

Best Varieties Of Seed For Haywood And Quantities For Family Of Five

- (Bunch, Snap)—Tendergreen, Giant Stringless, Burpee Stringless Green Pod—5 lbs.
- (Pole, Snap)—Kentucky Wonder—2 1/2 lbs.
- (Lima, Pole)—Challenger, Carolina Sieve—2 1/2 lbs.
- (Bunch, Lima)—Henderson, Wood's Prolific, Baby Fordhook—2 1/2 lbs.
- Crosby Egyptian, Detroit Dark Red—2 1/2 oz.
- Early Jersey Wakefield, Danish Ball Head—1 oz.
- Page—Chantensy—2 1/2 oz.
- Crosby—Carolina Short Stem—1 oz.
- (Sweet)—Golden Cross Bantam, Truckers' Favorite, Country Gentleman—1 lb.
- Lumber—Long Green, Early Fortune—2 1/2 oz.
- Curled Siberian—2 1/2 oz.
- Pine—New York, Iceberg—1 oz.
- White Velvet, Perkins Mammoth—2 1/2 oz.
- California Wonder, Red Cayenne—1/2 oz.
- Bloomsdale, Virginia Savoy—2 1/2 oz.
- Yellow Crookneck, White Bush—2 1/2 oz.
- Rutgers, Marglobe—1/2 oz.
- Southern Giant Curled—5 oz.
- Yellow Globe Danvers—5 pts.
- (Field)—Crowder, Cowpeas—2 1/2 oz.
- (Garden)—Laxton Progress, Laxtonia, Thomas Laxton, Early Bird, Early Alaska—2 1/2 lbs.
- Purple Top—5 oz.

This was worked out by the following:
 H. R. Clapp, county agent, J. L. Reitzel, assistant county agent, D. L. Paschal, assistant county agent, Miss Mary Margaret, home demonstration agent, J. Yates Bailey, and Miss Catherine, farm security administrators.
 Mrs. J. R. McCracken, health department. The vocational agriculture teachers are I. A. McLain, J. C. Brown, W. L. Fitzgerald, B. Nesbitt and John Nesbitt.
 Miss Meredith Whitaker, Miss Agnes Reeves and Miss Ethel, the home economics department.
 Owen Corwin, agriculture shop foreman, and J. B. Fortin and Ferguson, forest service.

Part of Haywood's Million Pounds of Scrap for U. S.



Scrap metal of Haywood rallied to the call for scrap metal, and gathered over a million pounds for Uncle Sam. At the top is a general view of the scrap metal. The truck on the left is loaded with scrap aluminum and the truck on the right has a load of waste paper. The bottom view shows a general view of the pile of metal scrap. Photos by Lonzie Messer.

Farm People Have Important Task Outlined For Them By Uncle Sam

Mrs. Liner Entertains Sunday School Class

The Young Matron's Sunday school class of the Waynesville Baptist church held their regular monthly meeting on Tuesday evening. Mrs. Harry Lee Liner, Jr. and Mrs. J. D. Frady were joint hostesses with the meeting being held at the former's home.
 Mrs. Dewey Hyatt, president, presided. The devotional and opening prayer was given by Mrs. John Morrow. A reading by Mrs. Kermitt Purcell, "The Worst Sin in the Best Stenographer."
 Around 25 members were present. After a short business session refreshments were served by the hostesses, assisted by Mrs. James L. Obenchains. The next meeting will be held at the home of Miss Evonia Howell with Mrs. W. F. Strange as joint hostess.

Matron (at counter): "I suspect short weight for my money."
 Grocer: "Well, I'm positive you're giving me an awfully long wait for mine."

"How come you in jail, Sam?"
 "Jes for throwin' rocks outa de neighbors' yard into mine."
 "What's wrong wid dat?"
 "Dese were Plymouth Rocks."

Patient: "Doctor, how are my chances?"
 Doctor: "Oh, pretty good, but I wouldn't start reading any continued stories."

Good grooming demands that the hair be simply and neatly arranged and free from excessive oil and dust; the skin, hands, nails and teeth should be clean; and clothing fresh and well pressed. The effect of a lovely dress is often spoiled by lack of care. On the other hand, a costume which in itself is not particularly distinctive may become attractive when properly cared for and worn by a well groomed person.

Good posture is another very important thing for a high school girl to have. Her clothes will not look good unless she stands straight. To acquire good posture, sit straight and as tall as you can with feet flat on the floor, head erect, and abdomen in. This will help one look neat in any thing she wishes to wear.

In doing all these things one will be recognized as a well dressed high school girl.

Farm people have an important job to do—to help keep Americans strong and healthy, first by supplying food for their own needs, then by growing additional food for their neighbors wherever they may be.

You can do your part in National Defense by:

1. Planning and producing enough foods for the growth and health of your family.
2. Planning, preparing, and serving wholesome, healthful meals.
3. Learning to enjoy eating the right foods prepared in the right way.
4. Making a study of your food and health habits, and making improvements where needed.
5. Being thrifty in the preparation and use of foods.
6. Canning and storing enough food for winter months.
7. Getting your money's worth in food value when buying food by using inexpensive meats and meat substitutes.

Liver is the best buy among meats and pork liver cost less than other kinds. Fresh fish and canned salmon give good value for their cost. Dried peas and beans especially soybeans are good substitutes. Save all fat drippings to use in cooking. Use molasses and honey or brown sugar. Use whole grain products for breakfast cereal, flour, meal, and grits.

Cook at home—Home cooked foods cost less than prepared food.

Suggestion for preparing food:

1. Serve a raw vegetable or fruit daily.
2. Cook vegetables in skins when possible. If vegetables are peeled, be sure to peel thin as much food value is found in or near the skin.
3. When boiling vegetables, start in boiling water using little (about an inch deep in vessel). Tender leafy vegetables will require less water or none, as enough usually clings to the leaves when they are washed. Beans, potatoes, and other root vegetables will take more water.
4. Cook vegetables only until tender, most vegetables will be tender in five to twenty minutes.
5. Serve all the pot liquor from cooked vegetables and all liquid from canned vegetables.
6. Do not use soda in cooking vegetables as it destroys part of the food value.

If, during its hours, you have seen only the best in others and have given the best that is in you, it hasn't been such a bad day after all.

Life Of Former Methodist Pastor Taken By Death

Mrs. George D. Herman, wife of Rev. G. D. Herman, former pastor of the First Methodist church here, and mother of E. K. Herman, died on Feb. 4th, at the home of her daughter, Mrs. Chesapeake, at Vidalia, Ga.
 Funeral services were conducted on the afternoon of Friday 6th, at the Oakley Methodist church, West Asheville, by the Rev. E. O. Peel, pastor, assisted by Rev. W. L. Atkins, of Waynesville. Burial was in Green Hills cemetery of the Parkway section.
 Mrs. Herman was the former Alice Deal, daughter of the late Pinckney and Sue Sherrill of Lenoir, where she was born on February 10th, 1867. She had been a member of the Methodist church since she was 11 years

old, and had been active in church work until ill health forced her to retire, having taught in many of the Sunday schools in the churches her husband served. She was a graduate of Rutherford college.

Surviving are her husband; four children, Mrs. Abernathy, of Asheville, Ernest K. Herman, of Waynesville, Mrs. Nelson Miles, of Asheville, and Mrs. T. P. Carraway, of Wadesboro; three brothers, A. J. and C. W. Deal, of Knoxville, and P. G. Deal, Sr., of Charlotte, several nieces and nephews and the following grandchildren: Mrs. Guy Barnes, Jr., of Rocky Mount, Chesapeake, Jr., of Atlanta, Ernest Abernathy, of Emory University, Herman Abernathy, of Wilmington, Del., Miss Margaret Miles, of Asheville, Miss Rosemary Herman, of Waynesville, and the Misses Hermine Cornelle and Joyce Carraway, of Wadesboro, and two great granddaughters.

Neatness Is An Asset For Pupil

A well dressed high school girl is well thought of. She is not only very neat, but attractive. She does not need to have very fine clothes, because there are other ways in which she can be well dressed.

She should wear dresses which are appropriate for school, those which can be washed or dry cleaned. She should never wear perishable frocks, that is to say, ones that cannot be washed or dry cleaned, such as velvet, chiffon or other

frail fabrics. Of all the things which a girl can wear to school, there is one thing that is very appropriate, and that is wool skirts and sweaters. But her dress is not the only important thing for a well dressed high school girl, her shoes are important as well.

Her shoes should be appropriate. The shoes with low heels not only look better for school, but feel better. It is not only the height of the heel that may cause discomfort, but its width at the base. A heel with a narrow base spread does not give the body adequate support, and fatigue results. Girls who wear high heels to school are

not looked upon as being well dressed. High heels are not suitable for the dresses and other clothes she should wear.

Another article of clothing the high school girl should consider is her hose. Ankle socks are very suitable for school, ones which one can get to match each of her dresses and skirts. Service weight hose are also suitable for school, but one should never wear fine chiffon hose. Another important thing in thinking about hose is whether they are darned or not. This plays a very important part in her school dress.

Now let's think of her grooming.

Haywood County

Will Answer the Call to Colors by Growing

"VICTORY GARDENS"

Uncle Sam urges every farm family to plan now for a "Victory Garden" in 1942 as a patriotic duty.

The purpose is: (1) To grow our own food in this time of shortage is to release more food for the nation's armed forces. (2) To build a strong and healthy citizenship through more careful attention to the production of nourishing food for a balanced diet.

Haywood county's patriotic citizenship, who are sending many sons into the Army, Navy and Marine Corps, will heed this call, not only because it is practical economy, but also because they will be doing their bit to defeat the Axis by "Gardening for Victory".

Your County Commissioners, who join in the request for a "Victory Garden" on every farm, can assure Uncle Sam that Haywood will enlist enthusiastically in this "Army of Health".

Board of County Commissioners

GEORGE A. BROWN, Chairman
DOCK NOLAND
I. T. CATHEY, County Accountant
R. T. BOYD

It's the Duty of Every Farmer To Help Uncle Sam—

—SO—

PLANT AND CAN A Victory Garden

★

WE HAVE THE RECOMMENDED

"Master Package Of Victory Garden Seed"

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WE HAVE WHAT YOU WANT AT THE RIGHT PRICE

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HEAVY AND LIGHT MACHINES We Have the Avery Line

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EVERY ITEM FOR GARDENING

It will pay you to get your Spring Garden and Farm needs at

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PHONE 43 AT THE DEPOT

JUST A WORD ABOUT

PAINT

We have a complete stock on hand, of both inside and outside, together with an adequate supply of varnish. See us on paint now, we have

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