

H. Demonstration Work In State Has Accomplished Much

Director Of Homemaking Work In State Says Work Has Made Outstanding Growth In 24 Years

By Jane S. McKimmon.

Assistant Director, North Carolina Extension Service. (From the Progressive Farmer.)

Looking back over 24 years of home demonstration work in North Carolina, two things loom large as outstanding accomplishments. First, the strength and power of the organization of home demonstration clubs and next, the leadership which has been developed through this organization.

Extension work as a whole constitutes one of the world's great movements in adult education, and home demonstration work has given the women on the farm educational opportunities that have developed a well-rounded homemaker and have brought more satisfaction into farm life. And so the "Farm Woman's College" came into being.

Programs of work were made by the farm women and home agent together, outlining step by step demonstrations which were simple, direct, and suited to the people's need, and agent and leaders have gone into the homes of the people and made the actual demonstration of what can be done with material at hand. A woman does a task better if she sees it done, and best of all, if things are provided that she may do it herself.

The longer home demonstration work goes on, the more clearly is the value of the demonstration method of teaching shown by resulting practices.

A SOUND BEGINNING

It was a sound economic policy in the beginning of home demonstration work to start with growing gardens and canning. This helped the family food supply and added to the family income.

Agents soon found that the average farm income was too low to make it possible to add desirable comforts, or even in many cases some of the necessities of life, to the home. It therefore seemed hopeless to try to teach a woman how to raise her standards of living before she had been shown how to produce the funds necessary for its execution.

Farm women's markets were organized and today, farm women have co-operated in marketing the surplus butter, eggs, poultry, cream, vegetables, etc., produced on the farm and have even capitalized on their skill in cookery to the extent that incomes have been increased enough to provide home comforts, conveniences, clothes, education for the children, and some of the luxuries of life.

Home demonstration work has come a long way since its simple beginning 24 years ago. What a woman learned of harmony, of arrangement, color, and balance has helped her to create an atmosphere of comfort and good cheer. In many homes the whole family have co-operated in planning and planting the farmstead, and all over the country one may see houses "tied to the ground" with base plantings, green lawns in front, unsightly objects screened by shrubs and flowers, and trees framing the house.

A BROADER VISION

With home and farm agents planning together, a broader vision of the relation of the whole family to the farm enterprise has developed and women are looked upon not only as part of the home life, but also as a part of the planned farm procedure.

Production of the farm food supply increased rapidly when a woman understood that not all the wealth of the farm was in cash from the crops, but much of it lay in the vegetables, milk, eggs, and other foods with which the sound bodies of her children were built. She saw the health of her family improve when she acquired a better knowledge of what food did in the body and understood the relation between well-selected and well-prepared food and the family's well-being.

The machinery of the home moves more smoothly where the farm woman has learned to budget her time and energy as well as her cash income, and she now has leisure for many of the joyful things of life.

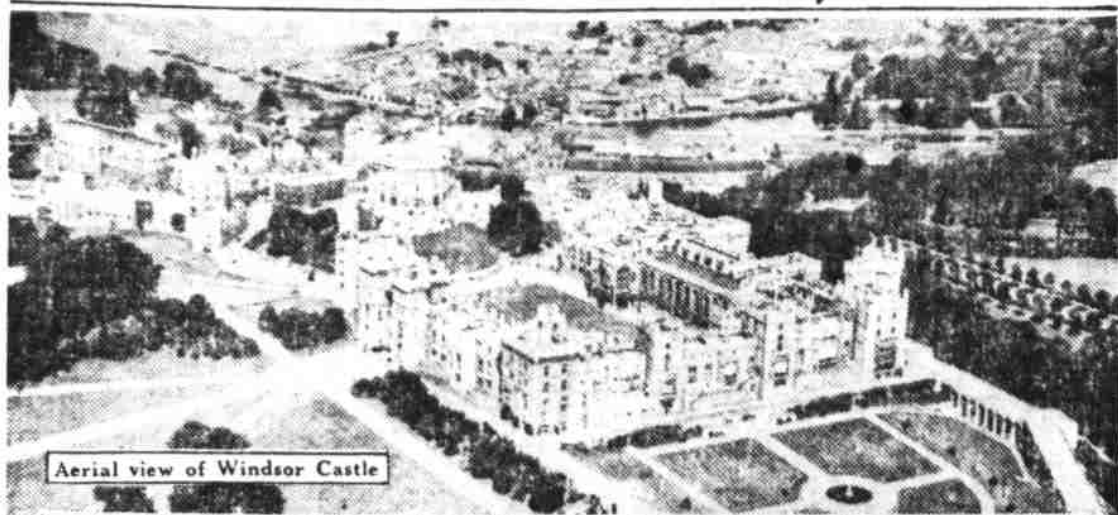
Good taste has been developed and the family is better dressed. Mother and daughter know something of selecting becoming lines and colors, and how to construct, renovate, and evolve costumes in which they may appear with credit. The child is better cared for as parents have come together in an education program, seeking a knowledge of their part in the growth of personality and development of character of the child.

Common paths to new goals. Communities have become friendly neighborhoods and the home demonstration clubs have worked hard to get community houses where farm families may come together, neighbor meeting neighbor socially; to play, to discuss their problems, organize circulating libraries that more reading may be done, or to find other avenues of development.

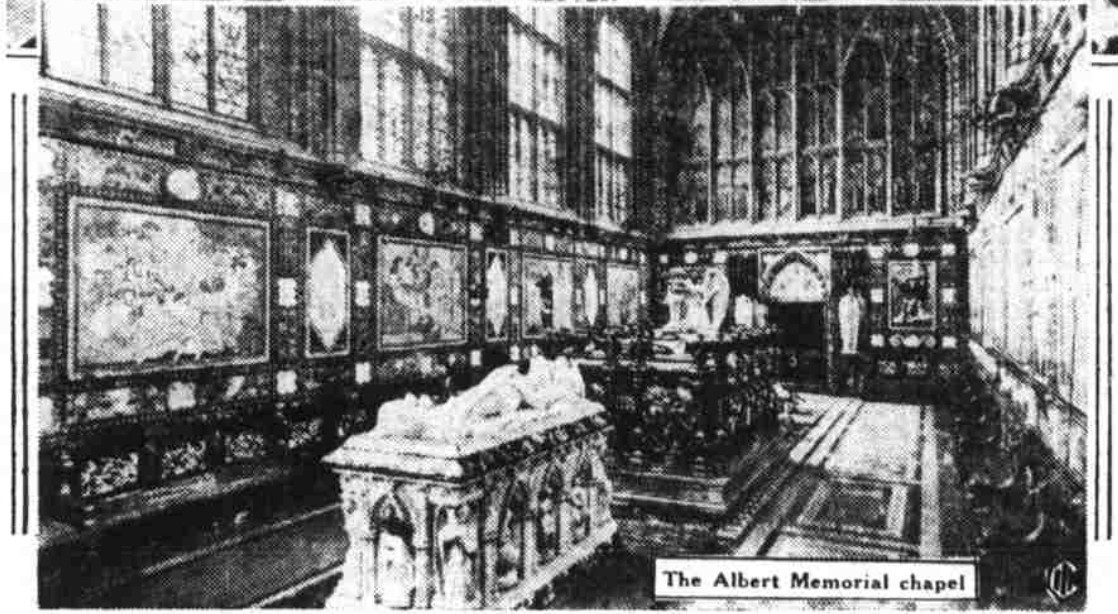
I have listed here some of the things that home demonstration work has developed in its long years of service, but perhaps what one farm woman has said will express it in a sentence: "Home demonstration work has become a bridge between the woman and the farm and her opportunity."

First Coal Mine, Oil Well The United States' first coal mine was opened near Richmond, Va., about 1730, and the first oil well was dug near Titusville, Pa., in 1838.

Historic Windsor Scene of Royal Burial



Aerial view of Windsor Castle



The Albert Memorial chapel

Historic Windsor Castle, 20 miles west of London, final resting place of King George V, also has the burial vaults below the adjoining chapels of George and Albert the bodies of King Edward and Queen Alexandra, parents of the late monarch; William IV, George III and George IV.

Letter By George Washington May Have Been First Air Mail

PHILADELPHIA.—The world's first air-mail letter is said to have been carried from Philadelphia to Woodbury, N. J., just 143 years ago. Old records show that it was taken with the French balloonist Jean Pierre Blanchard, when with his dog for company, he ascended Jan. 9, 1793, from the yard of the old Walnut Street Prison, a site now occupied by the Penn Mutual Life Insurance Company's building.

It could hardly be said that air-mail service was given, since there was a considerable element of uncertainty as to just where the letter would be delivered—in fact that was one reason why it had been written.

WRITTEN BY WASHINGTON

Its author was George Washington, and it was written as a kind of introduction for the aviator to the citizens of the neighborhood in which he happened to land. Col. Charles A. Lindbergh also carried a letter of identification from prominent citizens of St. Louis, when he flew to Paris.

The Washington letter reads as follows:

"To all to whom these present shall come—

"The bearer hereof, Mr. Blanchard, a citizen of France, proposing to ascend in a balloon from the city of Philadelphia at 10 a. m. this day to pass in such direction and to descend in such place as circumstances may render most convenient.

ASK AID FOR BALLOONIST

"These are there to recommend to all citizens of the United States and others that in his passage, descent, return, or journeying elsewhere, they oppose no hindrance or molestation to the said Mr. Blanchard; and that on the contrary they receive and aid him with that humanity and good will which may render honor to their country and justice to an individual so distinguished by his efforts to establish and advance his art in order to make it useful to mankind in general.

"Given under my hand and seal at the city of Philadelphia, this ninth day of January, seventeen ninety-three, and of the independence of America, the seventeenth."

ASCENDED 5000 FEET

Washington himself was among those who watched the slow inflation of the bright yellow varnished-silk bag, and saw Blanchard step into what is described as a boat-shaped car ornamented with glistening gilt spangles. As the balloon began its ascent, the aeronaut waved the French flag and the Stars and Stripes together.

Reaching an altitude said to have been more than 5000 feet Blanchard sealed several bottles of air, so that this could be weighed by physical scientists in the city and compared to the weight of air at sea. He also weighed a stone and reported that it was considerably lighter than it had been on the ground.

After leaving Philadelphia at 10 a. m., and reaching Woodbury, N. J., Blanchard drove the 15 miles back in a carriage, returning to the city the same evening.

MODERN WITCHES

An interesting illustrated article which discloses some exciting revelations of present-day superstitions that rival beliefs of the Middle Ages. One of many splendid features in the February 2nd issue of the American Weekly, the big magazine which comes regularly with the BALTIMORE SUNDAY AMERICAN. Get your copy from your newsdealer or newsboy.

TRANSACTIONS IN Real Estate

(As Recorded to Monday Noon of this Week).

- Beaverdam Township
 - Chester A. Cogburn to Mrs. Mahaly Wentz.
 - J. W. Robinson to Charles C. Robinson.
 - J. S. Thompson to Oscar Brown.
 - Walker Brown to Oscar Brown.
 - J. W. Robinson to P. R. Robinson.
- Clyde Township
 - W. T. Medford to Esther M. Medford.
- Iron Duff Township
 - J. M. Dotson to Cora Davis.
- Waynesville Township
 - J. H. S. Hard to Alma I. Goodwin and Wilma DuBois.
 - T. L. Green, Commissioner, to J. W. Derrick.
 - J. M. Palmer and J. R. Boyd to Nettie Smith.
- White Oak Township
 - E. J. Conard to G. C. Clark.
- Beaverdam Township
 - W. W. Mitchell to Naomi Myers.
 - Virgie McClure, et ux, to J. D. Mackey.
 - M. C. Sprinkle to J. D. and S. W. Mackey.
- Cecil Township
 - Roy Palmer to Linden Smathers.
 - L. L. Inman to T. Ben Inman.
 - L. L. Inman to Jerry M. Francis.
- Clyde Township
 - Eliza Medford, et al, to Wayne Medford.
 - J. K. Hall to M. G. Byers.
- Iron Duff Township
 - T. B. Medford to Louise Medford Boyd.
 - J. M. Dotson to Homer Dotson.
 - Jonathan Creek Township
 - C. H. Franklin to Nora Hannah.
 - C. H. Franklin to Nora Hannah.
 - Waynesville Township
 - Ellis and W. T. Smart to Mary E. Stringfield.
 - H. E. Stacy, Tr., to First National Bank.
 - R. L. Prevost to Whiteway Corner, Inc.

Going The Limit To Get A Drink

GREENSBORO, Jan. 18.—Lonnie Hopper, South Carolinian, but too tight to tell his home town or county, went the limit here this afternoon to buy a drink of corn liquor. It was cold and rainy in Greensboro. Hopper had no money as he, his wife and child, paused here briefly on their hitch-hike trip back home. Hopper wanted a drink. He stripped the coat from his child's back, pawned it, and bought a drink from a Negro bootlegger. Hopper is in jail, charged with drunkenness. The child is in the hands of welfare officers.

Sugar Cane Candy Sugar cane is the candy of Mozambique, and tons of it are sold daily in the market places.

666 checks **COLDS** and **FEVER** first day **HEADACHES** in 30 minutes

Liquid-Tablets Salve-Nose Drops

"Big Jim" Farley Issues Battle Cry

The Democratic National Chairman J. A. Farley in a sharp and vigorously phrased address early in the week, denigrated "the self-confessed gangsters of big business" as "arrant rascals" and "shameless parasites" whose "work in trade is talk."

"Keep Roosevelt in—and keep the rascals out," was the Democratic rally cry for the 1936 campaign which he sounded.

He accused what he called "the unprincipled brigands" of money and big business of crying for quarter in 1932 but now attempting to "muscle in" on the fruits of a general prosperity.

"President Roosevelt proposes to make a clean, workmanlike job of performance," Farley declared.

Mind Was Not On Driving, And So—

Parable voiced last week by Barney Oldfield, veteran automobile racer, as he signed a safe-driving pledge at Los Angeles: "I've driven over a million miles in automobiles, and I've struck only one pedestrian. At the time of the accident I was eating popcorn and my mind was not on my driving."

Wrote "Abide With Me" The words of the English hymn "Abide With Me" were written by Henry Francis Lyte not long before his death in 1847. It is usually sung to the tune "Eventide," composed by William Henry Monk.

Vice President John Garner Gives Cop Lift

Vice President Garner has been known, both in his executive job and in his long career in Congress as a man who has little trouble in getting along with others, a person of simple tastes and regular habits. One of his regular habits was revealed last week. It seems that he is driven from his hotel to his office at the same time each morning. His time for starting work is the same as that of the day shift of the District of Columbia police and his car passes the police station on the way. So what could be more natural than for Mr. Garner to give a policeman a lift? And that is precisely what he has been doing for the last three years. The name of the policeman who rides daily with the Vice President might have been picked by a dramatist tired of using "John Smith" to typify the common citizen—it is Adam Mann.

Antarctic Explorer And Pilot Rescued

Lincoln Ellsworth, American, and Herbert Hollick-Kenyon, Canadian, long lost explorers, have been found alive and well in Little America. That was the word sent back from a British relief expedition in the Antarctic Friday. The explorers, missing about two months, had landed there in November when their fuel ran out on a projected flight across the south polar regions and a damaged radio transmitter kept them silent.

Read The Ads

How Calotabs Help Nature To Throw Off a Bad Cold

Millions have found in Calotabs a most valuable aid in the treatment of colds. They take one or two tablets the first night and repeat the third or fifth night if needed. How do Calotabs help Nature throw off a cold? First, Calotabs is one of the most thorough and dependable of all intestinal eliminators, thus cleansing the intestinal tract of the germ-laden mucus and toxins. Second, Calotabs are diuretic to the kidneys, promoting the elimination of cold poisons from the system. Thus Calotabs serve the double purpose of a purgative and diuretic, both of which are needed in the treatment of colds. Calotabs are quite economical; only twenty-five cents for the family package, ten cents for the trial package. (Adv.)

Ford

ANNOUNCES \$25-A-MONTH TIME PAYMENTS AND A NEW UCC 6% FINANCE PLAN

Any New Ford V-8 Car Can Now Be Purchased for \$25 a Month with Usual Low Down-Payment

This \$25-a-month time-payment plan enables you to buy a New Ford V-8 car through your Ford dealer on new low monthly terms. After the usual low down-payment is made, \$25 a month is all you have to pay for any type of new car, including insurance and financing. Your cost for this extension of credit is only 1/2 of 1% a month on your original unpaid balance and insurance. This plan reduces financing charges for twelve months to 6%. For example, if you owe a balance of \$400 for your car and insurance, you pay \$24 for the year of credit; if the balance is \$200 you pay \$12. Your credit cost for one year is the original unpaid balance multiplied by 6%. UCC plans provide you with insurance protection at regular conference rates. You have not only fire and theft insurance, but \$50 deductible collision, and protection against other accidental physical damage to your car. The Universal Credit Company has made these plans available through all Ford dealers in the United States.

FORD MOTOR COMPANY

Abel's Garage Phone 52 Waynesville, N. C.

Champion Motor Co. Phone 196 Canton, N. C.