

THE DUNN DISPATCH PUBLISHED EVERY TUESDAY AND FRIDAY.

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THE CAUSE OF FIRES

Theriacs are often exploded when put to the test. It is quite the custom to say, when a disaster fire cannot be accounted for, that it was probably started by mice or rats gnawing matches.

But these little creatures are "not really." Safety Engineering, in a lengthy article, tells of tests conducted by F. V. D. Cruser—twelve with rats and eight with mice, covering a period of eight months. They were placed in inclosures with no food. At the end of two or three days a lot of matches and some straw were thrown in to them. Even though hungry because of the enforced fast, not a rat nor a mouse gnawed at a single match and no blaze was started. The rodents all died of starvation within four to seven days from the beginning of the test.

That many very destructive fires are due to careless smokers, is more than a theory. The insurance companies have the statistics. The figures for 1920 alone show that fire losses for the year in the United States, due to careless smokers, totaled \$50,000,000. The Fire Prevention News: "Unnumbered fires; uncounted millions of dollars of property wasted; the destruction of hundreds of thousands of acres of forest; and what is worse the snuffing out of hundreds of thousands human lives, have originated from this cause—the carelessness of smokers."

Why should a smoker be any more careless than other persons? That it is true, physicians who have studied this phase of the subject testify. A writer in the Physical Culture Magazine admits it. He said he was brought almost to financial ruin because of unwise investments made under the lure of nicotine, it being his custom when considering a proposition to "light up." Finally his wife started him by saying: "Everything looks ready to you when you smoke." He further stated that his children had learned to come to him for favors when he was smoking; that under the influence of nicotine he granted them requests that he couldn't afford, thus depriving them of educational advantages he would have been pleased to give them later on.

This is in line with a statement made by Edward F. Croker, former fire chief of New York: "The majority of cigarette smokers are careless." T. H. Williams, one of the American Insurance Co., says: "Many fires are due to persons smoking in bed." If one would be careful with fire any place, he surely would around bed clothing.

Some of the most disastrous fires of modern times have been started by careless smokers, among them the great Baltimore fire of a few years ago, costing the insurance companies alone \$50,000,000; the Triangle shirt-waist factory fire in New York in 1911, killing 146 employees; the destruction of the famous board-walk and many homes, in Quebec, in 1914; the great fire in Constantinople, in 1918, burning a strip nearly half a mile wide and two and one-half miles in length, through the heart of the city, rendering 300,000 people homeless.

Verily, on the charge of incendiarism, the mice and rats stand acquitted, while the careless smoker has been found guilty.—W. H. Brown in Exchange.

Some Sunday laws were those back in 1676 in Boston. A Boston captain came back in 1676 from a three years cruise. His wife met him on the doorstep of his home and naturally he kissed her. But it happened to be Sunday and, for his "lewd and unseemly behavior" the captain's neighbors reported him to the constable, and before the day was over he was put into the public stocks for two hours. On the same day two lovers were arrested in Boston because they "sat together under an apple tree in an orchard" which also was "lewd and unseemly behavior!"

"COTTON-MONEY" Cotton should not be thrown on the market as fast as picked, but should be sold over a period of several months to prevent a decline. The Savannah Cotton Factorage Co., Savannah, Ga., has money to loan on old and new crop cotton, either for prompt sale or to be held. They solicit your consignments.

For Cure of High Blood Pressure Without going into details, I will give a safe and sure remedy for high blood pressure. You can surely get results if you will carry out these instructions to the letter. For the first two days absolutely nothing to eat but grapefruit juice and lemon juice. Squeeze a glassful of grapefruit juice and put the juice of a half lemon in the glass. Drink a whole glass of this every one or two hours during the day. Drink very little water.

Then for a week eat nothing but fruit, either cooked or raw or both. Continue to drink the grapefruit and lemon juice as stated above during the day, drinking very little water. Keep the bowels open with fountain syringe, but use no salts or medicine of any kind. Drink no milk nor use any salt or pepper or butter.

If your head aches and you cannot sleep, put your feet in a tub of hot water for thirty minutes before going to bed. Diet after the first week.

For breakfast eat nothing but fruits, changing from one kind to another so as not to tire of any one variety. For your noon meal eat spinach, turnip greens, mustard greens, beet greens, lettuce, and celery. Of course, I do not mean for you to eat all of these at one meal, but one or two of them freely. You may have some young string or snap beans, peas, some corn bread or whole-wheat bread. About twice a week have one baked potato, but no butter. At this meal you may have a raw salad made of either fruits or vegetables or both. Have raw salad twice every day. Do not overeat but be reasonable.

For your supper have the same as for your dinner, except you may add a small helping of baked fresh meat or fish about two days a week. Mas-

teats every mouthful thoroughly. Once every day, just before retiring, sponge the body all over with warm water and rub the skin till it is all aglow. Now forget your disease and give nature a chance, and you will soon be well. Be very careful with your sex life, avoiding everything that appears to be excess. Sleep with your windows wide open and get eight or nine hours of sleep every night.

To sum it all up in a few words: Eat as stated above, being sure not to overeat; sleep eight or nine hours in every twenty-four; be of a happy, cheerful frame of mind. Expect to get well. Do not eat sweets except for honey. Use no vinegar or white flour products. Keep your feet warm, your bowels open and your head cool. For the first week use the fountain syringe every night, then three times a week. Simple, isn't it? Yes, and it will save lives by the thousands.—Dr. J. E. Gault, in Christian Advocate, Nashville.

Plans For Community Sing Township classes striving to outstrip one another in competition, musicians playing in an old-fashioned fiddlers contest, all the folks of the county joining together in a regular "get together" sing, these are some of the features which will foster neighborly feeling by genuine enjoyment of the holiday celebration in Lillington on Labor Day, September 5th. But everyone must be there and help to make this a real Harnett county event. It is hoped that every family in the county will pack up a lunch and come prepared to sing and listen to singing, meet friends, go to the ball game and to the entertainment at night, and join in helping everybody have the best time of his life.

The plans for the sing are well under way. The sing will be held in the warehouse, which will be arranged to seat over a thousand, with a stage for the singers in the center. A baseball game has been scheduled for the afternoon and there will be an entertainment at night. If it is possible to rush the completion of the new Killigreey hotel, it will be open on Labor Day and specially priced dinners will be served there. The people of Lillington are making every effort to accommodate the crowds and entertain them hospitably. To this end a mass meeting was held last week and committees appointed to make arrangements for the event. Prizes have been offered by the town of Lillington for the different competitions. The county's banks have offered a silver loving cup for the best singing class.

Mr. Roy L. Hoffmeister of Community Service, New York City, will have charge of the program of the sing and he will lead the congregational singing and the numbers by the grand chorus from the whole county. He will spend a week in the county attending rehearsals of the township singers and perfecting final plans for Labor Day.

Each township will have a class of about 40 singers to compete for the silver loving cup and will render a program limited to 25 minutes. Efforts are being made to have each township's program original and varied so that there may be little duplication of the numbers. Singing by male quartets from each township will be attractive features of the contest and the fiddler's contest is expected to be all that an old-fashioned fiddler's contest should be.

The contests on Labor Day promise excitement as well as beautiful and enjoyable music. Each rival township confidently expects to bear off the loving cup and all are working hard to this end. Competent judges, all from outside the county, have been secured to decide the contests and award the prizes.

Under the leadership of Mr. T. L. Riddle a large class has been organized in Dunn and Mrs. Harper Holliday is in charge of the practices. Mr. Frazelle, the leader for Lillington, holds practices twice a week. The program has been arranged and much interest shown. Mr. J. M. Cor is the leader for Duke. Mr. H. C. Cameron has the rehearsals in Barbecue township well under way. Un-

It is not just the competition for prizes which has aroused the enthusiasm of people all over the county. It is the genuine love of good music and enjoyment in this form of self-expression which brings them together for practices and causes them to sing as never before. Of the townships at work on their singing classes six have already completed their programs and others are formulating their plans.

Nella Creek township has held three practices at Buies Creek under the leadership of Mr. Leslie Campbell. Attendance has varied from 40 to 75, some coming over five miles to the practice. In Ruckhorn township Mr. J. R. Brown of Kipling leads the singing class.

The leaders of the townships have co-operated splendidly with the department of community service to arouse interest and secure support for the plans of Miss Mame Camp, director of community service in the county, and the members of her committee, Mr. Paul Green and Mr. Cassyle Campbell. This is a community event and the aid of everyone in the county is needed to make it a complete success. The leaders in the work have devoted a great deal of time and thought and effort. It is hoped that the whole county will turn out to participate in the Labor-Day celebration.—Harnett County News.

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COURT CALENDAR

Thursday, September 8th Charles Ross vs Jas. A. Yarborough. J. R. Sargent vs Jas. A. Yarborough. Sarah A. Hooper et al. vs John McArthur et al. Buckhorn Land & Timber Co. vs Thos. McLean. Simon Cameron vs Henry Davis et al.

Friday, September 9th W. J. Salmon vs Mrs. M. M. McKay. J. W. Hodges vs R. A. Stewart et al. N. A. Matthews, Guard vs Lillington Oil Mill Co. N. A. Matthews, Guard vs R. D. Overby & Bros. J. H. Ballance & Co. vs J. I. Thompson Company. J. W. Halford vs J. E. Ligon. Margaret Campbell et al. vs Anthony Moore.

Monday, September 12th A. C. L. R. R. Co. vs The Town of Dunn et al. W. M. Womack vs Alex Byrd. John S. Moss et al. The Dunn Commission & Supply Co. vs Moses Hargrove et al. J. M. West vs Geo. I. Cannady, Admr.

Tuesday, September 13th Benson Motor Co. vs W. I. Stewart. J. N. Greel vs A. A. Privat. Cooper Guano Co. vs W. J. Olive. James Sprunt et al. vs C. M. Reaves et al. J. P. O'Quinn vs A. & W. R. R. Co. N. A. McLean et al. vs A. & W. R. R. Co.

Wednesday, September 14th Manning Fertiliser Co. vs J. C. Weaver et al. D. A. Honeycutt vs Atlantic Life Insurance Co. et al. The Cote Piano Co. vs Butler Bros. R. G. Tart vs E. C. West. Jane McKay et al. vs J. I. McNeill et al. Ishiah Wenver vs N. W. Baker et al. J. H. Ballance & Co. vs Budd Godwin.

HINDERGOING Removes corns and calluses. Special pain. Eases swelling to the feet. Makes walking easy. 15 cents at drug stores or by mail. HINDERGOING CO., DUNN, N. C.

ITCH! Money back without question IF HUNTS GUARANTEED WITH DISEASE RESISTORS (Hunt's) before used in the treatment of Itch, Scabies, Ringworm, Tetter or other itching skin diseases. Try the treatment at our risk.

GODWIN AND JERNIGAN Attorneys and Counsellors At Law DUNN, NORTH CAROLINA Office Over State Bank and Trust Company Building

Thursday, September 15th J. L. Thompson Co. vs Budd Godwin. Mrs. M. L. Northan vs James R. Northan. Motion Docket A. F. Young et al. vs A. C. L. R. R. Co. Dunn Oil Mills vs E. F. Young et al. Leander Lee vs G. M. Lee et al. Virginia - Carolina Trust Co. vs South Dunn Mfg. Co. P. B. Johnson vs J. Archie Stewart. Buckhorn Land & Timber Co. vs A. P. McPherson. Geo. K. Grantham, Trustee, vs N. A. Bell. John D. Johnson vs D. H. McLean et al. State ex Rel. vs D. B. Stewart et al. R. D. Overby & Bros. vs H. C. Deas et al. J. N. Greel vs Purdie Monde et al. W. S. Murchison vs Hillery Stewart et al. Josiah Pope vs C. H. Pope et al. Jessie E. Wilson vs C. V. Lindsay. Eclipse Paint & Mfg. Co. vs G. F. Pope. Minnie Sills et al. vs Josiah Pope et al. J. H. Moore vs D. B. Stewart. Wm. Hatcher vs H. H. Harmon. The Dunn Commission & Supply Co. vs W. T. Warren et al. Coats Supply Co. vs R. H. Adams. Mrs. M. M. Davis vs B. R. Barrier et al. B. C. Lucas vs T. V. Stewart. J. W. Thornton vs Christo Bottling Co. W. W. Allen & Son vs B. A. Dolan. W. K. Culbertson vs J. M. Monroe et al. Marie Louise Gardner vs Rowland L. Gardner. Johnson-Denning Co. vs Southern Express Co. Johnson-Denning Grocery Co. vs D. S. R. R. Co. Ben Johnson vs A. C. L. R. R. Co. et al. Craven Chemical Co. vs W. T. Brown et al. First National Bank of Dunn vs P. S. Cooper et al. Sion H. Mimms et al. vs G. P. Mimms. S. G. Marks vs Henry Pope et al. H. H. Lanier vs Henson Crowson et al. Walton Parrish et al. vs Rufus Parrish. P. S. Cooper vs W. B. Owens et al.

Read The Dispatch

NEW GROCERY

We have opened a new establishment at 303 East Broad Street in the old M. G. Cook Stand, and we solicit the patronage of all who desire clean, pure and wholesome things to eat.

PROMPT DELIVERY

Country produce bought at the best market prices.

Pope - & - Parker

OUR AUGUST WIND-UP SALE Now Going On And Will Continue Until September 1st

Hundreds of Bargains are being offered and this is your Opportunity to buy the Season's Best Goods at Prices that will Surprise you. Mr. Goldstein is now in New York buying Fall Goods and we must clean our shelves before they arrive.

COME IN TODAY and SEE THE ATTRACTIVE ARGAINS WE ARE OFFERING.

You don't have to buy, but we feel that you will buy if you will only look at what we have to offer.

The Goldstein Company Dunn's Best Cash Store

COME TO THE COMMUNITY SING AT LILLINGTON ON LABOR DAY, SEPT. 5

Township Classes To Sing In Competition. Fiddling Contest By Townships

Mr. ROY L. HOFFMEISTER, of New York to Conduct Singing

Ball Game in the Afternoon

MANY VALUABLE PRIZES Including a Silver Loving Cup to be Awarded to the Best Class

ENTERTAINMENT IN THE EVENING