy man or woman until the health is lost. Then it assumes a signal importance. Everyone knows that health is essential to thorough business efficiency. A sick man or woman lacks "punch." It therefore pays to keep well. It is just like saving money. Few of us realize the value of a savings account when we are enjoying success and have ready money coming in regularly; yet we all know that this



LOOKS HARD. Not at All.—Try These Movements Fifteen Minutes Night and Morning, and Renew Your Youth. Get Your Blood Going and Give Nature a Chance.

is just the time when it is wise to make small and regular deposits against the rainy day. Supposing you are enjoying fairly good health, or even feel that your health is not quite as nearly perfect as you could wish, here is a plan whereby the devotion of ten minutes night and morning to a sort of shaking fund will help to maintain your efficiency long after the other fellow's has petered out.

- Take these exercises undressed.
- Stand rigidly erect and endeavor to contract every muscle in the body for a few seconds while you hold your breath with the chest full of air. Breathe freely when you relax. Repeat this exercise ten times, each time increasing the number of times you hold your breath.
 - Rise as high as you can on tip-toes and reach as high as you can, first with one arm, then with both, and then with both. Make a mark showing your highest reach, and strive day by day to better your reach.
 - Lie flat on back, palms down. Lift first one leg slowly to vertical and slowly down. Then the other. Once only, at first, and gradually increase the number of times as you become accustomed to unwanted exercise. Now turn over and—
 - Lie on abdomen, elbows flexed and palms on floor. Push yourself up to arm's length, keeping the whole body rigid, and let yourself slowly down to floor again, just once. This may be gradually increased to as many as a dozen or twenty times as you become hardened and fit. After a month you may begin trying to elevate the body in the same way on one hand—which is very difficult but acquired by perseverance.
 - Get up on feet and try how high you can kick with each leg, marking your high point and striving daily to beat it.
 - Breathe. Hands stretched high above head. Now bend far forward, keeping knees stiff, and try as nearly as you can to touch the floor. Then sit up again. Now bend far to the right and try to touch the floor with both hands directly behind both heels, this time, of course, bending the knees as

Beauty shall speak with her unnumbered voices,
 The beast that knew no ruth—the mouths of men;
 The hungry shall be fed, the grieving cherished,
 The kind be honored, and the poor made strong;
 Wisdom shall answer from the beast that perished!
 We are set free for work and love and song!
 The beast with bloody mouth has run to cover—
 The merciless seek mercy at the last.
 The people win! The day of Kings is over!
 The hosts of high are marching far and fast!
 —Marguerite Wilkinson, in Norfolk Virginian-Pilot.

Pay Cash--Cash Pays

800 5lb Buckett Karo Syrup.....	40c
10 cases Salmon, per can.....	20c
300 Boxes Gun Shells, per box.....	85c
250 Bags Cotton Seed Meal, per sack.....	\$2.75
100 Bags C. & P. 15 per cent feed, per sack.....	\$3.00

R. S. JERNIGAN, Dunn
The Cash Store

RED CROSS FAMILY REMEDIES.

Many able Chemists and Doctors were called into service in perfecting this line of Red Cross Remedies. This is an age of Specialists, and while one may have distinguished achievements to his credit in one particular line, another is excelling in something else. That very thing makes it possible for us to have a Red Cross Remedy for each ailment, and enables us to give the consumer more than we promise or charge for.

WILSON & LEE, Dunn, N. C.

record. It has succeeded in its four Liberty Loan Campaigns, in its Red Cross, Y. M. C. A. and United War Relief Fund drives, and if its record is to remain 100 per cent perfect, it must make a success of its War Savings Campaign by December 31. The front has been a complete success. Not a failure is credited to their record. On the other hand, they have made a perfect score in efficiency, in courage, in patriotism and in whatever was necessary to win the war and bring peace to the world. They have nobly responded to every call of their Government, to every demand for justice, to every cry of wronged and suffering humanity. Can the Army at home afford to have their record of war activities be overshadowed by the failure of the War Savings Campaign? An imperative call of the Government?

If the State's fine war record is to be saved, if the makers of history are to chronicle that its citizens answered every war call of the Government, that they responded to the needs of the soldiers and supported them to the last, then they are to make the War Savings Campaign a complete success by December 31. If the State's enviable record of past years is to remain unblemished and its citizens are to continue to boast with pride of its accomplishments in war as well as in peace there is yet one unfinished task to be accomplished.

CARD OF THANKS.

We wish to extend our heartfelt thanks to our friends, who, in our recent bereavement so kindly tendered their sympathy in words and deeds and through their many beautiful floral offerings. May God shower his rich blessings on each and every one.

C. S. PHILLIPS AND SONS

FOR SALE.—ONE FORD TOURING car, 1917 model. See me at once for a bargain. E. Lee, Dunn, N. C.

From the inability of government to secure food for their people grows revolution and chaos.

AN INCOME FOR LIFE

TIME and MONEY

Are the Two Most Precious Things of Every Human Being.

To save your time you must save your money—placed here in a savings account it will grow and yield an income for life.

Begin Your Savings Account TODAY—
Even if You Have to Start It Small.

STATE BANK & TRUST CO.

111. GOODWIN BLDG. DUNN, N. C.

THE MAN BEHIND

They sing about the glories of the man behind the gun. And the books are full of stories of the wonders he has done; There's something sort of thrillin' in the flag that's wavin' high, And it makes you want to holler when the boys go marchin' by; But when the shoutin' over and the fightin' done somehow We find we're still dependin' on the man behind the plow.

—S. E. Kiser.

A POEM FOR THE DAY

November Eleventh. The agony is done, the darkness over; And in the mighty lands is mighty

Evil that burned and ravaged dies at last; The host with bloody mouth has run its course; The hosts of light are marching far and fast! A million of all the little hands are reaching out to dear as dear as their heroic dead! The little of all the little hands are reaching out to dear as dear as their heroic dead! Freedom is won! Humbly the words are spoken— (They can be humble for their deeds were proud!) The power that would devour the world is broken— The beast that lusted after us is cowed!

Professional Cards

E. F. YOUNG
 Attorney-at-Law
 Office 2nd floor Goldstein Bldg.
 Prompt attention given business

CAROLINA PHOTO COMPANY
 Photographers
 W. A. Gasque, Manager
 All styles enlarged portraits
 East Main St. Dunn, N. C.

T. F. DARDEN
 Veterinary Physician, Surgeon
 and Dentist.
 PHONES: Day, 20. Night 210
 DUNN, N. C.

JESSE F. WILSON
 ATTORNEY AT LAW
 Dunn, N. C.
 Office over Fleishman Bros' Store formerly occupied by R. L. Godwin. Practices in all Courts. Prompt attention given to all business.

J. C. CLIFFORD, N. A. Townsend, CLIFFORD & TOWNSEND
 Attorneys-at-Law
 Office on 2nd floor of First National Bank. Prompt attention given to all business.

JOHN A. JERNIGAN
 DENTIST
 35-36-37 First National Bank Building
 Phone No. 81

E. C. WEST
 ATTORNEY AT LAW
 Office: 3rd floor 1st National Bank Building
 Dunn, N. C.
 Practices in all Courts
 Prompt and Personal Attention given all Business
 Collections Made a Specialty

laughter Mingled with tears, and many a thankful word
 Which shall resound for generations after
 These hearts have gone to rest that now are stirred.
 "Freedom is won!" and all mankind rejoice!
 Woman and men shall build them homes again.

Farm Land

Cut Up Right will bring More Money SOLD AT AUCTION

Our Surveyors Know HOW

We Subdivide and Sell at Auction CITY SUBURBAN AND FARM PROPERTY

Before you even consider the sale of your property, write for information of our Auction methods. It will convince you that you need US

Atlantic Coast Realty Co.
 THE NAME THAT JUSTIFIES YOUR CONFIDENCE
 PETERSBURG, VA. — OFFICES— GREENVILLE, N. C.
 Reference to Any Bank in Petersburg, Va. or Greenville, N. C.

FARM SALES OUR SPECIALTY
 TERRITORY UNLIMITED