ves of Avery County

buying nine bushels of he selected,

, 1931. Avery farmers the club short course, bid on 42,000 pounds of

When he began his dairy eight is ago, W. H. Avery of Morgan-Burk County, delivered a few of sweet milk each week, ow he has built a dairy barn, a nging shed for the cows, and has led a milk room with complete

Petate digging has about been comed in the Aurora section of Beaumake some profit.

R RENT-attractive brick bungaand garage, first class neigh-

### ind Large Onions Club Members Enter New Money Crop 4-H Health Contest

Health contests in which thousands Corta Carolina another mon- of 4-H club members are competend the mountain farmer of authorities in hearly every this county and keep where home and farm agents are emclimatic conditions ployed will end during the annual short codese to be held at State Col-magent C. B. Baird be-lege, July 25 to 30 when the King and ment with the new crop Queen of Health, among the 34,000 lege when he interested club members of Nath Carona will

the Ebenezer variety, According to agricultural extension According to agricultural extension authorities, these health contests are authorities, these health contests are attracting as much attention and interest as any other one feature of 4-H club work. Usually the home and farm agents carefully select the mealth and these are suffered to the sold for three cents. were sold for three cents and these are cone ed but a sount bushels of onion sets with one of the four district contests. The winners here are entered in the State contest from which the girl and boy correst held during the final days of

In some counties, the county agents h they received \$1.25 a bushel, have the fullest cooperation of the half to a state institution in member in the county agents member in the county agents have the fullest cooperation of the health authorities and every 4-H club the remaining 13,000 member in the county is examined by was sold to hucksters. Later a physician. In other counties where year, Avery farmers had a it is not practical to do this, the county nurse assists the home and farm agents to select the healthiest candiwonger says the onions producwonger says the onions producwonger says the onions producAvery are grown on the rich
Avery are grown on the rich
of the creek and river bottom
of the creek and river bottom
of the crop is planted
of the crop is planted
Companion crop to mountain cabcompanion crop to mountain cabconsecutive year, a vast improvement tile Flooring for years, The job contains and Bancombe counties will
in the health habits of the club mem was under the supervision of C. R. hold a get-together "nep" meeting on
the cabbage plants being dates in a club and these are further

the latter part of June. Both When the district winners are sent. All the flows except the main court house in the city of Asheville. Plans when the district winners are sent. All the nows except the main court pairs in the city of assistance. The onions are harvested to the short course at State College, from and corridors are laid with this are being made for what bids to be the health contest becomes one of the asphalt flooring, in brown and health corrections of its major, items on the program and the hogany, which makes a colorful combined correction of being crowned King and bination, and one that is not easy to Queen of Health is one of the most detect dirt. This flooring a casy to eagerly sought awards. This many detect dirt. This flooring a casy to clean any water once not affect it in the city of assistance. The contest of the short course at State College, from and corridors are laid with this are being made for what bids to be the health contest becomes one of the asphalt flooring, in brown and health is of the biggest meetings of its honor of being crowned King and bination, and one that is not easy to carry the contest of the program and the hogany, which makes a colorful combined correction.

## Soil Bacteria Needed

acquainted with the fact that legumes tests, for in their office, which is the tary, and Charles W. Snyder, of Winadd nitrogen to the soil under favor- cleaning office for the two Carolinas, tan-Salem, State Field Secretary, are and milk room with complete lizing equipment.

Many of them do not know, however, that this nitrogen is gathered by bacteria which find a skates. There are 14 pairs of J. Marvin Glance, district deputy gathered by bacteria which find a skates 18 hours a day on this floor state councilor, who will preside ever and to date it looks as good as the causes nodules to form on the roots. The growers say they make some profit.

The bacteria live in the nodules, gathered by air and transer nitrogen from the air and transbe used by a plant.

"However, the bacteria which causes of business district and schools, responsible parties need to Phone 514-J or apply 1025. The same type of bacteria may be introduced into the which has never grown alfalfa or saywhich has never grown alfalfa or soy-

We Are Truly A Hay-

wood Firm--Buying

and Selling From

Haywood People

One of the outstanding things about our busi-

ness is that we buy anything that the farmers of Haywood County bring in to sell, and in return

we have a complete stock of quality GROCERIES

AND MEATS that we are always ready to stand

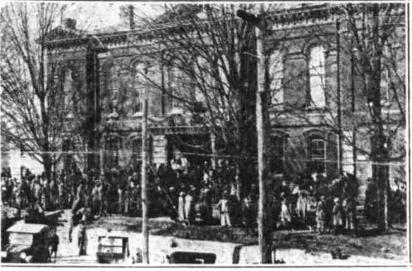
For years we have been dealing with the pub-

lie by these rules and the fact that we are al-

ways ready to pay top prices for their produce

and sell our merchandies at a legimate profit, is

WE DELIVER



Above is a scone taken of the throng that attended the dedication of he minument at the court house several years ago. made from the site of The Mountaineer building.

the Ebenezer seems to be the best eagerly sought awards. This core clean and water one not affect it in mony follows a health pageant in any way. The longer the floor is used which the principles of good health are demonstrated by the club members. The harder it seeds to the concrete floor on which it is placed. It is a mild flavor, and is well colored, taking part.

Grant Burder of Health is one of the most detect dart. This hooring is easy to the principal address will be made to by Dr. Charles E. G. ver. Nation 1 which the principles of good health are demonstrated by the club members. It is placed. It is said that the rooms can be filled with water before the effort will leak Nicks of Roxboro, N.C., State Councillor of the order and lion, Lewis E.

kind of bacteria needed by these two uties for the five districts in the

of a given debt by applying soil from a field which has previously in applying and

egume are to drill or broadcast 200 500 pounds of full per avre; apply me to two quarts of sifted soil to a of dampened seed; mix equalby weight of seet and dampen the seed with pure cultures secured from state or federal laboraories, or, buy commercial inoculants prepared by private concerns.

rin for best results. The first group is inoculated by alfalfa bacteria; the second, by red clover; the third, by vetch; the fourth by garden and navy bean; the fifth, by lupine; the sixth by cowpen, and, the seventh by soy-

### At The Change A Critical Time In

Every Woman's Life.

Cardui for several seem blind. I would

My nerves were on edge. I would not sleep at night.

"Cardui did wonwomen who are pass-Cardui is a purely vege-



### THE OLD COURT HOUSE



#### **Durable Floors are Juniors To Meet In** Placed In Building Asheville, June 30

as the members of the order in their

respeative districts. The district dep-

For Growth of Legumes

North Carolina farmers are well for years and given it the hardest of the context of the program. Other has been using this brand of flooring for years and given it the hardest of the context of the order and from Lewis E. Hamlin, of Brevard, N. C., State Western Union Company at Charlette was appear on the program. Other has been using this brand of flooring state efficient including Sam F. Vance, or with the fact that become in the program of the program. Other has been using this brand of flooring state efficient including Sam F. Vance, or with the fact that become including sam F. Vance, or with the fact that become including sam F. Vance, or with the fact that become including sam F. Vance, or with the fact that the fact that the floor will be the concrete.

form it into compounds which may beans probably does not centain the

Kime says the various legumes fall

Reports from county farm agents in the grain growing section of Piedmont Carolina indicate that the cron this season is not up to standard. Excellent yields of clover hay are being harvested, however,

"During a critical time in my life I took months. I had hot flashes. I would suddenly get dizzy and get faint and have no strength.

ders for me. I recommend it to all ing through the critical period of change. I have found it a fine medicine."-Mrs. Hettie Murphy, Poplar Bluff, Mo. table medicine and contains no dangerous drugs.

## land; Fourth, John. L. Nelson, Mor-this meeting and to see and hear their ganton and Fifth, H. L. Toms, Shelby, state and national officers. The meet-Every member of the order is ex-will be informal and open to all tended a cordial invitation to attendianious.

# OUR FAITH Haywood County

IS PROVEN BY THE FACT THAT WE HAVE A STORE IN EACH CITY IN THE COUNTY

We are continually improving our stores and merchandise in the two cities in Haywood County. We recently moved our Canton store into larger quarters. We congratulate the county on this progressive movement, and assure the citizens of the county that we will keep abreast of this progress.

Our Success Is Based On Our Motto.

"QUALITY MERCHANDISE AT POPULAR

## EAGLE 5 and 10c **STORES**

CANTON

WAYNESVILLE Main Street

A Carolina Organization

## IN THE New Court House

We Installed

LIGHTING FIXTURES In the Main Court Room and Commissioners' Room,

**ALSO** 

DELCO GAS Equipment for cooking in the Kitchen.

THE BOARD OF COMMISSIONERS IS TO BE CONGRATULATED FOR THE SELECTION OF THIS MODERN EQUIPMENT.

Martin Electric Co.

PHONE 31

FERGUSON'S GROCERY

Main Street

Phone 45

back of.

the basis of our success.