

ELEVATING THE MOUNTAINS

Hendersonville News.  
If Waynesville were in Camden, Pasquotank, Currituck or Dare county where they have floating roads and shifting sands the growing altitude of Waynesville would not be astonishing, but listen to what the Jackson County Journal says:

"The most remarkable of all is the amazing growth of Waynesville of 265 feet altitude in the past twenty years. Then, when the writer lived in that beautiful little city, its most ardent boosters only claimed it was 2750 feet above sea level. Today we are all invited to 'Come on up' where the altitude is 3015 feet."

In Camden and Pasquotank there's a sinking concrete road and in Dare there are house-movings occasionally in order to keep on the shore line of Currituck Sound and a safe distance from the Atlantic in the vicinity of the popular resort of that section—Nags Head—near which are the Kill Devil hills from the top of which the Wright Brothers first flew their planes. Changing winds change the lay of the land and make sand mountains where there were once depressions.

Maybe there are volcanic upheavals working marvelous influences and giving upheaval under Waynesville. There's no telling what these majestic hills might bring forth.

HONEY FOR SALE.

New honey in the comb or extracted \$2 per gallon.

Six gallon lots or more \$1.88 per gallon.

Produced exclusively from clovers. Quality guaranteed.

State whether comb or extracted is wanted when ordering.

THE BUSY BEE APRIARY, Fletcher, N. C. Jan 29th

NOTICE.

Having sold all book accounts to Sluder-Garrett Furniture Co., we ask all persons that are owing the Medford Furniture Co. to please pay Sluder-Garrett Furniture Co. at their store on Main street.

Medford Furn. Co. Sept 23 By C. B. Medford.

SERVICE OF SUMMONS BY PUBLICATION.

State of North Carolina, County of Haywood—In the Superior Court. Ethel Medford, by her next friend, Etta Godfrey,

vs. Derry Medford.

The defendant, Derry Medford, will take notice that an action entitled as above has been commenced in the Superior Court of Haywood County, North Carolina, on the part of the plaintiff for the purpose of obtaining an absolute divorce from the defendant upon statutory ground; and the said defendant will further take notice that he is required to appear at the office of the Clerk of the Superior Court of said county in the Court House in Waynesville, North Carolina, on the 9th day of October, 1926, and answer or demur to the complaint in said action, or the plaintiff will apply to the court for the relief demanded in said complaint.

Witness my hand and official seal this 5th day of September, 1926. C. A. HAYNES, Clerk Superior Court, M&W Sept 30c Haywood County.

FEDERAL POWER COMMISSION.

In compliance with the Federal water power act (41 Stat., 1063) notice is hereby given that the Carolina Power and Light Company, whose office and principal place of business is in Raleigh, North Carolina, has made application for a license covering a proposed power project in the Big Lick area, extending from a point near the mouth of Fines Creek to a point near the Tennessee-North Carolina State boundary in Haywood County, North Carolina. Any objection to such application, or request for a hearing thereon, together with any briefs, reports, or other data for which consideration is desired, should be submitted to the Executive Secretary, Federal Power Commission, Washington, D. C. 70c

Are You "Toxic?"

It Is Well, Then, to Learn the Importance of Good Elimination.

FUNCTIONAL inactivity of the kidneys permits a retention of waste poisons in the blood. Symptoms of this toxic condition are a dull, languid feeling, drowsy headaches and, sometimes, toxic backache and dizziness. That the kidneys are not functioning as they should is often shown by scanty or burning passage of secretions. Many readers have learned the value of Doan's Pills, stimulant diuretic to the kidneys, in this condition. Users everywhere endorse Doan's. Ask your neighbor!

DOAN'S PILLS 60c Stimulant Diuretic to the Kidneys Foster-Milburn Co., Mfg. Chem., Buffalo, N. Y.

No Secrets to Making Perfect Cup of Coffee

Can Be Achieved By Following A Few Simple Rules Says Famous Cooking Expert

By Mildred Maddocks Bentley Formerly Director of Good Housekeeping Institute

What is the secret of first-rate coffee—the kind that starts the day right—that makes you feel "like a million dollars"?

Literally hundreds of women—and a surprising number of men—have asked me this question in one form or another. And it's an important one—for what can be more blighting to domestic happiness than a cup of muddy coffee or coffee improperly "creamed"? And, on the contrary, what can be more exhilarating than a good cup—fragrant, golden, delicious?

Luckily there's no hidden secret about making and serving the perfect coffee—it's just a matter of minding your p's and q's and following a few simple directions.

Selection of Coffee

There are many excellent brands of coffee in the market—the choice of one of these is largely a matter of individual taste. But I do want to say that usually coffee in the bean retains its flavor longer than in the ground form—so, if possible, buy the whole beans and grind your coffee fresh for each meal. If, however, the breakfast hour—or fifteen minutes—is too hectic to admit of this extra step, at least keep your ground coffee in an air tight container—a glass fruit jar for instance. And it's well to remember that the more finely the coffee is ground, the easier it is to extract its full strength and flavor—consequently finely-ground coffee is economical and time-saving.

The Coffee Pot

Connoisseurs maintain that coffee brewed in a metal pot has a less delicate flavor than in a container of glass, stone-ware or agate. Whatever kind of coffee pot you prefer—it should be scoured frequently and occasionally "boiled out" with water to which a pinch of baking soda has been added—then rinsed, dried, and left uncovered.

If a percolator is used, the pipe should be carefully washed every day with a brush to remove all scum from the preceding brew.

For drip coffee, if you do not have a special drip coffee pot, an ordinary one equipped with a double cheesecloth should serve the purpose. The cheesecloth should be washed in cold water after using and renewed at least once a week. Keep the bag always moist.

The "Creaming"

This I consider quite as important as the actual brewing. Good coffee can so

easily be spoiled by using cream of inferior quality or the "top of the bottle" if carelessly poured off. In my study of food habits, I am finding that every year more and more people prefer sweetened condensed milk in their coffee. You see this kind is twice as rich and creamy as ordinary milk and furthermore already contains sugar, thus serving the additional purpose of sweetening the coffee. Try it for a few days, and I think you will agree that the condensed milk gives a delightfully rich, smoothly blended drink, bringing out the real coffee flavor. And of course it is very convenient, as it keeps fresh without ice even after the can is opened—and the cost is extremely moderate.

Now as to the actual methods of brewing. There are several and your choice is entirely a matter of individual taste. If the directions are carefully followed, any of the methods will yield the "perfect cup of coffee"—mellow in flavor, with a delicate, fragrant aroma, free from sediment and of a dark golden hue.

Boiled Coffee

Place the coffee in the pot—one rounded tablespoon of medium-ground coffee to each cup of boiling water, with an additional spoon "for the pot." Add a little white of egg, or crushed egg shell and about one-fourth cup of cold water; stirring briskly. Add the boiling water, place the coffee pot over heat, and bring to a full boil. Place on back of the stove or over low heat for about ten minutes to settle, before serving. Do not allow the coffee to become unsteady by careless pouring.

Percolated Coffee

Use one cup of finely-ground coffee in six cups of boiling water. Place the coffee in the strainer in the upper part of the pot and let the water bubble up through the tube, percolating through the coffee into the lower part, until the coffee is of the desired strength, five minutes being the usual time required. Serve at once. Coffee made in a percolator is not good if allowed to cook after the required strength is reached.

Drip Coffee

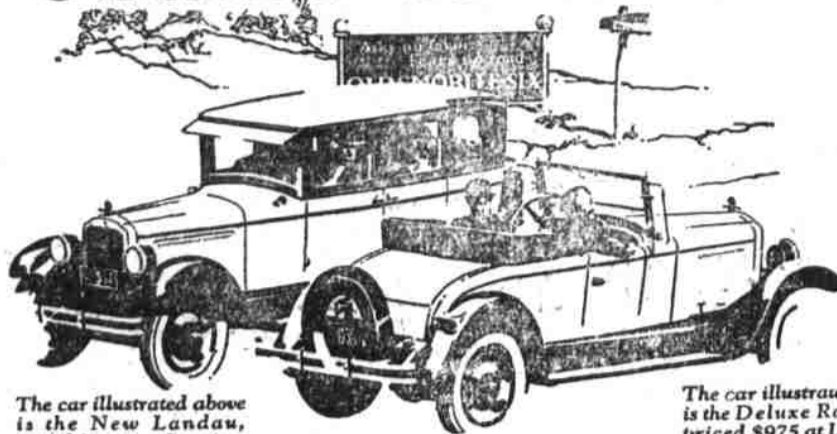
Heat the pot by rinsing in hot water, and wet the strainer. Measure carefully the coffee (finely-ground) allowing one rounded tablespoon to each cup of water. Place in the drip-medium and pour boiling water through the coffee very slowly. Cover and let stand to drip through and serve immediately. Do not allow the brew to cool. If service is delayed, place the pot in or over hot water. Never reheat by placing over the fire.

Steeped Coffee

In making steeped coffee use one rounded tablespoon of coffee to each cup of water used, with an additional spoon for the pot. Add cold water. Place over the fire and bring quickly to the boiling point. Either let it stand for a moment to settle or add a little cold water.

Remember—the best coffee will lose its flavor if allowed to stand. Coffee should always be freshly made and served piping hot, as soon as it is brewed. If necessary to let stand, the pot should be tightly covered and the spout closed by stuffing with soft cloth or paper, so that none of the aroma and flavor may be lost.

THEIR JUDGEMENT STANDS CONFIRMED



The car illustrated above is the New Landau, priced \$1190 at Lansing.

The car illustrated above is the Deluxe Roadster, priced \$975 at Lansing.

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Speed Station to station calls are Quickest and Cheapest

THE speed and economy of station-to-station long distance service is making it more popular as telephone users understand how simple it is to make calls of this kind.

To make a station-to-station call, place your call by number. If you do not know the number, place the call in the usual way, and the operator will give you the number.

To secure the reduced station-to-station rate during the day and the further reduction from 8:30 P. M. to 4:30 A. M., the call should be made by number, or you should tell the operator you wish to make a station-to-station call.

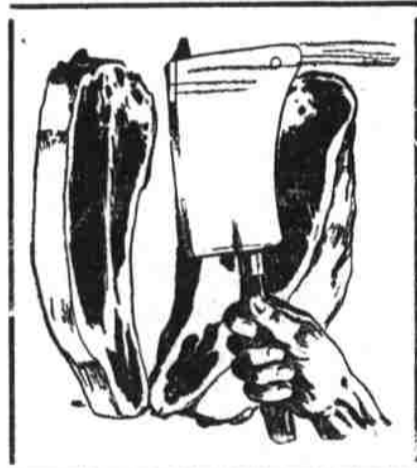
The operator is anxious to assist you and you can make quite a saving on your calls if you will let the operator help you.

MORGAN B. SPEIR, Carolinas Manager

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