



You Can Double The  
Life of Your  
**SHOES**  
Champion Shoe Shop

E. T. DUCKETT, Prop., Main Street  
Prices Are Low Waynesville, N. C.



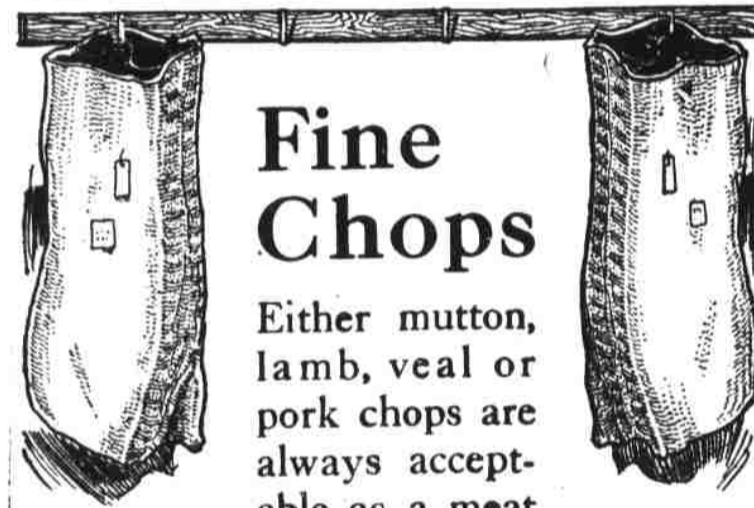
**Don't Carry Water**

Don't be a slave to your dishes. Save the time and drudgery of carrying and heating every bit of water you use. Install running water right in your kitchen.

Turn the convenient faucet and have hot or cold water immediately. The satisfaction you will experience will repay you many times the cost of such a system. Let us figure on your plumbing at once.

Our repair department is equipped with the idea of prompt service in any emergency at the least expense possible.

**L. A. MILLER**  
Plumbing, Tinning and Heating



**Fine Chops**

Either mutton, lamb, veal or pork chops are always acceptable as a meat

for either breakfast or dinner—if they are of first quality. That is the kind you will buy from us, and they will be properly cut. You never take a chance on the quality when you purchase meat of any kind from us.

**CITY MARKET**

J. B. DAVIS, Prop.  
Phone 149 Church St.

**Real Estate Bargains**

For development and attractive sub-division 140 acres of land fronting on highway, one-half mile of Lake Junaluska, at a reasonable price, and other small farms of from 2 to 6 acres with dwellings, close in Waynesville. Price from \$1,750.00 to \$4,500.00 500.00.

**Haywood Realty Co.**

H. R. PARTON, Manager.

Phone 155 Waynesville, N. C.

**ADMINISTRATOR'S NOTICE**

Having qualified as administrator of the estate of Ira Jones, deceased, late of Haywood County, North Carolina, this is to notify all persons having claims against the estate of said deceased to exhibit them to the undersigned on or before the 15th day of March, 1927, or this notice will be pleaded in bar of their recovery. All persons indebted to the said estate will please make immediate payment. This the 15th day of March, 1926.  
J. R. BOYD,  
Administrator of the Estate  
Ira Jones, deceased.  
April 29c

**FOLLOW THE CROWD**

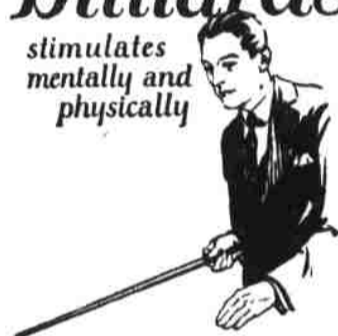
When you decide to buy a car, no matter whether price or quality is your first consideration, you can make a safe, certain selection by doing what the largest single group of car buyers in the world does—buy a Ford.

13,500,000 Fords have been built and 75% of them are still in active service.

**THERE'S A REASON.**

We have in stock all grades of fertilizers. Acid Phosphate, Nitrate of Soda, Sulphite of Ammonia, Sulphate of Potash, Agricultural Lime and Bone Meal. Hyatt & Company.

**billiards**  
stimulates mentally and physically



**B**USINESS men find in billiards just the kind of relaxation they require. The concentration and quick thinking required to figure out the angles of various shots, make one alert and develops judgment. From the standpoint of physical exercise—billiards brings into play every muscle and keeps the body fit. Come in and inspect the facilities we have provided for the enjoyment of this wonderful game. You will be impressed with the excellence of our equipment. You will approve the high standards we have set for the conduct of our business.

ACME BILLIARD PARLOR  
Main Street

**Suffered weak, nervous**

"I WAS in a very weakened, run-down condition, surely in need of a tonic and builder," says Mrs. J. R. Wrenn, of Anna, Texas. "I was so weak I had to go to bed, and kept getting weaker."

"I suffered with my back so much. I was very nervous, couldn't rest good at night. I couldn't eat anything—I just wasn't hungry."

"I had read so much of Cardui, I thought best to use it. I took seven or eight bottles, and by the time I had taken them I was stronger than I had been in several years. I can highly recommend Cardui."

Thousands of other women have found that the tonic effects of the purely vegetable ingredients of Cardui were just what they needed to help restore their appetites, to help bring them easily and naturally back to normal health and strength. Its action has been found to be of great benefit in many common female ailments. Buy it at your druggist's.

**CARDUI**  
For Female Troubles



BUREAU OF HEALTH EDUCATION,  
N. C. STATE BOARD OF HEALTH

**SCARLET FEVER**

It is only quite recently that the specific organism causing scarlet fever has been isolated. It is now clear that, like diphtheria, scarlet fever is a local infection which chooses for its habitat the mucous membranes of the upper respiratory tract. The invading streptococci elaborate a toxin and the constitutional symptoms are the result of the characteristic action of this toxin in the system. The peculiar rash of scarlet fever is the result of the action of this toxin on the walls of the superficial skin blood vessels. The toxin of measles and of smallpox are different and hence each of these diseases produce its own characteristic eruption.

The organism causing scarlet fever does not live long outside the human body and reports of the persistence of scarlet fever virus for years in houses, letters, books and clothing should be accepted with much hesitancy. So far as is now known these particular organisms capable of producing scarlet fever are found only in human beings. No animal has yet been found to be definitely susceptible to them.

Transmission is therefore by direct contact by means of droplet spray from coughing or sneezing or by contact with freshly contaminated objects such as toys, pencils, door knobs or clothing.

Milk is an excellent vehicle for these germs and in milk they live longest outside the human body. Epidemics of scarlet fever have been traced to a contaminated milk supply.

Like typhoid fever, persons recovering from scarlet fever often carry living germs in their systems for months after all symptoms have disappeared. Indeed persons may be so nearly immune to the disease that the symptoms are not noticed and yet such persons may carry the infection and spread the disease to others without knowing it. Such carriers are the ones most dangerous in spreading the disease, especially if they work in dairies or handle food.

A method has now been perfected whereby it is possible to test individuals and find out if they are susceptible to the disease. This test is called the Dick test. (The Schick test is for diphtheria). A serum in the form of an antitoxin has also been perfected which is very valuable in the treatment of the disease.

**STRONG HEARTS**

True-hearted; wholehearted; hard hearted; tenderhearted; chickenhearted; lionhearted, are all common and very expressive terms denoting character. By legend and story the heart is the fountain of life. Perhaps, in truth, the character of the heart does not determine the character of the individual, but most certainly the physical condition of the heart determines to a great extent the physical status of the individual.

The human heart is little different from the hearts of animals so familiar in the meat markets. The average weight is a little over one-half pound, and it is about the size of the individual's own clenched fist.

It is a pump which by its contractions and relaxations pumps the blood stream through the miles of varying sized blood vessels in the body. Its action is exactly like that of the hand grasping and squeezing the rubber bulb of a syringe. Normally it squeezes a little over seventy times each minute while awake and sixty times when asleep. While beating at this rate the heart pumps an average of about five quarts of blood per minute. Often it is beating much faster and may pump as much as twenty quarts per minute.

Would your hand get tired squeezing the rubber bulb of a syringe if you had to pump seventy-five gallons of water per hour and force it through little tubes so small the eye could not see them? Suppose there was added to this labor the knowledge that if you stopped squeezing for even one minute, day or night, year after year, it meant instant death. When you realize all of this you get a faint idea of what your heart must and does do. Isn't it worth a little special thought and care to see that such a hard working little engine is treated fairly? Over two million people today in this country have serious heart trouble. Is YOUR heart alright?

The main causes of organic heart diseases are rheumatism (so-called), certain contagious diseases of childhood, syphilis, and improper habits of living.

Very serious and permanent damage to the heart may result from getting up too soon after diphtheria, scarlet fever, measles, influenza and, in fact, any infection. The poisons of these diseases are very irritating and destructive to the valves of the heart and if there is added to this the extra exertion of getting up in the weakened condition, it may be the "last straw that breaks the camel's back." Some other causes of heart trouble will be discussed next week.

**CONSTRUCTION AND LONG TERM LOANS**

Western Carolina Loan & Insurance Agency Co.

**MORTGAGE BANKE**  
P. D. MAZYCK, Mgr.

**CITIZENS BANK & TRUST CO.**  
Waynesville, N. C. Phone 19

**Wood For Sale**

Good Wood For Sale Cheap

Heavy Hauling, Packing and Shipping

**MILNER'S WOOD YARD**  
Phone 218-J Depot St.

**FOR SALE**

One 8-room house with bath, lot fronting 200 feet on Boyd Avenue, a paved Street.

**A Good Buy at \$8,500.00**

See us for terms

**E. K. McGee & Co**  
Real Estate and Insurance

Phone 300 Waynesville, N. C.

**For Sale--- USED AUTOMOBILES**

- 1-5 Passenger, 1922, Dodge Touring, Price, \$275.00
- 1-5 Passenger, 1920, Dodge Touring, Price, \$175.00
- 1-2 Passenger, 1923, Dodge Coupe, Price, \$450.00
- 1-2 Passenger, 1924, Overland 4 Coupe, Price, \$350.00
- 1-5 Passenger, 1918, Packard Twin Six, Price, \$350.00
- 1-1 Ton, 1922 Dodge Truck, Price, 150.00

**CASH OR TERMS**

To responsible parties 40 per cent. down, payment balance in 10 equal monthly payments.

**HAYWOOD GARAGE**  
Opposite Postoffice, Waynesville, N. C.