

COUNTY-WIDE PLAN OF SCHOOL BUILDING AND MANAGEMENT
(Continued from front page.)

performed. This year, the Fines Creek special school taxing district was formed, now an eight room school building is being erected on a beautiful site near the center of the district. The building will be used for high school and elementary school purposes. It contains, or will contain when finished, besides the eight class rooms, an auditorium to seat four hundred people, two offices, and a library. It will serve as a consolidated union school taking the place of the following schools: Cove, Hiram Rogers, and Noland. Besides serving these districts as an elementary consolidated school, the high school department will be open to all high school children of Fines Creek and White Oak townships.

Waynesville and Fines Creek are the only two projects that have been worked out, or in process of being worked out. Last March, two or three others were agitated and gotten partly under way, but were shortly afterwards abandoned. The plan stands today, therefore, as a good one, but, as a whole, poorly worked. Two good steps, it is true, have been taken. Is it about time to take another?

A comprehensive glance at the situation reveals a condition well worth considering. There are some problems involved that the pressing for a solution. Beaverdam township is perhaps the most complicated of the projects. There are nine schools circling the city of Canton, a special charter district, the district lines running contiguous with the city limits. By special arrangement for some years, high school students from the country districts have been admitted to the Canton High School for a period of six months only, a condition unsatisfactory both to the county and Canton school authorities because of the short term and the difficulty of making proper adjustments resulting therefrom.

It is within the range of almost immediate probability that the capacity of the Canton High School will be insufficient to accommodate the increased number of high school students that will be clamoring for admission from the country districts. That is almost sure to be the case next year if the elementary schools around Canton will do the work that is expected of them this year. What will the County Board of Education do for high school facilities for the children of Beaverdam township outside of Canton of the school board of the special charter district of Canton should close the doors to them? There may be other solutions of such a problem if it should become pressing, but the one that appears feasible now is the erection of at least a ten room building near Austin's Chapel to meet the needs for a consolidated union school to take care of all elementary children in that part of the township and to give high school instruction to all high school children in the township outside of the town of Canton. The best solution probably would be to build the high school in Canton, but if Canton does not want to come in the county-wide plan, then the other is the only feasible one.

Other projects, Pigeon-Cecil-East Fork, Crabtree-Iron Duff, and Jonathan, are in the making, but a full discussion of them would take this article beyond its length. But the consideration of their needs and the practicability of the plan with reference to them may well claim the attention of our people.

BALSAM NEWS.

Miss Hazel Norman was operated on for appendicitis in the Angel Hospital in Franklin and seemed to have stood the operation very well, although her appendix had burst before she reached the hospital. However, she has had to return for a second operation and is quite sick.

Miss Marietta Jones and Mrs. Bessie Bain have returned from the Angel Hospital in Franklin where they were operated on for appendicitis.

Mr. J. H. Lake of Seattle, Wash was a guest of his brother-in-law, Mr. R. J. Bryson, last week.

Mr. and Mrs. John T. Jones went to Sylva and Waynesville last week.

Mr. and Mrs. Geo. T. Knight spent Sunday afternoon with friends in Asheville.

Mr. and Mrs. W. T. Lee, Jr. attended the fair and also spent Armistice Day in Asheville last week.

NOTICE

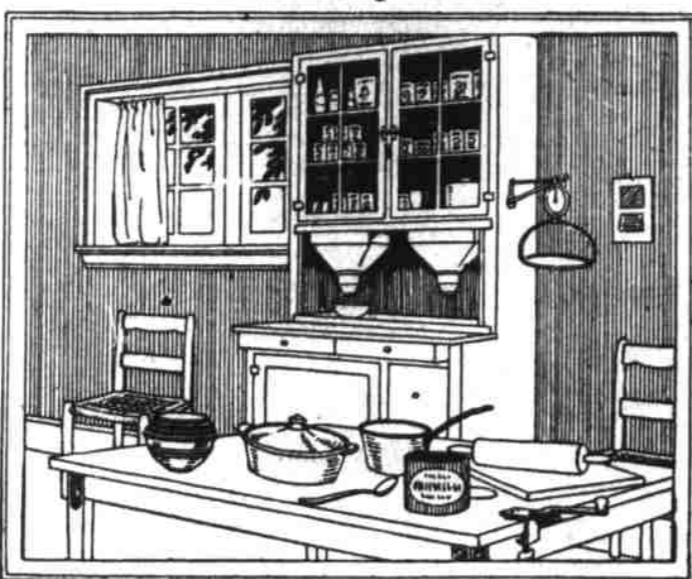
Sunday Schedule Only Effective Sunday 17th, 1926.

Between Waynesville, Canton and Asheville every two hours on even hour.

8-10-12-2-4-6
Leave Asheville same hours.

INDEPENDENT COACH LINE
Phone 70-J Waynesville, N. C.

Aids in Mastering Culinary Art



MAKING an art of cookery means putting all the household engineering on an efficient basis, and saving oneself effort and time for adding the extra touches that make dishes appetizing. No housewife should be without these simple mechanical aids, scales to weigh and check her supplies, improved can openers, mixing spoons, knife sharpeners. And nearly all housewives make generous use of canned foods, those easy sources of individual touches which are safe, economical and remarkable time savers.

An indispensable staple is shortening. Lard, vegetable oils and such good shortenings keep the expensive butter bill where it belongs. When purchased in cans they need no other container and the easy resealing cover of the can keeps the shortening sweet

and clean. These shortenings can be used in pies, cakes, for frying and basting, as the housewife well knows. Don't turn aside from a good recipe because it calls for stock, for now stock comes in cans and canned bouillon, consomme or julienne are also equally productive of excellent flavoring.

Culinary art consists also in using good sauces. Cans of mushrooms kept on the supply shelf will provide delicious sauces for almost any meat dish and a combination food for many dishes. Canned tomato sauce is an excellent source of flavoring, again for meats or for vegetables.

Canned fruits and berries constitute delicious fillings for pies. Jams and jellies may also be easily made from canned fruits almost at a moment's notice.

Jellied Vegetables



A rare treat was offered to some American visitors by a Venetian host who gave a dinner in their honor one summer evening on a barge afloat in the Grand Canal not far from the Doge's Palace. Every dish served was cold, and prominent on the menu were jellied meats and vegetables.

These are excellent summer foods, whether one eats them on the Grand Canal or in an American home. Here are suggestions, simplified by the use of canned foods.

Chicken in Tomato Jelly
Bring one can chicken soup and two cans tomato sauce to boiling point, pour onto two envelopes gelatin softened in one cup of cold water. Add three diced cucumbers, two small cans of chicken, two tablespoons sugar,

half teaspoon each of salt and pepper. Pour in mould. When cold, serve with mayonnaise. A decorative effect is secured by putting sliced hard cooked egg and strips of red pimiento into the mould before pouring the jelly in.

Jellied Peas
Soften two and a half tablespoons gelatin in two-thirds cup cold water, add two and a half cups boiling water, two-thirds cup sugar, two-thirds cup vinegar, two and a half tablespoons lemon juice, salt. Strain and cool. When almost congealed, add a can of drained peas and a can of carrots. Pour in mould and serve sliced. This dish serves as a meat substitute. Mayonnaise or a boiled dressing should be served with this dish.

Food Value



FOOD VALUES COMPARED - % PROTEIN	
SALMON	21.46
SIRLOIN STEAK	16.50
SUGAR CURED HAM	14.20
MACARONI	13.40
EGGS	13.10
SPRING CHICKEN	12.00
RICE	8.00
POTATOES	1.80

A glance at the chart above gives the housewife a graphic idea of the very great food value to be found in canned salmon. Its body building elements are especially important for growing boys and girls. "For children over six, it is the cheapest and most nutritious animal food first can be had," says one of the foremost American food specialists. "The housewife can well make use of such a thoroughly recommendable food. It is delicious to eat and it supplies protein, the cell building food element, more effectively than more expensive foods. The convenience with which salmon can be prepared in a number of tasty dishes should appeal to the housewife very strongly. Canned salmon is already cooked and needs but little attention before serving."

There are forty or more ways to serve salmon. Because it is so well liked, healthful and convenient, use it frequently. Creamed salmon dishes make delightful and satisfying meals. Salmon salad is as attractive in appearance as it is in flavor. And it is good to know that it is nourishing, too. A dish that you will find most acceptable is salmon au gratin. It combines peas or spaghetti. Use a pound can of salmon and a No. 2 can of peas or spaghetti for six persons. If peas are used, drain them. Mix the two main ingredients, add two eggs, two tablespoons butter, stock from salmon can, seasoning. Add a cup and a half of soft bread crumbs and enough milk to soften mixture. Bake in buttered deep dish until brown. This serves as an entire course for dinner.

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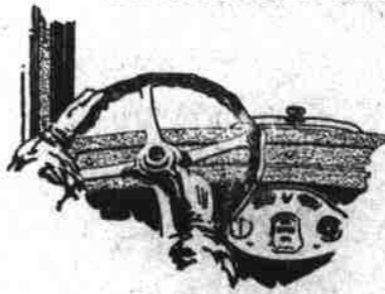
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